



MOLLIE J. HOPPES/DAILY NEWS-SUN

George Melton, left, and Bruce Dunbar learn to use a defibrillator under the watchful eye of Sun City firefighter/paramedic Sherry Hood at Fountain of Life Lutheran Church, Sun City. The church purchased two Automated External Defibrillators.

Fountain of Life invests in life-saving equipment

TRAINING STARTS: Church members learn to operate Automated External Defibrillator

ERIN REEP
DAILY NEWS-SUN

"Do you need help?" Bruce Dunbar asked loudly as he shook the body.

No response.

"Quick! Call 9-1-1," he yelled to George Melton.

Sun City firefighter Sherry Hood smiled at the scene, as she talked

Dunbar and Melton through the steps of resuscitating a heart-attack victim.

The two were among 18 parishioners and lay leaders receiving training in CPR and use of an Automated External Defibrillator at Fountain of Life Lutheran Church in Sun City.

Fountain of Life just purchased two defibrillators to use in case of emergency.

Sun City firefighters Sherry Hood and Brett Mills led the CPR certification and training seminar Thursday morning.

Trainees — including several deacons and ushers — learned the basic steps of CPR and when and how to use

an AED.

"Studies have shown that early defibrillation of people who go into cardiac arrest — their success rate is extremely high, like 90 percent," Hood said at the seminar. In contrast, use of CPR alone to attempt resuscitation of someone who has stopped breathing or whose heart has stopped has a 12 percent success rate.

Fountain of Life member "Woody" Woodworth led the effort to purchase the defibrillation devices after reading an article in the Daily News-Sun on

See LIFE-SAVING, A5

OVER

From A1

their merits in helping save lives.

Woodworth said church members showed about 98 percent support for the idea. The defibrillators cost approximately \$3,000 apiece and were approved at budget meetings in December, he said.

At this week's session, Hood worked with pairs of trainees on defibrillation training, while Mills taught basic CPR techniques.

Hood explained basic differences between heart attack and angina, as well as mini-strokes and stroke.

When someone is having a physical problem and has a problem breathing or his heart stops, there are three basic steps to take, Hood said: assess the victim's condition, alert EMS and attend to the patient.

The AED devices are small, about the size of a lunch-pack. Mills said that the portable defibrillators work the same way as larger ones used in hospitals and on television shows like "ER."

"This is the same thing; it's just without the handles," he said.

The defibrillators have small conductor patches that must be attached to the victim. Included in the kit is a face mask that can be used for administering CPR, a razor for shaving excess hair from the chest when attaching the conductors, and an automatic deliberator that

talks a person through the steps of using the device.

The two conduction pads are color coded and include pictures of where to attach them. They are attached to wires that conduct the electric currents. The defibrillator is completely automated; the device monitors the patient completely."

"Check airway. Check breathing. Check pulse," the device said, directing the trainees.

One AED will hang in the fellowship hall, not far from the church office; the second will hang in the sanctuary, Woodworth said. "Usually, if there's something going on, it's in the fellowship hall or the sanctuary," he said.

Class size was limited for this training session, but Woodworth said more parishioners will be trained in the near future. "We want as many people to take it, so if something happens, people would know what to do," he said.

Hood said the Sun City Fire Department offers free CPR classes to the community on a regular basis.

"We do CPR classes to groups of 15 or more, or church groups," she said.

Classes are offered the first Thursday of every month and are free to Sun City residents. They cost \$25 to those outside of the community.

For information on CPR classes through Sun City Fire Department, call 974-2321 and ask for the community CPR class.

SUN CITIES INDEPENDENT

JUNE 21-27, 2000



Pastors celebrate

Pastors participating at the installation of the Rev. Keith Lonsberry at Fountain of Life Lutheran Church, Sun City, were, from left, Kevin Wenker, Robert Holstein, Andrew Byars, Robert Bentz, Ervin Rasmussen, Vernon Trahms, Keith Lonsberry, Loel Haak, Ronald Blau, Larry Stoterau, Dennis Morner, Steve Kappler, Edward Westcott and Eugene Vetter.

Lutheran church installs new pastor

Fountain of Life Lutheran Church in Sun City recently installed the Rev. Keith Lonsberry as its fifth pastor since the church was established 40 years ago.

Ceremonies were held June 4 and attended by 13 Lutheran pastors from throughout Arizona. Over 300 people attended the reception in Fellowship Hall following the service.

Pastor Lonsberry is a native of Davison, Mich. and received a master of divinity degree from Concordia Seminary in Springfield, Ill.

He served in Horicon, Wis. prior to his call to Sun City.

Sun City church pipes up this weekend

WORKOUT: Organ marathon comes to Fountain of Life

BRUCE ELLISON
DAILY NEWS-SUN

The only full pipe organ in the Sun Cities gets a workout Sunday when six members of the Central Arizona Chapter of the American Guild of Organists present the Ninth Annual Pipe Organ Marathon at Fountain of Life Lutheran Church, 15630 Del Webb Blvd.

The three-hour free concert begins at 2 p.m.

The pipe organ in Fountain of Life was installed in 1987, and was built by the Visser-Rowland Company of Houston. It has two manuals (keyboards), 33 ranks and 1,615 individual pipes.

Next year, the organ will be joined in Sun City by a second, larger instrument, which American Lutheran Church has ordered from the famed Casavant Freres company of Quebec.

That instrument, at an installed cost of \$1.1 million, will have 42 stops, 56 ranks of pipes and 3,184 individually voiced pipes.

"It will take them two years to build it," said Mark Huggenvik, pastor at American Lutheran.

"When it's complete, it will be one of the finest pipe organs in the Northwest Valley."

There are about 80 pipe organs in the Valley, officials of the American Guild of Organists estimate.

The existing Fountain of Life organ is a real joy to play, said church organist Esther Holte, who earlier had played at Willowbrook United Methodist Church, which has a combination pipe and electronic organ.

"A pipe organ has the ultimate in sound," Holte said. "Not only that, it appreciates in value while the electronics can depreciate."

Most churches in Sun City and Sun City West weren't designed with pipe organs in mind, she said.

"Our biggest problem out here is that the churches were designed for comfort, with little thought given to the acoustics" of the chamber or sanctuary.

Existing sanctuaries, she said,

"depend too much on electronics to get the sound out, to fill the space."

If you have good acoustics, she said, "you have a wonderful sound from the pipes, and if you don't have good acoustic design in your building, your sound isn't as good."

That's one reason why the new organ at American Lutheran needs \$350,000 in building renovations to let it be at its best, Huggenvik said.

He also noted that the organ will be fully assembled and tested in Canada before being disassembled and shipped to Sun City.

"Then they will spend several weeks installing it and essentially tuning it to our structure," the minister said.

At Fountain of Life, the acoustics are good, Holte said, and she can easily fill the church with music from all the pipes are her command.

"I play a 15-minute prelude for each service, and it's generally quiet, with less sound than the instrument is capable of giving," she said as she showed off the instrument earlier this week.

She called the Visser at her church more a baroque organ than one that's romantic, "though I have played the more romantic pieces on it."

Romantic, in this sense, refers

IF YOU GO

- **WHAT:** Ninth Annual Pipe Organ Marathon
- **WHEN:** Sunday, 2-5 p.m.
- **WHERE:** Fountain of Life Lutheran Church, 15630 N. Del Webb Blvd., Sun City

to an era of musical composition, and not to pop love tunes. Mendelssohn and Brahms are examples of Romantic composers.

Fountain of Life's organ "has a good deep voice of authority," Holte said. "It was intended for worship use, and Lutherans come from German stock, so the music can be strong and heavy."

At Sunday's session, where donations will be accepted after the performance to help students with their musical education, audience members will hear several varieties of music.

Performing, each for about 30 minutes, are Charles Sedgwick III of St. Andrew Lutheran Church and organ instructor at Coirtex High School; Betsey Cary, organist, and Berneil Drake, flute; Loretta Nash of Sun City; Janelle Downing of St. Alban's Episcopal Church in Wickenburg; Virginia Harmon of the Scottsdale Presbyterian Church, and Byron Blackmore of Crown of Life Lutheran Church in Sun City West.



STEVE CHERNEK/DAILY NEWS-SUN

Esther Holte, right, plays the pipe organ at Fountain of Life Lutheran Church in Sun City. The organ, above, is the only full pipe organ in the Sun Cities.

OVER



STEVE CHERNEK/DAILY NEWS-SUN

Church expands to embrace flock

By JOSH KRIST
DAILY NEWS-SUN

The Fountain of Life Lutheran Church has a new administrative wing, fellowship room and prayer chapel.

"It gives us facilities to do just about any ministry very adequately. Simply, it makes the gospel of Christ very meaningful," said Pastor Paul Cooper.

The new administrative wing has an office for Cooper and the associate pastors. Cooper's old office has been converted into a lending library with books and video tapes.

"We had some books in a dark corner that nobody would ever go to before," he said.

The chapel, separated by a hallway

from the main church worship area, seats 40 to 45 people.

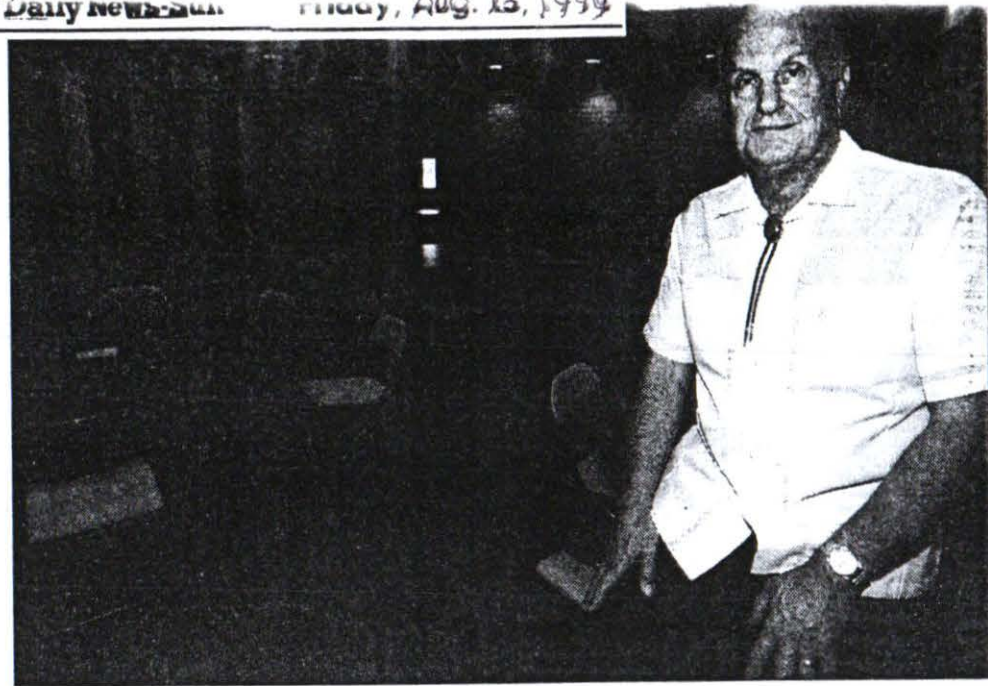
"Anyone can come in and pray," he said.

Soothing music comes into the chapel from inconspicuous speakers in the ceiling.

The renovations cost \$650,000 and took a year to do, Cooper said. He'd like to see a new, bigger fountain in the courtyard to better represent the church's name and mission. There will also be a colored rock-art coat of arms for Martin Luther on the mound of earth piled in front of the church.

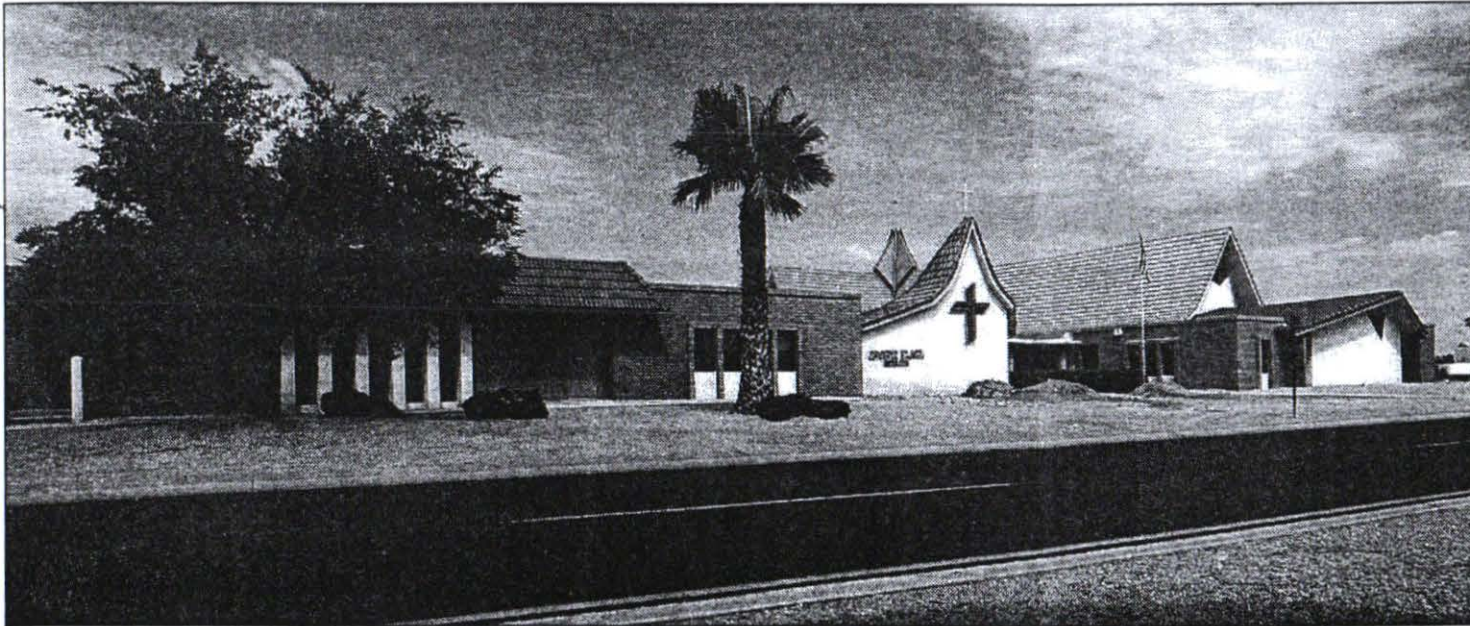
"It will mean quite a bit to Lutherans," Cooper said.

A gold cross stands to the right of the chapel's pulpit, both bathed in sunlight from diamond-shaped



Mollie J. Hoppes/Daily News-Sun

Pastor Paul Cooper of Fountain of Life Lutheran Church in Sun City sits in the expanded activity room at his church.



Mollie J. Hoppes/Daily News-Sun

The Fountain of Life Lutheran Church's new addition lies to the left of the main building on Del Webb Boulevard.

windows.

Those windows are clear, now, but Cooper said that the stained-glass windows are being built and should be installed soon.

"It's so intimate. You can just sit and talk with the people," Cooper said while standing under a window.

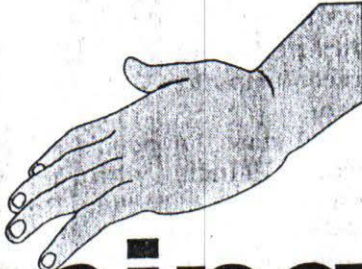
The Fountain of Life Lutheran Church has about 730 active members, although like everywhere else, attendance plummets in the summer.

"We used to be the only church with a pipe-organ, but now that American Lutheran is getting a wonderful one, we can't claim that honor anymore," he said.

The Fountain of Life Lutheran Church has their summer Sunday service at 9:30 a.m. They're located at 15630 Del Webb Blvd., Sun City. For information, call 933-8246.

Josh Krist can be reached at jkrist@aztrib.com or by calling 876-2526.

P



ressing issue

Lutheran women publish Bibles for world's blind

By CHRISTINE A. GOW
Staff writer

Forty women from Fountain of Life Lutheran Church make it possible for thousands of people all over the world to *feel* the Word of God.

The women, all members of the church, make braille Bibles for Lutheran Braille Workers Inc., based in Yucaipa, Calif. The Sun City branch began in 1987 in a small room in the church.

Nearly 10 years and 40 women later, they have printed thousands of Bibles for people in Thailand, Vietnam, Singapore, Ghana, Kenya, Liberia, Ireland, Italy, Germany, and the list goes on. A world map on one wall of the work room indicated with red push pins every city, state and country for which the women have printed braille Bibles.

"If you can't go overseas to be a missionary, you can get God's word out this way," said Sun Citian Marian Sheahan. "It's really rewarding that the people who can't see are reading God's word all over the world."

Sheahan was fourth in a line of eight workers Tuesday morning. Sun Citian Lois Olson started the assembly line by punching spiral binding holes in 8½-by-11 sheets of white paper. Ruth Mohr of Sun City and Peorian Eleanor Erler place the paper between two zinc plates; those plates contain the small bumps by which blind people read. Sheahan places the plates inside metal jackets and Sun Citian Opal Borchert puts the plates through the press.

Regina Thiel of Sun City takes the plates out of the jackets and Sun Citian Helen Hoppert takes the paper out of the plates. Finally, Helen Sandersfeld of Sun City places the paper in the binding machine and, about 50 sheets later, a book of the Bible is made. Tuesday morning the women made the Old Testament books Nahum through Malachi in English braille.

With 66 books of the Bible, the process can be rather time consuming. So from morning to early evening Tuesdays and Thursdays, church women gather in the work room to make the Bibles.

"There's not a lot of wasted motion here," Olson said.

Each woman is an important link in the chain of work, Mohr said. If one lady is absent, Mohr calls in a substitute.

The press and all materials have been provided by the home office in Yucaipa, which receives its funding by donations only, Mohr said. With work centers throughout the nation, 7,000 volunteers make Bibles or Lutheran Braille Workers Inc.

"It's a fascinating program and I feel very honored to be a part of it, as we all do," Olson said. "It's such an important thing that unsighted people have a chance to read the Holy Scriptures about God and salvation.

"I feel short changed when I don't get a chance to come. It's very exciting to be here," Olson said as she carefully placed a piece of paper in the hole-punching machine.

She became a volunteer nine years ago to get to know women in the church.

"It's not all work; sometimes we talk about good recipes, politics, television, there's no agenda," she said.

As long as the work center remains open, Olson said she will volunteer.

There's always time for golfing or bridge games or social clubs, she said.

"But this is more important. This is the Lord's work," Sheahan quickly added.



Marian Sheahan, left in above photo, prepares a plate for printing a Braille page from the Old Testament. Forty women volunteer their time at Fountain of Life Lutheran Church so blind people all over the world can read the word of God.

Fountain of Life church grows with community

By JACQUE PAPPAS
News-Sun staff

SUN CITY — In November 1966, about 33 area residents attended a church service at Fairway Recreation Center with hopes of establishing a place of worship in Sun City.

Two years later, the residents founded the Fountain of Life Lutheran Church and in 1969 a church site was purchased at 15630 Del Webb Boulevard.

Now, after years of growth, the Rev. Elvin Marquardt provides spiritual guidance for the 725 members of the church's congregation.

Marquardt, the church's third resident pastor since it's first religious complex was built, has served the community for more than five years.

"I was called here by the congregation and it so happens that there are people in Sun City who I knew when I served in other churches throughout the nation. I enjoy serving the Lord and these good people here," Marquardt said. "This is a very interesting and challenging

ministry because the congregation consists mostly of elderly people in the community. I'm sure Sun City churches are unique to all pastors in this respect."

After graduating from the seminary, Marquardt served about three years at Kings County Hospital in New York, was pastor in Nebraska for about 16 years and led a church in Dalton, Ill., for 18 years.

"Although a lot of growth and development took place at the church before I got here, many things have still taken place in the past years. I enjoy seeing our congregation get involved and I enjoy it, too," Marquardt said. "But the main thing, of course, is serving the spiritual needs of the people with the word of God and the Sacraments."

Marquardt said he and members of the church are active in visitation programs for hospitalized and home-bound members of the congregation as well as Bible study classes held four times a week.

Sunday services are held 8:30

a.m. and 10:30 a.m.

Marquardt, who has served as a pastor for 41 years, said he has seen some exciting changes and additions to the church during his years of service in Sun City.

In January 1986, the church formed a daughter congregation, Crown of Life Lutheran Church, in Sun City West.

Last August, a 1,600-voice pipe organ was installed in the church. The congregation purchased it for \$200,000 after years of fund-raising.

"The pipe organ has been a really important thing to the congregation here, especially since it's the only pipe organ in Sun City. Last year we had three concerts with organists of national recognition and we expect to have many more this year," Marquardt said. "I think that this church will continue to grow, but the most important type of growth of course is growing spiritually as an individual."

Marquardt said future additions to the church may include a tower for a carillon and a specially designed figure — per-



ELVIN H. MARQUARDT — Has served as pastor of Fountain of Life Lutheran Church for more than five years. He has been a pastor for 41 years.

haps of a cross — near the east wall of the church.

Delpha McClure, who has been a member of the church since 1973, said she has seen tremendous growth at Fountain of Life since she moved to Sun City.

"I think my husband and I

are about the 67th members of the church and since then we have seen it grow so much," McClure said. "I've enjoyed my affiliation with the church and enjoy the services, the pastor and the wonderful people."

Marquardt's wife, Jean, who is also active in church ac-

tivities, calls her husband's relationship with the congregation "a mutual admiration."

"My father was a pastor so being involved in this way is almost natural for me," she said. "This is a wonderful congregation and all the people here work together."

News-Sun photo by Mollie J. Hoppes

Dream approaches reality at Fountain of Life Church

By KATHY GILLESPIE
News-Sun staff

SUN CITY — In May, members of the Fountain of Life Lutheran Church will see a 10-year dream come true.

Sometime during that month, the congregation will become the proud owners of a \$196,000 pipe organ — the first of its kind in Sun City and the pride and joy of the Rev. Elvin H. Marquardt.

"The organ symbolizes the completion of the building. The fund was started 10 years ago. It (the organ) is a rather unusual deal," he said.

The organ was purchased from Visser-Rowland Co. of Houston, Texas, one of the leading pipe organ makers in the country, according to Marquardt.

The Fountain of Life Lutheran Church was formed in 1966 and met in the Fairway Recreation Center auditorium until the first phase of the church was completed in 1972. The church was finished in 1979.

Marquardt, who had been with the church for four years, said the church's membership now stands at 750 after experiencing rapid growth in the early years.

"There has been a lot of growth since the founding but it is stabilizing now," he said. "Since the completion of Sun City itself, we have seen a stabilization in membership."

Although membership may not be growing by leaps and bounds, the church continues to be felt in the community through a Christian care group, which assists homebound people, and the formation of a daughter mission in Sun City West known as the Crown of Life Church.

About 100 members from the original church transferred to Crown of Life, which uses the Johnson Social Hall as a temporary meeting place.

"We certainly have a very vital group of people serving the Lord," Marquardt said. "I think it is a very good congregation. We do strive to reach out into the community with the gospel and help people in need. We contribute to Interfaith and serve largely through individual members."

In addition, the church sponsors two seminary students each year.

Members of the church are of the Missouri Synod — a liturgical order known for its formality in the order of service.

Marquardt says there are four main synods in the Lutheran faith that originally arose because of language differences more than 140 years ago.

He said the church practices basic fundamental Christian teachings and looks to the Bible as the source of faith and truth.

Fountain of Life Lutheran Church holds 8:30 and 10:30 a.m. services Sundays.



The Rev. E.H. Marquardt stands before the Fountain of Life Lutheran Church which is about to receive its pipe organ as a symbol of completion of the building. (News-Sun photo)

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