

# Berry nice salute

## Fruit ordered for celebration

By JACQUE PAPPAS  
Daily News-Sun staff

SUN CITY — Bob Harris' mouth waters when he thinks of strawberries.

In fact, Harris loves strawberries so much that he wants to serve them to Sun Citians next month during a celebration of activities for the retirement community's 30th anniversary.

Even though strawberries are out of season here in January, Harris has arranged for a special shipment of the fruit to Sun City.

He has ordered \$2,000 worth of strawberries from New Zealand to be served with shortcake on Jan. 16 — a day set aside to salute Sun City's volunteers.

Harris is chairman of the volunteer fest, which he has named as the Strawberry Festival.

"I have a love affair going with Sun City. I think a big portion of Sun City's success is because of their volunteers and that's what this day is all about," Harris said. "We're saluting and applauding the volunteers and service clubs. These people are mainly responsible for the success of Sun City."

The Strawberry Festival is one of several activities during a weeklong program of celebration activities for the 30th anniversary of Sun City.

In the 1960s and 1970s, Mother's Day Strawberry Festivals were popular events held at the Sun Bowl.

Harris said the event, which will be at Sundial Recreation Center, 14801 N. 103rd Ave., will feature live, continuous

cabaret entertainment.

Volunteers from Meals on Wheels will serve strawberry shortcake at tables decorated with colorful tablecloths and centerpieces.

Representatives from Sun Cities service clubs and other volunteer organizations will be on hand to inform the public of their activities.

Harris said the shortcake will cost \$1. Ticket sales will help pay for the strawberries.

Tickets are available in advance at the Visitors Center, 10001 W. Bell Road; Sunshine Service, 9980 W. Santa Fe Drive, and from members of local service organizations.

The festival will be noon to 4 p.m. Jan. 16.

"I'm so excited about this, but the biggest problem is getting everybody else as excited as I am. There's nothing else involved but a salute to the vol-

unteers who are so important to the vitality and vigor of Sun City," Harris said.

Harris said two 30-foot banners will be on display at the festival that say it all: "Sun Cities caring and sharing — 30 years of the right stuff."

Mort Prince, co-chairman of the festival, said the committee also is working to get a noted speaker at the event.

He said the Strawberry Festival will be open to the general public.

"We believe that Sun City is the volunteer capital of the world, but there is not a general appreciation of the tremendous volume of person hours and dollars poured out by Sun Citians to help others," Prince said.

"Tickets are starting to sell really well. We hope to get thousands there to find out about volunteering. For many it will be like patting themselves

on the back because I have a feeling that almost everybody in Sun City volunteers in some way."

The Strawberry Festival is one of several activities in a week-long program of celebration activities for Sun City's anniversary.

Jan. 14 will kick off the celebration with an afternoon show at the Sun Bowl, 107th Avenue and Clair Drive.

Jan. 15 will feature a Sun City history and arts focus with activities concentrated in Phase I of the retirement community — the area south of Grand Avenue.

Jan. 17 will showcase arts entertainment.

Jan. 18 will feature athletic and health-related activities.

Jan. 19 will have golfing events and a community forum.

Events will wrap up Jan. 20.

(OVER)



Daily News-Sun

**PLANS SALUTE** — Bob Harris has ordered \$2,000 worth of strawberries from New Zealand to be served with shortcake at a Strawberry Festival open to the public next month. The event is a day set aside to salute Sun City's volunteers during a celebration of activities for the retirement community's 30th anniversary.

# Sun Health volunteers log 4 million hours of service

By JACQUE PAPPAS  
Daily News-Sun staff

SUN CITY — Sun Health Auxiliary volunteers have reached another milestone.

Local residents have contributed more than 4 million volunteer hours to a variety of health care needs since the auxiliary was formed 23 years ago.

In addition, more than \$2.5 million has been raised through the auxiliary's consignment, thrift and gift shops to help Sun Health Corp. purchase needed medical equipment, said Jean Samuels, auxiliary president.

"Sun Health volunteers have given the most rewarding gift of all — the gift of themselves by offering their time, their compassion and their talents to help others by rendering comfort services to patients and their families at the Sun Health hospitals and care centers," Samuels said.

Volunteers help at Walter O. Boswell Memorial Hospital in

Sun City, Del E. Webb Memorial Hospital in Sun City West, Sun Health Care Center and a number of outreach programs in the community.

Sun City West residents Fred and Marge Dieterich have volunteered at Boswell and Webb hospitals since 1981, helping boost the auxiliary's cumulative service hours.

Fred volunteered in the pharmacy at Boswell for eight years and now works at the Webb pharmacy and drives a courier van between the hospitals transporting mail, materials and passengers.

Marge works at the reception desk at both hospitals and is chairwoman of the desk at Webb. Together they have volunteered more than 8,100 hours.

"It's rather rewarding to know that you are doing something to help someone else. There are a lot of people who give a lot of unselfish time to give. Their expertise is unbelievable," said

Fred Dieterich, who owned an automobile service garage in Cleveland before moving to Sun City West.

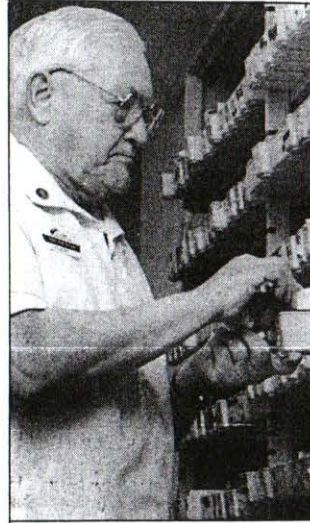
The auxiliary has grown from 35 founders in 1968 to 2,427 members this year.

But that does not mean that the auxiliary is not in need of more volunteers, Marge Dieterich said.

"You hear this astronomical number and people think Sun Health doesn't need volunteers. But there's always a need, especially at Boswell where a lot of the volunteers are getting older and aren't able to help as they used to," she said.

Nine years after Boswell was dedicated in 1970 the auxiliary reached the 1 million volunteer hours mark. By 1984 2 million volunteer hours were on the records and in 1988 3 million hours were volunteered.

Two of the original auxiliary founders — Clara McDonald and Marjorie Clifford — are still ac-



Frances Guarino/Daily News-Sun

Fred Dieterich sorts pills, above left, in the pharmacy at Del E. Webb Memorial Hospital in Sun City West. Marge Dieterich, above right, signs for a delivery at the hospital where she volunteers as a receptionist.

tive volunteers.

Clifford joined the auxiliary in December 1970 and will receive her 17,000 hour service pin at an awards presentation in February.

"I like working with people. There's just something about

giving your time for a good cause that makes you feel so good," Clifford said.

Clifford has worked in nursing units, admitting, the gift shop and has been active on the auxiliary board, having served as a former president.

She is now corresponding secretary and a life member of the board and volunteers her time as the lingerie buyer for the Boswell gift shop.

For more information about being a volunteer call 876-5387, 930-4058 or 974-7000.

# Survey maps average Sun Cities volunteer

By BRITT KENNERLY  
Daily News-Sun staff

Average may be defined as normal or usual, but responses to a survey conducted by the Sun Cities Volunteer Bureau show quite a few unusual characteristics among area volunteers.

With an estimated 90 percent of Sun Citians volunteering for one effort or many, thousands of people are out there donating time in positions ranging from hospice helpers, teachers' aides and drivers for Red Cross to building houses for Habitat for Humanity, said bureau director Alma Weatherly.

But say there was an average person, who volunteered his or her services to Sun Cities area community agencies.

What would Joe or Joan Volunteer be like?

The survey, conducted earlier this year and funded by the Del Webb Corp. on behalf of the

Volunteer Bureau and the agencies it serves, explored the possibilities, Weatherly said.

"We mailed 200 survey forms to clients listed in our talent bank and received 146 replies," she said. "This is a stunning response. An additional 43 people clipped copies of the same survey form from the Daily News-Sun, replying at their own expense."

Answers from both sources were almost identical, Weatherly said.

A sampling of the responses received from Sun Cities volunteers is listed. Percentages may not total 100 percent because numbers have been rounded.

#### Monthly hours of volunteer service:

- Didn't volunteer last month (March): 17.3 percent
- One to five hours: 5.6 percent
- Six to 10 hours: 12.8 percent
- 11 to 15 hours: 11.7 percent

More than 15 hours: 52.5 percent

#### Number of organizations served:

- One: 42.9 percent
- Two: 35.6 percent
- Three: 10.7 percent
- Four: 7.4 percent
- More than four: 3.4 percent

#### Days of week worked:

- Sunday: 6.8 percent
- Monday: 18.8 percent
- Tuesday: 16.8 percent
- Wednesday: 16.8 percent
- Thursday: 20 percent
- Friday: 14.2 percent
- Saturday: 6.3 percent

#### Time of day worked:

- Morning: 52 percent
- Afternoon: 40 percent
- Evening: 8 percent

#### Volunteer as individual or couple:

- Individual: 82 percent
- Couple: 8 percent

**'We mailed 200 survey forms to clients listed in our talent bank and received 146 replies. This is a stunning response.'**

Alma Weatherly  
Sun Cities Volunteer Bureau  
director

#### Work in Sun Cities or surrounding area:

- Sun Cities: 54.2 percent
  - Surrounding communities: 18.7 percent
  - Both: 27.1 percent
- #### Type of transportation:
- Personal car: 85 percent
  - Golf cart: 8.4 percent
  - Ride provided/ride with others: 4.1 percent
  - Walk or bicycle: 2.5 percent

#### Treatment of volunteer by organization:

- Excellent: 68.4 percent
- Above average: 21.3 percent
- Average: 7.7 percent
- Below average: 2.6 percent

"I think when people move here, they may realize how fortunate they have been and want to give something back," she said. "They realize they can't find fulfillment in just playing golf or bridge eight hours a day. You have to give of yourself and make somebody else happy. I think people who volunteer are happier — you care when you're sharing."

The Volunteer Bureau's skill bank, or file of names of available volunteers, contains "thousands" of names, Weatherly said.

For information on becoming a volunteer, call 972-6809 in Sun City and 584-6851 in Sun City West.

# Cruise prizes offered

Daily News-Sun staff

SUN CITY WEST — Seattle-based Holland America Line will donate five more cruises to local residents as it continues to beef up its corporate-community relations with the Sun Cities.

The cruise ship line, which specializes in Alaska and Caribbean tours, is donating at least five more cruises for two to Sun Citians.

The first cruise will be awarded at the Ping Arizona Classic Golf Tournament Oct. 2 at Briarwood Country Club in Sun City West. Tourney coordinators hope to attract 136 golfers to help raise \$25,000 to purchase new surgical instruments for ear, nose and throat procedures at Del Webb and Walter O. Boswell memorial hospitals.

Drawings for additional free seven-day cruises will also be at each of the three Sun City West Variety Show performances (attended by an average 5,000 each performance) Dec. 5-6 in the Sundome Center for Performing Arts.

All show proceeds will go to Del Webb Memorial Hospital to purchase a portable X-ray unit for its Emergency Services Department.

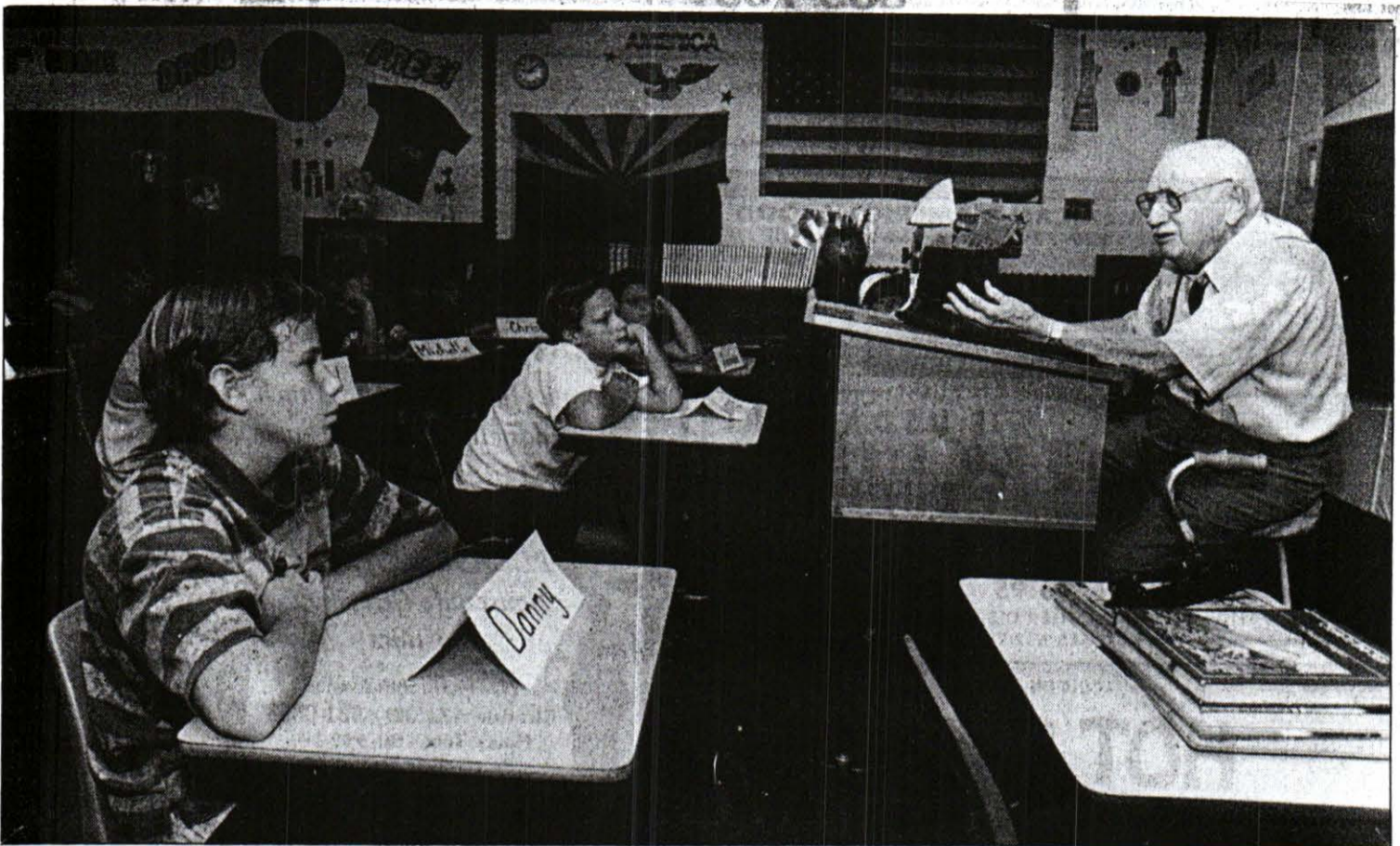
Ed Frome, chairman of the Sun City West Variety Show, said Holland America's sponsorship and cruise drawings should provide a big boost to the show, both for increasing attendance and for show participants with their own cruise drawing.

"We are thrilled about this as should the whole community be," said Frome. "The performers may not need an added incentive to make it a good show but they'll want to perform in front of more people."

The free cruise drawings are an extension of Holland America's previous Sun Cities commitment. Last spring the company announced it would bestow a free cruise for two to a Sun Cities Volunteer of the Month selected by the Volunteer Bureau of the Sun Cities and the retirement communities' many volunteer organizations.

Five winners have been named so far, leading up to a final January drawing for a Sun Cities Volunteer of the Year.

Daily News-Sun, Sun City, Ariz. Monday, Sept. 9, 1991



Mollie J. Hoppes/Daily News-Sun

William Lane, right, who has been a volunteer for 15 years for the Peoria Unified School

District, meets members of Faye Golden's sixth-grade class at Alta Loma Elementary School.

## Volunteer's caring merits honor

By BRITT KENNERLY  
Daily News-Sun staff

PEORIA — An 86-year-old Sun City educator who bridges generation gaps with humor and creativity will soon receive tangible proof of the effect of his volunteerism.

William H. Lane, a 15-year veteran volunteer for Peoria Unified School District, has been notified that he is the recipient of one of KPNX-TV's "12 Who Care" Hon Kachina awards.

The yearly awards, which recognize significant volunteer efforts of 12 Arizona citizens, will be presented Oct. 12 in a black-tie event at the Scottsdale Princess Resort.

"I don't know why I was nominated, or why I won," Lane said. "There are a lot of people who do volunteer work around here."

A lot of octogenarians, however, don't spend two mornings a week doing anything from teaching kindergartners to sing "Polly Wolly Doodle" to helping sixth-graders relate modern-day events to dates in history.

After high school, Lane completed two years of normal school, which was then required of those who wished to teach.

"They really needed teachers. I was only 18, and teachers were supposed to be 19, but they waived the law for me," he said.

Lane made his way through the blackboard jungle as an elementary school teacher, assistant principal and principal in 47 years of work in East Harlem and Queens, New York.

After moving to Sun City with now-deceased wife Helen in 1974, Lane decided to do volunteer work in the Peoria school system. He started work in Heritage Elementary School, and has spent the last 14 years in Faye Golden's sixth-grade classroom at Alta Loma Elementary School.

His mornings at Alta Loma always begin with the same greeting, he said.

"I say, 'Top o' the morning to you, boys and girls,'" he said. "They answer, 'And the rest of the day to yourself, Mr. Lane.'"

Lane then tackles three jobs.

"One, I help the children with their reading skills. Two, I help them understand and appreciate poetry. And three, at the kindergarten level, I teach songs and sing lullabys," he said.

"Mr. Lane is wonderful with children," Golden said. "I like the way he presents poetry in a way that captures children's attention. He leaves them sitting on the edges of their seats waiting for his next word."

Lane, a member of B'nai B'rith Lodge of Sun City, has also touched students' lives with a brotherhood essay contest he started for Alta Loma seventh- and eighth-graders, Golden said. Two students in each grade win \$25 for their essays.

"Not long ago I saw a child who won the contest 11 or 12 years ago," she said. "He told me that with that \$25, he bought a pair of shoes. He won the next year, and bought his sister a school dress and used the rest to pay for books for his freshman year."

See Sun, C3

## Sun Citian ranks as one who cares

From C1

Educators have basic challenges, Lane said, and after 68 years in the field, he has words of advice.

"Teach children to love learning, to think," he said. "When we're thinking, we are learning."

The teacher has been pleased to see children he knew as elementary school students grow up and go to work in the Northwest Valley.

A member of Union Hills Country Club, Lane said he was surprised when a waitress at the club came up and said she

remembered when he volunteered in her class.

"It's wonderful to think I've had an impact on so many pupils," he said. "It's amazing how they like me. I derive a lot more from it than do the youngsters."

## Local resident wins '12 Who Care' award

Residents of the Sun Cities have a reputation for being "volunteer-minded" and one Sun Citian is being recognized for his many years of doing just that.

William Lane is one of 12 Arizonans who will be honored for their "outstanding volunteer service" at the 14th Annual 12

Who Care Hon Kachina Awards ceremony, to be held Oct. 12. The event will be televised live on Channel 12.

To Mr. Lane, his selection as an honoree "was a surprise," he says. "It knocked me for a loop."

For the past 15 years Mr. Lane has been a volunteer teacher at

Alta Loma School in Peoria. Twice a week, he teaches poetry to the upperclassmen, reads one-on-one with children needing assistance and teaches kindergarten students to sing lullabies and other children's songs.

Since moving to Sun City in

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## ■ AWARD

From Page 1

1974, Mr. Lane has received various awards for his volunteer service.

Apparently, Mr. Lane says, the school principal felt he (Mr. Lane) deserved recognition for his years of volunteer service at the school and nominated him for the 12 Who Care Award.

As for continuing his volunteer service, Mr. Lane says age is no factor.

"I'm only 85 years old. I plan to keep volunteering, at least until I'm 90!"

The 12 Who Care Hon Kachina Awards Program is co-sponsored by KPNX-TV, Channel 12, and the Luke's Men, an organization of business and professional men affiliated with St. Luke's Medical and Behavioral Health Center.

The program is designed to acknowledge significant volunteer efforts of Arizona citizens, call attention to the major contributions that volunteers make to their communities and encourage greater participation in local volunteer efforts statewide.

# Luke hospital volunteers do their part for nation

By JACQUE PAPPAS  
Daily News-Sun staff

They filled the personnel gaps for health care professionals on duty during the Persian Gulf War.

They help families cope while their loved-ones are in critical condition.

They are not paid a dime, yet their work is indispensable.

Volunteers who help at the Luke Air Force Base Hospital say they donate their time because they are proud of America's armed forces.

Of the nearly 1,000 volunteers at the base, 130 are hospital volunteers, said Averille Thorn, hospital volunteer chairman.

And of those 130 volunteers, Thorn said at least 75 live in the Sun Cities.

"We have so many super people working for us. The hospital could not get along without volunteer help," said Thorn, a retired lieutenant colonel. "Some are proud of the military and want to help out. Others are involved because they appreciate the benefits the hospital gives and as retirees want to give something back."

Hospital volunteers help staff in a number of ways by checking in patients, taking blood pressure, keeping records, monitoring patients in the recovery rooms and making appointments.

Although military hospital volunteers are found throughout the world, Thorn said he knows of no hospital that has as many as Luke.

"This base has the largest corps of volunteers I know of. We've gone to other hospitals and they don't have half the volunteer program that we have," Thorn said.

About two years ago, the wife of a four-star general established the Angel Pin Award to honor base volunteers.

Thorn was one of the first at Luke hospital to receive the award. Since then, six more Sun Cities volunteers who work in the hospital have received the honor.

Sun Citian Emma Ratliff is one of those volunteers.

Ratliff has volunteered more than 3,147 hours in Luke's hospital pharmacy during the past 14 years.



Daily News-Sun photo by Patrick Knight

**HELPING OUT** — Sun Citian Emma Ratliff is one of the 130 volunteers at Luke Air Force Base Hospital. Ratliff, who was recently honored for volunteering 3,147 hours at the hospital pharmacy, hands out prescriptions to active and retired military personnel.

She hands out medication and double checks the name on the bottle with their identification number for the pharmacist.

"I like working with the volunteers and meeting the other people I serve. I think most of them appreciate it. We hand out thousands of prescriptions every month," Ratliff said.

Pharmacy volunteers help distribute 85,000 to 87,000 individual prescriptions every month.

"I've always been very proud of our military people and I just wanted to get involved," Ratliff said. "I think they give so much for their country. They have to be very dedicated with all the moving around they do."

Ratliff became a Red Cross volunteer in 1942 and rolled bandages for the blood bank in Middleton, Ohio.

Years later, Ratliff became a Red Cross Gray Lady and worked in Air Force hospitals throughout the nation.

She worked as a personal affairs consultant for the Air Force for about seven years and met her husband, Jim, at Randolph Field. Jim Ratliff, who is deceased, was an Air Force major and Arizona state senator representing the Northwest Valley.

The honored volunteers are all given a certificate of recognition and a letter from the commander of the hospital.

Other volunteers recently honored were Lucille Cooper-smith, Shirley Jackson, Alice Emeis and Dr. Robert and Margaret Hansen.

The Hansens started volunteering at Luke hospital after leaving the medical profession.

Margaret Hansen, a former registered nurse, has volunteered in the hospital since 1984.

Her husband, formerly a civilian doctor in the Luke retired family clinic, started volunteering at the hospital last year.



# Lending a helping hand

## Area clubs raise funds for youth programs

Helping others is a way of life for the members of nearly 30 service clubs in the Sun Cities.

Residents of the Sun Cities annually contribute in excess of 25,000 volunteer hours and more than \$300,000 to causes outside of the community.

And those figures are just the tip of the iceberg as only group efforts, not individual, were included in a recent Sun City Ambassadors survey of local service clubs and churches.

From the Altrusa Club of the Sun Cities Area to the Soroptimist Valley of the Sun organization, 2,500 Sun Cities residents raise money through rummage sales and fashion shows so that others can have a home, the chance to continue their education or the opportunity to attend summer camp.

"There is a definite need for public service in our country," says Allen Peterson, president of the

Civitan Club of the Sun Cities.

"Our members have the ability, desire and time to provide it locally. Citizenship is what the Civitan Club is about," he adds.

"Our goal is to do whatever we can to promote that."

Through such fund-raising activities as selling mints at restaurants and fruit cakes during the holidays, the Civitans are able to donate to the Sun City/Youngtown Special Activity Center, a support group for the developmentally handicapped, Camp Civitan in Williams, Ariz., and the Arizona Special Olympics.

In addition, the club offers scholarships to students in the Dysart and Peoria unified school districts and Southwest Indian School.

The Civitans, with two clubs in the community, aren't the only Sun Cities organizations whose members devote their energies to what they believe are worthwhile

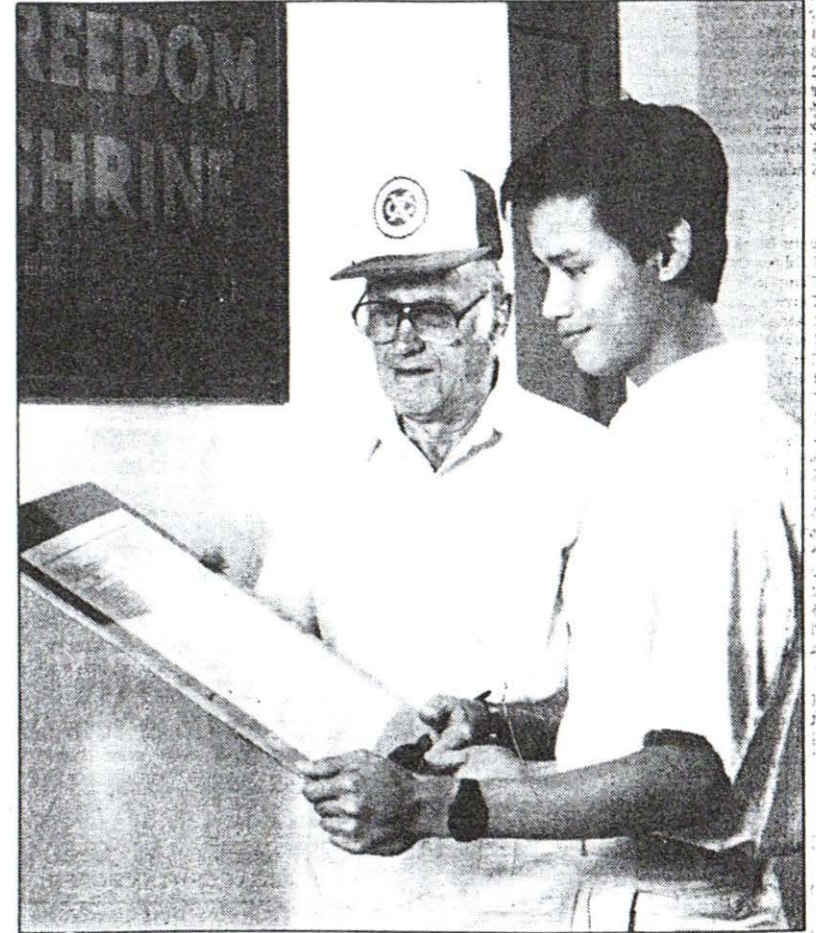
causes.

Providing not only cash donations, but thousands of hours of their time, are members of the Altrusa Club of the Sun Cities Area, Business and Professional Women's Club of Sun City/Youngtown, Exchange Club of the Northwest Valley, Optimist Club of Sun City, Soroptimist Valley of the Sun, six Kiwanis clubs, 10 Lions clubs and four Rotary clubs.

Working to promote communication and cooperation among the various service clubs so they may better serve their selected charities, is the Council of Service Clubs of the Sun Cities Area.

"We work together on matters of community concern," says Bob Hart, council president. "Rather than working as separate groups for a cause, we can work as one."

Mr. Hart says the main purpose of the council, which is comprised



In an effort to promote national pride, the Northwest Valley Exchange Club maintains several "freedom shrines" throughout the Valley, including one at Bell Recreation Center.

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"We want to build pride in America."

— Ralph Dinger  
President, Northwest Valley Exchange Club

## ■ HELP

of representatives from each service club, is to act as an umbrella organization disseminating information to all members about needy groups in search of donations.

"By going through the council, agencies or groups looking for help need to make only one presentation. From there we inform all of our service club members about their needs."

While each service club has its own purpose to help the community, Mr. Hart says there are some causes that draw attention from most of the clubs such as volunteering time at Westside Food Bank, donating funds to the Dysart Community Center in El Mirage and providing everything from tutoring to scholarships to local students.

Virginia Simmons, president of the Altrusa Club of the Sun Cities Area, says the club's members are always anxious to help where they can.

"It is our purpose to help people who need it," she says. "We like to help the entire community."

The group's 40 members raise more than \$4,000 a year by holding a fashion show, potluck get-togethers and garage sales.

"Our donations are put to very good use.

"They go to Faith House in Glendale, Dysart Community Center in El Mirage and Sun City Area Interfaith Services," she says.

With 16 groups between them, the Lions and Kiwanis clubs of the Sun Cities are major contributors to a variety of causes. The Lions clubs focus their efforts on a paper and glass recycling operation which raises up to \$200,000 a year for the physically challenged, local schools and civic and charitable organizations throughout the state.

Kiwanis members devote their time and effort to local youth, providing assistance for students in the Dysart and Surprise school districts, including helping fund a program for the hearing impaired and offering tutoring programs.

Most of the Kiwanis' funds are raised at rummage sales and pancake breakfasts, says Robert Abbott, president of the Kiwanis.

The club contributes to about 25 organizations, including the Kiwanis Camp in Gallup, N.M., the Mesa Community College nursing scholarship program and the Maricopa Habitat for Humanity, which builds homes for needy families in El Mirage.

"We are always anxious to find ways to contribute to youth activities," Mr. Abbott says.

"It gives us a tremendous feeling to know that we have helped."

Also anxious to help the youth in the surrounding communities is the Exchange Club of the Northwest Valley, which has established "freedom shrines" containing 26

historical documents at Dysart, Ironwood and Peoria High Schools to promote good citizenship. An additional freedom shrine is located in Sun City.

"We want to build pride in America," says Ralph Dinger, president of the Exchange Club. "Having access to these documents helps the students with their history and promotes good citizenship."

Exchange Club members also honor the students of the month at Cotton Boll Elementary School and conduct a Milestones of Freedom scholastic testing program at the high schools with the top ranking students receiving government bonds.

"Everyone is involved and we take great pride in that involvement," Mr. Dinger says.

## New award pays tribute to Sun Cities volunteers

By LAURIE HURD-MOORE  
Sun Cities Independent

Some area volunteer agencies and their members will be rewarded for their community-minded spirit with cruise line tickets under a new program created by the Volunteer Bureau of the Sun Cities Area and Holland America Cruise Line.

The Bureau and Holland America, a subsidiary of Carnival Cruise Lines, have created a Volunteer Recognition Program that will begin this month.

The program will recognize and reward volunteers and their organizations for "outstanding contributions to the community."

An organization can participate in the program by nominating one of its members. The winners will be selected during monthly

random drawings conducted by the Volunteer Bureau.

The Bureau puts potential volunteers in touch with those who need assistance. The agency was established in 1982 as a non-profit corporation and seeks to promote volunteerism in the Sun Cities area.

The Volunteer Recognition Program's first drawing will take place 11 a.m. May 21 in the conference room of the Community Services Building, 9451 N. 99th Ave., Sun City.

Future drawings will be alternated between Sun City and Sun City West.

Volunteer organizations in Youngtown, El Mirage and Surprise are able to participate.

"There are really two

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programs," explains Ray Brown, president of the Volunteer Bureau.

"The first is Volunteer of the Month and will involve eight trips and eight months. Then, in January, 1992, the cruise line will award a cruise to the Volunteer of the Year during a luncheon."

The company will provide a total of nine cruises for two as prizes.

Terry Underwood, vice president of marketing for Holland America says, "thousands of Sun Cities residents have taken one of our cruises. We certainly are familiar with the Sun Cities and they're familiar with us. We couldn't think of a better community to recognize with a volunteer award program."

The role of the Volunteer Bureau

in the recognition program will be to develop the criteria in selecting the Volunteer of the Month.

The name of the volunteer, along with brief resume and name of the organization must be submitted to the organization by the 15th of each month.

"It's extremely difficult to create criteria for a volunteer award

program," says Mr. Brown.

"Hours of service, size of the organization, services provided and many other factors make comparison very difficult. Therefore, we have acknowledged that all nominated volunteers are worthy of recognition and that's why we adopted the random drawing policy. It's fair to

everyone."

The Volunteer Bureau is itself excluded from entering the program.

No organization will be allowed to win more than one monthly award, says Mr. Brown, but the winners will be encouraged to nominate additional volunteers who will be eligible for the Volunteer of

the Year award.

Those organizations, says Mr. Brown, whose nominees were selected in the monthly drawings, can elect to give the trips to someone other than those named on the entries.

The trips, he adds, could conceivably be raffled off by the organizations as fund raisers.

# Top volunteers sail to recognition

By MIKE GARRETT  
Daily News-Sun staff

**SUN CITY WEST** — One of the world's largest luxury cruise lines has launched a program aimed at assisting local organizations while at the same time obtaining some good public relations.

Holland America Line Westours Inc., in a joint announcement Tuesday with the Volunteer Bureau of the Sun Cities Area Inc., revealed it was providing free cruises to deserving non-profit organizations in the local area.

Specifically, from May through January 1992, the cruise line will award a total of nine cruise trips for two. Eight will be awarded to participating agencies by means of Volunteer of the Month random drawings. A final cruise trip will be awarded to an individual Volunteer of the Year, also selected in a random drawing.

The Volunteer Bureau will serve as the local coordinator of the Holland America program.

The Volunteer Bureau is a clearing center that puts prospective volunteers in touch with people and organizations in need of a helping hand.

More than 100 Sun Cities volunteer organizations could benefit from the program.

The awards can be used for fund-raising purposes or be put to other uses. The first drawing will be at 11 a.m. May 21 in the Sun City Community Services Building, 9451 N. 99th Ave.

Many of the Sun Cities' community service organizations attended Tuesday's kickoff meeting in the R.H. Johnson Lecture Hall, 19803 R.H. Johnson Blvd.

To be eligible for the program, an organization must serve the Sun Cities communities, must be either tax-exempt or non-profit and be funded through public contributions or grants and depend significantly on volunteers to carry out its mission.

"The organizations can do what they want with the trips," said Ray Brown, president of the Volunteer Bureau. "This is a great opportunity to use it as a fundraiser to organize your own raffle and turn that cruise into funds."

Each volunteer organization is expected to turn in a monthly list of its most deserving volunteers with a one-paragraph description of a candidate's activities, Brown said.

Those names will be accumulated at the end of the year for the final cruise drawing at the volunteer of the year luncheon.

"Your organization can only win once, but your candidate is still eligible at the end of the year," said Brown. "By then we should have about 800 names."

Fred Dunikoski, president of the Sundome Performing Arts Association, said the program may offer additional benefits to the communities. He said the fact that a major international company coming into the Sun Cities could have a significant impact in marketing the Sun Cities outside the communities.

"They are also exploring other ways to get involved in the communities. I know they were impressed and amazed at the work the volunteers did when they came in last year and what the Prides, Posse and hospitals did for the community."

On hand to tell the Holland America story were company representatives Julie Chase, Lucie Lusk, Arizona district sales manager, and Gary Tashjian, director of marketing communications.

"... we came down here for the first time (last August) and saw the extent of the volunteerism and how much the people of the Sun Cities put back into their community, we felt that this was an area that we wanted to be part of because it matched our values," Tashjian said.



Daily News-Sun photo by Mollie J. Hoppes

**CRUISE WINNER.** — Sun City resident Jane Freeman's name is pulled from a box by Jan Mittelstadt, left, Daily News-Sun assistant general manager. Freeman will receive a Holland-America cruise for her volunteer efforts with the Sun City Historical Society.

DAILY NEWS SUN

5-23-91

# Luncheon salutes volunteers

By BRITT KENNERLY  
Daily News-Sun staff

SUN CITY — Sun City Meals on Wheels volunteers who have spent years delivering hot meals to those in need will be guests of honor at a luncheon of their own.

Scheduled for 12:30 p.m. Friday in Memorial Auditorium of Boswell Memorial Hospital's Support Services Building, the spring awards luncheon will honor 44 Sun Citians who have, for 10 to 19 years, assisted area

residents unable to prepare meals.

Guest speaker will be Joe Amery of the Sun City Ambassadors.

The organization, which arranges meal delivery for those unable to prepare or obtain a meal for a nominal fee, is staffed solely by volunteers. There are 274 volunteers in the Sun City Meals on Wheels files.

Bob and Kitty Bokum have been delivering Monday meals in the Northwest Valley, par-

ticularly Youngtown, for 12 years.

The Bokums, married for 48 years, moved to Sun City from Pennsylvania.

They recall the day they decided to get involved with Meals on Wheels.

"We went to an event at our church, Faith Presbyterian of Sun City," Kitty said. "There were information booths and tables set up all around a room, and people were offering infor-

See Meals, C3

Daily News-Sun, Sun City, Ariz. Thursday, May 2, 1991 Emphasis C3\*

## Meals on Wheels volunteers honored

—From C1  
mation about volunteer work you could do here. There was information on everything from Meals on Wheels to tutoring. But our friends Andy and Agnes Hopper had told us all about Meals on Wheels, so we chose it."

The Bokums started off as substitute drivers, getting a different list of meal recipients to whom they would deliver food, prepared in Walter O. Boswell Memorial Hospital, each week.

"It got a little confusing, so we finally decided to become full-time drivers," Kitty said. "Now we drive a route that we really enjoy."

The people to whom the Bokums deliver food come and go, Bob said.

"Circumstances change — people get better and are able to get out or to cook, and some die," he said. "That's just the way life is. But the people who get food are always grateful."

His wife agreed.

"They'd like for us to stay longer," she said. "I talk with them a little, tell them I hope they enjoy their meal. It can be sad to see someone there all alone with nobody to help."

Bob said he would definitely recommend the Meals on Wheels experience to potential volunteers.

"Do it," he said. "You get such a feeling of contentment when you see such as crucial



Daily News-Sun photo by Britt Kennerly

**PREPARATION** — Meals on Wheels volunteers Kitty and Bob Bokum of Sun City double check the food they will deliver to area residents.

need as food being filled."

The Bokums are never tempted to skip a Monday meal delivery, Kitty said.

"The only times we've missed is when we took a vacation and when Bob was in the hospital," she said. "It doesn't take that

long and it's so important."

Lester La Motte, a member of Meals on Wheels' board of directors since August 1990, said his wife was affiliated with the group in Evanston, Ill., before the couple retired.

"I think one of the most spe-

cial things about Meals on Wheels is the volunteer work being accomplished for those who might not eat otherwise," he said. "We're new residents, but the Sun Cities are amazing. It was so surprising to realize the number of people available here for volunteer services."

## If you've visited Boswell ...

By DAN BURNETTE  
Daily News-Sun staff

SUN CITY — If you're taking a trip to Walter O. Boswell Memorial Hospital for a stay or to visit a patient, chances are you will meet Bob and Betty Walters.

The Walterses have been volunteers at the hospital for more than six years.

During his 12 hours of volunteering a week, Bob mans the front entrance, works the front desk and drives the

See Walterses, Page 7

## Walterses stay busy helping out at hospital

— From Page 5

courtesy car at the front entrance.

Betty works with her husband at the desk and helps nurses on 4B the rest of her eight-hour work week.

Between them, the Walterses have put in more than 4,500 hours as volunteers at Boswell.

Betty had a history as a volunteer worker in the Midwest long before the couple moved to Sun City. The inspiration to continue volunteering in a hospital came from the Walterses' experience when they moved to Sun City. During the trip West, Bob became ill with a gallbladder problem that kept him in a hospital for a month.

Once the couple arrived in Sun City in the summer of 1984, they knew they wanted to volunteer at Boswell.

Bob works at the main entrance of the hospital for one of his stints each week. He describes the task as "traffic control."

"You've got to remind people not to park their cars at the front to keep it from getting too crowded," he said.

The work at the front entrance and the front desk are similar. "Basically, you're trying to be helpful to make sure people get to where they're supposed to be," Bob

**'There's a lot of self-satisfaction in volunteering. And maybe it's a little selfishness, too.**

Bob Walters

said.

One afternoon a week, Bob picks up people from the parking lots on either side of the front entrance, which is on an incline "that's steeper than it looks," Bob said. He estimates that about a fourth of the riders are using a walker or a cane and likely couldn't make the walk up.

Meanwhile, Betty is busy on 4B, helping nurses keep up records and pack supply kits, keeping water pitchers filled and linen stocked, wheeling patients to the front entrance once they are discharged and helping patients pack their belongings. Volunteers help with getting floral deliveries to the right patients. Betty spends time talking to the patients, who appreciate the visits from volunteers.

The Boswell staff trains all volunteers, who are mindful of what they can and can't do for patients because they are volunteers and not professional, Betty said.

"There's a lot of self-satisfaction in volunteering," Bob said. "And maybe it's a little selfishness, too. You hope that if you ever need help like this someday, someone will return the favor."

Betty said she gets much more out of volunteering than she puts into it.

"You make so many friends, and the nurses are just great, they really make my day," Betty said.

"If you're not busy here, it's your own fault."

OVER



**COURTESY CAR CHAUFFEUR** — Bob Walters gives visitors and patients a lift from the parking lots at Walter O. Boswell Memorial Hospital. The volunteer courtesy car driver says the hill from the parking lots to the front entrance is "steeper than it looks."



Daily News-Sun photos by Dan Burnette

**VOLUNTEER AIDE** — Betty Walters, foreground, helps a discharged patient into a car for the trip home. Walters also assists nurses with supplies and works at the front desk once a week with her husband, Bob.



# Retiree packs day with punch

By **CONNIE STEELE**  
Daily News-Sun staff

SUN CITY — If you've ever wondered what a 79-year-old retiree does to wile away his time, try tracking Paul Wolf.

Wolf's rocking chair is not just cold, it is neglected.

"I feel very strongly that there are just too many dog-gone people in this town that are just vegetating," Wolf said, sitting in his home office after a day of performing some of his 60 hours a week of volunteer work.

Besides his volunteer hours, the widower plays tennis several times a week and is active in his church.

Vegetating's definitely not Wolf's style.

On Tuesdays, he drives a Red Cross van delivering dialysis patients to hospitals, stroke victims to therapy and groups to the swimming pool and spa at the Sundial Recreation Center, 103rd Avenue and Boswell Boulevard.

"To see people in therapy begin to come back" after a

stroke is one of his happiest experiences, the retired Dow Chemical researcher said. "They're a jolly bunch and so thankful to live in Sun City."

On Thursdays, he tutors mathematics and English in Vivian Cooper's third-grade class at Surprise Elementary School.

"He works one-on-one with the child's reading skills," Cooper said. Who Cooper assigns to Wolf "depends on the needs of the child," she said. On Thursdays, the children ask, "Can I work with him?"

There's always a waiting list of children hoping they'll be picked, she said.

Wolf said Cooper makes volunteering at Surprise a good experience.

"She makes it a lot of fun," Wolf said. "She shows so much appreciation and the kids do too."

In between his other commitments, Wolf is a pharmacy runner from 4 to 8 p.m. in Walter O. Boswell Memorial Hospital in Sun City.

On Sundays, Wolf claims a choir seat in the First United Methodist Church of Sun City. "I have a chair in the choir," he said. "I don't say I sing."

He "stepped into" another job after nursing his wife of 46 years during a fatal illness in 1980. Although he has no active case, Wolf is a volunteer with the Hospice Services of the Sun Cities.

Wolf brought one pursuit with him when he moved from Georgia to Sun City following his wife's death.

Before he had left Georgia in 1981, he worked with Habitat for Humanity, a Georgia-based, national or-

ganization that builds low-cost houses for deserving families.

Within four years, he helped found the Sun Cities Habitat chapter. Compared to his earlier involvement, Wolf described his bookkeeping responsibility for Habitat as a "very, very small" job.

Then three or four times a week, Wolf gets together with several of the guys at Mountain View Recreation Center for tennis. He said, "I don't play singles anymore — too old."

Personal satisfaction ranks high on his list of rewards for volunteering, partly to maintain his active lifestyle. He

and his wife had seven children and he earned a doctorate degree from Purdue University in Lafayette, Ind.

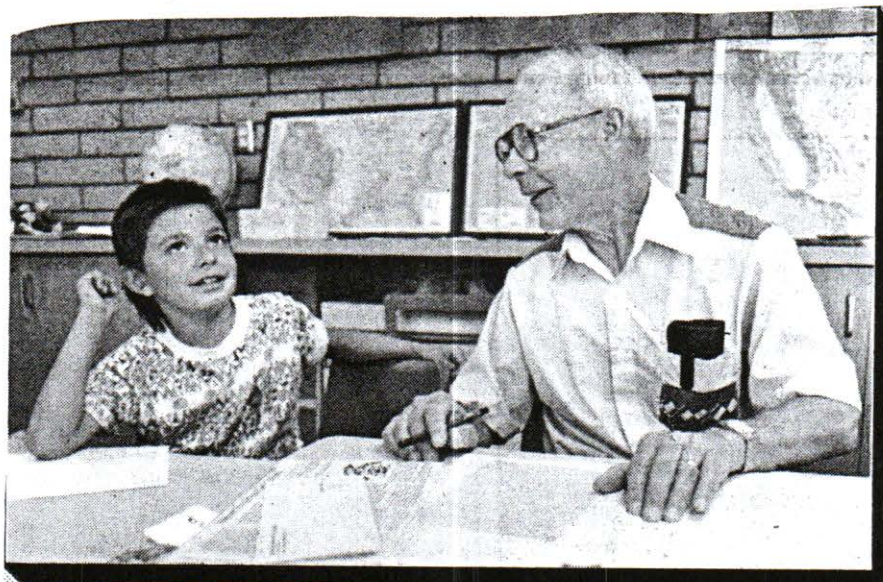
"Maybe my reasons are just selfish," he said.

"Probably the biggest advantage is the joy you get out of seeing people happy because somebody came around and said hello."

His faith is another motivation.

"Christ's way is a practical way for people to live in harmony," Wolf said. "Because you're thinking of the other person, you act in a way that is good for him. It's the ideal way of living."

OVER



Daily News-Sun photo by Stephen Cherek

**Volunteer Paul Wolf of Sun City tutors Nicky Villarreal, 8, in spelling at Surprise Elementary School. Wolf holds a doctorate in biochemistry and spends about 60 hours a week in volunteer work.**

# 81-year-old devotes hours to Red Cross

By JACQUE PAPPAS  
Daily News-Sun staff

SUN CITY — Louise Gialdini has lived a life of caring.

The 81-year-old Sun Citian has worked in nursing homes, driven people to doctor's appointments and provided disaster services as a volunteer for the American Red Cross.

Gialdini volunteered for the Red Cross for 15 years in Pittsburgh and spent much of her time in a nursing home there.

Shortly after she and her husband, Gene, moved to Sun City in 1971, they became active in the Sun Cities Area Chapter of the Red Cross. Gene has since died.

Gialdini became one of the members of the chapter's first board of directors. She and her husband were also among the first volunteers to drive Northwest Valley residents to doctors appointments in Phoenix.

"When we started out driving people to Phoenix we used a station wagon," Gialdini said of the free service that is now seven vans strong. "It started small and then just grew. I saw Sun City grow and saw the need for this service to grow."

Gialdini was chairwoman of transportation until 1983 when she moved into the Red Cross office and took on new volunteer duties.

She now is assistant chairwoman of volunteers and spends time every week taking calls from local residents who need the free door-to-door rides the Red Cross has to offer.

"I am still helping the same people I did before, just in a different way. Before I was driving them and now I am taking reservations," Gialdini said. "It's a shame more people don't know about the Red Cross. We always need more volunteers. They are not aware of what we actually do."

Gialdini usually volunteers about 1,000 hours a year for the Red Cross. Recently, she was given a 35-year service pin at a banquet for local volunteers.

"The people are very nice and very appreciative of the

service. When you go to pick them up they are always glad to see you," Gialdini said. "It

means so much to them. You don't realize how important this is until you are without transportation yourself."

In addition to her weekly duties in the chapter office, Gialdini also volunteers for the Red Cross disaster services division.

She is on call at home from 4:30 p.m. to 8:30 a.m. weekdays and all weekend waiting to take calls from people who have been victims of a flood, fire or other disaster.

The victims tell Gialdini what sort of things they need whether it be clothing, shelter, food or other supplies. Then Gialdini calls a Red Cross volunteer who can provide the help and go to the victim's home and assess the damage.

"They usually are very upset and it's hard to get them to calm down. For some of these people they have lost everything," she said. "I got a call from a family with seven children ages 13 months to 12 years. Several rooms in their home were destroyed. It's really sad."

Gialdini was recognized for her volunteerism with the Red Cross in 1982 when she received the Dovia award. The award is given to one Red Cross volunteer in Maricopa County each year.

Sun City chapter volunteer Dottie Leimbach, who succeeded Gialdini as transportation coordinator, received the award in 1986 and will get it again this year.

Other local residents were honored at the chapter's volunteer recognition program earlier this month.

La Vonda Ward, who works in health services, got a 25-year service pin and Sam Oxman, a van driver, got a 20-year service pin.

Leimbach, Anita Seeley and Ward were also honored for volunteering more than 1,000 hours last year.

Volunteers who had 300 to 800 hours of service were also recognized.



Daily News-Sun photo by Jacque Pappas

**LONG-TIME VOLUNTEER** — Louise Gialdini, 81, has volunteered for the Red Cross in Pittsburgh and Sun City.



**DYSART VOLUNTEER** — Lucy Needham, a Sun City winter resident, has been teaching crafts to Northwest Valley youths in a 4-H group at Dysart Community Center. Daily News-Sun

## Lifetime of volunteering proves richly rewarding

By J.J. McCORMACK  
Daily News-Sun staff

**SUN CITY** — Volunteering is a good way to meet people with similar interests and learn from the people who benefit from volunteer work, Lucy Needham says.

Needham is a 71-year-old winter resident of Sun City who has been volunteering in

various capacities since she was a junior college student in the Midwest.

"To me, it has always been interesting to meet people that also share that interest in getting behind things and seeing that it goes over," she said.

Needham's latest volunteer assignment was teaching crafts to a group of Northwest Valley youths in a Dysart Community Center 4-H group.

Thirteen group members created their own cardboard looms for weaving projects, necklaces using beads made of fig branches and dolls made of corn shucks. The items were entered in the Maricopa County Fair last month and earned ribbons and praise from fair judges.

Although Needham was involved with 4-H groups in Michigan, she was asked to lead the arts and crafts club at the community center when the regular instructor resigned for health reasons.

"With my age, I thought maybe it would be real hard for me to keep up with the kids," she said.

With the help of volunteer assistant Mary Kelly, a former arts and crafts leader at Dysart, the weekly class sessions went smoothly under Needham's direction.

"We are always so happy when we get volunteers that bring new ideas and projects that the children can do at a low cost," said Nella Martinez,

community center co-director.

Needham, according to Martinez, "has a lot of clever ideas ... We were fortunate to find her. She enjoys the children very much and the children enjoy her."

Needham is one of 52 volunteers serving 170 children involved in 4-H at Dysart. "That's a real gold mine of volunteers," she said.

She said her 4-H students try hard to improve their craft skills.

In addition, "they're learning to express themselves through something they have made," she said.

Children have not always been the recipients of Needham's volunteer efforts. She served in the Women's Army Corps during World War II and, after marrying, became a Boy Scout and Girl Scout leader and Sunday school teacher.

Needham and her husband, Tom, reared four children. Because of her brood, "All of a sudden I'm a leader."

Over the years, Needham also has been a Community Fund volunteer, helped get a Vietnamese family settled in her home town of Novi, Mich., worked with the Novi Historical Society, helped fellow town residents research their family histories, and answered a crisis hotline. She is a regular volunteer at a Veterans Administration hospital in Ann Arbor, Mich.

# Duo finds musical abilities attuned to volunteering

By DOUG DUSIK  
Daily News-Sun staff

SUN CITY — If the strains of Dixieland and swing are coming from a local retirement home, you can bet a number of happy residents are singing, dancing and clapping to the music of Frank Palmer and Larry Pommerich.

Palmer, on the banjo and occasionally, the mandolin, and Pommerich on the piano and organ, volunteer several times a week or more — sometimes several times a day.

"They're always there when I need them," said Betsy Rinehart, activities director and volunteer coordinator for Good Shepherd Retirement Center in Peoria.

"We try not to turn anybody down," Palmer said.

Palmer and Pommerich hand out lyric books and in-

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'I like to see the old people get cheered up a little bit. And it keeps me in practice. If I don't practice, I get lazy and I lose my skills.'

Frank Palmer  
volunteer

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vite the residents to sing along. If they don't feel like singing, the two Sun City musicians entertain the residents.

Their shows last about an hour, and, yes, they do take requests. Their repertoire covers the 1920s through the '50s.

"It keeps me active. I enjoy it very much," said Pommerich, a volunteer in the area for about eight years.

A professional musician before retiring, Pommerich said

he got involved in performing for nursing homes on the suggestion of a friend. His reward is the favorable way people respond to the music.

"To me, it's relaxing," Pommerich said. "When I was in the business, you were under a lot of pressure."

Rinehart said Pommerich goes well beyond the call of volunteer duty.

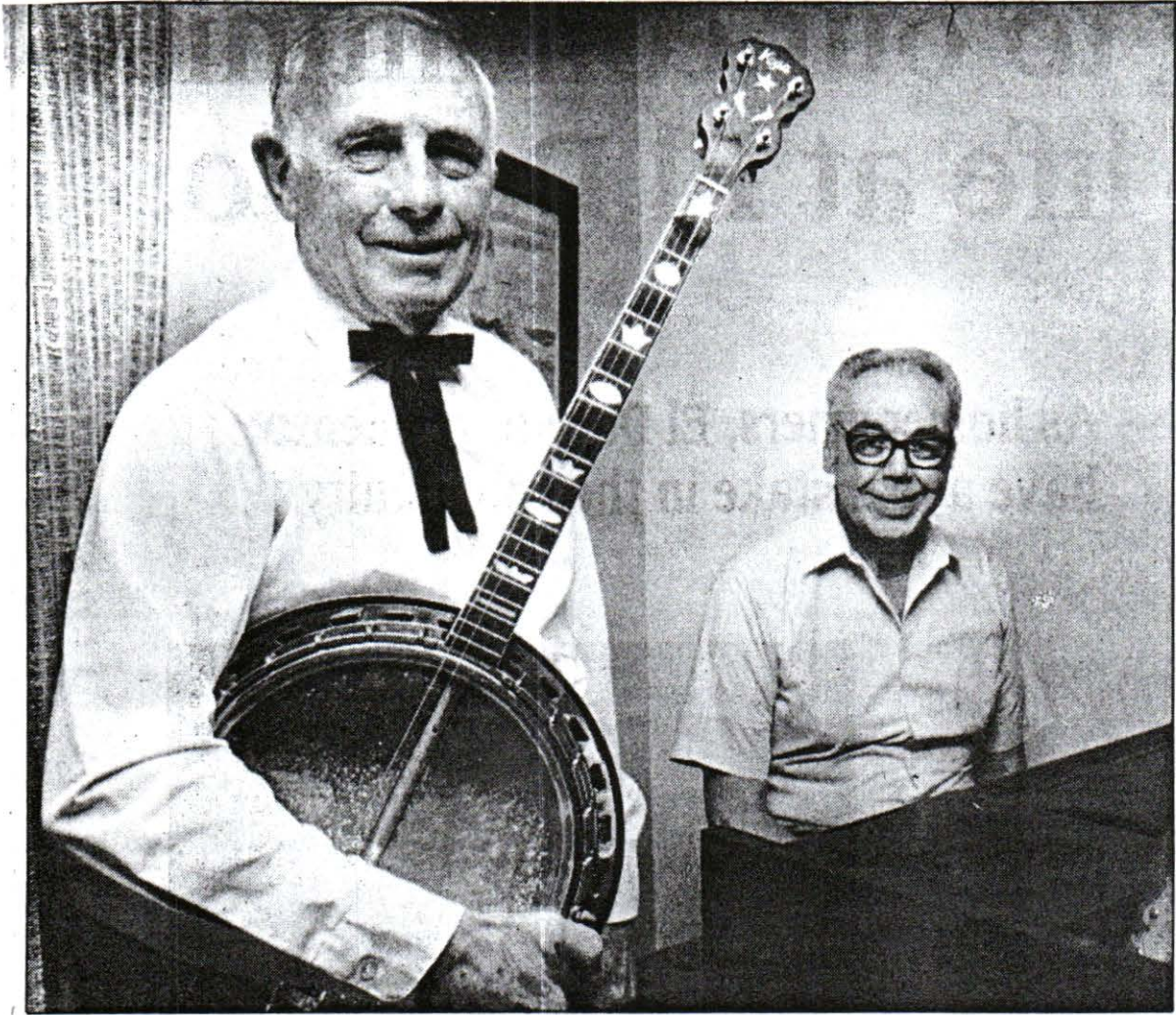
When other volunteer entertainers are unable to make it, Pommerich substitutes "week after week after week," Rinehart said. "He's great."

Palmer describes his musical interest as an avocation, rather than a profession.

"I have always loved music and kept it up all my life," he said.

A showman at heart, Palmer said he performs dressed to the occasion.

"I try to dress a little loudly. Gay. Lively. Nothing too formal," he said. If it's a dinner concert, however, the musicians show in white sportscoats.



**AT PRACTICE** — Frank Palmer, left, and Larry Pommerich play several times a week at area nursing homes. "It keeps me active," Pommerich said. "I enjoy it very much."

## Giving is part of their act

—From Page 18

In addition to the ice cream socials they play at Good Shepherd on Thursdays, the duo perform once a month while volunteers dance for the retirement center's residents.

"I like to see the old people get cheered up a little bit," Palmer said. "And it keeps me in practice. If I don't practice, I get lazy and I lose my

skills."

He said all the volunteering does run into some expense — gas, instrument upkeep and such — "but I don't mind that."

Palmer and Pommerich said they are listed with the Volunteer Bureau for any type of non-profit performance.

Rinehart said the banjo and piano-organ duo are a welcome

treat at Good Shepherd.

"It's one of our activities that almost every resident attends," she said. "They love it. It puts smiles on their faces."

# Service, enjoyment steer van man to help others

By PAUL JUTZI

Daily News-Sun staff

SUN CITY — The road leaving Sam Oxman's house is paved with experience.

After driving an American

Red Cross van for 20 years, he knows the streets of Sun City as well as anyone and better than most.

"Usually I know where I'm at," Oxman said. "But you could get lost, so I carry a map."

Oxman moved to Sun City in 1971 with his wife, Edith.

"We'd been here just a short while and I saw something in the newspaper that said Red Cross needed volunteer drivers. I started with them and I enjoy doing it. It's a great service," he said.

Oxman drives a van every Tuesday. He picks up people

at their homes and takes them shopping and to their doctors among other places.

The people he chauffeurs say he's great.

"I think he's a wonderful person," Zona Chapin said. "He is really courteous and so nice. He's always right there to help people on wheelchairs and disabled people."

Chapin, who has ridden with Oxman for several years, said she always looks forward to seeing him.

"He's such a beautiful, courteous man," Chapin said. "I kid him that if he's a good

See Pride, Page 15



Sam Oxman probably knows the streets of Sun City better than anyone - he's been a volunteer driver for the American Red Cross for 20 years.



—From Page 14

boy, I'm going to make sure he gets a raise. He seems to enjoy the kidding."

Oxman starts at 6 a.m. and works eight to nine hours and drives 10 to 14 riders each Tuesday for a total of about 125 miles.

He works with a partner, Arthur Wichmann. They take turns between driving the van and assisting passengers. The two have worked together for about three years.

"It's a delight to work with him," Wichmann said. "He is very considerate of passengers. He jollies them and jokes with them."

Although Oxman has spent many hours on the road, he always comments on the driving habits of people, Wichmann said, which amuses him.

"He's never ceased to be amazed at the idiosyncrasies of Sun City drivers and the unbelievable things they do," Wichmann said.

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**'He's never ceased to be amazed at the idiosyncrasies of Sun City drivers and the unbelievable things they do.'**

Arthur Wichmann  
van driver

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Oxman's wife said he is the nicest guy she knows.

"He's a great guy, you better believe it. I know it and now you know it," Edith Oxman said. "He's good-natured, a good father, good husband, good everything. His number one quality is his willingness to help people and he treats people beautifully."

**'He's a great guy, you better believe it. I know it and now you know it. He's good-natured, a good father, good husband, good everything. His number one quality is his willingness to help people and he treats people beautifully.'**

Edith Oxman

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She said her husband is multitalented and can fix just about anything. "He fixes stuff around the house for me, our friends and the neighbors," she said.

Sam Oxman said driving for Red Cross is one of the most satisfying things he does.

"I must say our people are delighted with the service, and we are proud of the service they get," he said. "I think it's wonderful. A great service from Red Cross to the community."

Oxman is active in several other areas. On Thursday morning he volunteers at the Sun City Library to shelve books. He also swims, rides a bicycle and golfs.

He is founder, past president and member of Bell Woodworking Club. He worked in retail in New York and New Jersey, and picked up woodworking after moving to Sun City.

"I just found out I liked to do it, so I did it," he said. He started the club in 1976 and it has 800 members, he said.



Dana Leonard / Staff photographer

With her husband, Averille, in the background, Petie Thorn records prescription information at the hospital at Luke Air Force Base. Another volunteer, Chuck Davis, takes temperature and blood-pressure readings on Jeremy Chapin, whose father, Harry, watches.

## Families enlisted in volunteerism

### Sun City man makes it happen

By Betty Latty  
Special to Community

American Red Cross volunteer Averille Thorn will tell you that volunteerism is a game families can play.

And it makes his job easier.

Thorn, of Sun City, is hospital chairman for the Red Cross at Luke Air Force Base. His band of 130 volunteers includes a number of husband-and-wife teams, many with military experience, who want to give something back to that community.

With couples, who usually choose to work the same days and hours, Thorn says he can fill two assignment requests instead of one.

His own wife, Petie, serves in the Retired Family Clinic admitting areas.

What Thorn, a retired Air Force lieutenant colonel, Ohio Air National Guard officer and elementary school principal doesn't talk about, besides his golf score, is his own dedication to volunteerism: He has been the hospital chairman for about three years, on duty three or four days a week while also serving stints as needed in the dental clinic and pharmacy.

Nor does Thorn mention his popularity, both with base hospital personnel and his army of unpaid workers.

Others will, though, and they

point out that Thorn was chosen by the hospital command, the 832nd Medical Group, as its volunteer of the year last spring.

"I would not be able to manage without 'Ave' and his plus-plus attitude," Red Cross station manager Faith Corbin said. . . . People of his quality rate very high with Red Cross leadership."

Among the hospital volunteer couples who agree with Corbin's regard for her chairman are Margaret and Dr. Robert Hansen of Sun City West. "We can't say enough for Averille," said Margaret Hansen, a former Navy nurse who serves twice a week in the hospital recovery room while her husband works in the Retired Family Clinic. "We've become like a large family out here, and you couldn't find a better coordinator or finer gentleman than Ave. What is so nice is he can relate to people regardless of who they are, airmen or generals."

There's a demanding public, young military personnel, administrative staffs, older retirees and a volunteer work force making up Thorn's larger family.

But the coordinator tosses a lot of credit to his crews. "We've got some real professionals out here: MDs, RNs, LPNs, engineers, teachers, college professors, even a microbiologist and an anesthesiologist. I'm proud of them all," he said.

Thorn's professionalism and understanding of the military through his own rankings have

helped him establish that rapport, says his wife, a former teacher and Red Cross nurse's aide in Ohio. Petie Thorn volunteers one day a week at the hospital.

Thorn's experience with elementary school children is handy, too, when he assigns volunteers to the hospital's pediatric unit.

Litchfield Park resident Charles Davis has been a popular choice for the younger sick set; his wife, Barbara, is tapped for duty in the Retired Family Clinic.

One of the busiest departments at the hospital is its pharmacy, where Thorn routinely assigns about 40 people.

"Some days are incredibly hectic out there," said Ken Ducat, another volunteer who serves with his wife, Bernice, and credits Thorn for keeping things on balance.

In the spring, Thorn's roster gets extra attention and begins to change character. First scrutiny comes as he helps submit material for the April 18 hospital volunteer awards luncheon, followed on April 25 by the base commander's volunteer recognition banquet.

Then the numbers of his active workers start to shrink, as winter visitors leave and local residents take off for cooler vacation spots.

But Thorn plans ahead. Early on, he begins to assemble a cadre of teenagers and youth volunteers who want summer activity. A lot of them are children of active duty service people at the base.

Like he says, volunteerism is a game families can play.

# Giving something back

## El Mirage community center thrives thanks to help from the Sun Cities

Without the generosity of the residents of Sun City and Sun City West, Nella Martinez believes there would not be a Dysart Community Center.

Since it opened 28 years ago, residents of the two retirement communities have volunteered thousands of hours of their time at the center, located in the mostly Hispanic community of El Mirage.

With such a strong volunteer force, the center is able to successfully operate its Laubach Literacy Program for adults and 4-H program for children.

"We couldn't survive without them," says Martinez, director of the center.

"This center was formed by Sun City residents and they have continued to be the active force behind its success."

With just one part-time and two full-time employees, Ms. Martinez says the center is

"These children are underprivileged and many would be on the streets if they were not involved in these classes. Our volunteers are often like a second family to them, offering them hope and encouragement."

-- NELLA MARTINEZ  
Director, Dysart Community Center

fortunate to have the volunteers' help in tutoring, teaching, planning and organizing.

The majority of the residents volunteer their time to the center's adult literacy program teaching residents of El Mirage and Surprise — many of whom are migrant farm workers — to read and write. The 300 participants in the eight-month program are matched by an equal number of volunteers allowing for one-on-one tutoring.

Residents receive 20 hours of training before being paired with a student. Some volunteers tutor more than one student and on occasion some teach several at once in a classroom-style setting.

Although still speaking in broken English, Connie Rios, an El Mirage resident, finds the words to praise her tutor, Ray Fortune of Sun City West, who taught three students during the last Laubach Literacy Program

session.

"I like Ray very much. He was a nice man to volunteer his time to help me," Ms. Rios says. "He let me work at my own speed. I'd like him to be my teacher again."

About 50 Sun Cities residents devote their time to the 200 underprivileged children, ages nine to 14, who participate in the center's after-school 4-H program, teaching classes ranging from knitting to jazz dance and helping to organize parties during the holidays.

"Without the talents of our volunteers we would not be able to offer the wide range of classes that we do," Ms. Martinez says. "What we offer each year depends on the capabilities of our volunteers."

"These children are underprivileged and many would be on the streets if they were not involved in these classes. Our volunteers are often like a second family to them, offering them hope and

encouragement."

According to Ms. Martinez, the pool of talent and generosity in the Sun Cities is endless.

"I cannot believe the amount of talent that is out here," she says. "All those years of experience. They bring a sense of professionalism to the center. It is just a multitude of talent, patience, dedication and devotion."

"We find it all in the Sun Cities. The residents never cease to amaze me," she says.

Local residents not only support the center through their volunteer efforts, they also help finance the programs with donations. While 40 percent of the center's operational budget comes from the Valley of the Sun United Way, the center must raise the other 60 percent.

Donations from both the

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## ■ VOLUNTEERS

From Page 1

volunteers and the organizations and churches they are affiliated with make up a large portion of the funding.

The facility received a financial boost from the retirees this year when the Sun City West chapter of the Valley National Bank Action Arizona contest donated its \$10,000 first prize to the center.

The purpose of the contest was to fund community development projects, and while the other 12 chapters chose to improve their own communities through renovation and recycling programs, Sun City West decided to raise \$25,000 to help construct a much needed 3,700-square-foot building adjacent to the center.

The \$10,000 prize money also went to fund construction of the new building which had run over budget. The building, which will include classroom space and bathrooms, is being built by the Sun City chapter of Habitat for Humanity, a volunteer group of Sun Cities residents which constructs housing for the needy.

As the center continues to expand in addition to needing more space, more volunteers are needed, Ms. Martinez says. Volunteers are

typically recruited by current helpers or through local churches and organizations familiar with the center's work.

"We have been so fortunate that many of our volunteers have been with us as much as 14 years," Ms. Martinez says. "Many are connected with churches and clubs that have been supportive of the center for years and are familiar with our programs. That is the reason we don't have trouble getting volunteers."

The volunteers who have worked with the center for several years have the pleasure of watching the children grow up, Ms. Martinez says.

"The children just love them," she says. "The appreciation goes both ways. As appreciative as we are, the volunteers get something out of it, too."

The center is currently recruiting additional volunteers for its new children's tutoring program, which will get under way this fall.

"We have a nucleus of retired educators interested in the program," Ms. Martinez says. "We are anxious to get started and they are anxious to begin helping the children."

# Kiwanis help at area school

By DOUG DUSIK  
Daily News-Sun staff

SUN CITY — Marlin Baxter's home must have resembled Santa's workshop the last couple of months.

Chairman of a Kachina Kiwanis project to bring wooden blocks to the Migrant School in El Mirage, Baxter volunteered his home as a base.

The blocks were sawed in his shop. Fifteen fellow Kiwanis then sanded the blocks and painted them red, green, blue and yellow.

On Friday, 600 brightly colored wooden blocks were delivered to excited children at Dysart's Head Start migrant education program. Baxter was on hand, along with Kiwanis members Don Gray and Betty Bitmar.

"The Kiwanis from Sun City helping us is wonderful," said Gail Duffy, nurse for the

Migrant School. "We don't get much money for resources."

The blocks are shaped into three patterns: rectangles, squares and triangles, comparatively designed. Two triangles make up one square; two squares fit onto one rectangle.

Baxter coordinated the comparative shapes. "I've had 46 years in elementary education," he said.

Lynda Wiley, teacher for Dysart's Head Start program, said the blocks will strengthen skills in cooperation, hand coordination, color and shape identification and sharing.

"There's a lot of learning in these blocks," Wiley said. "It's not just stacking them on top of each other."

The blocks will be used by the 76 preschool children enrolled in the Migrant School.



**PLAYIN' AROUND.** — Sun Citians, from left, Betty Bitmar, Don Gray, and Marlin Baxter use building blocks to play with migrant children at El Mirage Elementary School.

Daily News-Sun photo by Patrick K.

# Sun City volunteers rewarded for caring

By JACQUE PAPPAS  
Daily News-Sun staff

SUN CITY — The financial contributions and volunteer efforts of groups in the Sun Cities toward charitable organizations in other communities is one of the best-kept secrets in the Valley.

For years service groups and churches in the Sun Cities have donated their time and money to schools, charities and hospitals with silent dedication.

The unsung efforts of groups in the Sun Cities are the target of a new program geared to sing the praises of giving.

Del Webb Corp., developer of the Sun Cities, has purchased 1,500 brown and gold plaques that read, "Supported by our friends in the Sun Cities."

The plaques, which look like license plates, will be given to local organizations that give financial contributions or volunteer time outside of the community.

The local organizations will in turn give the plaques to com-

munity groups they support to help promote the spirit of giving that has existed in the Sun Cities for years, Webb executives said.

So far, more than 70 plaques have been requested by local service clubs and churches.

John C. Bergh, immediate past president of the Sunrise Lions of Sun City West, said his club requested 17 plaques.

Bergh said the club donates more than \$15,000 every year to a number of charities throughout the Valley — from the Westside Food Bank to the Center for the Blind.

"I think it's a wonderful idea," Bergh said. "We have to let people know that we are not just a bunch of old people in rocking chairs watching TV."

Martha Moyer, Webb spokeswoman, said the plaques are part of the corporation's Sun Cities Cares program promoting the voluntarism in Sun City and Sun City West.

"We really wanted to demon-

strate what the residents are doing and we feel this is a pretty visible way to do it," Moyer said. "We want to leave these communities with a very polished image in the eyes of the Phoenix area residents. Everyone in the Sun Cities knows how giving of money and time the people here are," but the efforts aren't often recognized outside of the community, Moyer said.

She said Webb has mailed questionnaires to local service clubs and churches asking how many organizations beyond the Sun Cities they support financially or with volunteer hours.

The plaques will be sent to the groups at no charge.

Moyer said the idea for the plaques was inspired by Sun City resident Helen Vallee Erway.

The idea grew from there.

Organizations interested in distributing plaques to charities they support may call 876-3567.

# Auxiliary volunteers work in gallery

By CANDACE S. HUGHES  
Daily News-Sun staff

SUN CITY — Variety, challenges and the opportunity to serve are among the reasons Ruth Hinz volunteers as treasurer of the Thunderbird Residents' Gallery.

Hinz, 71, who has been treasurer of the gallery since 1985 and a gallery volunteer since 1981, moved to Sun City from Royal Oak, Mich., in April 1975.

Hinz is among many Northwest Valley volunteers who were recognized for their contributions during National Volunteer Week April 22-28.

The Sun Health Corp. has been honoring its volunteers with a variety of celebrations, including receptions at Boswell and Del E. Webb Memorial hospitals and special

events for volunteers at the Sun Health Care Center and Olive Branch Senior Center.

About 2,400 men and women comprising Sun Health Auxiliary's volunteer corps contributed 295,061 service hours in 1989, and a total of 3.5 million hours since the auxiliary started in 1968.

In a ceremony and reception at The Lakes Club in Sun City, 278 volunteers received awards for 500 to 16,000 hours of service during 1989. More than 550 volunteers were recognized for their contributions of 100 hours or more.

Hinz has been a Sun Health volunteer since June 1976, working in patient service at Walter O. Boswell Memorial Hospital until an arthritic knee encouraged her to move to the gallery.

Hinz works three days each week at the gallery and said she enjoys the variety of work.

"Every time you think 'Now I've seen everything,' something else happens. It's a challenge and it's interesting," she said.

The Thunderbird Residents' Gallery, at 13626 N. 99th Ave., offers handcrafted items for sale to the public, and is open 9 a.m. to 5 p.m. Monday through Saturday and 9 a.m. to 4 p.m. in June, July and August.

Last year the gallery donated \$10,000 to Sun Health Corp.

Consignors set the price of the items and receive two-thirds of the money. The remainder goes to the gallery for its expenses and the donation to Sun Health Corp.

From 200 to 300 consignors bring items to the gallery, which pays \$1 in rent per year to CBS Properties Inc., the owner of the shopping center, Hinz said. The gallery must pay for utilities, telephone, stationery, postage and the salary of a part-time manager, she added.

"It was a little hard to leave the hospital and the patients and nurses, but here I am in contact with the consignors, visitors and volunteers," she said.

"While I was with Sun Health patient service I joined the membership committee and went over to the gallery to type up membership cards," said Hinz, who had been a typist for her husband's accounting firm in Michigan.

Working at the gallery also has helped her deal with the loss of her husband, Walter, who died in August, Hinz said.

Volunteers interested in working at the gallery may call 977-9613.



Daily News-Sun photo by Mollie J. Hoppes

**GALLERY VOLUNTEER** — Ruth Hinz volunteers at Thunderbird Residents Gallery where she is treasurer. The Gallery is in Thunderbird Plaza, 99th Avenue and Thunderbird Road.

# It's back to school for service groups

By BRITT KENNERLY

Daily News-Sun staff

SUN CITY — Their own school days may be past, but members of local service organizations are still involved in educational activities with the Dysart Unified School District.

Throughout the school year, volunteers from these organizations donate funds and time to schools in the Dysart district.

At Surprise School, eight teachers benefit from the support of volunteers who work in their classrooms on a regular, if not daily, basis.

The Kachina Kiwanis Club works for the improvement of local schools, supporting such programs as Action Reading and the parental involvement plan.

Agua Fria Kiwanis volunteers help students in remedial reading and math courses. Computer literacy is also a Kiwanis concern.

The Sun City West branch of American Association of University Women (AAUW) presented three \$250 book grants to deserving female Dysart High School seniors last week at Briarwood Country Club.

AAUW representative Phyllis Schwepke said of the AAUW's school involvement, "Dysart counselors help in the selection of award recipients. The student must be going on to college and in need of the grant. Ideally, the recipients would also have good grades."

The Sun City branch of AAUW, which also gives book grants to seniors, has volunteers who regularly participate in a "Senior Tutors" program, providing tutors who work either on a one-to-one basis with students or help a particular teacher.

American Legion Post 94 in Youngtown regularly participates in Boys and Girls State activities, as well as the Law Enforcement Academy, providing scholarships for those endeavors.

The Rotary Club of Sun City West sponsors a "Career Day" at Dysart High School. The Rotarians find speakers representing different vocational choices who talk to students about various aspects of their career choices.

The Veterans of Foreign Wars of Sun City, Post 6308, sponsors a script-writing contest, which honors three students from Dysart High School.

Thematic scripts by Dysart students are submitted in September and the winners are chosen in time for May awards ceremonies.

This year's three winners, who submitted papers explaining "Why I Am Proud of America," receive savings bonds from the VFW, which sponsors the theme-writing contest nationwide.



**PRIDE GROWS ON YOU** — Folks who live in Country Meadows, Sun City and Sun City West depend on the volunteer efforts of the Prides from their communities to maintain and clean the common areas.

Daily News-Sun photo



## Exchange Club honors Hospice volunteer

A "tremendously devoted worker" for Hospice Services of the Sun Cities Area, Joy Beanland was honored by the Exchange Club recently.

Mrs. Beanland has been on the Hospice board of directors since 1984, having served as treasurer, vice president, president, on the speakers' bureau, as volunteer staff nurse, interim coordinator of volunteers and as a member of the education committee.

Currently, Mrs. Beanland is filling the position of executive director of the Hospice, left open when Bill Foster retired.

She has a history of service, as a nurse, in overseas (African) duty with the Evangelical United Brethren and United Presbyterian churches; running a missionary guest house and out-patient clinics; in active leadership with Presbyterian women's organizations; in Girl Scouts and in Posse duty in Sun City.

The wife of the Rev. Gayle C. Beanland, First Presbyterian Church of Sun City, the volunteer received praise from the Exchange Club, for leadership "far and above the call of duty," according to Ralph Dinger, organization spokesman.

Mrs. Beanland describes the award as a very gracious thing, which she accepted on behalf of Hospice and its 60 volunteers.

"It has been an opportunity to work with them, in several capacities."

Members of the Exchange Club have told her that it's difficult for many of them to serve as volunteers, even in their retirement, Mr. Dinger says.

So, once a month the club recognizes someone else for doing the kinds of things many of them

"It's good to relate with people who are dealing with the end of the show."

--Joy Beanland

wish they could do.

Mrs. Beanland says her work with Hospice is special, although there are pressures, and at times, volunteers need a break.

"We try to be very sensitive. We have two levels of volunteers, one with nursing experience, which keeps tabs with the situation.

"And there's the larger corps, a group of volunteers who give respite and help with whatever they can, beyond the nursing services.

"Our people are there to be good friends to the person with limited time and their families.

"We have an educational program of about 30 hours; the volunteers become really qualified, with help in listening skills."

She describes her work with Hospice as a valuable experience. "I feel privileged ... some people go through life, probably with exciting things happening to them ... but they may not realize it."

Exciting things were part of Mrs. Beanland's early adulthood, as she graduated from the Presbyterian Hospital Nursing School in Chicago, then volunteered for overseas service with the Evangelical United Brethren Church and was assigned to Sierra Leone, West Africa.

Training in tropical medicine and midwifery were obvious

needs, so she went to London to study, then returned to Africa to direct a maternity hospital and organize out-patient clinics in nearby villages.

Four years later, on furlough, she met a Presbyterian worker in the Cameroon, Gayle Beanland.

They were later married, studied French together in Paris and returned to Africa for 10 years.

She and her husband together were assigned to the Ivory Coast in 1966, as communication consultants for the All-Africa Conference of Churches in French-speaking Africa.

In 1969, she helped organize the Abidjan Assembly of 1,000 participants.

Their three children were born overseas.

In addition to her family and medical achievements, Mrs. Beanland ran a missionary guest house and helped serve some 7,000 meals a year, with accommodations for more than 4,000 overnight guests.

She and her husband returned to the United States in 1970, settling in Midland, Mich.

"I'm glad we did it all when we were young," she says. "Although it's likely, when we retire, we might look into something with the Peace Corps. It's interesting, to live in different places, environments."

Sun City has been their home for the past 10 years.

She has found it to be as rewarding as Africa — in different ways.

"There are fascinating people here, with different sorts of needs. And it's good to relate with people who are dealing with the end of the show.

"It's a great experience."



**HONORS FOR SERVICE** were presented with this award to Joy Beanland, Hospice Services of the Sun Cities executive director. Making the presentation is Ralph Dinger, president of the Exchange Club of

# Eyes of the blind

## Volunteers record news for unsighted in Sun Cities

By Betty Latty  
Special to Community

For the unsighted of the Sun Cities, blindness does not also have to mean ignorance.

Thanks to about 25 volunteers who collectively devote three days each week to transcribing news and literature to tapes, blind people can remain informed about what's happening in their communities.

Since 1972, Recorded Recreational Reading for the Blind Inc. quietly has been sending the tapes every week to its subscribers free of charge. In addition to news gleaned from area newspapers, the organization also records *Modern Maturity* magazine and occasionally makes tapes of books written by local authors.

"We try to honor requests for a certain story or book if we can," says James Geer, the group's director and president.

Recorded Recreational Reading is a division of the Arizona Library for the Blind and Physically Handicapped, popularly known as Talking Books, which serves as one of about 60 field libraries for the U.S. Library of Congress.

Subscribers, who must be enrolled in the Talking Books program, now number about 200, primarily in the Sun Cities area, Geer says.

"Our subscribers are mentally alert, interested and want to be able to discuss things with their friends," Geer says. "This helps keep them from feeling



Jacques Barbey / Staff photographer

This detail shows the carton that has a special flap arrangement so the cassette can be returned to the center after use.

isolated."

Tapes also are mailed cross-country to a few former residents who want to keep in touch with things going on around the Sun Cities. During the summer, tapes also follow vacationing subscribers.

Because the organization's tapes are transcribed at a non-standard speed and must be played on Talking Books equipment, the recording efforts are not

regarded as a copyright infringement, Geer says. He says Recorded Recreational Reading has obtained transcription permission from publishers on that basis.

Sun Citian Edith Kenn, a former editor, reads and marks publications for the transcribers and chooses the material of interest to subscribers.

Kenn has ample motivation for volunteering: Her husband, Melvin, a retired

attorney and once an avid reader, has lost his sight and is a subscriber.

"He enjoys these tapes so much and would be devastated without them," Kenn says. "I just couldn't not help out."

A longtime volunteer, Esther Borkenhagen, is one of several women who erase incoming tapes, readying them for the next transcription. They also make sure that folders and mailers are sorted, alphabetized and made ready for mailing.

"It's a project that is very appealing to me," she says, "I felt I could be of help doing this job."

Quality checks of the recording operations are overseen by the organization's vice president, Alvin Ziemann, who also is one of the news readers.

The volunteers' lengthiest project is the transcription of *Modern Maturity*, which takes about six hours of reading time and uses one cassette, Geer says.

"We do the whole issue, except advertising and some puzzles. When it's feasible, we include puzzles and place the answers somewhere later in the tape," Geer says.

Master tapes of the recorded magazine are shipped to about 20 of the Talking Books regional libraries, which prepare additional tapes for distribution to their own subscribers, Geer says.

More information about Recorded Recreational Reading may be obtained by calling its Peoria office at 933-0985 between 9 a.m. and 4 p.m. Tuesday, Wednesday and Thursday.



Director James Geer "cuts" a news story on cassette in the specially designed sound room at Recorded Recreational Reading for the Blind Inc. Jacques Barbey / Staff photographer

## Friendly sound

Thanks to local volunteer readers,  
blind able to enjoy the printed word

"Sun Sounds" is a free, 24-hour a day, 365-days a year radio reading service for individuals unable to hold or read printed materials due to a physical or visual handicap.

The story of Sun Sounds, which is available only by closed circuit radio, will be related in a special demonstration, at 1:30 p.m. Jan. 29 at Sun City's Bell Library.

Jo Michener, Sun City, will tell the Sun Sounds "Read Through Radio" story.

For program subscribers, a receiver can be provided for the home, using a vacant radio or television channel, she says.

The service already is in use in nursing homes, care centers, retirement apartments and hospitals.

Both the Walter O. Boswell Hospital, Sun City and Del E. Webb Hospital, Sun City West, provide for Sun Sounds reception.

More than 450 volunteers keep Arizona's Sun Sounds going. They read the daily newspapers, cover health, hobbies, home making, short stories, travel, call-in and interview shows.

Accompanying Mrs. Michener will be Dede Pearse, Sun Sounds executive director and David Dickson, engineer, who will demonstrate how the service can be installed.

There is no charge for the program, but seating is limited.

# Sun Health Corp. has gold mine in volunteers

By CONNIE STEELE  
Daily News-Sun staff

SUN CITY — "Responsible" is the one word that sums up volunteers, officials of Sun Health Corp. say.

Responsible volunteers with Sun Health Auxiliary are credited with raising more than \$215,000 and giving 295,000 hours in 1989 alone.

In its 20 years, auxiliary reports say that volunteers have been responsible for nearly 3.5 million volunteer hours and more than \$2 million in gifts to Sun Health Corp., the non-profit corporate parent of Walter O. Boswell Memorial Hospital and Webb Hospital in Sun City West.

On Friday, auxiliary members heard details of their accomplishments for the past year at the group's 21st annual meeting at the Lakeside Banquet Center.

"As the hospital tightened its financial belt, volunteers filled the gap," said Susan Barnett, volunteer services director of Walter O. Boswell Memorial Hospital, a Sun Health Corp facility.

After announcing that 2,395 auxiliary members donated 295,061 hours last year, Barnett said, "Please give yourself a big hand."

The 125 auxiliary members and guests attending the luncheon meeting burst into applause.

"When you combine love and skill, you'll get a masterpiece. We have masterpieces in this community because of volunteers," said guest speaker Jerry Svendsen, publisher of Sun Life magazine.

Svendsen said helping others makes people happier and helps them live longer.

Volunteers are working in almost every department (of Del E. Webb Memorial Hospital), said Jean Stahl, director of vol-

unteer services at Webb Hospital.

"They contributed 500 hours more a month than last year."

Volunteers at Webb Hospital focus on making patients more comfortable, she said. They read to patients, play cards and games, and participate in community programs.

Auxiliary activities raised \$216,297 last year for a cumulative total since 1970 of more than \$2 million, Barnett said.

The Del Webb Gift Shop has repaid its start-up loan and contributed \$12,000 to the Sun Health Auxiliary.

Thunderbird Gallery in Sun City closed the year by contributing \$10,500.

Thrift shops in Sun City and Sun City West drew a gross monthly income of \$20,000, chairman Lu Putao said.

Geraldine Paterson, auxiliary

president, reported the fund distribution from last year: Boswell Hospital, \$104,450; Webb Hospital, \$45,412; Webb Building Fund, \$50,000; Sun Health Care Center, \$8,300; Coordinated Home Health Services, \$8,135.

Gifts bought with auxiliary proceeds included four Midmark Recovery Beds, a defibrillator and bronchoscope for Boswell Hospital; cardiac probe and recovery room blanket warmer for Webb Hospital; 26 wheelchairs with leg rests for the care center; and two blood glucose monitoring machines for the home health service.

Sun Health Care Center now has 109 volunteers, said Ruth Bean, volunteer services director at the care center.

"As the auxiliary grows, so does the size of our donation," she said.



Laurie Hurd-Moore/Independent

**DOLLY DIMPLES COMES TO TEA.** The Salvation Army is hosting their 16th Annual Doll Tea from 1-4 p.m. Dec. 5 at 107th and West Union Hills Drive. Some of those involved in the Sun City event are from left: Virginia Dillard, of the doll committee; Mrs. Major Glenn Austin, manager of The Salvation Army; Dorothy Grigg, president of the women's auxiliary and Patti Dahl, Doll Tea chairman.

## Doll dressers bring joy to young hearts

By LAURIE HURD-MOORE  
Sun Cities Independent

Dolls are basic to childhood. They teach children love, compassion and caring. Dolls also provide hours of creative play.

But, perhaps most importantly, dolls offer children a source of security when the stresses of the adult world creep into their innocent lives.

The volunteers of The Salvation Army's Sun Cities Area Corps long ago recognized the vital role that dolls play in the development of girls and boys.

For more than 16 years, the "Sallies" have promoted this doll-child relationship, with a Christ-

mas distribution of dolls and toys to local needy children.

This year, 28 dozen dolls and an equal number of toys will be handed out to qualifying children.

This joyful gift-giving event will take place Dec. 21, at the Sun Cities Area Corps facility, 10730 W. Union Hills Drive in Sun City.

Virginia Dillard, a member of the doll committee, says the program takes a lot of work.

As a volunteer, she dresses most of the dolls.

"We order the dolls from New York City. They're all new dolls.

"Then, all year long, they are

See **DOLLS**, page 9

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## • DOLLS *From page one*

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dressed," explains Mrs. Dillard.

Area church women take the dolls and design outfits for them.

Once the clothes are finished, the dolls are returned to Mrs. Dillard's group.

"Some residents take one or two or three dolls and then leave Sun City for the summer. They work on them while they're away and return them in the fall.

"The women do beautiful work," says Mrs. Dillard.

These craftswomen are given a chance to see each other's work at the end of the year, before the items are given away to the children.

An annual Doll Tea features the hand-dressed dolls, displayed on peg-board Christmas trees.

This year, the 16th Annual Doll Tea was scheduled to take place from 1-4 p.m. Dec. 5, at the Sun Cities Area Corps headquarters.

The dolls, along with toys for boys, are then readied for distri-

bution, which begins at 8 a.m. Dec. 21.

Low-income families pre-qualify to receive the dolls and toys.

"We set it up in here like a general store. They (the families) go through here like precision," says Mrs. Dillard.

Using grocery carts, each family first takes a holiday food box.

Then, they proceed to a raised platform, where the dolls are arranged on peg boards.

"We get an equal number of toys for the boys. And sometimes the girls don't want a doll. Sometimes the boys want one," says the committee member.

As each family leaves with its goods, a Salvation Army volunteer stamps their paper work.

Mrs. Dillard says the program is both fun and rewarding.

"With my children away, this is my Christmas."

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**DOLL FACES.** Among the 23 dozen well dressed dolls soon to become best friends to lucky area children are these examples of love and skilled craftsmanship by the Salvation Army Doll Committee.

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Laurie Hurd-Moore/Independent



# Heating or eating choice? Seniors program helps

By DOUG DOLLEMORE  
Daily News-Sun staff

SUN CITY — Leo Nettlesheim's house was leaking. Air rushed in and out of his home through cracks in wall switches, windows and door frames.

The leaks were adding hundreds of dollars to his annual energy costs, but he couldn't do anything about it.

"Due to a bad back I couldn't repair it myself," Nettlesheim said. "I would have had to hire somebody to do it."

But Nettlesheim didn't hire somebody. Instead, volunteers from the Central Arizona Seniors Program weatherstripped around his doors and windows, caulked cracks in his walls and electrical switches, insulated pipes and wrapped his water heater in an insulated blanket.

In all, the voluntary effort will save Nettlesheim as much as \$240 a year in energy costs. And the weatherization didn't cost him a dime.

"I can't believe I got something for nothing," Nettlesheim said. "It's very seldom in life that you get something for nothing. Usually you just get advice and that's usually not very good advice at that."

Nettlesheim is one of more than 1,000 Northwest Valley residents who have received free home weatherization and energy conservation tips through a

program sponsored by Southwest Gas and the Arizona Energy Office, a state agency.

Volunteers have weatherized more than 7,000 Valley homes owned by senior citizens in the past five years, Spencer said. Energy savings range from \$150

**'We think this is a real good way to help people who are on fixed incomes ... The savings from the weatherization will go on for many years.'**

Linda Spencer  
Southwest Gas

to \$240 a year.

The program costs Southwest Gas \$75,000 a year.

To qualify, a person must be a homeowner who is at least 55 years old or be handicapped. He must be a Southwest Gas customer and have an annual income between \$6,075 and \$22,000. Information: 258-0878.

"We're aiming at the notch group that is above the poverty line, but may have to make a choice between heating or eating this winter," said Peggy O'Meara, the project's coordinator. "This should permanently reduce their energy losses from year to year and free up money for other uses such as

medicine and food."

Volunteers also will help participants get in touch with other social services such as Meals on Wheels, O'Meara said.

"These people have no idea what services are available to them," O'Meara said. "One in five of the people we refer to other social service agencies. Our primary goal is to reduce energy costs but if we can help in other ways, we'll do that, too."

Arizona Public Service Co., (APS) and the Salt River Project (SRP) also have energy-savings programs that can help seniors.

Both utilities participate in Project SHARE, a program administered by the Salvation Army. The program is a fund that helps people who have medical or financial difficulties pay their utility bills or make emergency repairs to air conditioners, heat pumps or furnaces. Participants may receive one grant a year. For information, phone APS, 371-7171 or SRP, 236-8888.

APS customers who don't qualify for the Southwestern Gas weatherization program can receive an energy audit. An APS employee will inspect your home and make recommendations about how to save energy. The customer is given a computer printout that includes the estimated costs of repairs and the estimated first-year

savings.

APS also offers a 15 percent discount to senior citizens. To qualify, you must be at least 65 years old, the head of your household and have an annual income at or below the federal poverty guidelines. Applications

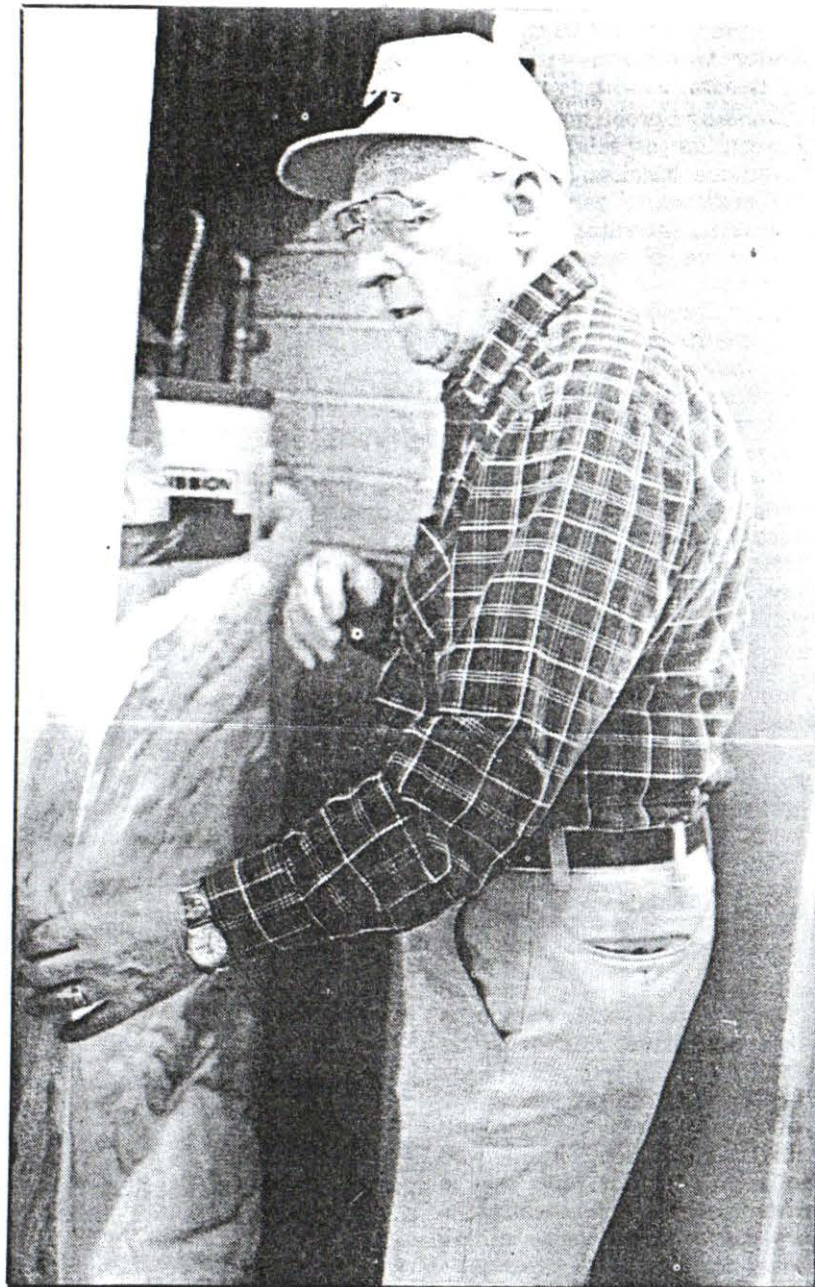
**'We're aiming at the notch group that is above the poverty line, but may have to make a choice between heating or eating this winter.'**

Peggy O'Meara  
Project's coordinator

are available at senior centers, food banks and APS offices.

Elderly customers who have incomes that are less than 50 percent above federal poverty guidelines can still qualify for an APS discount of 5 percent to 20 percent. For information, phone the Arizona Department of Economic Security, 1-800-352-4088.

SRP offers rebates to customers who install energy efficient heat pumps. The rebates range from \$50 to \$100 per cubic ton of pump output. The utility also gives discounts to customers who use electricity during off-peak hours. For information on either of these programs, phone 236-8888.



Daily News-Sun photo by Mollie J. Hoppes

**SAVING ENERGY** — Steve Prusynski of Phoenix places a blanket around a hot water heater in a Sun City home. Prusynski and his wife, Germaine, volunteer to go into homes with free weatherization material.



# Bureau scouts for help

## People needed for variety of volunteer jobs

By P. ATWOOD WILLIAMS  
Daily News-Sun staff

PEORIA — The three phones were all busy. Questions were being answered regarding where to find nursing care.

Earlier someone wanted to find a "pattern for a goose," which turned out to be an outdoor lawn ornament. Sometimes callers want to find out how to get to the airport.

Answers are provided by volunteers.

They were sent to the Infor-

mation and Referral Service by the Volunteer Bureau of the Sun Cities Area, Inc., which shares quarters in the Sun City Community Services Building, 9451 N. 99th Ave.

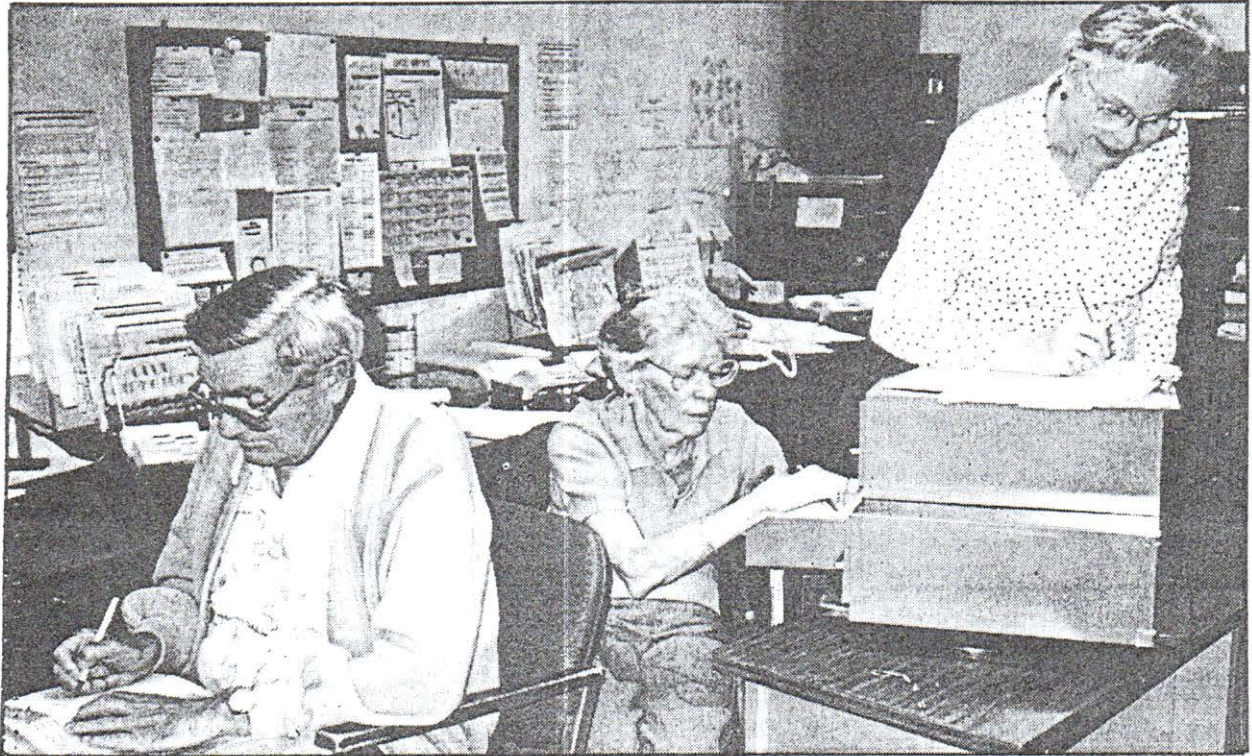
"There's a gold mine of opportunity here," said volunteer Martha Dale of Sun City who has only been working as a volunteer for a couple of days. She is retired as head of psychological services at Newberry (Mich.) Hospital.

Alma Weatherly of Young-

town is office manager of the Volunteer Bureau and matches volunteers to jobs requested by the 54 agencies that need assistance. Through September, 495 referrals had been made.

"There will probably be double that many in the next three months with so many people returning to the Sun Cities and wanting to volunteer," she said.

Among the most challenging jobs are those of teacher's aides in the new Kingswood School,



Daily News-Sun photos by P. Atwood Williams

**VOLUNTEERS IN ACTION** — Pat Duncan, left, has been a Information and Referral Service volunteer since 1985. With him are

newcomer Martha Dale and Betty Lewis, a volunteer since 1985. The Volunteer Bureau found the volunteers for the service.

(OVER)

which opened this fall, two miles south on Bell Road from the intersection with Grand Avenue.

Aides are needed to work a couple of hours a week in reading and math or helping teachers prepare materials.

In January, 13 aides from the Sun Cities helped Luke students to insert messages in balloons, blow them up and release into the air.

"Volunteers are need from 7 to 10 p.m. on Nov. 17 for Luke Grade School children during a Sleep-In," said Weatherly.

She said the aides will read stories, perform magic tricks, do clowning, blow up balloons and paint faces.

Last year, a Brownie troop asked for grandmothers to "describe life when they were young." The Grandmothers' Club came to her rescue.

Other areas needing volunteers include the Principle in Alphabet Literacy (PALS) program at Glendale Community College, Surprise Community Center and Rio Salado Community College on Northern Avenue; the Laubach Literacy Program at Dysart Community Center and the one at Centro Adelante Campesino in Surprise.

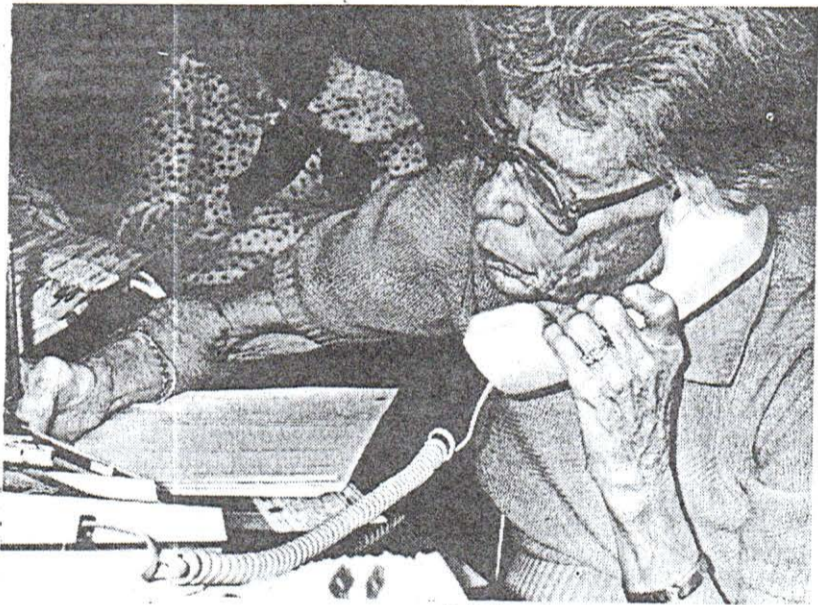
Volunteers are also needed in retirement homes, for Interfaith Services, Inc., Westside Food Bank and the American Association of Retired Persons (AARP) tax program, which will soon be underway.

Information: 972-6809.



Daily News-Sun photos by P. Atwood Williams

**PLANNING STRATEGY** — Volunteer Services Office Manager Alma Weatherly confers with Board Vice President Bill Oberstadt in her office.



Daily News-Sun photos by P. Atwood Williams

**TAKING PHONE REQUESTS** — Newcomer Martha Dale said working at Information and Referral Service is "a gold mine of opportunity."

# Area volunteers craft greeting cards for SC Hospice Services

By CONNIE STEELE  
Daily News-Sun staff

SUN CITY — A group of local volunteers will be selling hand-painted greeting cards to help the dying.

The hospice notepaper features pen and ink drawings of Sun City artist Mary Lenden. Her entry in the birds and animals category of the All Sun Cities Art Show in 1989 won a blue ribbon.

Lenden's four Western designs feature a saguaro, a prickly pear and Indian pottery.

"We had to keep the design simple," Lenden said.

Jean Gore of Peoria took Lenden's original drawings to a printing house and had them reproduced as informal greeting cards.

A team of volunteer painters has met each Thursday in the Social Hall of St. Elizabeth Seton Catholic Church in Sun City. Painters include Joy Bealand of Sun City, Bea Clarke and Ruth Stevenson of Sun City West and Elsie Kraml of Youngtown.

Although only Lenden is a member of St. Elizabeth Seton, the church provided the painters with a work table where they add touches of watercolor to the

black and white line art on the greeting cards.

"We all took gobs of them home and painted there," Lenden said.

Of the first 3,000 greeting cards the group had to paint, only about 100 remain, said Gore, who is a board member and fund-raising chairman for the Hospice Services of the Sun Cities.

Gore said the painters have been working on the cards for several months. Now that they're nearly through with the first batch, she said, 3,000 cards of two new designs have been run off.

Thinking of the stacks of cards to be painted, Lenden said, "We're really going to have to paint hard."

Pen and ink dries so quickly, she said, it almost has to be done inside. Lenden does most of her drawing in her kitchen overlooking a backyard landscaped with desert plants.

Since moving to Sun City in 1982, Lenden has become entranced with Western art.

"I love the West," she said. "Anything Indian, I really admire their work."

In Michigan, where Lenden lived before moving to Sun City, Lenden's subjects leaned more to

the rustic and early American.

All proceeds from the sale of the greeting cards will benefit the Hospice Services that has been serving the Sun Cities since 1979. It is the only non-profit hospice service in the area.

Hospice volunteers serve as a friend to individuals coping with the final months of a terminal illness.

Sometimes the need is to give the ill person's caretaker some time off. In those cases a hospice volunteer will come in allowing the caretaker to go shopping or just get away for a few hours.

Volunteers will take their lead from the ill person. If the need is to talk, they'll talk. If the need is to listen, they'll be quiet.

"A lot of people out here have no one at a time like that," Lenden said. "We're not there to give hands-on care. We give moral and spiritual support . . . when they need somebody."

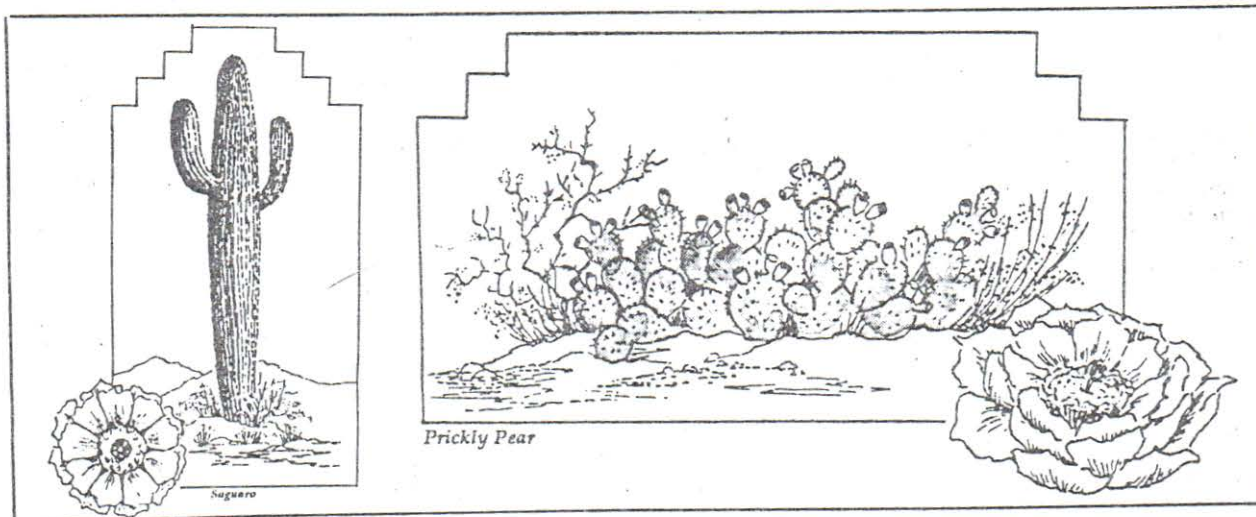
Each package of eight cards contains four of each design. Cards may be purchased at the gift shop in Walter O. Boswell Memorial Hospital, 10401 W. Thunderbird Blvd.; Viva La Card at Promenade Center, 11001 N. 99th Ave.; or by calling 566-0680.

(OVER)



**FEW MORE TO GO** — Volunteers of Hospice Services of the Sun Cities add touches of watercolor to greeting cards imprinted with original pen and ink drawings of Mary

Lenden, right. Jean Gore of Peoria, center, is fund-raising chairman for Hospice Services. Ruth Stevenson of Sun City West is treasurer.



**CARDS WITH CARE** — There are currently two designs, above, on greetings cards

being sold by Hospice Services of the Sun Cities.

# Volunteers listen, help

## Interfaith resource coordination served 13,000 in '88

By CHRISTINE SELIGA  
Daily News-Sun staff

**SURPRISE** — Volunteers in the resource coordination office at the Sun Cities Area Interfaith Services are on the phone all the time.

Last year, 13,000 different people called the office to find out what social or health services in the area could help them with their problems.

Resource coordination lists about 100 agencies or organizations that could help older people with anything from home care to shopping.

Joyce Klotz, the Interfaith employee in charge of the service, said the service could not operate and would not be the same without volunteers from the local retirement communities.

The volunteers provide a wonderful blend of knowledge and personal experience, Klotz said.

"We're dealing with a very unique population out here. They're used to be the helpers, not the helped," she said.

Volunteer Dick Tosland works 104 to 150 hours a month. Desperation brought him to volunteer for resource coordination after his wife died, he said.

"I was alone, and retired and I had lost any stability," the Sun City West resident said.

One day he drove by Interfaith's building on El Mirage Road and wondered if they needed any help.

Tosland discovered working for

resource coordination was a lot like the work he did for the Social Security Administration; every minute he was doing something different.

Volunteers like Tosland are trained for 20 to 25 hours. The training includes observing how other Interfaith services operate.

Monthly meetings of the volunteers often feature a presentation by someone from a service listed by the office.

Many people who call ask for home care, Klotz said, but that is often because they don't know of services outside the home which would also be appropriate for their needs.

Some phone calls last almost an hour while people just talk to one of the volunteers who answer the phones.

"I get the impression in a lot of cases some of these people don't hear from anybody but us," Tosland said.

Last Tuesday Tosland talked to a woman for 30 minutes. He said they simply chatted.

But Klotz said the volunteers can listen for underlying problems or needs when talking to a caller who seems to be just talking.

"There is a reason they're calling whether they know it or not," she said.

Unlike many other organizations, resource coordination does not have a summer lull. The people who need assistance are most often the people



Daily News-Sun photo by Stephen Cherneski

**RESOURCE COORDINATION** — Joyce Klotz is in charge of the resource coordination office for the Sun Cities Area Interfaith Services, Inc., and oversees the volunteers who work in the office.

who stay around all year, Klotz said. helpers return, Klotz said. The people or neighbors who assist them are more likely to leave in the summer and that increases calls for other forms of help. A shortage of summer volunteer help for the service exists. Now the service is using 13 volunteers; seven answering phones. During the winter there are about 20 volunteers who answer the phones.

In October resource coordination can experience a lull because the Information: 584-4999.



**ON THE PHONE** — Volunteer Dick Tosland, Sun City West, spends his days on the telephone at Interfaith Services, Inc., answering questions, referring people to agencies that can help with their problems or just talking.

# Dysart School District reaps donations from Sun Cities, Youngtown

By CONNIE STEELE  
News-Sun staff

EL MIRAGE — Residents of the Sun Cities-Youngtown communities are among those who contributed more than \$52,000 to the Dysart Unified School District during the 1988-89 school year.

The total doesn't include donations from parent-teacher organizations, individual teachers, administrative or staff employees. Nor does it reflect volunteer hours.

"If you put an hourly cost, even at minimum wage, to the volunteer hours, you have another contribution of significant proportion," Superintendent Bill Jones said.

Donations to Surprise Elementary School totaled \$7,050, almost double the \$3,785 received by El Mirage Elementary School. Dysart High School became the beneficiary of \$12,778, while the junior high school received about \$200.

Records of donations came from gift acceptance reports to the governing board of the Dysart Unified School District No. 89.

Some students attending district schools lack appropriate clothes for class or special events, said Shirley Griesbach, secretary to Jones and to the district school board. Some of the donations designated for Surprise and El Mirage elementary schools were earmarked to buy clothing for such students.

Of the more than \$52,000, \$19,150 is listed separately by the counseling department of Dysart High School for student awards and scholarships. That money came directly from parents, students and community groups.

A further breakdown of scholarship figures shows just over half of all scholarship donations, \$9,950, came from Sun City, Sun City West, Youngtown and Peoria civic or service groups.

Organizations include Kiwanis clubs, Lions Clubs, church men's clubs, women's clubs, churches, Disabled American Veterans posts, the Puppet Club of Sun City and others.

One of the largest contributors, the Kiwanis club of Litchfield Park, spent \$5,153 to provide the district with five pieces of classroom equipment for hearing-impaired students.

The smallest donation listed went to the science department of Dysart Junior High School from a Sun City West woman. She returned the \$9 cash prize her organic gardening display had won at the school's science fair.

"They're all important to us," said Peggy Gilbert, a counselor at Dysart High School. "We need every one of them."

Memorial contributions were made in the names of Richard Donahue of Sun City West, Ruth Schoenrock of Sun City, Robert Springfield of Glendale and Ruth Northen, deceased wife of the late superintendent Emeritus Al Northen.

Other contributors whose donations bought hearing devices were the Kiwanis Ocotillo Club of Sun City West and Louella Mehne of Sun City West.

Barbara Newman, director of special education, said audio metric hearing devices cost about \$1,000 a unit.

The units have two components — one for the teacher and one for the student, Newman said. The teacher wears part of the unit around her neck

where it picks up what is said, much like a microphone. The hearing-impaired student wears the other part of the unit. That unit filters out interference, allowing the student to hear classroom instruction more clearly.

"You can imagine what a real boon that would be for a child who isn't hearing everything," Newman said.

She said Dysart School District has a higher percentage of students with hearing loss than in the average population of the United States.

Some donations carried no dollar amount. For instance, Helen Sawicki of Surprise gave the Surprise music department a saxophone and clarinet in memory of Casey Sawicki. Max Fletcher of Sun City West gave golf equipment to the high school golf program, and Howard Wilson of Sun City West donated a video camera with portable power pack. Flora Kahme gave the home economics department an electric tea kettle and a tape deck.

Fay Reay of Sun City donated a computer system valued at \$3,100.

Dysart High School, Dysart Junior High School, Surprise Elementary School and El Mirage Elementary School comprise the Dysart Unified School District.

Persons interested in contributing to schools in the Dysart district are encouraged to donate to the Dysart Education Foundation, an incorporated foundation formed a year ago, Griesbach said.

Information on the foundation may be obtained by calling the school at 977-7281, Ext. 202 or 230.

# Volunteer duty enlightens church members

By P. ATWOOD WILLIAMS  
News-Sun staff

SUN CITY — The Rev. Fran Park often wondered how charitable contributions were dispersed.

"We give a sizeable amount to others and never have a sense of where it goes," said Park, pastor of Faith Presbyterian Church.

But now, Park and 40 other Sun Citians will never again make that statement because they have returned from two weeks of volunteer work at the Sheldon Jackson College in Sitka, Alaska.

"We now have a sense of where our mission funds go, and we have seen the faces behind the dollars," said Park.

The college was founded as a mission school in 1880 by Sheldon Jackson, pioneer Presbyterian missionary and first U.S. Commissioner of Education for Alaska.

Faith Presbyterian members originally donated money for college scholarships. But during the school's 15th anniversary last year, a donation of \$15,000 from the Sun City church opened a new day care center, which enables older native Alaskans with children to attend college.

This summer, 41 members of the church paid about \$600 each for transportation, room and board to "accomplish something and experience mission first-hand," said Park.

The group lived with 80 high school students who were attending a fine arts camp on campus.

They spend their time working around the campus, helping in the school office, dining room or



**FACES BEHIND DOLLARS** — Jessie Hiatt, center, and Pat Powell volunteer in the mission funds from Faith Presbyterian Church in Sun City. The day center is on the Rasmuson Day Center, is supported through campus of Sheldon Jackson College.

Photo courtesy of Helen Brown

kitchen, and some even picked up a broom and helped the campus maintenance crew.

No job was too big or too small. One of the largest projects that the church members were involved with was a campus landscaping program. The volunteers helped by planting 80 shrubs, 14 rhododendrons, 10 trees and 76 other plants, while digging through volcanic ash to plant in soil which must be imported to Sitka.

Besides working in the outdoors of Alaska, the group spent some time indoors at the campus

library.

"In a two week period this energetic group of 10 volunteers bar coded 30,000 books (well over half the collection), read shelves and linked titles via the computer, inventoried sound recordings; listened to oral history tapes for classification purposes and located materials in the card catalog. Another worked on repair of AV equipment and got some of our equipment ready for the school year," said Evelyn K. Bonner, library director.

In a letter to the group, she thanked them for helping the

Stratton Library near its goal with information access.

"Forty percent of the work done at Sheldon Jackson College is done by volunteers," said Joseph P. Rossillon, executive assistant to the college president. "We survive on it ... and 90 percent of our volunteers are senior citizens."

While the college benefitted from the services of the Sun City Presbyterians, the trip did something for group also.

"It was more than I expected. It was not a little Eskimo village. There were more trees,



**REFINISHING DESK** — Sun Citian John Heisel refinishes one of two oak desks for office of Sheldon Jackson College in Sitka, Alaska.

Photo courtesy of Helen Brown

more grass, more sunshine (during monsoon season) and more fresh food than I expected," said church member Jean Bachman.

She took a helicopter ride and spent four hours on the Taku Queen, a boat owned by the college. Passengers saw whales, porpoises, starfish, puffin and

eagles.

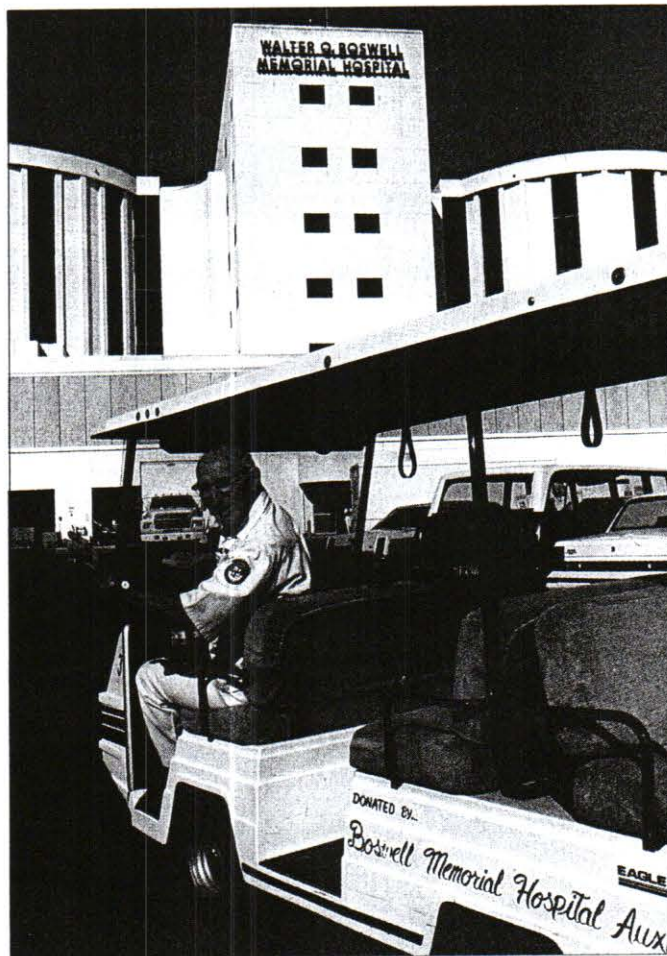
The Alaska Raptor Rehabilitation Center is located on the campus.

Associate Pastor Jay Confair summed up the feelings of most of the Sun City volunteers.

"You couldn't pay me enough to do this. I'm doing it for love."



WITH A WAVE of his hand, Karl Hoff, 82, a Sun City volunteer at Walter O. Boswell Memorial Hospital, is off on another assignment. Hoff has served as a volunteer for the past five years.



## THE GIFT OF SELF

*Volunteers receive little reward,  
but brighten the lives of others*

The pay is zero. The boss never fires anyone. The job ranges from excitement to routine. And they may stay for 10, 15 to 20 years.

Their efforts are awarded with pins and plaques and plaudits at ceremonies like National Volunteer Week on April 10. They are the interesting, intriguing, intrepid men and women who are volunteers. Why do they do it?

Karl Hoff, 82-year old Sun City resident, has a hospital volunteer's job. "It's another chance for the last big bang at fun and happiness," he said.

This is his first volunteer experience. Five years ago, he went to the

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by Fran Lang

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public relations office at Boswell Memorial Hospital for assistance in writing a letter. "May I help you?" an employee asked. Karl surveyed the jumble of boxes in the room. "You need help more than I do," he said. She explained they were moving into another office and wanted to know if he was a volunteer. He thought for a moment, put on a big smile, and said, "Yes!"

People get into volunteer work for

a variety of reasons. "One of the deep-down reasons for volunteering is to be needed," said Alma Weatherly, secretary of the Volunteer Bureau of the Sun Cities Area, Inc. "Some do it because they want to share their experience or learn new skills. Others want to meet new people, keep busy, or just get out of the house," she added.

Men and women who become volunteers cannot be categorized. However, there seems to be certain traits that apply. They're upbeat people, open to new experiences, willing to take a risk to learn something different. They are internally motivated, enjoy getting involved, and

welcome making new friends.

They have an attitude that sets them apart: they *know* their worth. They are valuable. And important. They become volunteers for a reward that, as Hoff says, "can't be measured in dollars and cents. Every day you feel good!"

The need for volunteers is affected by socio-economic conditions. Budget cuts have curtailed the services of government agencies, resulting in staff reductions and a cry for help from volunteers. But volunteer centers felt the squeeze when their ranks were depleted by the dramatic jump in women who went to work.

It is interesting to note that some of the volunteer sources shifted to corporations. Employees, wearing the jacket with the company logo or other identifying insignia, went out into the community as volunteers and served on various projects.

Global and national events also shape the demands for jobs filled by volunteers. Wars—World II, Vietnam, Korea—required services including rolling bandages, knitting, visiting, driving vehicles, providing coffee and doughnuts. Back in the 60s mental health was a forceful cause.

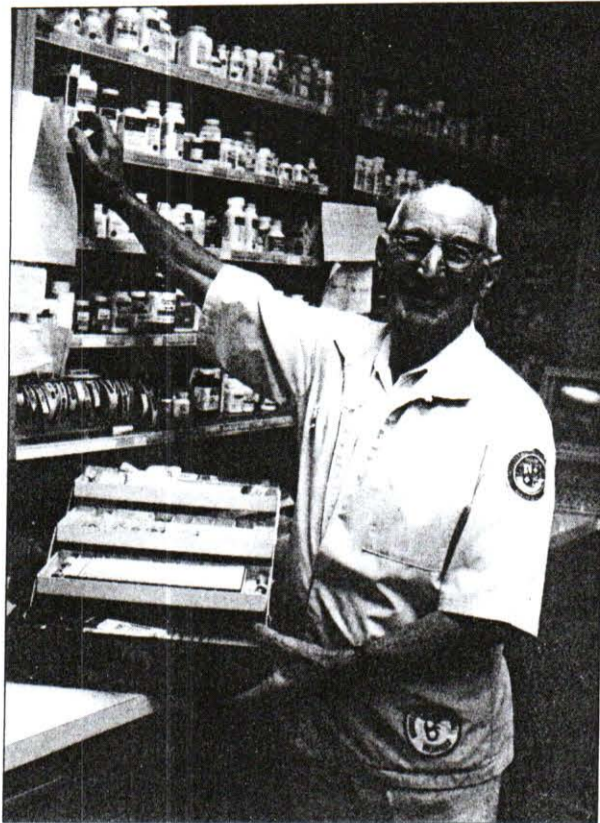
In the 70s the feminist movement wreaked havoc on volunteer ranks. In its heyday, feminists preached it was degrading for women to work without pay; that it minimized their worth.

Today, said Lucia Causey, director of Volunteer Center of Maricopa County, volunteers gravitate toward jobs relating to current issues in the news, such as the homeless, illiteracy, hunger, child abuse, minorities, and battered women.

Susan Barnett, director of Volunteer Services at Boswell Hospital, recognizes the volunteers' need to get involved. "They want to feel they can make a difference in their corner of the world," she said. In interviewing volunteers she looks for commitment, flexibility, and a willingness to help others. "We're grateful for our volunteers and make them an impor-

## **VOLUNTEERS, Page 36**

March/April 1989



MORRIS BERMAN PHOTO

**PART OF** Karl Hoff's work as a volunteer at Walter O. Boswell Memorial Hospital includes tasks in the pharmacy. National Volunteer Week on April 10 will honor thousands of volunteers like Hoff.

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## **VOLUNTEERS, from Page 35**

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tant part of a team," she commented. The hospital offers over 120 areas for volunteer service.

Volunteers can be found serving the needs of a crowd or one person. "Wally" Nissenegger found her niche as a companion to a lady confined to a wheelchair. The lady in the wheelchair smiles. "I can't believe somebody really cares," she said.

Believe it! There are thousands out there who share their time and talents because they know volunteers are happy people who *do* make a difference.

### **HOW TO BECOME A VOLUNTEER**

The Volunteer Bureau of the Sun Cities Area, Inc. has two offices: 9451 N. 99th Avenue, phone 972-6809; and Sun City West Foundation Building, 14465 R.H. Johnson Blvd., phone 584-6851. According to their

literature, the Bureau has several hundred available jobs with about 70 organizations. Most volunteer jobs take about four hours a week. Some take less and a few take more.

Many requests are for volunteers with a wide variety of talents: office work, tutoring, helping in day centers for children and the elderly, entertaining, working with the handicapped, driving to clinics and other appointments, instructing in arts and crafts, assisting in homemaking and carpentry, helping in libraries, serving in hospitals and nursing homes.

Other volunteer jobs are assisting in special community events. Short-term help is also needed in mailing, phoning, writing, food collecting. Just contact the bureau and give your name and phone number. They'll find a place where you are needed and will enjoy your work.

**&L**

Sun Cities Life

# Sun Citians contribute big bucks

## Survey lists volunteer time

By MIKE GARRETT  
News-Sun staff

SUN CITY — Residents of the Sun Cities contributed at least 25,000 volunteer hours and more than a quarter of a million dollars to causes outside of their communities last year, a survey released by the Sun City Ambassadors shows.

And those figures probably are just the tip of the iceberg, since only a portion of community service organizations responded to the survey.

The survey grew out of concern over the image of Sun City, which many area residents say has taken a beating the past few years, Ambassador Betty Joachim said. So the group's Image Committee decided to

take the offensive by accentuating the positive aspects of Sun City.

Joachim decided to try to document the number of volunteer hours and financial contributions by Sun City area service clubs, churches and recreation center clubs to organizations outside the walls of Sun City.

In early January, she mailed a questionnaire to 200 area clubs and organizations asking them to document their volunteer hours and financial contributions during 1988.

Of the questionnaires (including those sent to 25 Sun City service clubs and 23 churches) Joachim said 36 were returned, mostly from the service clubs and churches. She said the 150 recreation center clubs are generally social in nature and their individual volunteer efforts couldn't be documented.

She said that of the 36 replies, 23 indicated they had contributed significantly to an organization outside the Sun Cities.

Joachim said the 23 organizations contributed 24,935 volunteer hours and \$294,921 in financial gifts to causes outside Sun City.

Those figures are probably just the tip of the iceberg because many Sun City volunteer organizations didn't report their figures, Joachim said. The survey also doesn't include individual volunteer efforts outside the Sun Cities and voluntarism inside the Sun Cities.

Sun City Area Interfaith Services, for example, had more than 40,000 volunteer hours last year, all but about 6,000 of that confined to the Sun Cities and Youngtown, spokeswoman Jeanette Skaar said.

"They may be working at the day centers, as home compan-

ions, in resource coordination or driving a van," Skaar said. "We also have a volunteer board who certainly put in a lot of hours. Almost all of them are Sun City people."

Dysart Community Center Director Nella Martinez said Sun City area residents put in 32,256 volunteer hours at the center in 1988.

The documented recipients of Sun City area resident volunteer hours and financial contributions include those for summer camps for the handicapped and children, the Westside Food Bank, the Arizona Eye Bank, glasses for area school children, Leader Dog, Salvation Army, the Southwest Indian School, the Laura Turner Home (for the handicapped), Dysart Community Center, area school scholarships.

Also, Polio Plus, the Dysart Unified School District, Peoria

Boys and Girls Clubs, Prescott Hospital, Sunnyslope Child Center, Centro Adelante Campesino, Habitat for Humanity), Phoenix Charitable Fund, the El Mirage Senior Center, American Indian Nursing Home, Episcopal Community Service, Glendale Family Development and St. Vincent de Paul.

"We're so grateful to our Sun City volunteers," said Martinez, noting the Dysart Community Center used 290 volunteers from the Sun Cities and Youngtown in their two main programs.

"In the Literacy Program, we had 25,600 hours and in the 4-H program, 6,656," Martinez said.

Martinez said the Sun City volunteers instruction was largely responsible for the record 488 awards the community center's children won at last week's Maricopa County Fair.

She said 18 of the awards were rosette or best-of-show and

210 won first-place blue ribbons in their respective categories.

"That means such meticulous detail was given to the instruction of these children by the volunteers that the competition at the fair recognized this,

"If we didn't have the leadership we have through the volunteers, it wouldn't have been possible," Martinez said.

Peoria Boys and Girls Club Director Dave Payton said the 10 to 12 retired Sun City teachers who help tutor the children in its Reading Club "have been the biggest mainstay program we've had for years."

"They're tutoring the kids on their reading, writing, how to speak better and help them with other learning difficulties," Payton said. "They also participate in the parties we have for the kids to give them a little more incentive. These Sun City people are just terrific."

# Volunteers lend a hand at Luke

VOLUNTEERS/BOLUNTEERISM  
VF

By JACQUE PAPPAS  
News-Sun staff

**LUKE AIR FORCE BASE —** About 12 years ago, a few military retirees got together and coordinated a group of volunteers to work at the local base.

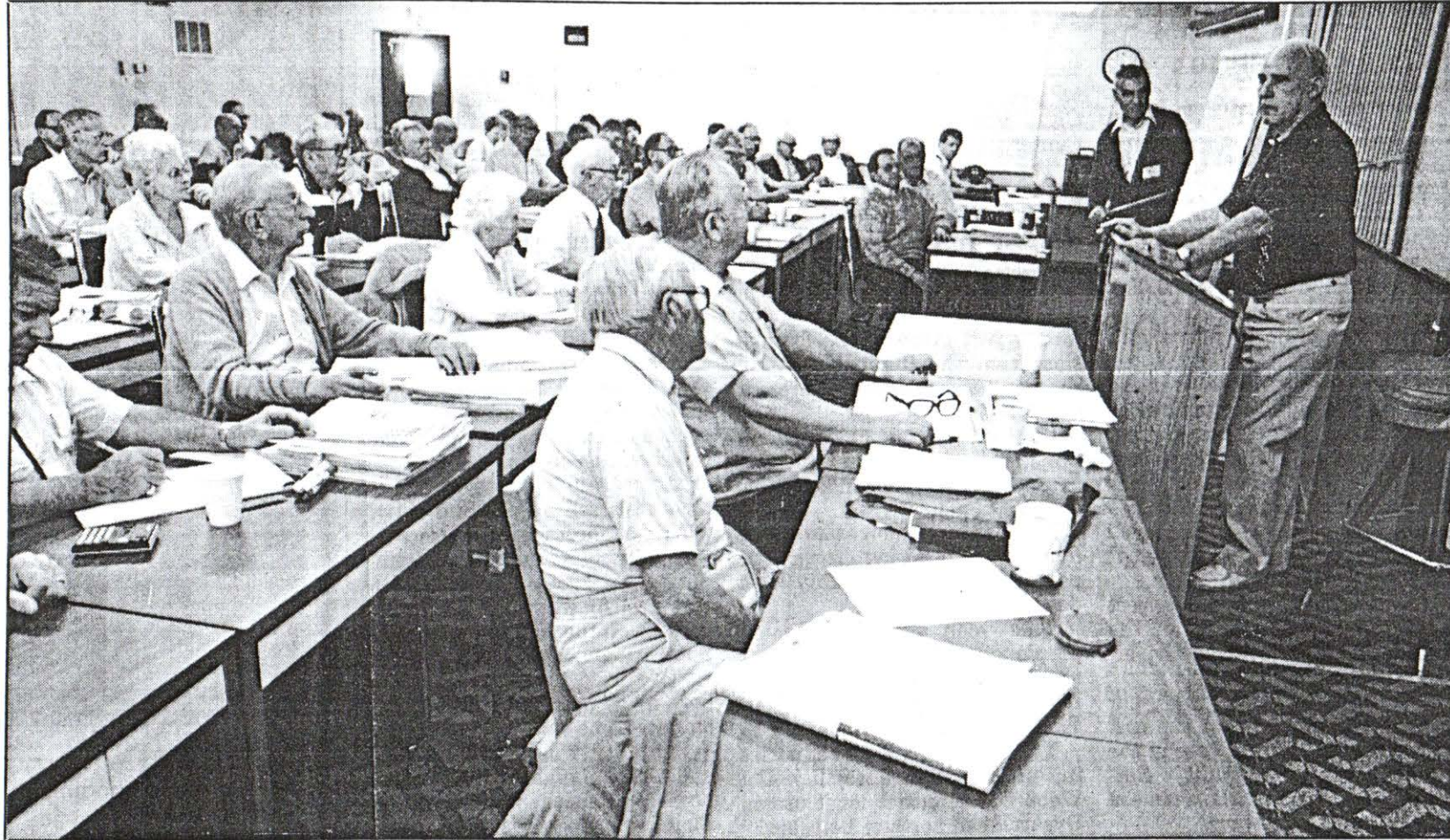
The group established an information desk in the outpatient clinic of the base hospital to accommodate the thousands of military retirees who visit and live in the area.

Now there are more than 300 military retirees volunteering their time in a number of departments at Luke Air Force Base, located southwest of the Sun Cities.

The great influx of retired military personnel in the area

**'We are rather proud of what we are accomplishing. We have the information desk manned five days a week and help a lot of different offices on the base.'**—

**Wilfrid G. Bonvouloir**  
Retired Air Force colonel



prompted the volunteers to organize what is known as the Retirees Activities Council, said Wilfrid G. Bonvouloir, founder and original chairman of the group.

Bonvouloir, a retired Air Force colonel, said base volunteers are an intrinsic part of Luke because they help with a number of duties.

"We are rather proud of what we are accomplishing. We have the information desk manned five days a week and help a lot of different offices on the base," Bonvouloir said. "Most people come in and are at odds as to how to find out about things. We decided to put in an information desk to help them out. We try to take care of the details and refer people to the proper places. We all have a lot of fun doing it because we're helping others."

Retired Col. Carl Rimmel, who is now chairman of the activities council, said volunteers work in a number of departments, from recreation to security to the legal office.

Rimmel said the base organized a Volunteer Income Tax Assistance Program in 1980.

He said the program is headed by Lt. Col. John Finn and this year has 70 volunteers who help military personnel with their income taxes.

OVER

"This program runs in conjunction with the IRS and with Luke legal counsel. Volunteers take a course and help other retirees or base personnel in filling out income tax forms," Remmel said. "It's nice to have so many dedicated people to help in the retirement community. It just surprises you that there are so many good people running around. It's quite a program."

Although the council volunteers at an air force base, military retirees from the Navy and the Army participate in events.

George Bolger, immediate past chairman of the council and retired Naval Reserve commander, said the organization provides valuable outreach services.

"Word got around that we were a good place to go if you were looking for volunteer help," Bolger said. "When you figure there is an influx of 20,000 or 30,000 military retirees in the winter, it makes sense to have some additional help."

Bolger, now coordinator for the legal office, said the volunteers help the base cut down on monies that might have been used for additional staff.

He said some volunteers give talks to active personnel and even prepare those just about to retire on what to expect in future years.

"With all the cutting back of funds, the base lost some of the hired hands. Volunteers really are an asset to a base," Bolger said. "If you enjoy talking to people as I do, it's a lot of fun."



News-Sun photos by Stephen Cherek

**GIVING UP TIME** — Retirees, above, as well as those on active duty in the Volunteer Income Tax Assistance program meet in a classroom at the Luke Air Force Base to learn how to help others with their taxes. At left, retired Army Lt. Col. Wes Bogdan, left, and retired Marine Corps Lt. Col. Carl Remmel, chairman of the Retirees Activities Council, chat at the information desk at the Luke Air Force Base Hospital outpatient clinic.

# Feeling the word of God

## Lutheran volunteers turn religious texts into braille

By P. ATWOOD WILLIAMS  
Daily News-Sun staff

SUN CITY — The blind in Bangladesh are reading braille books produced by volunteers in Sun City and Phoenix at the rate of 110 a month.

"Hebrews to Jude" in English is the second of two braille publishing projects at Fountain of Life Lutheran Church, 15630 Del Webb Blvd.

"Our fingertips touch the pages that they will touch over there, and we hope the love will reach them," said Lavita Siebert, who with Betty Herpolsheimer coordinates the work for 65 Sun City volunteers. Both consider that what they do is missionary work.

"It is more rewarding than other volunteer work because we are helping someone who

can't see to learn about the Lord," said Siebert.

The volunteers at Fountain of Life man Lutheran Braille Center No. 190 under the auspices of The Lutheran Braille Workers, Inc. of Yucaipa, Calif. There are about 200 centers with 7,000 volunteers in the United States and Canada.

Other Valley centers are at Christ the Redeemer Church in Phoenix and Christ Church in Scottsdale.

The Lutheran Braille Workers began after World War II with the need to replace the German braille Bibles destroyed during the war. Fred Graepp, a blind ministerial student in Fresno, began the project assisted by Helene Loewe Koehler and Robert Loewe and Norman Loeber, who built special

equipment for increased production in 1945. Others assisted with translations, labeling, shipping and organizing.

A Lutheran Hour radio show announcement in 1946 began a flood of requests for braille and large print materials. Today 692,000 requests result in 21 million pages made a year.

By 1948 zinc plates and special paper had been developed for making the braille pages. The first work center was set up in a garage in 1950. Here pages were embossed and collated; correspondence, lessons were then tied, packaged and mailed. The first book, "What Jesus Means to Me," was produced at the second center at Trinity Lutheran Church in Whittier. The organization was incorporated in 1954.

By 1957 there were 92 volunteer braille hand transcribers. Today braille and large print materials in 40 languages are sent to 110 countries.

The materials are furnished



Daily News-Sun photo by Stephen Cherneski

**READING BRAILLE** — The blind in Bangladesh and other places around the world read with their fingers materials produced in Phoenix and Sun City by 65 volunteers at the Lutheran Braille Center No. 190 in Fountain of Life Lutheran Church.

free to the blind and visually impaired. Donations raised by regular annual offerings among Lutherans pay for the materials. Jan. 21 is the date for the annual collection at Fountain of Life Church.

When Betty Herpolsheimer moved to Sun City five years ago from Seward, Neb., she decided to sit back and wait to see what volunteering opportunity would present itself. In 1985, after she heard a speaker from Christ Church Braille center, Herpolsheimer organized the first group of eight Sun City volunteers who worked in the Scottsdale church center once a week for two years.

In 1986 they applied for a center at Fountain of Life and were given their first project, the Hebrew New Testament, the next year. In two years 1,612 books were produced.

The production began "with Brenda Sheets and Shirley Sellers of Prescott Valley. Sellers read the Hebrew New Testament outloud in English to Sheets who is blind. Sheets translated into Hebrew braille and then transcribed with a braille writer onto paper.

These braille pages were taken to Dorothy Bell of Phoenix. Bell learned to do braille writing 40 years ago through the Library of Congress. For 30 years she and her husband lived in Yuma where she did braille writing. She also spent two years in the Peace Corps in the Philippines.

"In our older years it's a blessing to have something to do when you give up teaching and singing ... you have just changed directions, is all," said Bell.

For the church's current project, "Hebrews to Jude in English," Bell works four hours a day typing and proofreading pages. She uses special equipment to produce the zinc pages which are distributed to two centers in the Valley and others nationwide.

In the Fountain of Life braille



Daily News-Sun photo by Stephen Chernes

**PAPER IS INSERTED** — Rose Zeena Siewart, at rear, and Betty Herpolsheimer insert paper between two zinc plates at Fountain of Life Church's Lutheran Braille Center No. 190 in Sun City.

room on Tuesdays and Thursdays, each week volunteers work either the morning or afternoon two-hour shift.

The work begins with punching the spiral binding holes in the paper; inserting paper between the zinc plates; pressing in a Lutheran Braille Workers, Inc. press (on a base made by Lee Hoppert of Sun City); collating pages which are interpointed (embossed on both sides); and then binding the pages with a spiral binding ma-

chine.

They are boxed and mailed postage free to Bangladesh to replace books lost in the 1988 flood. "Hebrews to Jude in English" will also be sent to Nigeria, Australia and other stateside locations.

"This work is really my life. I'm just happy the opportunity presented itself. If you can't read the Bible, you have to get it other ways," said Herpolsheimer.

5-88

# Woodworking club builds toys for children

Fairway Woodworking Club is one of three woodworking clubs established through recreation centers in Sun City.

The oldest of the three, Fairway Woodworking Club is located at 107th and Peoria Avenue, and members make a variety of useful items, from wood lamps to picture frames.

Club members come from a variety of occupational backgrounds, but all share the love of woodworking, and the desire to help the handicapped.

Nearly three years ago the club's president, Richard Raven, proposed to the membership that they begin a special project whereby members would make and donate wooden toys for day care centers unable to buy them due to limited funds.

The members of the club at that time agreed to promote and fund Raven's idea. As a result, several members volunteered to make the toys. Jim Koopman, Bill Madsen, Andy Curbo, Warner Luci, Bob Mitchell and Wayne Lorimer have made and delivered almost 170 toys to various day care centers in the area since the project began.

Warner Luci designed and

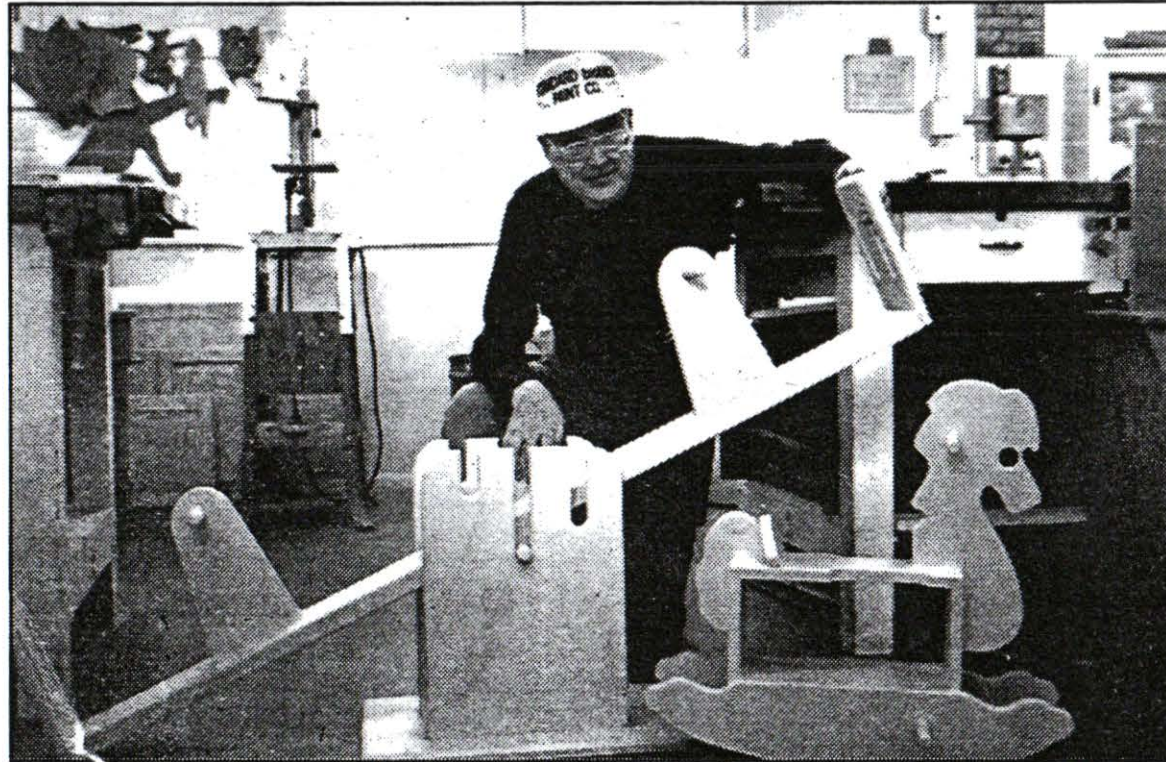
built three merry-go-rounds from old grocery store counters that he modified. The carousels, powered by an electric motor, hold four children, and were delivered to centers which care for handicapped children.

As the toys project grew, it

was expanded to include hospitals and additional handicapped centers that care for children. Most of the items made for these centers were made at the request of the staff, and included instructional and therapeutic items.

To date, 246 of these items have been made and delivered.

Money to fund this project came from the woodworking club and Sun City Lions. Materials have been donated by O'Malley Building Materials and Bakers Brothers Carpet.



RON WADDINGTON and other members of the Fairway Woodworking Club have designed and built wooden toys and other wooden items for day care centers, hospitals and handicapped centers who care for children for the past three years.



# Volunteers: sign of a loving, caring community

By JAN MITTELSTADT  
News-Sun editor

SUN CITY — Everybody loves a volunteer, as well they should.

Here in our little corner of the world, we are blessed with a wealth of volunteers who willingly and cheerfully give of their time and their talents for the betterment of the lives of their neighbors.

Neighbors, as you know, may be people you don't know. They may be young or old; tall or short; friend or foe. They may have opposite political beliefs or different social or economic circumstances. They may be ill or well; hearing or hearing-impaired; sighted or blind.

If other communities could bottle the volunteer spirit of

## Sidesteps

those in the Sun Cities and Youngtown, as well as the surrounding areas, they would be far better off.

There are hundreds of places for you to volunteer. There are countless service organizations. There are numerous agencies that need your help. There are many things to do, places to go, people to see.

There's even a clearing house to help match your abilities with needs. It's the Volunteer Bureau of the Sun Cities Area. Organized in 1982, the bureau was formed to help encourage and promote volunteerism. It has. Since its inception, it has helped to match volunteers with 130 agencies in the fields of health, welfare, recreation, education and culture.

The office at 9451 N. 113th Ave., Peoria, is open from 9 a.m.

to 1 p.m. Monday through Friday. You may visit or phone (972-6809). Each week in the Tuesday edition of the News-Sun, the volunteer corner lists the particular needs. If you have those talents — or others — check out the Bureau.

In my opinion, the sharing of our special talents and our time is the sign of a well and healthy society and a loving and caring community. Giving help isn't always for the other person to do. It's for each of us to do.

Last Friday, was the 16th annual volunteer breakfast for the Sun City Library Inc. It was an hour filled with good cheer.

Especially honored were four Sun City women who have completed more than 2,500 hours of volunteer service to the libraries at Fairway and Bell.

Felicia Thompson (Fairway), Ethel Foster, Erika Saltzman and Polly Wolfe (Bell) join six

others in the special award of the silver pin. Past honorees are Laura Ball, Virginia McFadden, Mary Bracken, Hazel Guider, Jane Freeman and Ivon Wheeler.

This is a small, special club that really isn't a club at all. It's a group of 10 who collectively have given at least 25,000 hours of service to the library.

That's a lot of service. There are 8,760 hours in a year (non-leap variety). If someone worked eight hours a day, 307 days a year (allowing for Sundays and a couple of holidays), that would equal 2,456 hours.

The library also honored volunteers who have worked between 1,400 and 2,499 hours; 1,000 to 1,399 hours; 600-999 hours; 300 to 599 hours; 50 to 299 hours; and those (probably new at it) with 50 hours or less.

During 1987, volunteers con-

tributed a total of 34,267 hours to service.

To add to the fun Friday, were special lyrics to two familiar songs poking a little fun at Edith Kupsco, volunteer coordinator.

It was a delightful way to start the day.

Because last week was Volunteer Week, the library's recognition program was just one of many special breakfasts, lunches or dinners to honor the volunteers. There will be others in the next couple of weeks or so.

If you're a volunteer, give yourself a cheer. You all deserve at least one. Thanks for all your help.

## TV LISTINGS

I can't tell you the expanded cable listings in the News-Sun have been greeted with universal approval. Those people without cable have called to say

how much they hate it, in fact. The cable listings were added because of reader demand for a more complete package.

Adding to the trouble was a great big error from our listing supplier for the Sunday listings. They were incomplete and we apologize. The error wasn't discovered in time to get new grids.

We are making adjustments in the View and with our daily package. The grids for the evening will be included with View so that you may have an overview of what's on TV. The rolling logs are highlights for 6 a.m. until the wee hours.

Also, we will be using two additional grids for Saturday and Sunday, grids that start at 7 a.m. for both days. These will appear in the Saturday paper with the other four grids.

We are truly sorry for the start-up difficulties. We will continue to work to correct the problems.



# News-Sun names 5 men, women of year

By EVELYN BARBER  
News-Sun staff

SUN CITY — Dedicated. Selfless. Persevering. Effective. These are words used to describe the Daily News-Sun's Men and Women of the Year for 1987.

They are Lloyd Liken and Jeannette Shotwell, Sun City; John G. Holmes and Barbara Knudsen, Sun City West; and Maud Green, Youngtown.

Their volunteer service to community during 1987 ranges variously from working at the Westside Food Bank in Surprise, to directing Dysart Community Center activities, to fund-raising and to hours of service in the Youngtown Library.

Lloyd Liken, 12425 W. Cherry Hills Drive, works five to eight hours a day, five and sometimes six days a week at the Westside Food Bank in Surprise.

His nominator said he drives a truck, delivering food to other, smaller food banks and to homes, picks up donated food, and "helps set up, fill and seal hundreds of food boxes in a day and helps repackage sugar, flour, rice and beans."

He's also handy at fixing things for the food bank and for his neighbors; "He does electrical, plumbing, carpentry, auto-



News-Sun photos

**Lloyd Liken** — Named the Daily News-Sun man of the year for Sun City.

motive and yard work ... for neighbors and friends — all volunteer work," his nominator said.

**Jeannette Shotwell**, 18414 99th Drive, spends almost two full days a week on Sun Cities Area Community Council work. She is secretary of the council and is involved in its Senior Center and Wake-Up-Tuck-In programs, her nominator said.



**Jeannette Shotwell** — Named News-Sun woman of the year for Sun City.

She is also a volunteer for the Sun City Information and Referral Service, serves on its board and is a past president; is a volunteer interviewer for the Arizona Health Study and has managed workshops for both the council and I&RS.

An important contribution to the community council was her work in developing two directories: a Nursing Home Direc-



**John G. Holmes** — Named News-Sun man of the year for Sun City West.



**Barbara Knudsen** — Named News-Sun woman of the year for Sun City West.



**Maud Green** — Named News-Sun woman of the year for Youngtown.

OVER

tory and a Home Health Directory, which have been commended by several state agencies and referred to other regions as models for their own activity.

"She has a keen sense of justice for those elderly who are no longer able to attend to their own affairs; her particular concern has been to prevent exploitation," wrote a nominator.

.. She is an active member of two committees dealing with potential material exploitation and its prevention."

**Barbara Knudsen, 20222** Skylark Drive, is not only a hard-working volunteer, but a capable fund-raiser as well, reports one of her nominators.

Another nominator called her a "remarkably capable, dedicated, selfless woman."

She was on the Sun Health Foundation's campaign committee, raised funds for the Sun City West Foundation's community service building and was ticket sales chairman for the annual Variety Show.

**John G. Holmes, 19403**

Conquistador Drive, as president of Dysart Community Center in El Mirage, spends 25-30 hours a week, not only directing its activities and recruiting volunteers but teaches the Laubach reading method two or three evenings a week, as well as a beginning-level Spanish class. He also found time to be a neighborhood coordinator for Sun City West's luminaria sales and was an AARP tax aide.

Said his nominator: "Mr. Holmes' total dedication and tireless efforts to acquire funding, materials, equipment and volunteers has fostered expansion of the center's programs. . .

. The efforts of all associated with the center are providing an opportunity for many disadvantaged children and adults to acquire training, education and linguistic skills that will be of benefit to them, the community, our state and, in the long run, our nation."

**Maud Green, 11208** Duluth Ave., is a Youngtown Library volunteer three hours a week

and was assistant chairman.

"She did all this even though she suffers from eye trouble," said her nominator, "for she persevered by using a magnifying glass and a special light. This took much work on her part, but she never complained and never gave up."

She volunteered at Valley View Hospital as well, working in the thrift shop and as chairman of the awards and honors committee, and has her 500-hour pin. Her nominator described her as "a good neighbor," who helps her handicapped neighbors by taking them shopping and to doctors' appointments.

She is a Sunday School teacher of a fourth grade girls class and "gives them extra time and attention and plans activities for them." And she is active in her church's Women's Outreach.

There was no nominee this year for Youngtown Man of the Year.

Award recipients will be honored at a luncheon April 7.



Russell Gates, *Phoenix Gazette*

Jane Freeman, who was named the outstanding citizen of the Sun Cities, stands with Fran Donnellan, administrative director of Sun Ridge. Sun Ridge donated \$15,000 to charities of Freeman's choice.

## Outstanding citizen enriching to Sun City

By Betty Latty

*Gazette correspondent*

For 18 years, Jane Freeman has worked for the benefit of Sun City.

Today, because of those efforts, the community also is richer by \$15,000 — thanks to a grant made to charities of Freeman's choice by the developers of Sun Ridge, a retirement community which will open officially April 1 in Surprise.

Freeman on March 12 was named the area's outstanding citizen, chosen from 53 nominations. The search for the outstanding citizen was made on the basis of a person's contributions to economic, social, volunteerism and spiritual life.

Freeman has chosen to direct her cash award in increments of \$5,000 each, to the Sun City Library in Bell Recreation Center, to Sun Health Foundation and to Interfaith Services.

She received her new title during a banquet attended by 1,140 civic and business leaders at Sun Ridge, and confided she was "in total shock" when her name was announced. "It was one of the few times in my life when I got to a stage and just mumbled," she said. "But I know I accepted the honor on behalf of all volunteers. There are so many."

Freeman also received a dozen red roses and a plaque in the presentation made by Charles Cliekman of Sun City West, chairman of the Sun Ridge advisory board.

Later, she emphasized she felt all parties involved with Sun Ridge deserved a lot of credit for supporting the local communities before actually opening up the complex.

Fran Donnellan, administrative director of Sun Ridge, said she thought the number of nominations received for the first award was quite impressive. "People have been very welcoming," she added. "We are proud to be here."

Freeman, who was nominated by at least two agencies, minimizes

her accomplishments on behalf of the Sun Cities.

Currently, she is president of Sun City's Meals on Wheels. ("Jane always takes the unpopular Sunday shift," an associate pointed out. "Plus she maintains all the volunteer schedules and plots delivery routes.")

After serving the Sun City Library and its board for many years, Freeman hopes the \$5,000 gift will be used for "more books, and many more cassettes for people who can't handle books." (A friend asked, "Did Jane tell you she also sorts, boxes and stores books for our annual book sale? Or that she helped get library tables raised so wheelchairs would fit under them?") But when asked what her title was at the library, Freeman said simply, "Oh, I'm just a volunteer."

Freeman also gives of her time during the week at Rio Salado Community College. ("But she probably did not tell you how extremely influential she was in getting the college to come to Sun City," observed another friend.)

When Sun City's Silver Anniversary rolled around in 1985, Freeman co-authored with Glenn Sanberg, a book on its history, "Jubilee." Their research led to the founding of the Sun Cities Area Historical Society, which Freeman has served as president. Through the Society, she encouraged production of another book, the recently published "Churches of the Sun Cities."

Always interested in assists to the handicapped, including the hearing and visually impaired, Freeman remains active in Handi-Capables, who promote recreation and accessibility of facilities for the disabled.

Her newest title has been well received, according to local friends and volunteers. Said one, "Jane is a very unusual woman. You won't find another one."

## Freeman named 'Person of Year' as service honor

Sun Citian Jane Freeman has been named Sun Ridge's "Person of the Year," an honor which will financially benefit three local service organizations.

The award was announced last week by Sun Ridge, a retirement community under construction near Sun City West. Mrs. Freeman is the first winner of the award, which will be handed out annually.

As this year's winner, Mrs. Freeman will receive \$15,000 to be donated to the charity of her choice. She has asked that the prize be divided equally between the Sun City Library, the Sun Health Foundation and Interfaith Services.

The award is designed to honor the community service and humanitarian efforts of local residents. Mrs. Freeman was selected from a group of 57 nominees.

Fran Donnellan, administrative director at Sun Ridge, says Mrs. Freeman, the current president of Sun City-Youngtown Meals on Wheels, was chosen for the honor by an 18-member advisory board.

The Sun City resident was nominated by Agnes Fansler, executive director and librarian of the Sun City Library, for her

## • FREEMAN *From page one*

work with the handicapped and her fund-raising efforts for the Sun City Library and area health organizations.



JANE FREEMAN

Mrs. Freeman's lists of accomplishments include:

- Co-author of "Jubilee," a history of Sun City, published in 1985.

- Founder of the Sun Cities Area Historical Society. She served as the organization's first president.

- Has served on the Sun City Library's board of directors for nine years, three as president.

- Director of the library's used book sale, an event which generates about \$12,000 a year.

- Compiled "TNT," a handbook for volunteers working with the handicapped, for the Volunteer Bureau of the Sun Cities; has published a directory of available sources of information for the handicapped for the Sun City Library.

- As a former vice president of the Recreation Centers of Sun City, Inc., she was instrumental in persuading the Rec Centers to study the needs of its handicapped members and to install handicapped facilities in local centers.

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See *FREEMAN*, page two

# Sun Ridge award leaves winner 'stunned'

News-Sun staff

SUN CITY — Jane Freeman never dreamed she would win the 1987 Sun Ridge Person of the Year award when she attended the Sun Ridge Community Service Award Banquet last Saturday.

But when the winner's services to the community were enumerated before the winner's name was announced, Freeman was stunned. The services were things she had done. Even when they finally announced that she had won, she couldn't believe it.

"I was absolutely shocked. I still can't believe it and for once in my life I didn't know what to say," Freeman said.

Freeman was chosen for the award from a group of 57 nominees. The title includes \$15,000 to be given to the charity of her choice.

Freeman asked to have the money split three ways and Sun Ridge agreed. Now the Sun City Library, the Sun Health Foundation and Interfaith Services will receive \$5,000 each.

Agnes Fansler, executive director and librarian of the Sun City Library, has worked with Freeman for four years. She nominated Freeman for her volunteer work throughout the community.

"Nobody puts in as much time and energy and imagination as Jane," Fansler said.

The person of the year award was sponsored by Sun Ridge, a mixed-use retirement community on Bell Road. Fran Donnellan, administrative director of Sun Ridge, said that Freeman was chosen by the advisory board of directors, which is made up of 18 local residents. The board received all nomination

applications with the nominees' names removed. The board then used a 20-point scale for measuring the contributions outlined on the nomination application.

Donnellan said Freeman's nomination received the maximum number of points from many of the board members.

Freeman's nomination application is long. She co-wrote the book "Jubilee" — a 25-year history of Sun City. She founded and served as first president of the Sun Cities Historical Society.

She also served on the Maricopa County Community College District Senior Adult Advisory Committee and helped obtain a permanent site for Rio Salado Community College to conduct classes in Sun City.

Freeman also has been in-

involved in providing services to the handicapped. In a project under the auspices of the library, she put together an extensive directory of available sources of information for the handicapped. For the Volunteer Bureau of the Sun Cities Area she compiled a handbook for volunteers working with the handicapped. She works with the Handi-Capables, and has planned special exhibits for the handicapped.

As a member of Sun Health Foundation, she helped raise funds for Walter O. Boswell Memorial Hospital, the Biogerontological Research Center at Boswell and Del E. Webb Memorial Hospital in Sun City West.

She was the Daily News-Sun's Woman of the Year for Sun City in 1981.

But Freeman, who is currently serving as president of Sun City-Youngtown Meals on Wheels, doesn't see her accomplishments as particularly special. She said she is just one of many people whose voluntarism helps the local community function.

"I accepted the award on behalf of all the volunteers because I felt they should all be recognized," Freeman said.

Donnellan said Sun Ridge started the award, which will be given every year, to become a part of the community. The nominees have to live and do service work in the Sun Cities, El Mirage, Youngtown or Surprise. The volunteer is then judged on what contributions the individual has made to the economic, social or spiritual development or voluntarism



News Sun photo

JANE FREEMAN — "I was absolutely shocked."

of a community. The nominee must have made contributions in at least two of these categories.

## Hearts of gold:

### *Helping others in turn helps self*

In the late 1950s, Del E. Webb said, "It's pretty grim being old with nothing to do."

Out of this concern came the idea of developing Sun City -- a community for adults who, although retired, want to continue to remain active in every facet of their lives.

Many residents of the Sun Cities have found pleasure and satisfaction in spending their retired years volunteering their time, their skills and their experience to help others.

Each year, thousands of Sun City and Sun City West residents volunteer their time to help those outside of their community.

Compassion. Social responsibility. Repaying society for their full lives. The reasons for continuing to work after "retirement" are as varied as the projects in which they are involved.

Mary Wilson, of Sun City, is a former mathematician from Purdue University. Today, she spends much of her time helping native Americans with algebra.

"Working at the Southwest Indian School for the last 16 years has been a golden opportunity for me," says Mrs. Wilson.

While she receives no pay for the two days a week she spends in the classroom, she feels she is richer in many other ways. The opportunity, she says, allows her to fulfill a personal goal of teaching Indian children and learning from them at the same time.

Sun Citian Paul Wolf is another resident who is putting his past experiences to good use. Mr. Wolf is founder and president of the Maricopa County Chapter of Habitat for Humanity, a nationwide movement to build homes for needy families.

Mr. Wolf recently gathered together a number of his fellow Sun Citians and spearheaded a drive to build a home for a family in El Mirage. The family of seven had lived in a two-room house but, thanks to the efforts of Mr. Wolf, now reside in a new home for the same price they paid in rent.

"It gives you a tremendous feeling when you see what a difference you can make in someone's life," says Mr. Wolf.

For some Sun Citians, the activities they become involved in are found overseas.

The International Executive Service Corp. (IESC) recruits "retired" executives and deploys them to improve the management of private business and industry in more than 80 countries.

Sun City West resident Fraser Noble, formerly of Austin, Texas, has shared his 40 years of business experience to help companies in two countries launch equipment leasing operations.

*While she receives no pay for the two days a week she spends in the classroom, she feels she is richer in many other ways.*

According to Mr. Noble, being able to continue working after "retirement" has been "a godsend" for him.

"I've really enjoyed the chance to help these companies get off the ground in Sri Lanka and Ecuador," says Mr. Noble.

That same sense of satisfaction is felt by Bob Fox, also of Sun City West, who retired from Fort Wayne, Ind., after operating his own food processing business for 29 years.

He uses his experience to help small business owners "clear the hurdles."

"It's not always easy and I don't always tell them what they want to hear," he says.

"But, I know they'll benefit in the long run," he adds.

Mr. Fox still has time for a couple of rounds of golf or a few sets of tennis each week. While he enjoys the lifestyle and amenities available in the Sun Cities, he feels his work in the communities and beyond provides a "vital component" to his retirement years.

# Thrifty project opens 3rd year

By JACQUE PAPPAS

News-Sun staff

SUN CITY — Volunteers at the Boswell Hospital Auxiliary Thrift Shop know that one man's trash is another man's treasure.

Since the thrift shop opened its doors Sept. 1 for its third year of operation, area residents have flooded the two buildings buying items that might have been in their neighbors' homes the day before.

The thrift shop, run by about 68 volunteers of the Sun Health Auxiliary, was closed for two months during the summer for cleaning and sorting merchandise.

But just because the shop was closed during July and August doesn't mean area residents forgot about it.

About \$1,021 worth of merchandise was sold Tuesday at the thrift shop and people continue to jam into the two buildings from 9 a.m. to 4 p.m. in search of bargains.

"We just continue to grow and grow. The thrift shop is just doing beautifully," said Susan Barnett, director of volunteer services for Walter O. Boswell Memorial Hospital. "What's wonderful about it is that it serves the community in both ways. People donate and people buy. It's a great system."

The auxiliary, made up of more than 2,000 volunteers, raises funds for hospital equipment at Boswell hospital, the extended care center and the Del E. Webb Memorial Hospital, which will open in January.

She said the thrift shop provides a substantial amount of funds for the auxiliary along with the hospital gift shop and the resident's gallery in Thunderbird Plaza.

Proceeds from the thrift shop provide thousands of dollars for hospital needs. In 1985 the thrift store made \$35,150. Just one year later,

proceeds totaled more than \$74,133.

Much of the thrift shop's financial success is attributed to a second building constructed a year ago this month, said Betty Harper, thrift shop general manager.

Although the original shop, 10226 Santa Fe Drive, began operating in November 1984, the thrift shop annex was needed to accommodate all the merchandise collected and sold.

"Things sell so fast here," Harper said. "If you pass something up the first time, chances are it will be gone the next day."

"People are always coming in and out of here and our parking lot was full all day long," Harper said.

Even people who figure they have everything they need have a hard time walking out of the thrift store empty handed, she said.

The thrift shop annex is loaded with all sorts of merchandise, from rattan furniture and chandeliers to an antique typewriter made in 1904.

"And the prices are just as varied as the merchandise.

You can find a remote-control television for \$500 and old Arizona Highways magazines selling for 25 cents within an arm's reach of each other.

Harper said the thrift shop sets its own prices and nine volunteers are responsible for determining the value of the merchandise.

Two other volunteers are in charge of checking the electrical equipment donated to make sure it will operate safely before it goes up for sale.

Clothing is primarily sold in the original thrift shop building.

Five volunteers take home the donated clothing that is dirty and wash it, Harper said.

She said all clothing in the thrift shop was

sorted through during the summer and all new merchandise was set out.

"Nothing here is ever wasted. We accept any donations we get," Harper said. "If we know we can't sell something we give it to the Salvation Army — someone can always use something we get in."

In a room adjacent to the array of women's and men's clothing is a collector's room.

People from as far away as Wickenburg, Deer Valley and Scottsdale make special trips to see what new items are set out every day, Harper said.

She said a volunteer who specializes in pricing antiques determines the value of the items in the room.

The collector's room, which is not much bigger than a large walk-in closet, is filled with all sorts of antiques, from china and sterling toothpick holders to 1920s-style dresses with black fringe.

Although the majority of the thrift shoppers visit the building on a regular basis, the idea of finding a good bargain sparks an interest for first-time visitors as well.

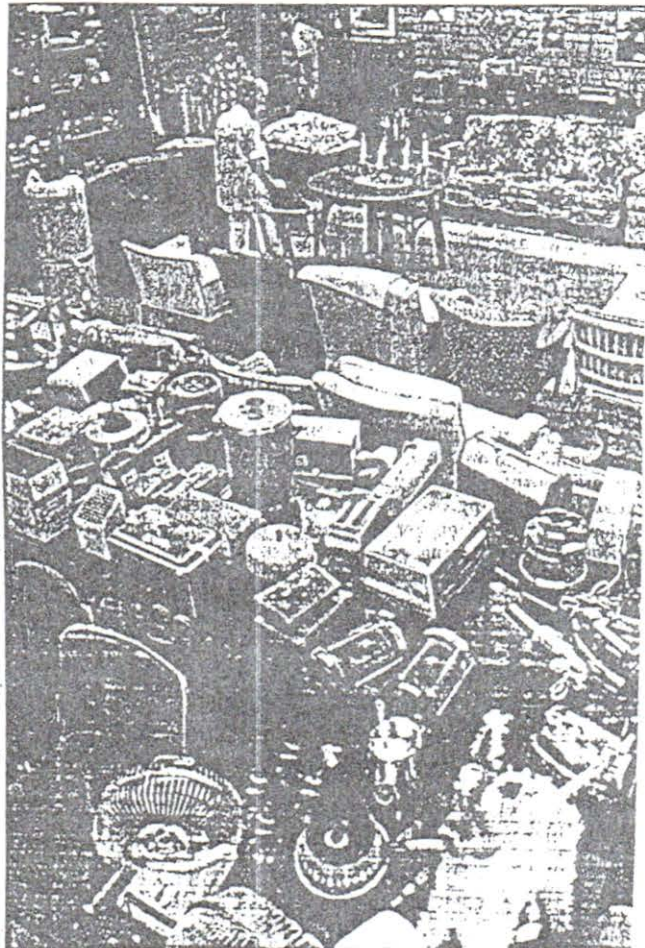
"We just wanted to see what it was like and we feel good about supporting the auxiliary," said Maryan Metzger of Sun City West. "I love antiques and this is a great place to search for a bargain."

The thrift shop, which is open Monday through Friday, will be open Labor day.

Anyone interested in donating items can bring them to the receiving room in the thrift shop annex.

People wishing to donate larger items may call 876-5317 for truck pickup.

FRIDAY, SEPTEMBER 4, 1987 NEWS-SUN A.



Area residents find bargains in the Boswell Hospital Auxiliary Thrift Shop's annex. The building, which holds thousands of donated items, was built one year ago this month.

(News-Sun photo by Stephen Cl)



# In the know: Agency matches people with services

By RICK GONZALEZ 6-10-87

"Where can I find inflatable coat hangers for traveling?"

"How can I get help for my sick palm tree?"

"What can I do with a cat that has delivered a litter of kittens in my back yard?"

Although such queries may sound silly, these are just some examples of the questions encountered by workers of the Sun City Information and Referral Service, Inc.

The service is, according to Jim Groundwater, public relations chairman, "a liaison between residents and the available services" needed by many residents.

"It directs residents to the agencies established to meet their particular needs," Groundwater adds.

"You'd think people would know where to call for some things, but they don't," Groundwater says.

"No matter what the problem or need, the Sun City Information and Referral Service will make every effort to give you the answer, or direct you to those who have it."

Groundwater says the group had its first meeting in 1975, as an affiliate of the county Information and Referral Service. At that time, the Phoenix group "showed the Sun City group how it operated."

In 1976, however, after some friction between the groups, the Sun City group became an independent organization on its

own.

The local organization has approximately 60 volunteers manning the phones. Groundwater says the group recently received an influx of volunteers and is not in need of any more. However, he says, more volunteers will probably be needed in the fall.

In comparing the Sun City organization with the Phoenix group, Groundwater says, "We do a great deal that is not done in Phoenix."

For example, he says, the Sun City group has a listing of workers such as yard workers and home sitters, whereas Phoenix does not. Also, he adds, "We list licensed and bonded contractors, as well as unlicensed and unbonded contractors. Phoenix only lists those that are licensed and bonded."

Another difference between the two groups concerns funding. The Phoenix group receives government funding, whereas the Sun City group is funded by the Sun City and Sun City West Community Funds, Inc.

"Because we are a non-profit group," explains Groundwater, "we are not allowed to solicit donations. Otherwise, our funding would stop. But the two Community Funds do fund us adequately, so we don't have to solicit."

The service is also an answering service for the Sun City Meals on Wheels program and the Sun City Community Fund, says Groundwater.

Groundwater stresses that the one thing the service cannot do is suggest that the caller call a particular professional, such as a doctor, regular nurse or lawyer.

"That would be recommending names and we're not in the business of recommending," says Groundwater.

"Instead, we refer them to various professionals. We usually have about four names and numbers in a particular market on file which we give to the caller and they decide who they want to choose."

The organization is comprised entirely of volunteers with the exception of an office manager and a part-time assistant.

"Even the board of directors is comprised entirely of volunteers," says Groundwater. "Everyone on the board, including the president, takes regular turns on the phones."

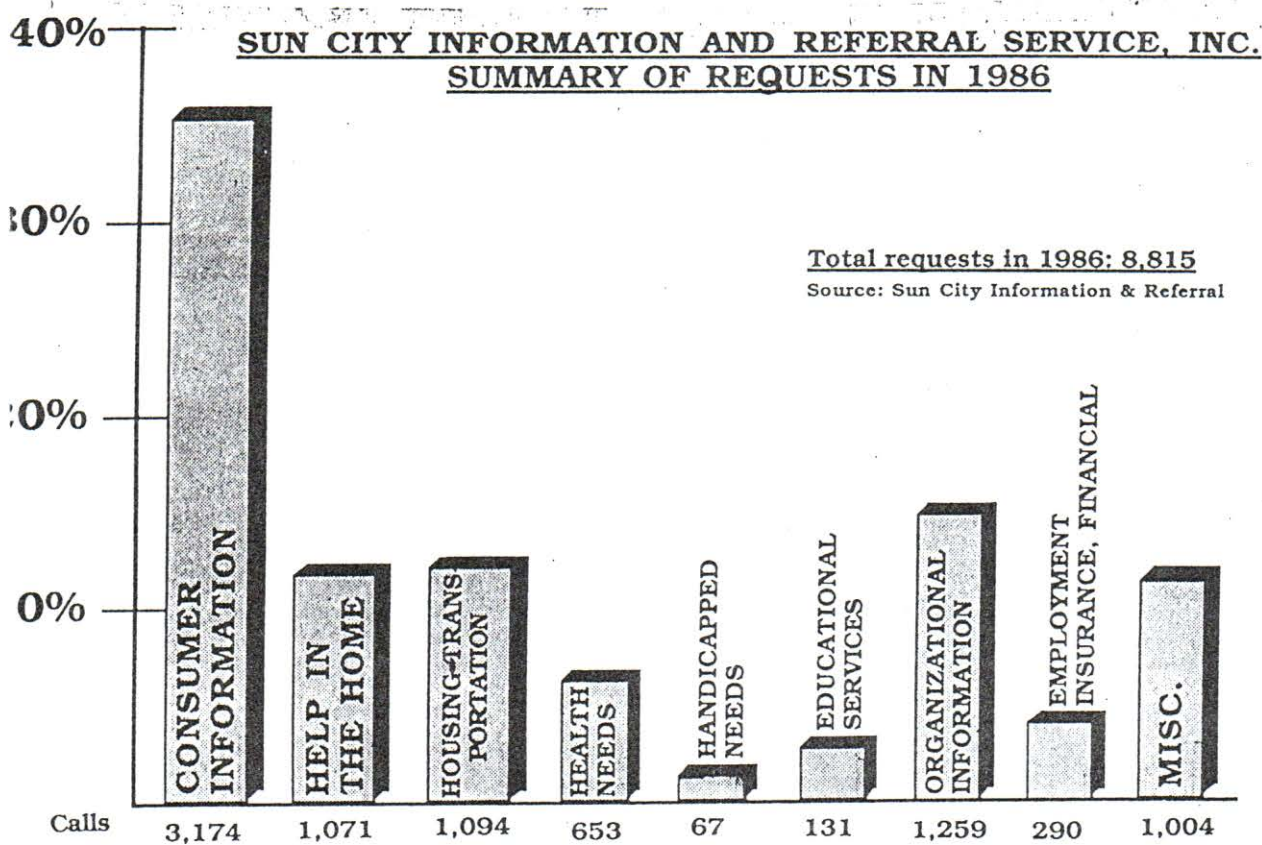
Groundwater says most of the calls seem to come under the categories of consumer information and help in the home.

Included in the consumer information category are the need for professionals, such as lawyers, CPAs, etc.; need for tradesmen; services needed and taxes.

"We get a lot of calls during tax time," Groundwater says. "We also have people on file who are or were tax consultants and are offering some free services."

Groundwater says most of the calls received "probably are

See PHONE, page three



## PHONE

page one

help in the home." Included in this category are areas such as gardening, carpentry, plumbing, roofing, painting, etc. Also included are various types of "sitters," such as house-, plant-, and pet-sitters, says Groundwater. "People have a wide variety of questions," Groundwater says. "We just want to act as a catalyst for the community. We bring the agencies and the residents together. If many people don't know where to call for help. If they call

us, we can help them."

"Such interaction," continues Groundwater, "creates that vital difference between being a community and being just an agglomeration of people living in close proximity."

The organization's offices are provided by the local Lions Foundation in the Community Services Building, 9451 N. 99th Ave., in Peoria. To contact Information and Referral, call 974-4713.

# Sun City information service rings up busy year

By MARY DUMOND  
News-Sun staff

SUN CITY — "Where can I find a dog-sitter? We're going to be gone and our dog goes to pieces if he's put in a kennel. We need someone reliable to look in on him at home."

To people who answer telephones at Sun City Information and Referral Service, this isn't a strange request.

While the dog-sitter question isn't tops on the call parade, questions like this are asked — and answered.

Although the Community Information and Referral Service of Phoenix (a tax-funded organization) claims a lot of Sun City calls, local figures show Sun Citians tend to give their calling business to the local service.

"We don't classify calls by ethnic origin or zip-code," said James Groundwater, director of the Sun City Information and Referral Service. "Neither do we list whether the caller is male or female."

"We do list by categories, and they are much different from those of the Phoenix agency," he said.

The Sun City Information and Referral Service does double duty, too. Not only does it handle incoming calls, but its volunteer workers call out for information if it's needed.

The local service is funded by the Sun City Community Fund and also receives a contribution from the Sun City West Community Fund.

Last year's calls dropped somewhat from the record year of 1985, when 26,021 calls made the top figure. The service breaks down these calls into 15,875 calls made into the service and 10,146 calls made from service workers.

Last year 16,105 Sun Citians called in for information and help — an increase over 1985 — while workers' calls dropped to 9,040.

In 1986, the service received 8,815 calls for information and help. Calls from workers, volunteers and others totaled 3,056, while wrong numbers wasted 298 telephones' use.

Meals on Wheels received 3,555 calls, while the Sun City Community Fund received 381 calls.

The Lions Club paper pickup, which

sometimes garners some requests for information, last year must have informed Sun Citians well — the service received no calls regarding the paper pickup.

Top popularity in the calling category went last year to help for consumers, with 3,174 calls.

Of these, the most calls concerned where to buy, rent or repair household items. Second in frequency was that old classification tabbed "miscellaneous." Third were queries on how to reach the Sheriff's Posse, the Arizona Department of Public Safety, the Fire Department, the Home Owners Association, the American Association of Retired Persons and a few others.

However, others in this category included need for professional help, such as lawyers; need for licensed or government-regulated tradesmen; need for services, such as laundries, furniture repair or dressmakers; special services for drivers and cars, taxes, consumer complaints, building permits and zoning.

Second-most-used calling category was made up of 1,259 questions about organi-

zations in and around Sun City — general information, social and crafts clubs, organizations with common interests, service clubs, health clubs and other groups.

Third calling category, with 1,094 queries, involved housing in and around Sun City, residential apartment hotels, home sharing, transportation for handicapped, public transportation (buses, taxis, airport limousines), other transportation, group and foster homes and day care, and miscellaneous.

Fourth was help in the home, with 1,071 calls. These ranged from live-in and part-time help to sitters with adults and children, housecleaning, help with personal hygiene, sitters for pets and houses, yard work and other such chores, and reassurance services.

The questions Sun Citians ask are as widely ranged as their interests and activities.

For instance, questions about educational services (131 calls) range from those about colleges and universities to library services and museums.

Health needs were high on the calling

list — 653 last year.

They included calls about problems with environment, health clinics in the area, locating health professionals, home health care by non-professionals, dental clinics, Visiting Nurse Service or Boswell Home Health Care, nursing home care, Hospice, community health education, support groups and other similar inquiries.

Special needs of the handicapped drew 67 calls, chiefly regarding the visually handicapped, but including people with hearing problems and other disabilities.

Employment, insurance and financial help drew 290 calls from those in need — asking about employment in the home or office, Medicare and Social Security and emergency help.

Need for political information, help in contacting visitors or residents, donating funds, information about Information and Referral itself, and other calls drew 842 curious Sun Citians.

Need for counseling attracted 72 inquiries.

# Sun City 'retirees' are active volunteers

By JANE FREEMAN

Special to the News-Sun

Retirees in the Sun Cities are tired of being maligned by hit-and-run reporters as residents of "God's Waiting Room" or a "Playground for Retirees."

Laying claim to more volunteer service, more money raised for worthy causes than any other community its size, the Sun Cities bask in the glory of being called the "Volunteer Capital of the World."

In 1833 Alexis de Tocqueville made an observation in "Democracy in America":

"These Americans are the most peculiar people in the world. You'll not believe it when I tell you how they behave. In a local community in their country, a citizen may conceive of

some need which is not being met. What does he do? He goes across the street and discusses it with his neighbor.

"Then what happens? A committee begins to function on behalf of the need. You won't believe this, but it's true; all of this done without reference to any bureaucrat. All of this done by private citizens on their own initiative."

Is this not a perfect description of the Sun Cities?

There is no deficit of volunteerism here, as evidenced by the countless number of projects which have come into fruition and community needs which have been met by these "peculiar people."

These people need to be recognized for dispelling the "play-

ground" myth and for their contributions and solutions to the many problems and needs experienced by a growing community and those of neighboring communities outside our walls. We know too well what has been accomplished—but the time has come to let others know of our deeds.

The well-being of our community has been provided by the private sector individuals, businesses, churches and social organizations. We have not been a burden to the government—local, state or national.

An informal survey on the part of the writer produced some interesting figures. The survey is far from complete and should not be considered scientific. However, the 72 responses do reflect a

sampling of what has been done. If all groups in Sun City had responded, the figures would have been staggering.

It was found some groups concentrate on giving service only, others are primarily concerned with fund-raising and many combine the two.

For the year 1984, returns showed that 7,884 people contributed 748,235 hours of volunteer service. The range of volunteers was from a low of 10 people representing one group to 1,973 for another group. The hours per activity ranged from 200 to 230,775.

If the total hours were converted to the minimum wage rate, what a figure it would be. Only 72 groups reported a total of \$2,171,878 raised in 1984 and

a grand total over the years of \$21,994,128. Imagine what the figure would be if all of the community fund-raising groups had been reported.

Many hours of service and dollars are spent on the youth living in neighboring communities or those with handicaps; families less fortunate than we are helped and at times of crises an outpouring of generosity beyond all expectations is demonstrated.

The scope of volunteer service is a broad one—education, civic, cultural, health, church to mention a few. To run down some of the areas quickly:

**EDUCATION:** teaching, literacy programs, tutoring, play-



JANE FREEMAN

\* 'Retirees' C9

## \* 'Retirees'

From C7

ground supervision/direction, scholarships, Junior Achievement, athletics, Learning Centers.

**CIVIC:** recording, information and referral, sewing, protection, conservation, office aides, tax preparation, beautification, camps, recycling, thrift shops, youth programs, citizenship classes, volunteer placement, senior centers, day care centers, library.

**CULTURAL:** art museum, music, theater, travelogues, lectures.

**HEALTH:** preparation of Medicare/insurance forms, nursing homes, hospitals, food banks, terminally ill children/adults, sick room equipment, services for developmentally disabled, blind/visually handicapped, deaf/hearing handicapped; deliver meals/books, clinics, rehabilitation, health and welfare assistance, support groups....and many more; the list goes on and on.

Most of us are familiar with the larger organizations and what they do. What no one knows, and probably will never know, is the true impact of the small, informal groups usually meeting in the homes. Almost all have projects which they support, small as they may be.

And then there are the individuals who do their own "thing" without any fanfare—buying shoes for children, sewing clothing, regularly driving someone to medical appointments or grocery shopping. These are the unsung heroes.

Are these efforts appreciated?

Excerpts from some of the many letters and comments received say it so well!

"...We have benefited in thousands of ways from the hard work as well as financially; the volunteers spend many hours in preparation every week and have been giving their time to these classes for over 15 years; many have been with us for so long we consider them a part of the staff, except they don't get paid; you keep the food bank going; we couldn't do it without you; funds have been raised for endless projects; your outpouring of generosity is unsurpassed."

And the letters go on extolling the virtues of Sun Cities volunteers.

Even President Reagan recognized all volunteers when he said, "There is in the American heart a spirit of love, of caring, and a willingness to work together. Volunteering in the United States is alive, healthy and growing. Like the democracy it helped to give us, though, the volunteering must be actively preserved and protected. It doesn't just happen."

In the Sun Cities we make it happen; we have learned how to reach out and lend a hand. We have learned the rewards are far greater than the demands. We have truly demonstrated social concerns are our concerns. Our volunteer spirit is alive and doing well.

Yes, the Sun Cities are communities of sharing and giving—the volunteer capital of the world. Can any other community match our record?

*The writer was the 1981 News-Sun Woman of the Year for her outstanding volunteerism, which she still performs.*

# Volunteers

Continued from Extra 1

profit, social and service agencies had booths where volunteers explained their purpose and recruited help.

"I can think of no place more appropriate to be this week than the Sun Cities," said Kenn Allen, president of Volunteer — The National Center.

"America's volunteers are on the front line seeking solutions to our most pressing problems," he said.

Volunteers in various agencies and services deal with everything from helping the hungry and homeless to staging fund-raising activities to finding solutions to medical problems.

"There is not a problem, there is not an issue in this country that is not being addressed by volunteers," Allen said. "We are important for the work we do and the values we represent."

Volunteer — The National Center was created in 1969 by former Michigan governor George Romney, then secretary of housing and urban development, Allen said.

"We are the only national organization existing solely for the support of volunteers," he said.

Volunteer initially was funded with a combination of federal and private-sector funds.

"Currently, our budget is about \$1.5 million, and the private sector funds about 90 percent of that," Allen said.

The 18-member staff works with state and local volunteer bureaus offering technical assistance and training.

"We're essentially their parent organization," Allen said.

The latest project, he said, is to work with major corporations and establish volunteer programs for employees and retirees.

"In the last 10 years, corporations have come to realize the benefits to both the company and the community of volunteer programs and projects for their people," he said.

Volunteer projects give the employees and retirees a feeling of pride in themselves, and the sponsoring corporation improves its image in the community, Allen said.

"Volunteers represent the future of this country and the whole world," he said. "I'm glad to see the spirit of volunteerism is alive in Sun City and Sun City West."

THE ARIZONA REPUBLIC / NORTHWEST  
Wednesday, May 6, 1987

## Ceremony recognizes Sun Cities' volunteers

By ROBERT BARRETT  
The Arizona Republic

Sun City and Sun City West residents donated 4.8 million hours of volunteer time worth an estimated \$46 million, according to one official.

"That is why the Sun Cities is known as the Volunteer Capital of the United States," Lucy S. Conner, Sen. Dennis DeConcini's legislative assistant, said at the April 30 Volunteerfest celebration in Sun City West.

Reading from a statement DeConcini introduced into the *Congressional Record*, Conner said volunteers nationally donated 16 billion hours of time in 1985, worth about \$110 billion.

"Those actions ranged from helping a neighbor to drive to the store to organizing fund-raisers for charitable organizations," she said.

The celebration, sponsored by Del E. Webb Communities Inc., marked National Volunteer Week, April 26-May 2.

"Volunteers are the lifeblood of the community. Without them there would be no Sun Cities," said Don Tuffs, Webb senior vice president of marketing.

Besides free entertainment and watermelon, about 50 area non-

— Volunteers, Extra 7

# They work 'without pay, power or prodding'

By P. ATWOOD WILLIAMS  
Total editor

SUN CITY — "Those who work without pay, without power and without prodding" were thanked by Bill Austin, curator/director of the Sun Cities Art Museum last week at the annual meeting.

While other philanthropic organizations also have gift shops and resale galleries, the newest kids on the block are the volunteers who operate the Sun Cities Art Museum Gift Shop. It is open from 10 a.m. to 4 p.m. Tuesday through Saturday and from 1 to 4 p.m. Sundays, October through May.

The museum gift shop has jobs for 54 volunteers weekly. Three-people are needed for each day's shift with more needed on the Sundays when receptions herald-

ing the opening of a new exhibition are held.

There had been items for sale in the "museum without walls," but when the new museum was finally built in 1985 on 115th Avenue north of Bell Road, the shop borrowed \$4,000 from the museum and opened its doors in a tiny area, about double the size of a walk-in closet.

Chairman Becky Figgins does the buying based on experience at the Wichita, Kan., Museum. She knows the sources of fine art prints, cards and papers, books, inexpensive reproduction jewelry and unique hand-crafted pieces from around the world.

"Over 75 volunteers made that first year so successful we were able to pay back \$500," she said.

This past year, the shop was closed during February when the addition to the museum foyer and gallery was completed. Today it occupies a space 11 by 35 feet. A small stock room provides work space for pricing and inventory.

And this year \$1,000 will be repaid to the museum and \$3,000 will be banked to buy more merchandise.

"The biggest problem with volunteers is that everyone is very involved," says Marian Pehl who with Idyle Scribner is charged with getting sales staff volunteers. On a recent Sunday, Pehl's daughter, Jan Etefe, who had not yet moved to her new Sun City West home, was conscripted to work with three others for the opening of a foyer artist show.

Pehl also volunteers at Bell Library and at her church. She said that the museum shop arranges schedules around their volunteers'

vacations and visits from grandchildren. She and Scribner work when there are no others available.

Other gift shop committee members are Cecelia Gelbach, Vera Hughes, Alyce Kiplinger, Beverly Goke, Shirley Stanford and Stella Syckes.

"It's hard in retirement to come by something viable. But seeing this operation grow during the past two years excites me. It is very rewarding," said Pehl.

"Volunteering is a wonderful way to make new contacts and meet interesting people. Newcomers like Helen Nester have such wonderful enthusiasm," said Scribner looking up from the chart she was preparing.

As she spoke Helen Nester was busy selling jewelry to customers in the long thin shop just outside the tiny stock room. She is a newcomer from St. Louis and also works the Boswell Coffee Cart.

The Sun Cities Art Museum League, which donated \$35,000 to the museum this year, now has 814 members. Outgoing president is Peggy Harman. Pearl Redding is the new president.

Opportunities for male volunteers also exist at the Sun Cities Art Museum which has a newly organized Men's Art Council chaired by James F. Baker.

At the recent annual meeting, however, Baker said that with only 45 members, the group could not give assistance to the league, help the curator with exhibits and security, conduct studies, raise funds, operate an investment club, help with membership and maintain landscaping and grounds.

Other opportunities for volun-

teers will begin this fall when education chairman Vivian Whitehead will begin the docent program. She plans to draw from the group of 21 who have faithfully attended the dozen lecture/film programs this year.

Docents will give talks and research the works on display and prepare display notes and programs.

Speaking of the growth of the museum and the need for more gift shop volunteers, Figgins said, "They keep coming back. It's probably because everybody has put so much into this museum and is so proud of it."



First year Sun Cities Art Museum Gift Shop volunteer Helen Nester shows jewelry to museum guests during a recent Sunday artist's reception. She also works early shift on Boswell Coffee cart.



Idyle Scribner and Marian Pehl check over Sun Cities Art Museum Gift Shop volunteer calendar which utilizes 54 volunteers weekly, working around vacations and grandchildren visits. (News-Sun staff photos)



# Volunteer 'capital' hopes fest adds helpers to roster

By ROBERT BARRETT  
The Arizona Republic

After five years of finding volunteers for everything from calling bingo games to acting as tutors for computer classes, Mary Glenn was asked to find a tractor repairman.

Glenn, director of the Volunteer Bureau of the Sun City area since its formation in 1982, didn't even know where to start.

"I had a request last December for someone to repair tractors that were going to be sent to Mexico," she said April 21.

The Volunteer Bureau, consisting of one paid and three volunteer workers, maintains a file of volunteers with special skills, but it was no help.

Glenn put a notice for a repairman in the local newspapers, and Harry Anglion responded.

"It was amazing," she said. "He was down here visiting for six weeks." Anglion got the tractors, which were to be used by a non-profit agency, in working order and they shipped to Mexico.

This is just one example of volunteerism, and in recognition of National Volunteer Week, April 26-May 2, the bureau, and the Del E. Webb Communities Inc., is co-sponsoring Volunteerfest April 30 from 10 a.m. to 2 p.m. in the R.H. Johnson Recreation Center parking lot, 19803 R.H. Johnson Blvd., Sun City West.

"We're doing this to let people know about the opportunities for volunteering," Glenn said.

About 250 service, charitable, social, and religious organizations are expected to attend, according to Webb spokesman Ken Plonski.

"We've gotten Kenn Allen, president of Volunteer — The National Center, to be our keynote speaker," Plonski said.

Volunteerfest also will include free watermelon and entertainment, he said.

Glenn said the Volunteerfest is the perfect time for area residents to volunteer to help the agencies.

Sun City often is called the volunteer capital of the United States because about a third of the approximately 46,000 Sun City residents regularly donate time in volunteer work, she said.

There are many reasons residents volunteer to work, she said. Some simply wish to become involved in the community, others want to work once again, and some volunteer after the death of a spouse to get out of the house and remain active.

"Most of our volunteers are from the Sun Cities, and I'd say their average age is about 70," Glenn said. "Some of my people are in their 80s."

She said the Volunteer Bureau places 30 to 40 residents a week in jobs. The jobs range from a one-time appearance by an entertainer such as an organ player, to weekly work as a computer tutor at a local school.

About 75 local non-profit agencies, schools, care centers and hospitals send requests for help to the Volunteer Bureau each month, Glenn said.

"We don't take requests from churches or religious organizations," she said. "We feel they do their own volunteer work."

Area residents willing to donate time are welcome to visit the bureau at 9451 N. 99th Ave., but Glenn said she prefers they call 972-6809.

"When someone calls or comes in, we like to do an interview and match them up to a job," she said. "Hopefully, you'd be on your way to work within 24 hours."

The need for volunteers by all agencies increases during the summer when many regular workers leave the area, Glenn said.

"We hope everyone comes to the Volunteerfest so we can let them know we need them," she said.

# From scratch

FRIDAY, NOVEMBER 22, 1985

NEWS-SUN

## Red Cross volunteers turn rags into britches for the needy

By DOUG DOLLEMORE  
Staff Writer

Corene Cress keeps her friends in stitches.

In the garage of her Sun City home are five large packing boxes stuffed with cloth scraps. She gladly gives the scraps, used for backing material and quilts, to anyone willing to take it.

But there's a catch: The finished product has to be donated to the Red Cross—it can't be kept or sold.

Cress coordinates the efforts of 28 women who knit, crochet and sew items for distribution to nursing homes and to lower-income families.

In the last 14-months, the volunteers have donated more than 3,000 hours producing more than 400 garments. The list includes 75 robes, 75 ankle warmers, 35 sweaters, 33 hand-exercise balls, 16 pairs of baby booties and 11 quilts.

The women also produced almost 40 layettes for newborn children. Layettes consist of six diapers, a knit shirt, bib, jacket,



Volunteers band together to stitch clothes for the needy. Knitters and sewers like these women, from left, Corene Cress, Dorothy

Dallison, Fran Owen and Laura Jensen, donate their time and energy for the benefit of others. (News-Sun photo by Stephen Chernek)

kimono, sweater, bonnet, booties, receiving blanket and quilt.

The women patiently create their donations at home in their spare time. In return, they receive volunteer credits from the Red Cross.

Cress waits until a 6- by 8-foot room at the Red Cross Sun City Branch overflows with blankets, robes and layettes. Then she ships the articles out to nursing homes and needy families in El Mirage.

Shipments are irregular, but Cress tries to insure each group receives clothing every two or three months.

For nursing home patients, the clothing is especially important.

Cress rarely visits the organizations she and her fellow volunteers benefit. But she does remember vividly one trip to the American Indian Nursing Home in Laveen.

"When I went there I couldn't believe how many people needed blankets to keep warm," she recalls. "There were so many

who needed lap robes. They didn't have places for their combs and other odds and ends. They didn't have bags to strap on their walkers for glasses and tissues. It was unbelievable."

The clothing also fulfills a psychological need.

"We try to save much of the clothing that we receive this time of year for Christmas," says Pat Levin, activities director at Beverly Manor Convalescent Center. "The donations are important because they allows us to give gifts to many patients who would not receive anything."

Cress views her efforts modestly.

"When my husband died eight years ago, I needed something to do," she says. "This is a good cause that I enjoy doing."

"Sometimes I think I should give it up. But I don't know what I'd do without it. I'd be lost without it. It's a part of my life now. But I would like to get my garage cleaned out."

For more information or to volunteer, phone 972-3407.

## Interfaith official touts volunteers' contributions

By MARY DUMOND  
News-Sun staff

SUN CITY WEST — It's not always easy to play to a packed house during a convention full of workshops on care of the aging.

Especially when it's a widely known convention like the National Council on Aging Inc., which met in Chicago March 29-April 1.

"And following Claude Pepper's act isn't the easiest thing in the world," said Barbara Sharkey of Interfaith Services Inc.

Sharkey should know, for follow the former senator she did.

And she brought down the house, while her two colleagues, Holly Bolling, assistant executive director, and Dr. Leona Yeager watched.

The Interfaith home services supervisor gave a simple verbal presentation, with just one hand-out piece of literature, on the Sun Cities-area operation — no fancy audio-visual aids or big charts.

Sharkey gave her audience some idea of the scope of the services Interfaith's volunteers perform for their participants. She described Interfaith's efficiency as a non-profit agency operating with a minimum staff and tremendous reliance on volunteers.

Sharkey's job is matching elderly people who want, or need home care with the volunteers who are interested in that activity.

"There are two cores," Bolling said. "One is the volunteer, who is a generic home companion. He or she helps with routine errands, transportation, shopping and respite.

"Then we have modest Title V funding for four people, at low cost, for home care. They do housekeeping, scrub floors and laundry."

This service, she added, is supplemented by fee-for-service workers who are Sun City folks making too much income to qualify for Title V and they're on contract for their main wage.

"In matching people," said



BARBARA SHARKEY

Bolling, "somehow Barbara seems to find a common denominator for people that works."

For instance, there was one man in his 90s who wanted a companion — preferably somebody his own age.

"He came from Iowa," said Sharkey. "No way could I find a volunteer in his 90s, but I did have this person who was quite a bit younger. But he was from Iowa ..."

It turned out the elder gentleman had played with John Philip Sousa, and the younger man had taught music. They both, at different times, had graduated from the University of Iowa.

"It turned out to be a great companionship," said Sharkey. "A sort of grandfather-and-grandson type of thing. They both really enjoyed their time together."

There's a massive growth for home care, Sharkey and Bolling agreed.

"More and more people want to spend their last days at home and more and more agencies are coming around to agreement with this," Sharkey said. She had charge of 55 workers who were called volunteers, "although they were paid a stipend. Anyone who was paid below minimum wage was called a volunteer," she said of her work



HOLLY BOLLING

in Kansas City, Mo.

"Here I have 60 real volunteers, who aren't paid a cent," she added.

More and more agencies and even Washington, D.C., are keeping their fingers on the pulse of Interfaith, Bolling said.

They may find Sun Cities-area volunteers getting quite rambunctious in protecting their companions.

"They spot lots of scams — insurance and salesmen and that sort of thing," Bolling said.

Sharkey said she has volunteers trained in many different areas — companionship, bereavement, doing respite work (giving a person with a homebound partner time off for relaxation) or companionship.

People with attitudes that really fit them for some other type of Interfaith volunteer work pretty well screen themselves into their proper niches during their training program, Sharkey said.

"I try to give a longterm volunteer with a participant a break," said Sharkey. "I don't want burn-out on my volunteers."

She ran into opposition from one determined woman — "That's what I volunteered for," she said firmly and stuck to her job.

# New spirit of cooperation pervades Northwest Valley business community

By MIKE GARRETT  
News-Sun staff

SUN CITY — There is a new spirit of cooperation and a real sense of commitment by the Northwest Valley's business and economic development community to help solve its growing pains.

People in this area have realized that growth is coming whether it's wanted or not.

Long gone are the days when Sun City was an island unto itself, when it could do as it pleased without affecting anybody else.

Now, everything everybody else is doing will affect Sun City in some way.

The surrounding communities have taken it upon themselves to plan the area's economic development for the betterment of all and hope the two Sun Cities will come along for the ride.

We now have leaders in this area who are willing to take the time, make the effort and speak up for what they think is right for the area — not just for themselves or their businesses.

We have groups like the Northwest Development Group, the Northwest Valley Chamber of Commerce, the Westside Coalition



## INSIGHT

and vocal public officials in Peoria, El Mirage and Surprise all working together to help solve the area's growth and transportation problems.

Maricopa County District Supervisor Carole Carpenter, D-Dist. 4, seems to be the catalyst in making all the pieces fit together. She is speaking somewhere in the Sun Cities and surrounding communities or getting feedback from people every time you look around.

I've heard nothing but good things about her from the business community. She has been diligently working to organize the many Sun City factions into speaking with one voice for the common good. I don't think most people care what political party she belongs to anymore.

Many others could be named — Mike Hughes, Chuck Rogness and Dave Fishell with the Northwest Valley Chamber are real go-getters who are being supported by a more active membership.

Keith Maves, president of the Westside Coalition of Chambers, has been a heretofore small voice that is now being heard where it counts most — with the state Legislature and state agencies.

Marshall Greenberg, president of the Northwest Development

Group, has been tying up a lot of loose organizational ends in getting different economic and development factions to help one another.

Surprise Town Manager Harold Yingling and Assistant Town Manager Diane Prindeville have really helped put that community on the economic development map.

El Mirage City Manager Dick McComb, though off to a late start because of the city's previous political problems, has shown signs of putting El Mirage on solid economic footing.

Paul Tatz, president of Del E. Webb Communities, builders of the two Sun Cities, has also been working behind the scenes, recognizing that the area's transportation problems won't be solved without developers doing their part.

If the Northwest Valley could ever be united under one voice, it would no longer have to play second fiddle to the East Valley and the Southeast Valley in the amount of political clout it wields.

The Arizona Department of Transportation would not be planning only one Grand Avenue Expressway interchange in Sun City, and they would know better than to put it at 103rd Avenue.

The surrounding communities are forming economic development committees to work together for

the benefit of each community and the Northwest Valley as a whole.

The Sun Cities also need to have one voice speaking for their economic well-being rather than being splintered into six or seven separate factions. Carpenter seems to have taken over that role.

The Sun Cities can do that without even thinking of incorporation. But they must keep the big economic development picture in mind at all times and tell their representatives trying to help them that they don't want only one Grand Avenue interchange at 103rd Avenue.

The Northwest Valley Chamber would like to unite the Sun City business community with businesses serving the outlying communities so that all their needs would be met. They would like to give local businesses a reason for belonging to the chamber through a clearly defined purpose and goal.

All these things have been set in motion. People are meeting, they're talking and they're acting on their ideas and mutual problems.

That's a big step for the people who live and work here and a hop, skip and a jump for the area's higher economic and political profile.

# Junior volunteers work at hospitals

By SCOTT BONTZ  
Staff Writer

The Sun Cities area is rife with volunteers, yet still more come from outside to help.

They are the students that travel from as far away as Scottsdale to work in the two local hospitals.

Formerly known as "candy strippers" for the peppermint-in-

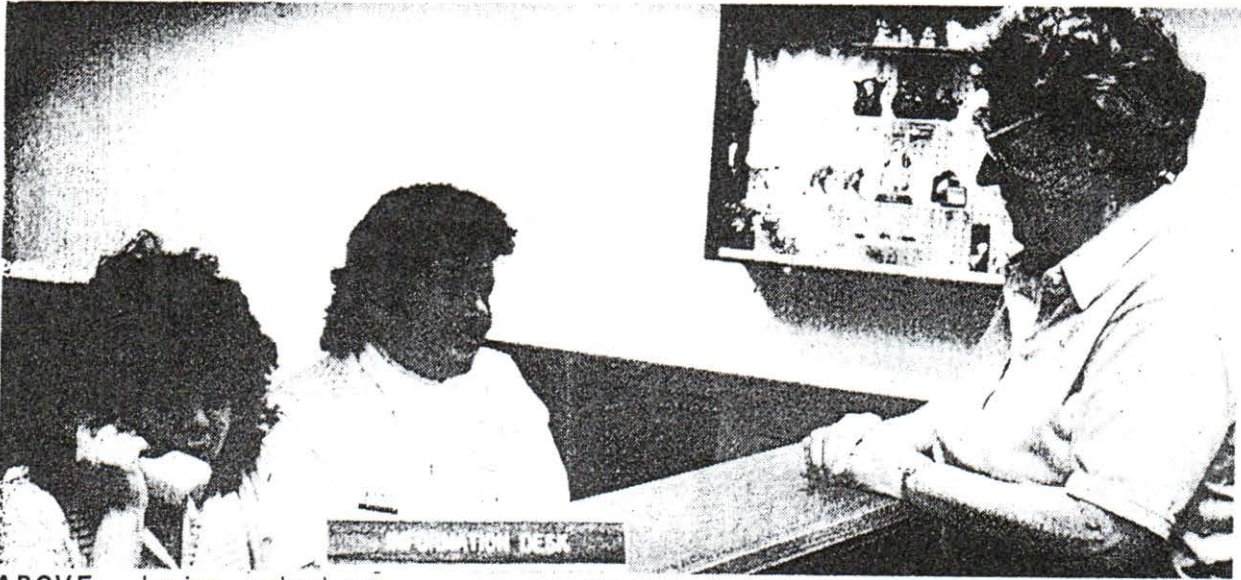
spired uniforms some still wear, junior volunteers do a variety of chores for hospitals around the country—including Valley View Community Hospital in Youngtown and Boswell Memorial Hospital in Sun City. Tasks range from clerical work to delivering drugs to nurses.

Both hospitals have auxiliaries of adult volunteers. Bos-

well's organization has more than 1,000 members. But many leave for summer, so their younger counterparts fill in.

"They help us out ... and in turn it gives them an opportunity for some hands-on experience in the health care industry," said Donald Miller, human resources manager at Valley View.

Some of the students are mem-



ABOVE: Junior volunteers Pearl Calvin, left, and Melissa Adams from Southwest Indian School provide information to adult volunteer Ruth Bean at Boswell Memorial Hospital.

(News-Sun photo)

bers of service clubs for which they are required or inspired to do volunteer work, but most are considering health careers, said Jane Hibbitt, Boswell's director of volunteers.

Hibbitt said the hospital is committed to providing the experience for young volunteers as a service, but Boswell also desires them for their youthful enthusiasm.

"The juniors fit in so well that we can pretty much fit them in throughout the hospital," she said.

The young workers are allowed most places regular volunteers go, she added, except areas such as the waiting room for families of surgery patients, where administrators feel experience and sensitivity requirements are better filled by adults.

Hibbitt said Boswell junior volunteers fill water pitchers for patients, run errands, escort new patients to their rooms, help discharge people, do clerical work and deliver medicine to the hospital's nursing units.

At Valley View, Miller said, the volunteers work in the auxiliary gift shop, transport patients in wheelchairs, deliver flowers and water pitchers, do clerical work and occasionally help operate the switchboard.

Valley View's junior volunteer program draws 15-20 participants each summer, hospital spokeswoman Carolyn Goodwin said.

Most come from Dysart and Peoria high schools, but a few are drawn from Cactus High School, junior high schools and colleges.

Boswell's draw also is primarily local, but junior volunteers commute from 21 schools around the Valley with parents who work in the Sun Cities area, Hibbitt said. Participants, ages 14-18, number about 75 in the summer and 35-40 during the school year, when they work evenings and Saturdays. To date a total of 71,997 junior volunteer hours have been logged since the program began in 1971.

The two hospitals arrange full-time schedules for some junior volunteers. They can work as few as four hours a week at Boswell and one hour a week at Valley View.

Workers aren't paid, but the hospitals recognize them in annual ceremonies. At a special ceremony April 30, the regular auxiliary will present a high school senior with a \$1,250 scholarship.

# Library board recognizes workers

By LORAIN TOWNE  
Special to the New-Sun

The Sun City Library board of directors recognized volunteers at an April 13 reception at Lakeside Banquet Center—a finale to National Library Week.

Mary Bracken, board member and volunteer, was reception chairman. More than 150 volunteers of Bell and Fairway Libraries attended the party.

Sun City Library Inc. is a non-profit organization which depends on voluntary contributions. It is not tax supported and receives no public funds. A volunteer board of directors operates the library in facilities provided by the Recreation Centers of Sun City, Inc. More than 300 volunteers donated about 184 thousand hours to the libraries this past year. Circulation was 424 thousand volumes.

President Mary Callahan presented Laura Ball the American Library Association silver logo pin in recognition of 2,500 hours of service at Fairway.

"We started the library in 1961 at Fairway Court," recalled Ruth Mildner, recognized from the podium as a founding librarian. "I can't begin to tell of the trials and tribulations we encountered. Twenty showed up when the activities director called a meeting for those interested in starting a

library. Everybody wanted a library, but nobody had any experience," she added.

"We started with six volunteers and the cooperation of the Maricopa County Library which brought us 2,500 books," she continued.

"One day we received a surprise visit from Del Webb who looked around and asked, 'How much do you charge for the books?'"

Mrs. Callahan made a special presentation to Jane Freeman for her "untold hours" to the library for several years.

"She has introduced many new programs and updated the library tremendously," she said. Mrs. Freeman was recently instrumental in implementing the cassette program. She is a past president of the library board and seemed genuinely surprised to receive the coveted American Library Association sterling silver pin.

Others recognized were librarians from Bell, Agnes Fansler, and Fairway, Rose Mead.

Among the hard working male volunteers who enjoyed the party were Thane Todd, Henry Neal and Bill Fenn. Board member Al Tudor continues to volunteer. "I'm a jack-of-all-trades when it comes to volunteering for the library," he said.



Mary Callahan presents a silver pin for 2,500 volunteer hours to Laura Ball as Rose Mead

looks on April 13.

(News-Sun photos by Loraine Towne)

# Volunteerism

## Workers urged to wear ribbon V's now; if you're not one yet—try it, you'll like it

"So many people getting behind a dream."

—Peggy Harman

By P. ATWOOD WILLIAMS  
Staff Writer

While officially this week is called National Volunteer Week, every week in the Sun Cities could be so designated. The red V on this page is the national Volunteer Action Leadership Association symbol. It stands for Vital, Valued, Vigorous, Vibrant, Virtuous, Vivacious Volunteers!

If you are a volunteer, you are encouraged to wear a red ribbon V with pride this week.

For some the volunteering is new, because they didn't have time during child-raising or career-building years. For others, volunteerism here is just the logical continuation of lifelong habits, which began as candy-strippers in the nearest hospital or helping with Brownies and Cub Scouts as they moved upward in scouting.

Volunteerism is such a multi-faceted endeavor in the Sun Cities that there has been a non-profit Volunteer Bureau here since 1982 to act as liaison between the volunteer and the needed services in community agencies, hospitals and schools.

The Bureau works with over 75 agencies, nursing homes, schools and day centers' in the three retirement communities and neighboring towns. It puts the skills of the volunteers to the best use possible and stimulates volunteerism.

Doris Melleney chaired a survey in 1982 which established the need for such a bureau. Dorothy

Koehn was the Volunteer Bureau's first president; Gerri Kenkel was the first executive director, serving largely without pay.

No charges are made for services provided by the Bureau, and there are no membership dues. Expenses today are limited to a part-time executive director and necessary office costs. For the past three years both the Sun City and Sun City Community Funds have assisted with expenses. However, this year the shortfall is about \$5,000.

Half of the volunteers work on a regular long-term basis, averaging over four hours weekly. In the Skill-File there are more than 300 people who wish to share their skills and services on a short-term basis. Over 500 volunteers are placed yearly, half of them new to volunteering.

Valued at \$6 an hour this means that volunteers gave \$418,000 in services for an agency with a budget of only \$12,000!

"The value of the Sun Cities volunteers in non-monetary terms is inestimable," says Melleney, who has also served as executive director. She says the volunteer work is "fascinating, if taxing. The sharing of one's possessions is needed and important, but the giving of oneself comes from the heart and is the best example of generosity."

The Volunteer Bureau can place teen-age grandchildren on summer visits or those in their 90s. Many widows find their duties help them to a new and enjoyable way of life; newcomers, too, find ways of fitting into the community and making friends. The blind and those in nursing homes can

help with mailings. Jobs are there for chronically ill or disabled residents, too.

To accept the services of volunteers, the Volunteer Bureau office is kept open weekdays until 1 p.m. in the Community Service Building, 9451 N. 99th Ave. Executive Director Mary Glenn's phone number is 972-6809.

The plain fact of the matter is that almost no group in the Sun Cities could exist without its volunteers. Almost daily announcements of events appealing for or honoring them appear in these pages (See C7). On Tuesdays in this section a column called Volunteer Corner appears, and

### Related stories on volunteerism on pages C2-4, C6-7, F1.

sometimes there are feature stories. (I rode with the Sun City West Posse one hot day last summer on their Vacation Watch program. You see Posse people everywhere; they are probably the most visible volunteers in the communities.)

If you are an early bird, you will find the PRIDES raking and pruning, bending over to pick up mock oranges and branches of palm trees lining the medians and areas along the miles of slump block fences which guard these retirement communities. If you get up too late, you can see evidence of their work in the filled plastic sacks with neat stacks of branches lining the areas where they labored, often alone.

Others help to bring health services or cheer to

those in clinics and hospitals; perform reception services; serve and deliver hot meals; collect canned food; or newspapers, cans and eye glasses for recycling; loan sick room equipment; record for the blind; work at day care centers; drive transportation vehicles; entertain at rest homes; catalog, shelve and circulate books; run resale and gift shops; hold fund-raisers—golf tournaments, style shows, concerts and flea markets—to benefit organizations such as the Sun Cities Symphony and those offering the above services.

Sun Cities Art Museum (SCAM) president Betty Tidwell describes the role of museum gift shop and reception volunteers as "ambassadors of good will."

SCAM League President Peggy Harman recently described the women in her organization as "getting behind a dream." They annually raise between \$20,000 and \$30,000 to help build what is the first art museum to be erected by members of a retirement community.

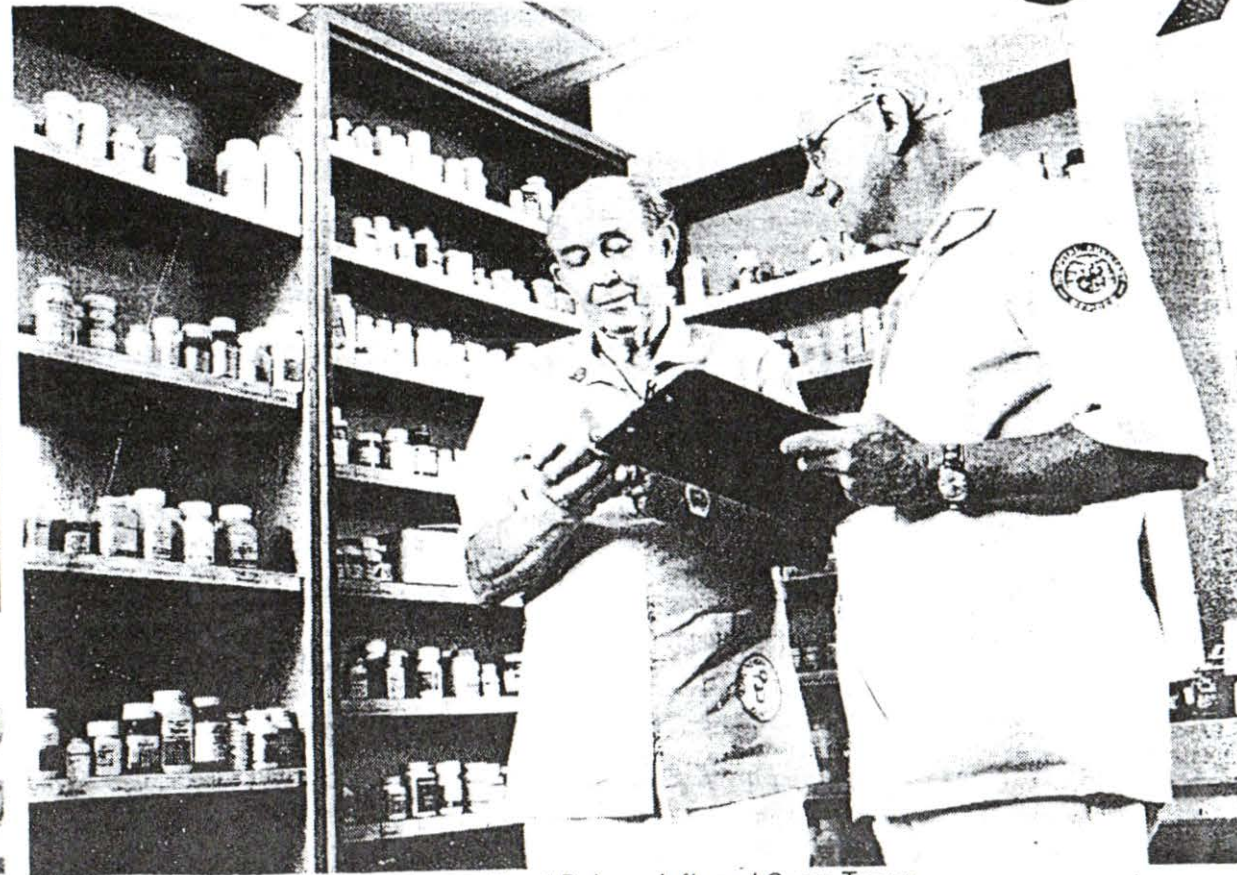
What would life be like for people unable to drive who are ferried to shopping and medical appointments on the Sun Cities Area Transit System Inc. (SCAT), which recently carried its 100,000th passenger?

When you have seen the smile of a blind person listening to a great book, or a wheelchair bound person playing ball, or heard thanks from someone to whom you have brought Communion or taught a new language or skill, you will know the warm feeling that volunteering brings.

(COVER)



Jeanne Switzer volunteers at the Boswell Memorial Hospital Employee Day Care Center.



Helping at the Boswell pharmacy are Floyd Belnap, left, and Owen Trana.



# People fulfill role in Del Webb's dream

*'Concrete, steel and lumber make the buildings, but people make the community. Together we can create a way of life unprecedented in America.'*

*—Del E. Webb*

**THE SUN CITIES**—In January 1960, Del E. Webb created Sun City, Ariz., the first "active adult community" in the world, with a challenge to its residents.

"Concrete, steel and lumber make the buildings," Webb said, "but people make the community. Together we can create a way of life unprecedented in America."

Del E. Webb Communities Inc., master-planner and builder of Sun City and Sun City West, fulfilled Webb's part of the challenge. It built a community of comfortable, affordable homes, golf courses, recreation centers, shopping centers, and more.

That was the concrete, steel and lumber.

The people of Sun City and Sun City West fulfilled their part of the challenge, creating a structure of volunteer activities and services unique in the nation.

Sun City and Sun City West are home to more than 500 civic, service, church, charitable, recreational and volunteer organizations. No other communities in America are more concerned with being involved and helping other people.

By definition, a volunteer is a person who performs or gives his service of his own free will, without compensation.

"Free will"...yes; "without compensation"...not at all. While they don't receive any material rewards, nearly every volunteer in the Sun Cities admits he gets more out of it than he puts into it.

Volunteers come from any number of social backgrounds. Some are financially secure, while others are more dependent on pensions and Social Security checks. From all 50 states and as many foreign countries they brought with them one common characteristic: They care for each other and for their communities.

Sunshine Services is an excellent example of this caring attitude.

Founded in 1963 and operating out of a 16,000 square-foot office/warehouse built by Webb at cost, this landmark Sun City organization's motto is "People Helping People".

In any year, more than 32,000 items are loaned to residents. From baby beds and high chairs to rollaway beds and hospital equipment, the value of its services exceeded \$1 million in 1985. Yet, not one cent was charged any recipient, nor was any money solicited or received from any government agency. It was just people helping people.

Sun City is the home of Walter O. Boswell Memorial Hospital, a 355-bed acute-care facility. In 1984, its more than 1,900 volunteers hit a milestone by recording their 2 millionth hour of service. That's a record no other auxiliary in the state can match, according to Jane Hibbitt, director of volunteers.

"Our volunteers supplement and enhance the quality of our services," Hibbitt said. "Although they do not provide direct personal or medical care, they provide many of the extras that make life more pleasant." Volunteers also have raised more than \$1 million for the purchase of hospital equipment.

As with any community of seniors, there is a certain per-

centage who, for a variety of reasons, are unable to prepare their own meals. The 130 volunteers of Meals on Wheels handle these situations seven days a week with hot and cold meals and special diets where so prescribed.

When recipients are unable to pay the at-cost price for a meal, "the money comes from somewhere," according to one volunteer.

The volunteers drive their own cars and pay for their own gasoline. Since 1972, they have delivered and prepared more than 250,000 meals.

OVER

**PRIDES** (Proud Residents Independently Donating Essential Services) is a 600-member group dedicated to keeping their communities litter-free. Comprised of doctors, lawyers, housewives, executives, blue-collar workers and people from all walks of life, the PRIDES maintain public landscaping, gather debris, trim and paint trees and generally make the communities more attractive. Never was a title more fitting.

On May 6, 1983, President Reagan visited the Sun Cities to acknowledge the contributions of a group of seniors for their efforts in crime prevention. That group, of which the president is an honorary member, is known as the Posse.

This volunteer organization of 400 is trained by the Maricopa County Sheriff's Department and serves as its eyes and ears in the community. Patrolling in official vehicles 24 hours a day seven days a week, the Posse is a highly visible symbol of security in the Sun Cities.

During 1985, Posse members logged more than 110,000 hours and drove more than 235,000 miles performing vacation watches, directing traffic, answering emergency calls and much more.

Because of their efforts and dedication, Maricopa County Sheriff Dick Godbehere has said the Sun Cities have one of the lowest per capita crime rates in the United States.

The Sun Cities are also the home of 26 various service clubs including the Lions, Kiwanis, Civitan, Business and Professional Women, Exchange Club, Rotary and many others. Their purpose is to volunteer their members to those in need.

When floods ravaged southeastern Arizona in 1984, these volunteers worked round-the-clock to collect and transport food and clothing to these distressed communities.

Many of these same service clubs operate from a centralized

Community Services Building, which was paid for by the proceeds of collecting newspapers and magazines for recycling ... continuing evidence of the power

of organized volunteerism.

This volunteerism is not confined to Sun Cities services. Retired lawyers sit as hearing officers in county courts; retirees

serve on county and state commissions; former educators occupy teaching posts in adjacent school districts.

The International Executive Service Corps has found the Sun Cities to be a deep well of talent willing to travel the world to assist developing nations and industries with their expertise.

And Sun Cities checkbooks

have been ready and liberal volunteers. None of the services outlined here has ever been funded with federal, state or county money.

Private contributions, large and small, not only provide necessary funding, but also involve the entire community, including those unable to enlist their physical services.

# Around town

**TOTAL**

TUESDAY APRIL 22, 1986 NEWS-SUN

## Sun City 'retirees' are active volunteers

By JANE FREEMAN

Special to the News-Sun

Retirees in the Sun Cities are tired of being maligned by hit-and-run reporters as residents of "God's Waiting Room" or a "Playground for Retirees."

Laying claim to more volunteer service, more money raised for worthy causes than any other community its size, the Sun Cities bask in the glory of being called the "Volunteer Capital of the World."

In 1833 Alexis de Tocqueville made an observation in "Democracy in America":

"These Americans are the most peculiar people in the world. You'll not believe it when I tell you how they behave. In a local community in their country, a citizen may conceive of

some need which is not being met. What does he do? He goes across the street and discusses it with his neighbor.

"Then what happens? A committee begins to function on behalf of the need. You won't believe this, but it's true; all of this done without reference to any bureaucrat. All of this done by private citizens on their own initiative."

Is this not a perfect description of the Sun Cities?

There is no deficit of volunteerism here, as evidenced by the countless number of projects which have come into fruition and community needs which have been met by these "peculiar people."

These people need to be recognized for dispelling the "play-

ground" myth and for their contributions and solutions to the many problems and needs experienced by a growing community and those of neighboring communities outside our walls. We know too well what has been accomplished—but the time has come to let others know of our deeds.

The well-being of our community has been provided by the private sector individuals, businesses, churches and social organizations. We have not been a burden to the government—local, state or national.

An informal survey on the part of the writer produced some interesting figures. The survey is far from complete and should not be considered scientific. However, the 72 responses do reflect a

sampling of what has been done. If all groups in Sun City had responded, the figures would have been staggering.

It was found some groups concentrate on giving service only, others are primarily concerned with fund-raising and many combine the two.

For the year 1984, returns showed that 7,884 people contributed 748,235 hours of volunteer service. The range of volunteers was from a low of 10 people representing one group to 1,973 for another group. The hours per activity ranged from 200 to 230,775.

If the total hours were converted to the minimum wage rate, what a figure it would be. Only 72 groups reported a total of \$2,171,878 raised in 1984 and

a grand total over the years of \$21,994,128. Imagine what the figure would be if all of the community fund-raising groups had been reported.

Many hours of service and dollars are spent on the youth living in neighboring communities or those with handicaps; families less fortunate than we are helped and at times of crises an outpouring of generosity beyond all expectations is demonstrated.

The scope of volunteer service is a broad one—education, civic, cultural, health, church to mention a few. To run down some of the areas quickly:

**EDUCATION:** teaching, literacy programs, tutoring, play-

\* 'Retirees' C9



JANE FREEMAN

(OVER)



RUTH MILDNER

## \* 'Retirees'

From C7.

ground supervision/direction, scholarships, Junior Achievement, athletics, Learning Centers.

**CIVIC:** recording, information and referral, sewing, protection, conservation, office aides, tax preparation, beautification, camps, recycling, thrift shops, youth programs, citizenship classes, volunteer placement, senior centers, day-care centers, library.

**CULTURAL:** art museum, music, theater, travelogues, lectures.

**HEALTH:** preparation of Medicare/insurance forms, nursing homes, hospitals, food banks, terminally ill children/adults, sick room equipment, services for developmentally disabled, blind/visually handicapped, deaf/hearing handicapped; deliver meals/books, clinics, rehabilitation, health and welfare assistance, support groups....and many more; the list goes on and on.

Most of us are familiar with the larger organizations and what they do. What no one knows, and probably will never know, is the true impact of the small, informal groups usually meeting in the homes. Almost all have projects which they support, small as they may be.

And then there are the individuals who do their own "thing" without any fanfare—buying shoes for children, sewing clothing, regularly driving someone to medical appointments or grocery shopping. These are the unsung heroes.

Are these efforts appreciated?

Excerpts from some of the many letters and comments received say it so well!

"...We have benefited in thousands of ways from the hard work as well as financially; the volunteers spend many hours in preparation every week and have been giving their time to these classes for over 15 years; many have been with us for so long we consider them a part of the staff, except they don't get paid; you keep the food bank going; we couldn't do it without you; funds have been raised for endless projects; your outpouring of generosity is unsurpassed."

And the letters go on extolling the virtues of Sun Cities volunteers.

Even President Reagan recognized all volunteers when he said, "There is in the American heart a spirit of love, of caring, and a willingness to work together. Volunteering in the United States is alive, healthy and growing. Like the democracy it helped to give us, though, the volunteering must be actively preserved and protected. It doesn't just happen."

In the Sun Cities we make it happen; we have learned how to reach out and lend a hand. We have learned the rewards are far greater than the demands. We have truly demonstrated social concerns are our concerns. Our volunteer spirit is alive and doing well.

Yes, the Sun Cities are communities of sharing and giving—the volunteer capital of the world. Can any other community match our record?

*The writer was the 1981 News-Sun Woman of the Year for her outstanding volunteerism, which she still performs.*

# Northwest Valley becomes center of volunteerism

By ROBERT BARRETT  
Northwest Valley Bureau

SUN CITY — More than 8,000 residents should be walking around Sun City and Sun City West this week with a scarlet letter.

The letter isn't an A.  
It's a V.

The National Volunteer Action Leadership Association is recommending that all volunteers wear a symbol of their service to salute National Volunteer Week, which began Sunday and concludes Saturday.

The Volunteer Bureau of the Sun Cities Area is recommending the symbol be a red V.

"The V is easy to make from a bit of ribbon or felt and can be pinned to any garment," said Doris Melleney, a spokeswoman for the Volunteer Bureau.

If the people of Sun City and Sun City West follow that idea, there is going to be a run on red felt, red ribbon and pins in the northwest Valley this week.

In 1985, more than 8,000 volunteer workers living in Sun City and Sun City West and working in more than 500 organizations donated more than 800,000 hours to commu-

nity work, according to Ken Plonski, spokesman for Del E. Webb Communities Inc.

The volunteers that help staff Boswell Memorial Hospital in Sun City passed the 2 million volunteer-hour mark in 1984 and are working on 3 million hours of service, according to Jane Hibbitt, director of volunteers at Boswell.

"Our volunteers supplement and enhance the quality of our services," Hibbitt said. "Although they do not provide direct personal or medical care, they provide many of the extras that make life more pleasant."

Although Boswell hospital is an exception in terms of numbers of volunteers, with more than 1,900, the northwest Valley retirement communities abound with volunteer groups and organizations.

Sunshine Services is an equipment-lending service. It started in 1963 and operates out of a 16,000-square-foot office and warehouse at 9980 Santa Fe Drive donated by Webb Communities.

Last year, more than 32,000 items were lent to residents, ranging from baby beds and high chairs to hospital equipment, Plonski said.

The value of the equipment loaned, at no cost to residents, was approximately \$1 million in 1985, he said.

Homebound residents who are unable to shop or prepare their own meals can receive hot and cold meals from the volunteers at Meals-On-Wheels. Established in 1972, this volunteer group has delivered more than 250,000 meals, Plonski said. The volunteer drivers are not paid, donate the use of their vehicles, and pay for their own gasoline.

Aside from caring for themselves, the communities' volunteers save Maricopa County thousands of dollars through the efforts of groups like the PRIDES and the Posses in Sun City and Sun City West.

Every Saturday, some of the 600 members of the PRIDES — Proud Residents Independently Donating Essential Services — sweep sidewalks, trim trees, collect litter, spray weeds and perform other tasks that help maintain the 210 miles of Sun City streets, 29 miles of parkways, 3,200 trees and 25 miles of county irrigation system.

Posse members supplement the Maricopa County Sheriff's Office and help direct traffic, perform vacation watches on homes, organize neighborhood Block Watch programs and render first aid to accident victims.

In addition to many other volunteer groups such as the Sun City Information and Referral Service, Medicare Volunteer Assistance, Self Help for Hard of Hearing People and Alzheimer Support Group, the Sun Cities also are the home of 26 service clubs such as the Lions, Kiwanis, Civitan and Rotary.

"The things they do for Sun City are hard to put a price tag on," said Larry Waggoner, assistant county engineer. "Because of our budget constraints, we couldn't provide the same quality of services Sun Cities residents have come to expect in terms of environment."

The Sun City and Sun City West Posse have more than 400 members, making it one of the largest posse organizations in the United States, according to Maricopa County Sheriff Dick Godbeh-

# News-Sun editorial

## Giving is their gift

They look like ordinary, everyday, average American, retired and living in the community they chose after years devoted to job and family.

But they're not. They have something extraordinary in their makeup. They care about their neighbors and the communities in a special way.

They are volunteers.

They pick up trash and keep the medians clean; they help library patrons; they make the lives of hospital nurses easier; they raise funds; they answer phones; they drive the elderly to doctor appointments; they call on the ill and elderly; they are posse members; they serve without pay in myriad other ways.

And they enjoy it, hard work and all. They're volunteers.

Visitors from abroad who tour the Sun Cities always express amazement at the large number of volunteers, who they learn are the essence of community caring, who serve others freely and without expectation of reward. It is a concept almost unknown in European and Asian countries.

This is Volunteer Recognition Week, sponsored by the Volunteer Bureau of the Sun Cities, itself a volunteer organization. All organizations who benefit from the work of volunteers have been asked to recognize their activities with red V-shaped ribbons to wear this week.

Volunteers are unusual; they give for the sheer joy of it. They don't expect recognition or reward because they find their satisfaction in the service itself and in the appreciation of those they serve — in the smiles they can bring to the faces of the lonely and the ill, and in the results of their hard work. But this week, the red V-shaped ribbons will set them apart as special.

Those of us who aren't volunteers can celebrate those who are this week by saying thanks to the people we meet who are wearing red ribbons and shaking their hands.

And while we're at it, some of us could carry the mood of the week a bit farther and volunteer as well, by calling the Volunteer Bureau of the Sun Cities at 972-6809.

Take it from those who have already enlisted in the cause of community service; there is little that surpasses it for receiving love by giving love.

## Sun City volunteers teach English to Mexican-Americans

**EL MIRAGE** — A slogan — "each one teach one" — portrays the successful technique here in evening English classes at Dysart Center.

Each adult Mexican-American student is paired with a Sun City teacher in individual yet concerted class sessions. The project, involving no federal funds, is conducted solely through volunteer work.

"A personal approach is needed to teach non-English-speaking adults," Mrs. Gertrude E. Flyte, director of the Laubach literacy course, said.

Every Thursday evening the classroom hums as the students, mostly former field workers, read out loud. Seventeen students, in an effort to improve themselves, are enrolled in the course, learning to read, write and speak English.

Student Mrs. Jovita Aldaco, a pleasant-faced widow, does housework for Sun Citians. She spoke some English but could neither read nor write Spanish or English when the first class opened in January 1968. She has progressed to the Streamlined English Skill Book III.

"Jovita," said Mrs. Flyte, "can now read well, write and print beautifully and compose good sentences in written homework."

The busy grandmother-pupil wants to "keep on learning" so, as she said, "I can teach others how to read and write."

Students buy their own workbook if they have the money, and others receive books through funds contributed to the class project. "No one should stay away because we can't buy a book," Mrs. Flyte, with 30 years experience in adult education, said.

Service is another worthwhile result of the classes. The center not only opens the door to a new life for the students but provides satisfying volunteer work to the Sun City women in their retirement years.

Jovita's teacher, Mrs. Idah Anderson, wanted a volunteer interest after her husband's death. A retired teacher from Omaha city schools, her skills are needed in the adult education effort.

Most helpers are retired teachers. Others are not.

"A housewife with the required 15 hours training in the use of Laubach materials and techniques," Mrs. Flyte pointed out, "can serve well. The teachers are very faithful. Sickness is the only thing that keeps them away."

Teacher Miss Elizabeth Killie, formerly sent by a business firm to Guatemala to teach natives to use American patterns in an American factory, speaks Spanish fluently. But teacher Mrs. Delores Sloat, who was born in Spain, does not speak English.

Jose Nolasco and his wife, Mercedes, both students here, have six children. They came across a field to the first

class, and Mrs. Flyte, noting they walked timidly toward the building, went outside to greet them.

Student Mrs. Juanita Herrera is the mother of 10 children. Her husband, Augustine, also a student, is working toward his high school equivalency diploma.

With class sessions only two hours once a week, students usually require the Septem-

ber to May period to complete the first book of 30 lessons.

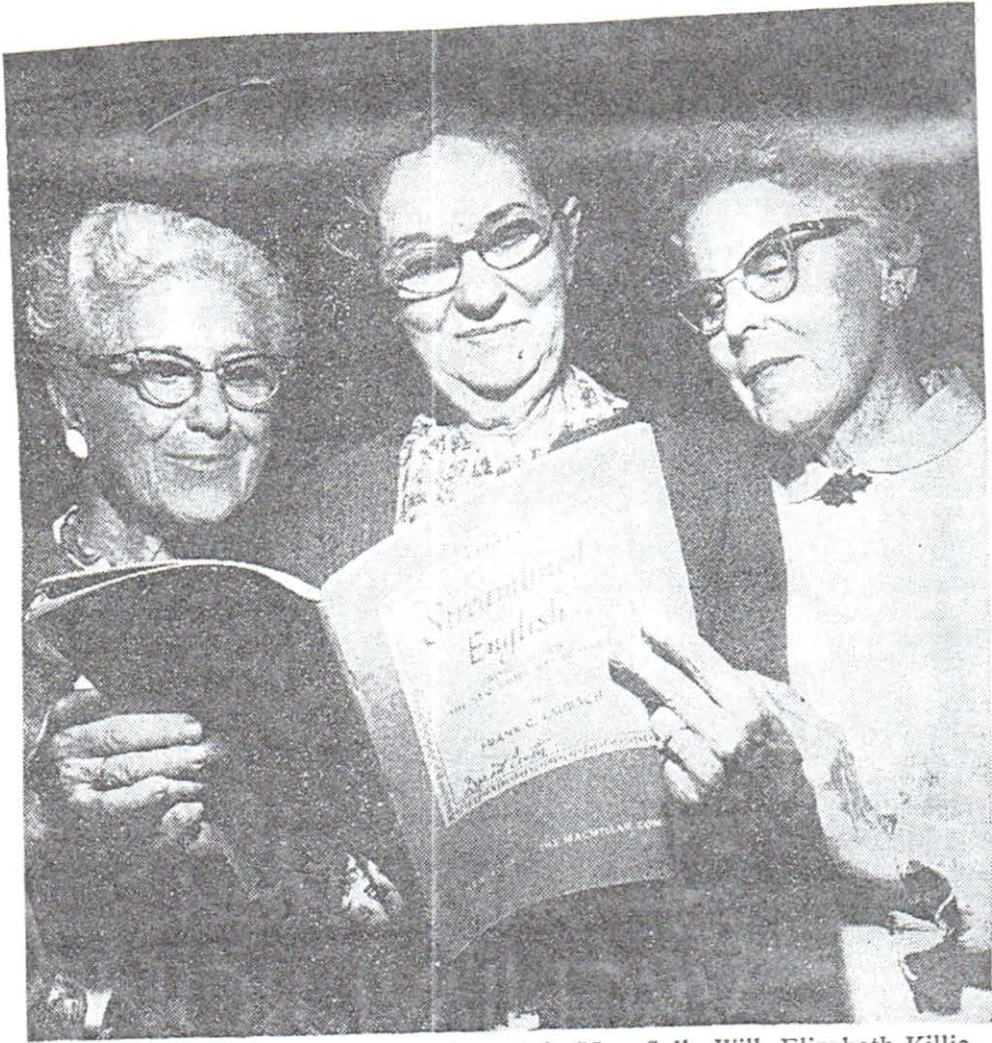
During the night class intermissions, diversion comes through discussion on relevant subjects ranging from Lincoln's Birthday to Cinco de Mayo to items students bring from their homes. During one recess, children of students that meet in another classroom marched in to re-

cite the pledge of allegiance with their parents.

Open house events — where advanced students read a poem, a prayer, or certificates of achievement are awarded — are highlights.

Mrs. Flyte, terming the class an international project, said:

"All of us ought to be doing what we can on the street where we live."



Teacher trio at Dysart School, from left, Mrs. Sally Will, Elizabeth Killie and Mrs. Delores Sloat



Mrs. Jovita Madaco, left, advanced pupil, assists new student, Juanna Garcia, as her son, Jesse, looks on





School director Mrs. Gertrude Flyte at blackboard with student, Juanita Herrera, mother of 10



Classroom time with Mrs. Verda Martin and student, Felipe Gomez, in foreground

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Volunteers are unusual; they give for the sheer joy of it. They don't expect recognition or reward because they find their satisfaction in the service itself and in the appreciation of those they serve — in the smiles they can bring to the faces of the lonely and the ill, and in the results of their hard work. But this week, the red V-shaped ribbons will set them apart as special.

Those of us who aren't volunteers can celebrate those who are this week by saying thanks to the people we meet who are wearing red ribbons and shaking their hands.

And while we're at it, some of us could carry the mood of the week a bit farther and volunteer as well, by calling the Volunteer Bureau of the Sun Cities at 972-6809.

Take it from those who have already enlisted in the cause of community service; there is little that surpasses it for receiving love by giving love.