

Sandy Goldstein

Volunteer

Sun City West resident

Pennsylvania native

Age: "Old enough to live
in Sun City West."

News Sun 1/5/99

Since he retired to Sun City West in 1984, Sandy Goldstein has done just about everything — except set foot on a golf course.

"I'm not well-coordinated," he explained.

It takes some well-coordinated effort, however, to juggle all of his obligations.

Goldstein is president of the Sundome Performing Arts Association — now in the midst of a \$5 million fund-raising campaign to renovate the 20-year-old structure — on the board of trustees of the West Valley Art Museum, a member of the Dean's Council for Arizona State University's College of Extended Education and a member of Sun Health Corporation and a smattering of Sun Health committees.

"All along I've spent my life working with non-profits," said Goldstein, a former

school psychologist and assistant superintendent of schools from New York, "so my interest is in non-profits. They're more service-oriented."

During his working years, Goldstein was involved with mental health concerns as member and president of the Monroe County, New York mental health chapter, and served on a National Association for Mental Health Research Committee with Gemini astronaut Edwin "Buzz" Aldrin Jr.

In 1987 he was elected to the board of the Property Owners and Residents Association and later became president.

Goldstein's sphere of influence expanded countywide in 1988, when he was appointed to the Maricopa

County Planning and Zoning Commission. He served on the board for nine years, two as chairman, and became an integral part of Vision 2020, a long range plan for the county's growth.

That same year he joined the Sun City West Foundation and served as president from 1989 to 1995.

Goldstein and Muriel, his wife of 48 years, have two children.

Thursday, August 7, 2003

SCW Posseman in Honor Guard competition

Leo Flynn, a four-year veteran of the Sun City West Sheriff's Posse is also part of the American Legion Peoria Post with a membership of about 2,400.

Within the Peoria Post (which is the largest in the State of Arizona), there is an Honor Guard which attends funerals for veterans of all the United States wars. The coordinated drill, which accompanies the ceremony, consists of precision marching by the 12 color guard and their commander.

This year, Flynn's chapter has been chosen to compete in the Legion's National Convention in St. Louis representing Arizona.

Officer Flynn, originally from New Brighton, Minn., where he was managing director of a pre-cut home company, has lived in Sun City West for five years. A



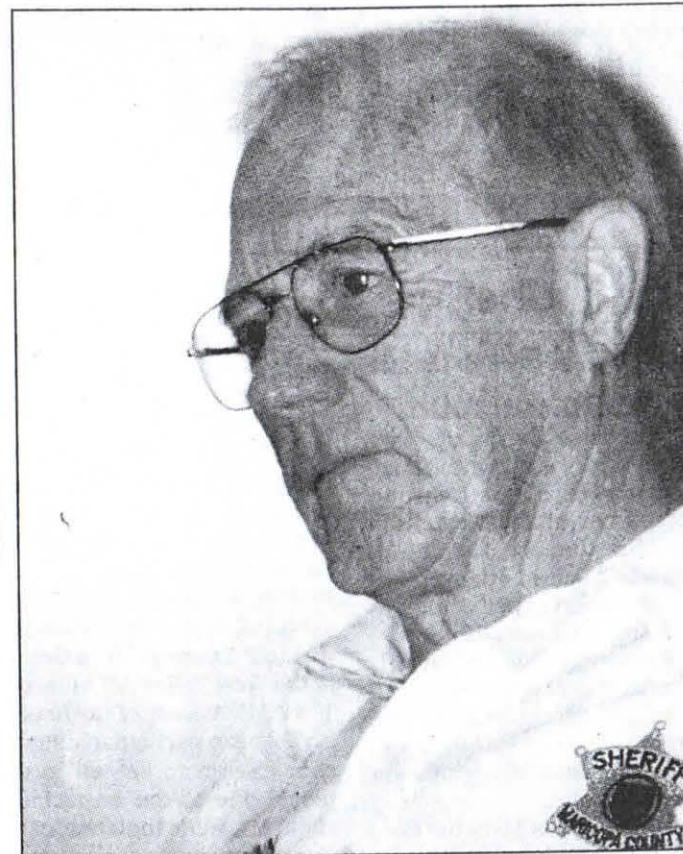
Officer Leo Flynn of the SCW Sheriff's Posse.

father and grandfather, he hopes his group will have the honor of bringing back the winning trophy.

The Legion plans to march in the Sun City West 25th Anniversary Parade in October, hopefully as the 2003 National Champions.

August 6, 2003

SUN CITIES INDEPENDENT



Submitted photo

Meet me in St. Louis

Leo Flynn, a 4-year veteran of the Sun City West Sheriff's Posse and a member of the American Legion Peoria Chapter, will be traveling to St. Louis for the legion's national convention Aug. 22-28. His chapter's honor guard has been chosen to compete in the 2003 National Championship, in the hope of winning a trophy. The drill group also plans to march in the Sun City West 25th anniversary parade in October.

ATTAINING PERFECTION

SC West woman bowls 300 tournament game

By Jeremy Pearlman
Independent Newspapers

Not many athletic feats are considered perfect.

There is the perfect game in baseball and softball in which a pitcher does not allow any batter to reach base. In golf, a hole-in-one could be thought of as a perfect shot.

Then there is bowling perfection, where an athlete bowls nothing but strikes throughout an entire game, 12 in all.

While a pitcher can throw many a bad pitch and still attain perfection in baseball and softball and the perfect shot in golf is typically only hit on certain short-distanced holes, to bowl a 300 game, an athlete needs a flawless performance throughout a series of identical challenges.

In this bowling endeavor there is no margin for error, making it a difficult and special accomplishment when it does occur.

On May 4, Sun City West resident Marie Forman bowled a flawless sanctioned game (a game recognized by one of the official bowling governing bodies) during the 14th annual Sun City Open held at Lakeview Lanes in Sun City.

Having bowled a 300 game once before in an unsanctioned match, this was her first sanctioned perfect game in the 40 years she has bowled.

Days after the event, Mrs. Forman still had trouble believing she did it.

"I never thought I was going to get a 300, but I kept getting strikes," Mrs. Forman said. "After the eighth or ninth frame, I thought I was going to have a



Photo by Jeremy Pearlman/Independent Newspapers

Marie Forman recently bowled a sanctioned 300 game at Lakeview Lanes in Sun City. The Sun City West woman is believed to be the first woman to bowl a perfect sanctioned game in either Sun City or Sun City West.

good game, but I never thought I'd have a perfect game.

"I was just trying to not think about it and take my turn. I knew no one could take my turn for me," she continued. "No one was more shocked than me when the 12th one went down."

Adding to the luster of Mrs. Forman's achievement is the

fact that no other woman has ever bowled a sanctioned 300 game at any of the lanes in Sun City or Sun City West, according to Lakeview Lanes.

"It's just an awesome feeling," Mrs. Forman said. "Sometimes I have to keep pinching myself to realize it's not a dream."

A bowling instructor and program coordinator at Johnson Lanes in Sun City West, she has many friends at the lanes excited for her.

One of the many people to congratulate her was Carol Hamel of Sun City West.

"I only have one gripe with her and that's she didn't bowl it in her own house," Ms. Hamel said in jest.

"She is such a sweet person (but) she's annoying because she's so consistent and because her ball is so straight," said Ernestine Reid of Sun City West, with a laugh. "She is so deserving."

Bowling a 300 game is a difficult thing to do, according to Bernie King, a bowling monitor at Johnson Lanes.

"You have to be darn good and darn lucky at the same time," Mr. King said. "I think she's a very good bowler and a very good person to be around."

Mrs. Forman's 300 came in the third game of a three-game single series tournament.

With the perfect game in tow, Mrs. Forman had the highest totals in the singles tournament with a 690 series scratch score. She finished second in the singles tournament after handicaps were figured in.

In addition to her singles play, Mrs. Forman also bowled as part of the "Fab Four" team in the tournament. Her teammates were Joni Langford, Al Schafer and Stan Smith.

"The best part was my teammates. They did everything right," Mrs. Forman said.

"They didn't make any big deal about it or talk about it (during the game)."

SCW
PERSONALITIES
VF
FORMAN, MARIE

FORMAN, MARIE

DOERS PROFILE



Lenore Forti

Hometown: Houghton, Mich.

Inspiration: My mother, she was always helping someone.

Philosophy: Live in the present. Do all the good you can ... and then some.

Greatest accomplishment: Being instrumental in building the only retirement center in the world for retired secretaries.

Family: No children. Two sisters. Twelve nieces and nephews.

Voluntarism a second career for SCW's Forti

By TINA SCHADE
DAILY NEWS-SUN

For Lenore Forti of Sun City West, being involved has meant more than the opportunity to lend a hand to others. Getting involved, at least for Forti, has lent itself to a lifetime of adventures.

As president of the International Association of Administrative

Professionals, a group fusing administrative assistants, secretaries and other office professionals, Forti has been recognized as a woman of achievement.

In the late 1960s, Forti was one of six women who made a goodwill trip to France and was honored by the French government. In that position, Forti was once a guest at the White House, as well as a guest of Princess Grace at the Palace of Monaco.

Closer to home, Forti has been recognized as volunteer of the month for the Sundome Performing Arts Association.

Since arriving in Sun City West 14 years ago, Forti has been involved with 10 clubs or organizations, including the Singles Club of Sun City West, the Welcome Wagon of Sun City West and Senpark Condominium Association.

More recently, Forti has taken up with the Sun City West Foundation as the corporate secretary and chairman of the emergency preparedness committee.

One of the possible problems the Foundation is preparing for is Y2K.

"I don't think there will be any real problem with that, though," Forti said.

Just in case, the Foundation will be installing a 200 kilowatt generator by the end of June.

Forti has also headed the personal needs committee for the Sun City West Community Fund. The personal needs committee reviews requests from residents in financial straits.

"Some people are choosing between paying for food and medicine," Forti said.

The committee is charged with doling out money in these situations, she said.

But Forti, who grew up in a mining camp without electricity, said the position was more emotionally trying than she expected. This year she switched to the public relations committee.

In addition to her duties with the Fund and the Foundation, Forti also leads the Volunteer of the Month Committee for the Lioness Club of Sun City West.

Forti is also an active member of Our Lady of Lourdes Church where she has served as secretary and president of the parish council, assistant treasurer and president of the Women's Guild, and founder and president of the church's singles club.

"I'm a little bit crazy I guess because I'm a little bit of a workaholic. There's something in me that makes me want to do all these things," she said.

Forti is also listed in the Who's Who of American Women, Who's Who in the Midwest and in the World's Who in Commerce and Industry.

Forti, who also takes dance lessons, said she is thinking of slowing down.

"I think I'm going to retire. I think it's time to let somebody else enjoy these things," she said.

To nominate a Doer, please call 876-2514.

DOERS PROFILE

**Joan
Frear**

Hometown: Fairfax, Virginia.

Family: Husband, five children and 12 grandchildren.

Inspiration: "Satisfaction in giving back some of my good fortune to those less fortunate."

Philosophy: "I am of the opinion that my life belongs to the whole community and as long as I live it is my privilege to do for it whatever I can." George Bernard Shaw from *Man and Superman*

Food for thought: True joy is found in helping others

By MAMIE LIMERICK
Staff Writer

In the current "me generation" society, the road to self-actualization often becomes mired in the quicksand of self-centeredness. Joan Frear has found true joy in life by helping others.

She is active year-round as a volunteer for the Westside Food Bank and is the volunteer coordinator for the annual school food drive in the West Valley sponsored by the Glendale Lion's Club.

"I need to feel useful," she said. "I have such a nice life here and want to give something back to the community. You get so much satisfaction from helping others. I think that's why a lot of people volunteer in this area."

Frear has made it her business to keep busy her entire life. "There's not enough hours in the day," she said. "There's so much to do."

When the youngest of her five children started school, she worked as a school secretary in Fairfax, Va. Her husband, Bob, is a retired high school principal. The couple, who have been married 47 years, met at UCLA, where she majored in English and he coached basketball and football.

The pair weathered the storms of World War II and the Korean War, when Bob served with the Marine Corps. Frear speaks of these days of separation from her husband with the aplomb of one used to personal sacrifice and experience gleaned from a life with a father who spent 34 years in the Marines.

She recalled awakening to the boom of artillery and hails of shrapnel during the Sino-Japanese War. "It all boiled up over the summer," she said.

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Frear also remembers the depression and what it was like to do without.

It is apparent from the compassion she shows for the families who visit the food bank that she hasn't forgotten those days of strife.

"A lot of these people who come in are working. But money is tight. If their car breaks down, the money to fix it comes out of the food budget. Then they have to come to us for help."

The food bank donates a five day supply of food per visit per family. "It's a very worthwhile place to work," Frear said. "The volunteers are very giving and concerned for other people."

This army of givers from Sun City and Sun City West numbers 2,000, she said. There are drivers, packers and office help. Frear lends her literary gifts to the effort by writing news releases and thank-you letters to the food bank's many donors.

For the past 11 years, she has performed in the Sun City West Variety Show. She sings with 200 performers in the show that benefits both Del E. Webb Memorial Hospital and Walter O. Boswell Memorial Hospital.

Frear, a second alto, also sings in the choir of Our Lady of Lourdes Church and in the West-ernaires Chorus in Sun City West. "I love band music and singing," she said.

When she was only 16, she was discovered by the renowned conductor Eugene Normandy of the Philadelphia Orchestra. Normandy spotted her at a war bond concert and was so impressed that he featured her in a performance by the orchestra.

Amid her service at the food bank and singing at charity concerts, Frear manages to play golf twice a week. She keeps in constant contact with her three sons and two daughters by telephone, all of whom still live in Virginia within 20 minutes of each other.

She visits her children and 12 grandchildren twice a year. But life in Arizona has an inescapable pull for Frear and her husband. They moved to Sun City West nearly 10 years ago.

Frear, Joan

Daily News-Sun, Sun City, Ariz. Sat., May 4 and Sun., May 5, 1996

Flag historian salutes Old Glory

Woman provides
standard of facts
to local children

By BRUCE ELLISON
Staff writer

SUN CITY WEST — It was perhaps inevitable that Lea Fry would live just off R.H. Johnson Boulevard, the Memorial Boulevard of Flags.

Fry has become "the flag lady" of this community, a woman whose collection of flags and related material, and whose knowledge of flag history, has made her something of a vexillologist.

That's a fancy way of saying she's a flag expert, and she uses her expertise as a lecturer the flag in area schools and at community meetings.

One of the schools that she has appeared at is Kingswood Elementary School in Surprise. Since 1993, she has presented a program to students about Old Glory and its place in our history.

"Last year there were students from five classes who came. They were so attentive, so interested," Fry recalled, "that I came home so high on the experience that Bill (her husband) had to scrape me off the ceiling."

Fry may be one of the few people who can tell you why we call the flag Old Glory: "It was the name of a single flag, with 36 stars, belonging to a sea captain named William Driver.

► See Old Glory, A5



Steve Chermek/Daily News-Sun

Lea Fry displays a six-by-nine foot, 48-star American flag from 1920 that belonged to her grandfather. Fry has a collection of flags that duplicate standards from Revolutionary times to today's flag. She uses them in lectures to community groups and local students.

over

■ From A1

"His voyages took him all over the world," Fry said, "and with him went the beautiful American flag, aboard his ship the Charles Doggett.

"When he retired, he moved to Tennessee, and Old Glory went with him, where it was displayed on every holiday."

So well known were the captain and Old Glory that when the War Between the States broke out, "Confederate soldiers searched his home several times, but never could find the proud flag called Old Glory.

"When Union forces entered Nashville, Capt. Driver removed the flag from its hiding place inside a quilt, and raised it on the flagpole on

top the capitol building, knowing that both Old Glory and Tennessee had been saved for the Union," Fry said.

The flag is in the Essex Institute in Salem, Mass.

Among Fry's flag collection are three family banners that had been stolen at various times — but each time found and returned.

She also has a 46-star flag, crafted after Oklahoma entered the union in 1907, and only in use until New Mexico, and then Arizona, joined the union in 1912, becoming stars 47 and 48 in the flag.

That flag was a gift from Frank Andrews of the Sun City West Rotary Club, "who found it in his travels and brought it for me," Fry said.

Among her most proud possessions is the flag that flew

over the gatehouse at the John Patterson estate in Dayton, Ohio. Patterson was the founder of the National Cash Register Co. The gatekeeper's son gave it to the Fry family years ago.

That flag, of silk and somewhat fragile, is now framed behind glass.

It also is edged with gold fringe, giving Fry the chance to explain yet another bit of history: A flag does not have fringe or gold bordering.

"Flags fly from flagpoles, or from masts (on ships)," she said. "The devices with the gold edging are technically standards or banners — they are carried or borne, or put into holders at ceremonies," she said, "but they do not fly."

As for the controversial American flag exhibit at the Phoenix Art Museum, Fry just

shakes her head in disgust.

She offers a visitor a pamphlet on flag etiquette and points out a federal law that says it is a criminal act if someone knowingly "maintains on the ground, or tramples upon any flag of the United States" with penalties of fines or a year in prison.

She wonders why federal authorities don't pay more attention to the matter of the museum exhibit.

On her windowsill is a collection of small flags, perhaps three inches each by five inches, that show the history of flags in America.

From the raven flag of the Norsemen around 1100 A.D., to the first Betsy Ross creation, to the rattlesnake's Don't Tread on Me banner, she has them all.

"Why 'Don't Tread on Me?'

" she asks. "It was to show the unity of the 13 colonies. Rattlesnakes were native to North America. They give an audible warning before they strike. But you can't hear the warning from just one rattle. The snake has to grow more. It did the colonies have to grow and work together, and war with Britain," she said.

Those tales, her collection of flags, and more historic anecdotes, apparently a what has earned her the rare attention and interest of elementary school students.

Although several bouts of illness have kept Fry from her educational rounds more often this year than she expects, she stands ready to talk to local groups about her life and hobby. Fry can be reached at 584-8626.

Flag Day is June 14.

SCW

STARS & STRIPES FOREVER

'Flag Lady' instills patriotism in her audiences

By CHRIS RASMUSSEN
Independent Newspapers

Sun City West resident Lea Fry knows her flags.

Whether it's the Union Jack, the Confederate flag of the Civil War-era Dixie or the stars and stripes that inspired the words to the "Star Spangled Banner," Mrs. Fry knows all about the rich and colorful history behind the flags that have flown over U.S. soil.

And she is eager to share what she has learned.

Known locally as the "Flag Lady," Mrs. Fry has presented her extensive collection of American flags to schools, churches and other groups throughout the Valley.

Her collection contains more than 39 American flags, including a rare 45-star flag. Her collection first evolved after she was asked to give a flag presentation to a group of students at

Kingswood Elementary School in Surprise.

"When I finished, the principal came to me and told me I shouldn't put my collection away and that I should give other presentations," she says.

Since first sharing her flags and the stories behind them with those elementary school kids, Mrs. Fry has spoken to more than 2,000 people and given out over 500 small American flags.

American flags have had many different looks during the nation's history. As a result of the vague specifications Congress made for the first American flag, many different variances have occurred over the years.

"When Congress authorized the flag of the United States it did not include what shape it should be — whether it should be round, square or oblong. It didn't specify how stripes



Photo By CHRIS RASMUSSEN/Independent Newspapers

A lesson in patriotism

Sun City West resident Lea Fry uses her collection of American flags to teach others about U.S. history. She has more than 39 different flags, each of which has played a part in this nation's past.

See ■ FLAG LADY, Page 12

Fry, Lea

■ FLAG LADY

From Page 1

should be arranged," she says.

"At that time (mid 1800s) seamstresses and upholsterers usually made the flags," she says. "There were many different types. Some had the stars arranged in any design they wished. Also, they used different types of stars and differing numbers of stripes."

Care and respect of the American flag gets special attention during Mrs. Fry's presentations. Patriotism is in Mrs. Fry's blood.

The granddaughter of a Union soldier who fought in the Civil War, she says the way many people display their flags is disrespectful.

"Flags shouldn't be used as drapes or as a table cloth," she says.

She also says Old Glory should never be used as clothing.

Flag burning also upsets Mrs. Fry, who hands out flag codes to audience members during her presentations. According to recent Supreme Court rulings, flag burning is protected under the Constitution. She believes the practice is wrong.

"I think there are other ways you can express dissatisfaction (of our government) without desecrating the flag. To me, flag burning is an action. It isn't a spoken word. I differ from the Supreme Court," she says. "They didn't ask me."

There are times, however, when flag burning is an acceptable prac-

tice. When a flag becomes old and tattered, it must be laid to rest. Flag burning is the accepted practice of retiring flags.

Mrs. Fry says there are two habits Sun Citizens need to break in regard to how they display their flags.

First, she says that when a flag is flown at night, it must be illuminated by a light. Second, and most important, people shouldn't leave their flags up all the time.

"I'm still learning," she says of her newfound hobby. "I started out with this small display of flags and it just grew. As she began giving flag presentations, audience members would call her for advice.

"Anytime they would see something about the flag, or if they had something in their possession, they would call me. Or if they would see something in a magazine about flags they would call me."

A vexillologist — one who studies flags — Mrs. Fry has received flags from people who find the historical artifacts at garage sales.

At one garage sale, a friend of hers came upon a 49-star American flag — considered a rarity since the Union only enjoyed its 49-state status for a short while. She walked away with the rare banner for \$15.

"Alaska was only a state a short time before Hawaii was a state," she says. "So I know one existed."

ETIQUETTE FOR THE U.S. FLAG

■ It is the universal custom to display the flag only from sunrise to sunset on buildings and on stationary flagstaffs in the open. When a patriotic effect is desired, the flag may be displayed 24 hours a day if properly illuminated during the hours of darkness.

■ The flag should not be displayed on days when the weather is inclement, except when an all-weather flag is used.

■ The flag should be displayed on all special days.

■ The flag should be displayed daily on or near the main administration building of every public institution.

■ The flag should be displayed in or near every polling place on election days.

■ No other flag or pennant should be placed above or, if on the same level, to the right of the U.S. flag, except during church services conducted by naval chaplains at sea, when the church pennant may be flown above the flag during church services for navy personnel.

■ Do not display the U.S. flag with the Union down, except as a signal of dire distress in instances

of extreme danger to life or property.

■ Do not let the U.S. flag touch anything beneath it, such as the ground, floor, water or merchandise.

■ The flag should never be used as a table cover or receptacle for receiving, holding, carrying or delivering anything.

■ The flag should never have placed upon any part of it, nor attached to it, any mark insignia, letter, word, figure, design, picture or drawing of any nature.

■ When the flag is placed upon a grave, see that it will not touch the ground. Do not leave it there indefinitely. In Arlington and other national cemeteries flags are removed the following day.

■ Never destroy a flag in public ceremony. When the flag is so badly torn, soiled or faded that it is no longer a fitting emblem for display it should be destroyed in private, preferably by burning and without ceremony. A torn flag may be mended, or if soiled it may be washed or dry cleaned.

Information provided by the Etiquette of the Stars and Stripes, a publication of the Veterans of Foreign Wars of United States.

Sun Cities set encore production

It's almost show time again in Sun City West.

Riding on the success of last March's performances of "The Tale of Twin Cities," members of the Sun City Community Fund and Sun West Community Fund are planning an encore extravaganza.

Scheduled for Feb. 11-12 at the Sundome, the show is aptly named "The Twin Cities Encore," and again will benefit social service agencies in the Sun Cities.

Already, organizers are working feverishly backstage to ensure every prop and player is in place when the first curtain rises. Among them is **Anne Games**.

If her name sounds familiar, it should. She has performed throughout community theaters in Europe, and brought her talent to Sun City West 13 years ago.

With the help of **Jan Ryder** she formed the Mayflower Players, a troupe made up of American and English performers.

Games also is a member of the Music Makers, a foursome that entertains at local nursing homes. And in March she will help put on an all-female production for the Sun Cities chapter of NOW in honor of "The History of Women" month.

For "The Twin Cities Encore," Games is handling production and publicity behind the scenes, and will sing and act on stage.

"I love the organization that goes on behind the scenes to get the show on the road," she said.

This year's musical spectacle will again be directed by **Christopher Brown** and will feature performers from the Sun Cities.

If ever you've dreamed of being in the spotlight, this could be your chance to be part of an entertainment showcase and help your community at the same time.

Auditions are set for 5 p.m. to 9 p.m. Friday, Oct. 16, at the Stardust Theatre in Sun City West; and 9 a.m. to noon Saturday, Oct. 17, at Mountain View recreation center in Sun City.

Call backs will be from 9 a.m. to 2 p.m. Saturday, Oct. 24, at the Sun City West social hall.

Solo and chorus singers and dancers are needed. Prospective performers must bring their own sheet music, but a pianist will be provided.

Questions? Call 584-2132.

DOERS PROFILE

Anne Games

Vitae Educated in England; co-managed an engineering firm for 25 years with my husband.

Hometown London, England.

Valley home Sun City West, 13 years.

Marital status Married to Larry, 39 years.



Self-portrait I just enjoy life. I'm a truly happy person.

Motto Anybody can do anything. You just have to work at it.

Greatest feat I don't feel that I've achieved anything all by myself.

Walter Mitty fantasy Being able to eat and drink anything I like and remain sylph-like.

Inspiration Author Betty MacDonald. She overcame so much and retained an incredible sense of humor. People who overcome great obstacles and can still laugh themselves and bring humor to the lives of other people.

Good/bad habits I try not to put off to tomorrow the things I ought to do today. That's my good habit. Sometimes I fail. That's my bad habit.

Favorite food/drink I like all food to my cost. For my favorite beverage, as we say in the old country, "a nice cuppa" (a nice cup of tea).

TV programs "Evening Shade" and "Major Dad."

Books at bedside Biographies and autobiographies.

Vacation spot/luxury: I haven't found one yet. For a luxury, having a secretary.

Key to longevity I have no idea. I've heard of so many remedies, but I honestly think we have little control over it. I think it's all in your genes.

Last words I refuse to leave right now. I'm too busy.

GAMES, ANNE

DOERS PROFILE

John
Geyer



Hometown: Thornburg, Iowa.

Family: Married for 44 years to Mary,
one son and one daughter.

Inspiration: The church.

Philosophy: "Just to help others."

Compassion for others drives retiree

By TINA SCHADE
Staff writer

He lived in the mansions of Japanese admirals and worked for one of the most powerful companies in the world.

But John Geyer, a 72-year-old Sun City West resident, never lost his compassion for those less fortunate.

After returning from Japan where he served as an instructor and coach, Geyer worked in management positions for General Motors for 38 years.

But while he was working for the company, Geyer shared his good fortune with others and became involved with the Masons.

In 50 years with the organization, he has filled a number of positions, including secretary.

He also became involved in the High Twelve, an international masonry organization.

After serving two years as vice president for the High Twelve, Geyer was recently installed as president of the Arizona Association.

"I kind of run the show. I have to travel and represent the state at national meetings, like in D.C. I (also) preside over the local meetings," he said.

The High Twelve supports Masonic youth groups through donations and helps to provide scholarships for talented students in the Valley.

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Geyer is also a member of the Sun City West High Twelve Club, a social group which has been active in many aspects of the community, such as donating food to a local food bank.

"We collect money from members, buy rice and deliver it to the Westside Food Bank," he said.

On Tuesday, Geyer, along with other members of the club, will deliver nearly 11,000 pounds of rice to the food bank, which supplies seniors from Sun City and Sun City West with food boxes, Geyer said.

The High Twelve food drives have yielded as much as 10 tons of rice in one year and the organization has donated close to 65 tons of rice in the past six years.

Another of Geyer's projects is helping to provide clothing for the Veterans Affairs Medical Center in Prescott.

About once a month, Geyer takes clothing, shoes and shaving gear to the men and women in the center.

"We take stuff gathered from our home and other members' homes and take it up there," he said.

One year, the organization rounded up about 30 dozen pairs of white socks for veterans.

Geyer is also involved in the GM Club, which has about 300 members and does special needs fund raising for various causes. Earlier this year, members donated \$500 to the flood victims in North Dakota.

Aside from his volunteer activities, Geyer is a member of the Desert Palms Presbyterian Church and served as a ruling member in two previous churches in Michigan and Kansas.

In Kansas, he was unit president of the Shriners, where his Touchdowner Unit sponsored the Shrine Bowl, which raised more than \$50,000 for the Shrine Children's Hospital.

With what little time Geyer has left after his community activities, he enjoys keeping in touch with his family.

"I'm a pretty good family man and I keep in touch with them through e-mail and the telephone," he said.

To nominate a Doer, call Tina Schade at the Daily News-Sun, 876-2514.

Geyer, John

DOERS PROFILE

Jeanie
Gibbs

- Vita:** Homemaker; YWCA executive and hospital volunteer
- Family:** Two children, four grandchildren
- Self-portrait:** "I'm a people person. I like to keep busy doing things with and for people. I'm blessed to have a lot of friends and good friends."
- Inspiration:** My parents. "They lived in difficult times. Both of them were very busy but they always had time for me. They were just wonderful people."
- Motto:** "Large minds discuss ideas. Average minds discuss events. Small minds discuss people."

College knows SCW resident is real gem

By J.J. McCORMACK
Senior staff writer

Jeanie Gibbs has a habit of missing important events in her life — at least the ones where she is recognized for outstanding volunteer contributions.

Of course, she doesn't skip on purpose.

In 1976, Gibbs received the Alumna of the Year award at Rockford College in absentia. The Sun City West resident very much wanted to be on hand this year when she was awarded the Talcott Cross as a lifetime devotee to the Illinois college in the town where she spent most of her life. A nasty fall prevented her from making the trip.

The gold cross offset with diamonds and amethysts, which traditionally is handed to each new award winner, was presented to Gibbs' daughter, Betsy, who attended annual alumni day activities in her mother's stead. The May event coincided with Gibbs' 55th class reunion at Rockford.

The injurious fall that kept Gibbs away from the alumni awards banquet and the reunion in April, didn't rob her of the pride she feels in being recognized by the college she has served in various capacities since her graduation in 1941.

"That's why I got more involved than a lot of other people. I was right there," she said of her hometown alma mater.

Before moving into one of the first houses built in Sun City West in 1976, Gibbs served as the president of the Rockford College Club, as both vice president and president of the college's National Alumni Association and served continuously on the school's charter club. She is a former Southwestern Regional Chair of the college.

Also in Rockford, Gibbs was an active hospital volunteer. She was director of volunteers at Rockford Memorial Hospital her last two years in her hometown. She is a former executive director of the YWCA in Rockford.

Adding the nearly 20 years of volunteer service to hospitals in the Sun Cities via the Sun Health Auxiliary, Gibbs has chalked up 54 years of hospital voluntarism.

She has worked in nearly every hospital department during her volunteer tenure, including a stint as an aide at an urgent care center in Sun City West before Webb hospital was built. Gibbs currently is volunteer chairwoman of the Critical Care Department at Webb.

Gibbs attributes her long tenure as a hospital volunteer to her desire to fulfill a need.

"There always is a need for volunteers in a hospital," she said.

And she gives her all.

"If you're going to join something, don't just join to go to meetings and bake a cake once a year. You go to be a doer," she said.

Gibbs is a member of the Sun City West Pioneers Club, a group of the retirement community's earliest residents that gets together several times a year for social events, and the Sun City West Lioness Club. She is a former water exercise instructor at R.H. Johnson and Beardsley pools and is active in Desert Garden Church of Christ in Sun City West.

Do you know a Doer? Send nominations to J.J. McCormack, P.O. Box 1779, Sun City, 85372, or call, 977-8351, Ext. 208.

Gibbs, Jeanie

Volunteer honored for helping arthritic sufferers

By MARY DUMOND
News-Sun staff

SUN CITY WEST — A local volunteer who devised exercises for arthritis sufferers has been honored for her efforts.

Arabella Gibson, 21019 Totem Drive, recently was named Outstanding Volunteer for the Central Arizona Chapter of the Arthritis Foundation and Outstanding Volunteer from the Director of Volunteers in Agencies, a group of directors from about 50 volunteer organizations throughout the state.

Gibson, herself an arthritic, devised both water-borne and chair exercises to increase the range of joint motion — an important move in freeing arthritis patients so they can move normally again.

She teaches free classes in these therapies, with water exercises at 8 a.m. Mondays and Wednesdays and 8:45 a.m. Saturdays in Beardsley Recreation Center's swimming pool. The chair exercises are held at 10:30 a.m. Fridays in R. H. Johnson Recreation Center's west social hall.

"Water lifts 90 percent of the weight off joints," she said, "so eventually many people can walk in water and extend their activities."

This extension will apply to their ordinary efforts as well.

"In 90 days I can see as much as 70 percent improvement in some people with everything from rheumatoid arthritis to osteoarthritis and what I call 'wear and tear' arthritis."

Gibson herself was injured in a car accident in 1970 that left her with some serious problems, including arthritis.

"I developed these exercises out of my own need," she said. "Every exercise I tried after the accident was too strenuous. And that's what we're trying to do in

the classes — get to the person who isn't ready for strenuous exercise."

Gibson said she has anywhere from 50 to 75 water-class enthusiasts. Some come to every session, others who leave in the summer are faithful class members every winter, and some, like Dorsey Price, 93, attend most of the time.

"He's one of our 'hard-core' students," she said.

On days when Gibson doesn't teach classes, she goes through the exercises herself at home.

"At the pool exercises, I don't usually get into the water, but I direct from poolside," she said.

She developed the "Sit 'n' Be Fit" chair exercises to enable a student to get as full a range of joint motion as possible.

"By the time we're through with one of the chair sessions, every joint in the body has been moved," Gibson said.

Her students go through a planned program of gentle but controlled stretching and limbering movements.

As in any other type of exercise, Gibson puts her students through a warmup period, then the exercises, then a cool-down period.

"Most of our students like to start off the day with these exercises," she said, "because they say if they limber up their joints in the morning, the whole day goes better."

As a result, "some are no longer taking as much medication," she said. "And other students are able to go without it, except for a flareup." She said she belongs to the latter category.

Presenting the director's award to Gibson, Shirley Dunkelbarger said, "Arabella . . . has helped a vast number of people to understand and live with their arthritis."

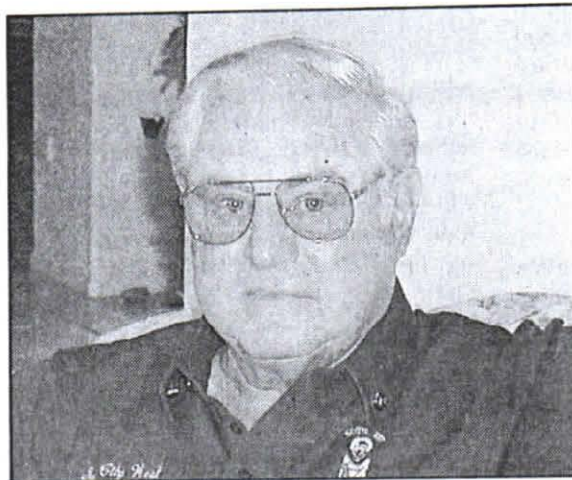
GIBSON, ARABELLA



Arabella Gibson of Sun City West demonstrates two of her exercises to keep joints from stiffening. In the far right photo, Gibson stretches through one of her exercises for chair-bound patients. Gibson, an arthritis sufferer herself, was recently honored for developing these and other exercises. (News-Sun photos by Stephen Chernek)

Volunteer of the Month

• A Program Recognizing the Northwest Valley's Top Volunteers •



Harry Gifford, Sun City West
March 2000 Recipient

Harry Gifford, a volunteer with several Northwest Valley organizations, has been selected as March's "Volunteer of the Month." Mr. Gifford has volunteered his time and energy for a variety of causes the past 25 years; but since moving to Sun City West over seven years ago he has actively been involved with the Sun City West Kiwanis Club, the local food bank and helping underprivileged families and area youths. On Mondays, he and his wife, Phyllis, volunteer at the Westside Food Bank. On Tuesdays, Harry attends his Kiwanis meetings. As the chairperson for the Kiwanis Key Club at Dysart High School, Harry spends his Thursdays at the school coaching students on how to become involved in community service. On Wednesdays he volunteers for Habitat for Humanity in El Mirage. Other activities include volunteering with the Sun City West Sheriff's Posse, ushering at the Sundome Center for Performing Arts, helping out at his church and teaching local defensive driving courses. According to Joe Deblasi, a friend who nominated Harry for the award, "In my opinion, Harry Gifford is the volunteer of the century, doing all of the above and much more without any fanfare!"

April 9, 2003

SUN CITIES INDEPENDENT

A Name to Know

Retired, schmired.

Sanford Goldstein finds so many ways to involve himself in community service, you'd never know he lived in a retirement community.

Mr. Goldstein and his wife, Muriel, moved to Sun City West in 1984 from a suburb of Rochester, N.Y., Mr. Goldstein was invited to become involved with the Property Owners and Residents Association, first as a committee member and later as president. That led him to the Maricopa County Planning and Zoning Committee, where he served for nine years, two years as chairman.



"One thing seemed to lead to another," he said with a laugh.

Then Mr. Goldstein was asked to join the Sun City West Foundation. He served as president of the group from 1989-1995.

A desire to become involved with the arts led Mr. Goldstein to the Sundome Performing Arts Association, where he's a board member, and West Valley Art Museum.

And Mr. Goldstein is one of the Silver Celebration steering committee members.

"For fun, Muriel and I go to Laughlin, but I find being involved with the community very stimulating and fun," he said.

GOLDSTEIN,

SANFORD

PERSONALITIES

SCW

A Name to Know

Sun City West resident **Sanford "Sandy" Goldstein** believes giving back to one's community is essential and he proves it almost every day.



Mr. Goldstein moved to Sun City West in 1984, after a lengthy career as a school administrator in Rochester, N.Y.

On July 4, Mr. Goldstein and his wife, Muriel, declared their independence and moved to the Valley of the Sun.

Upon arriving he made the decision to join Property Owners and Residents Association because it represented the community.

However, PORA was just the tip of the iceberg for what has now become a very long list of volunteer credits for Mr. Goldstein.

Currently, he serves as president of the West Valley Art Museum's board of directors. Something he says has greatly expanded his appreciation for the arts.

Mr. Goldstein also occupies his time, serving as immediate-past president of the Sundome Performing Arts Association, on the Dean's Council for ASU's College of Extended Education, on Sun Health's Community Advisory Panel, as a member of Sun Health Corporation, on Sun Health's Governmental Affairs and Planning committees and also volunteers for Volunteer Placement Services.

Broadened horizons

Voluntarism yields opportunities, new experiences

By JEFF OWENS
DAILY NEWS-SUN

Some may argue that the spirit of voluntarism is waning in the Sun Cities, but it's certainly alive and well in Sanford "Sandy" Goldstein of Sun City West.

His list of past and present volunteer credentials is almost longer than Grand Avenue.

He said he's always done it for "just the satisfaction of working with a number of people and being somewhat productive in the community. I enjoy working with people."

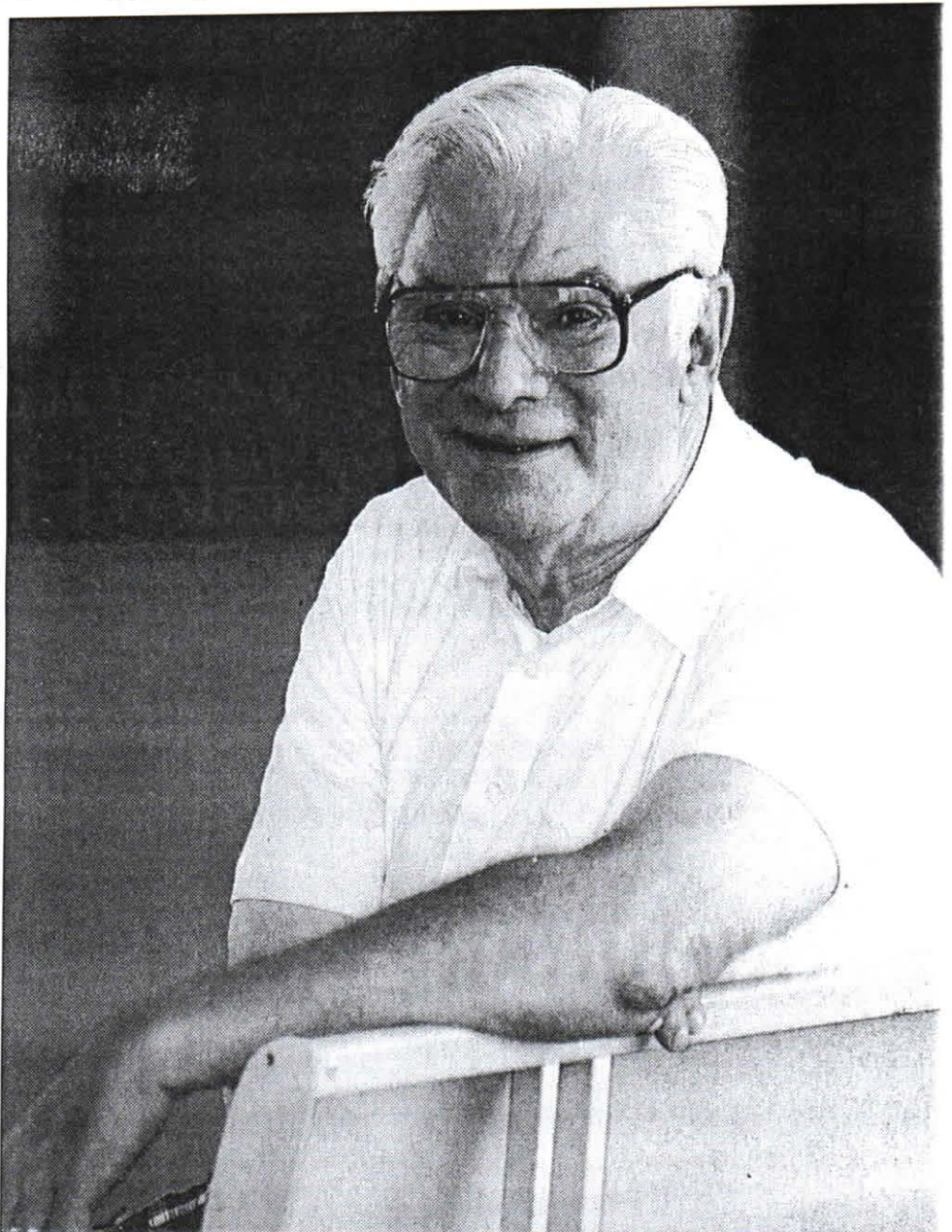
He's productive all right: The Pennsylvania native and 15-year Arizona resident's past list of volunteer activities includes a 34-year stint with School Psychologists of Upstate New York; PORA member from 1987-1998 and president in 1988; Maricopa County Planning & Zoning Commission member from 1988-1997 and chairman in 1991 and 1994; Sun City West Foundation member from 1988-1996 and president from 1989-1995; member of the Peoria Educational Enrichment Foundation from 1990-1995; and Sun City Historical Society member from 1992-1994 and president from 1993-1994.

Currently, he's a trustee of the West Valley Art Museum; president of the Sundome Performing Arts Association; on the Dean's Council of the College of Extended Education at Arizona State University; and member of several Sun Health committees.

He's aware of talk about waning voluntarism, but, as president of the Sundome Performing Arts Association, he sees just the opposite.

"We do very well with volunteers," Goldstein said. "We don't seem to have a major problem finding volunteers."

He's a career educator who is now



Steve Chernek/Daily News-Sun

Sanford "Sandy" Goldstein of Sun City West is an active volunteer, offering his services to many community organizations. A retired educator, Goldstein says his voluntarism contributes to his continuing education.

continuing his own education via the world of voluntarism he's always inhabited.

"It's an education," Goldstein said, "because I'm doing things that are very different from when I was working for a living. It's an ongoing learning experience, it sure is."

"It's a different form of adult education — that's the selfish part of it for me," he added with a slight laugh.

To learn about opportunities for volunteering, contact the Sun Cities Volunteer Placement Services, 546-1774.

National Volunteer week
Saluting America's volunteers

Loving thy neighbor and community spurs the volunteer spirit in the Sun Cities. Thousands of residents give thousands of hours each year to making life better for their neighbors. While the Daily News-Sun recognizes these people every day, we will be focusing on several volunteers and organizations during this National Volunteer Week.

GOLDSTEIN, SANFORD

Feb 7 1996



David Petkewicz / Staff photographer

Sandy Goldstein, Sun City West's unofficial "Mr. Volunteer," is ready to slow down and spend more time on his hobbies and taking trips with his wife, Muriel.

Build a better space

SCW volunteer commits energy to community

By Barbara Deters
Staff writer

Sun City West

When you talk to Sandy Goldstein about Sandy Goldstein, the most frequently used phrase that comes back to you is "I was asked. . ."

It seems Sandy Goldstein was asked a lot.

Since Goldstein retired to this community 12 years ago, he's been an unofficial "Mr. Volunteer" of Sun City West, donating his time to just about anybody who asked him for help.

"I'd love to clone him. If I could do that, I'd create 100 of him," said Chuck Roach, senior vice president of Del Webb Corp. and general manager of Sun City West.

Goldstein has served leading roles in key organizations, most notably the

Property Owners-Residents Association, the Sun City West Foundation, the Maricopa County Planning and Zoning Commission, and the Sundome Performing Arts Association.

But then there's also working Friday nights at bingo, and involvement in the Peoria Education Enrichment Foundation, the Dean's Council at ASU's College of Extended Education, the Sun Cities Area Historical Society, and several Sun Health committees.

Also, for the past two years, he has served as co-chairman of the election committee for the Sun City West Recreation Centers Governing Board and was chairman of that organization's Blue Ribbon Committee.

But at 67, Goldstein says he'd like

to slow down — just a bit — so he can spend more time with the computer and Photography West clubs he belongs to and take day trips with his wife, Muriel.

Goldstein stepped down last month as president of the Sun City West Foundation to take a less prominent role and give time for a good transition to the organization's new president, Lou Lanham. He is serving out his eighth and last year on the board as first vice president.

"Some day, Muriel and I are going to take a day (of the week) off the calendar and do what we want to do," he said.

Fat chance, says Muriel.

"Something always comes up," she said simply.

It's that "something" which keeps

See GOLDSTEIN, Page 3

GOLDSTEIN, SANDY FOR D

GOLDSTEIN

From Page 1

her husband going, Muriel said.

"He would go crazy if he had to sit about the house," she said. "I think I'd go crazy if I had to see him sit around the house."

According to not only his wife, but others in the community who know him, Sandy Goldstein is the kind of man who is very level-headed, doesn't hesitate to share ideas and pours himself into any task that he commits himself + to.

"When he was president of the Sun City West Foundation, he would spend three or four days there," Muriel said. "But that's Sandy. If you're going to do a job, do it right."

Goldstein has always been a volunteer.

The Goldsteins lived in Rochester, N.Y., where he had a 30-year career in education, working through the ranks. He retired early, at 56, as assistant superintendent of the Penfield School District.

While there, he volunteered as chairman of the Mental Health Chapter of Monroe County, and was a member of the research committee of the National Association for Mental Health.

When he retired to Sun City West, the volunteering never stopped. It just changed course.

Goldstein agreed to serve on boards of organizations where he had no history or knowledge.

For example, Goldstein, who had never served in a political capacity, agreed to serve on the PORA board from 1987 to 1989. He was PORA president in 1988, an eventful year in which the board was sued over its deed restriction

changes and the issue of incorporation was bitterly discussed by the community.

He also agreed to serve on the Maricopa County Planning and Zoning Commission, when asked by then Supervisor Carole Carpenter, even though he didn't know a thing about planning or zoning.

But he learned.

"They are things I didn't do in my work life. This was completely alien to me," Goldstein said.

"I'm not sports minded. I'm not well coordinated," said Goldstein, whose only athletic activity in Sun City West was bowling, and he quit that long ago.

"But I'm interested in civic activities. It's selfish on my part because it continues my learning," he said. "I knew nothing about planning and zoning. I don't know everything now, but I know more than I used to."

County officials say Goldstein knows more than he's letting on.

That's because he dives into the job wholeheartedly.

"There's no compensation in this. Some people just read their packet and come in and vote. Others (like Goldstein) spend a lot of time. They go out and meet the people in the neighborhood," said Dick Bryce, chief administrator for Supervisor Ed King. "His method of operation is to try to build consensus."

Goldstein is in his last year of his second four-year term on the planning and zoning commission. He may not want to re-up for a third term, Bryce said, "(but) he's very hard to replace. We will not let him off easy."

November 27, 2002

■ A Name to Know

Jack Graves has spent his adult life fixing things

While his work as an engineer and surveyor compensated him adequately enough to provide shelter, food and clothing for his family of six, it didn't provide the disposable income to hire professional repair-

men to maintain his home. Mr. Graves did all the work himself.



"I had four boys, so I was always broke," Mr. Graves said. "So when things went wrong in the house, I fixed it."

Now retired and living in Sun City West, Mr. Graves has not lost his knack for repairing things — he's just found other homes on which to work his magic.

For the past six years, Mr. Graves has been a handyman volunteer for Interfaith Community Care, repairing faulty garbage disposals, installing ceiling fans and performing countless other tasks for members of the community.

MAY 16-22, 2001

A Name to Know

Sun City West resident **Jack Graves** knows how to use his talents and his tools.

Mr. Graves has volunteered as a handyman for Interfaith Services since 1996, and according to Kelly Ramella, satellite director for IFS, he is "worth his hammer's weight in gold."



After spending 37 years as a construction engineer and surveyor for Union Pacific Railroad, Mr. Graves and his wife of over 40 years, Patsy, moved to the Valley of the Sun.

Ms. Ramella said Mr. Graves tackles up to five handyman jobs a week for IFS, which consist of everything from fixing a sink or television to putting up new fixtures.

Ms. Ramella said Mr. Graves goes well beyond the call of duty for many clients by making trips to the store to buy or exchange needed parts.

Clients also often request his services specifically due to the high quality of work he provides, according to Ms. Ramella.

Mr. Graves enjoys volunteer work because it keeps him busy.

"I like to do it and I like to help people. We all need a little help every once in a while," explained Mr. Graves.

"It keeps me agile for golfing and my mind active so I can argue with my wife," he said with a laugh.

DAILY NEWS-SUN, TUESDAY, NOV. 26, 2002

New GM starts off with call for unity

SUN CITY WEST: George Grimstad looks forward to serving community he calls home

MICHAEL MARESH
DAILY NEWS-SUN

Today, George Grimstad is working as a starter at the North Golf Course in Sun City.

On Dec. 9, he will take over as general manager for the Recreation Centers of Sun City West, a multimillion-dollar operation that is in the midst of conflict and potentially major changes.

"I am excited about it," said the 56-year-old business administrator. "I like people, so I am looking forward to working with staff to help satisfy people."

The man who once worked as director of civilian pay, defense finance and accounting services for the federal government and was responsible for paying the president of the United States will earn \$82,000 a year.

And though two weeks away from starting his new job, Grimstad already has implemented some changes.

He has agreed to forgo a severance package and car allowance, two perks previous general managers have had in their contracts.

"I shouldn't need it," he said of the car allowance. "I only live 1½ miles away."

He will have free use of the golf courses as well as the bowling lanes and other amenities.

Grimstad, who moved to Sun City West in February with his wife, Christy, said he plans on meeting people to establish "common ground" in a community where two factions are battling over whether RCSCW bylaws should be changed.

Grimstad said issues have to be separated from personalities. People, he said, can still be friends even if they disagree on certain issues.

Besides trying to unite the community, Grimstad said he wants to find a way to increase participation in golf and bowling, and keep the centers' buildings in good condition.



Grimstad

From A1

"We have to make sure they are maintained properly," he said, adding he has no plans to lower rec center dues.

To increase participation, Grimstad said, he has to address the Baby Boomers who are moving into the community because most are still employed and do not have the time to enjoy the amenities.

Grimstad was chosen the new RCSCW general manager by a 7-2 governing board vote last Friday following "a lot of discussion," said board President Allen Young.

"We had five very, very qualified candidates. Anytime you have five that are so even like that it gets down to a tough political process."

Grimstad, who applied for the senior business services manager in May, was questioned by the board concerning a letter he wrote to the

Daily News-Sun about not being granted an interview for the position despite his qualifications.

"We wanted to make sure there was no problem," Young said.

Grimstad has a master's in business administration from the University of Denver and a bachelor's in business administration from the University of Texas.

Before moving to Sun City West, Grimstad for two years was employed as director of civilian pay, defense finance and accounting services and was responsible for paying the president, the president's executive office and 680,000 civilian employees in the defense department.

Grimstad's wife works for membership services for the centers but will resign Dec. 6 to eliminate any conflict of interest.

Michael Maresch can be reached at 876-2513 or mmaresch@aztrib.com.

See GM: 56-year-old, A5

Sun City West woman fashions vivid, intricate quilts

Her work will be
on display at West
Valley Art Museum

By MARK CASSIO
Independent Newspapers

She paints with needle and thread.
Sun City West's Sheila Groman, a self-styled quilt maker, creates wondrous artworks with multi-colored fabrics. From desert landscapes to historical scenes to intricate patchwork designs, her fiber-art quilts are as bold and vivid as any painting on canvas.

The West Valley Art Museum in Surprise will feature as many as 16 pieces — many seen in other museums nationwide — during Mrs. Groman's "Visions" show on display Dec. 8 to Jan. 17.

Her works have earned national recognition for excellence and originality and appear in several quilt trade magazines. "Arizona Sunset," "Interlocking Stars" and "Crazy Quilt Recollective" each earned a first-place award at the recent Arizona State Fair.

Mrs. Groman describes her artwork as "original contemporary traditional." She explained her quilting style reflects both the rhythmic and symmetrical appeal of traditional and the fresh excitement of contemporary.

"Perhaps I'm an eclectic fiber artist/quilt maker," she said. "My work can involve geometric, architectural, floral, landscape design and/or surface embellishment. There is no single element of quilt making that can be identified by my name."

Though Mrs. Groman's zeal and aptitude for sewing and art can be traced back to childhood, her

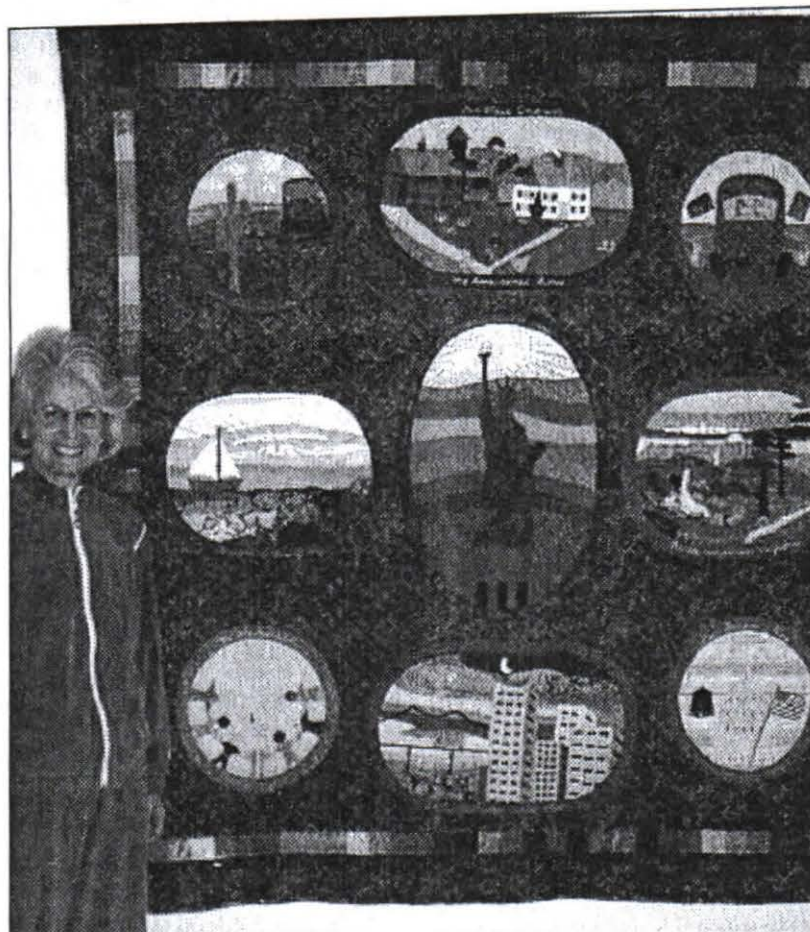


Photo by MARK CASSIO/Independent Newspapers

Sheila Groman, a Sun City West fiber artist/quilter, poses beside "America's Miss Liberty," one of her personal favorites. Many of Groman's fine fiber artworks will be displayed Dec. 8 to Jan. 17 at West Valley Art Museum, 17425 N. 115th Ave., Surprise.

widespread recognition as a fiber artist "just sort of evolved," she said.

"When I first started out, I had no real direction. I didn't set out with a plan. It's funny how things just evolved," she said.

In 1978, about five years after her start in quilt making, *Quilter's Magazine* — one of few quilting publications at the time — printed one of Mrs. Groman's creations.

"That was a real boost to my morale in quilt making and the ability to interest others through my

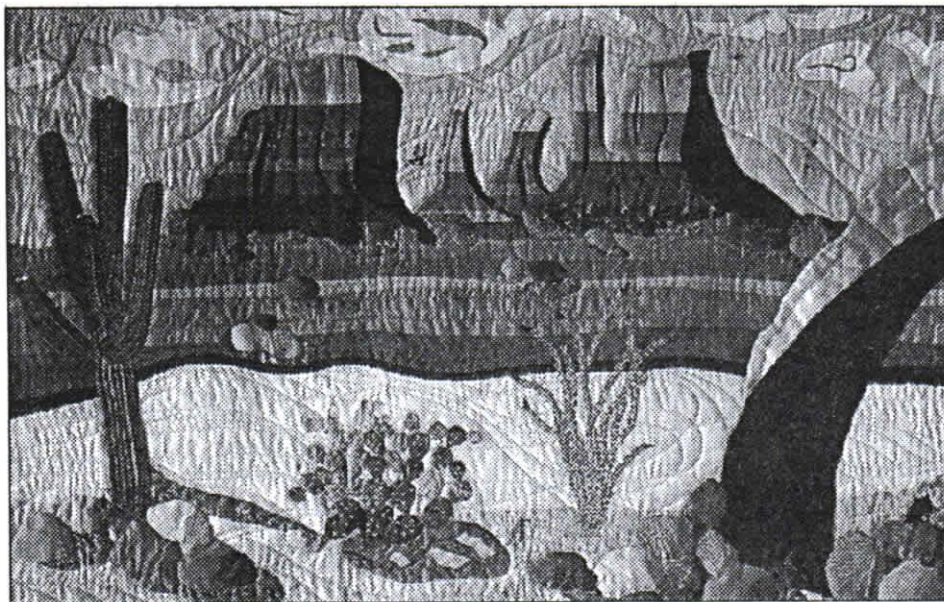
work," she said.

Soon after, she displayed some artwork at the Lowell (Mass.) Quilt Show.

Her popularity quickly snowballed as more and more people told others about the beautiful quilts. Mrs. Groman was invited to participate in larger juried shows throughout New England — a hotbed for quilt makers.

"It just expanded to more shows and more (magazine) articles. It surprised me and got me excited," she said.

(cur)



Tremendous detail exists in Sheila Groman's "Arizona," a beautiful desert landscape scene crafted by quilt making techniques. Groman's fiber artworks have won numerous awards throughout the

That excitement turned to boredom in 1982, however. Feeling she had reached the pinnacle in traditional style, Mrs. Groman sought a new challenge and even considered ceasing quilt making. She decided, instead, to reproduce her own drawings and watercolor paintings as fiber artworks.

Today, her varied works have earned recognition and been displayed in 23 states. She has participated twice in the International Quilt Show, including earlier this year at Houston, Texas, where her

"America's Miss Liberty" competed with quilters from around the world.

"Miss Liberty," originally created for entry into a national competition in New York City, stands among her most treasured creations — though it was not a winner at the New York show.

"It's all about American heritage and the ideals of America. As I created it, I was thinking how mine and my husband's grandparents immigrated to America at the turn of the century," she said.

"It represents a lot of why our families came here and why we think it's such a great country."

"Miss Liberty" since won Best of Show at the New England Quilters Guild and many other awards. It has hung in museums nationwide.

Her "Arizona Sunset" and "Arizona" depict beautiful desert landscapes complete with Saguaro and other cacti and scenic mountains.

Mrs. Groman also lectures and teaches about fiber art and quilt-making.

THE WESTER Thursday, January 4, 2001

Crestview owner: A long journey from Mexico to Sun City West

Experienced restaurateur optimistic, preparing to open soon

By Jack Hawn

A shiny, silver Jaguar was parked a few feet from the entrance to the Crestview Center. It belongs to the new owner, Genero Guizar, born and raised in Michoacan, Mexico, now a successful restaurateur from San Jose, Calif.

Inside, seated at a window table in the spacious, unoccupied Terrace on the Green restaurant overlooking the Hillcrest Golf Course, Guizar was talking about his life, what brought him to Sun City West and his optimistic outlook about his new acquisition.

Son of a farmer and oldest of 13 children (six brothers, six sisters), Guizar bears the demeanor of an ambitious hard-working man who has experienced difficult times in pursuing his lofty, financially risky goals.

But he also gives the impression of having a "devil-may-care" attitude about life, itself, and the future.

At 53, Guizar has helped raise two families. His oldest son, Juan Carlos, 26, is married and works with his father in San Jose; Luis, 24, a UCLA graduate, is a film editor in the movie and TV industry; Genero Jr., 18, lives with his father; and two daughters—Valerie, 15, and Claudia, 12, live with their mother.

Serious and stern-appearing, Guizar seldom smiled and chose his words carefully during the 90-minute interview—except when talking about professional boxing, which he promoted from 1987-90 and from 1993-95 in San Jose. Reminiscing about great Mexican fighters of past years, his face became more ani-

mated, his "guard" lowered.

Guizar, articulate and fluent in English, completed high school in Mexico and obtained a job at a Mexican power company. He came to the United States 31 years ago, at age 22, went to work in the maintenance department at Long Beach Memorial Hospital and ultimately became a U.S. citizen.

Guizar moved to San Jose in the 1970s to work for General Electric. The company sent him to a commercial school for three years to study industrial engineering, after which he worked in the company's nuclear parts division that dealt with foreign countries.

Despite what seemed a promising future with General Electric and an annual salary that reached \$40,000, fate—and a gambling instinct—steered him in another

direction.

After eight years with General Electric, Guizar left to open a small liquor store in a poor section of San Jose, heavily populated by Mexicans.

A winning lottery ticket, as it turned out, changed his life, leading him to a prosperous business career.

"I won a liquor license," he said. "I didn't know what to do with it."

The winning ticket, he said, cost \$6,000. Those with tickets not drawn received refunds of \$5,925 each. Liquor licenses in

See CRESTVIEW, Page 2



Genero Guizar, his Jaguar parked in front of the Crestview building he recently purchased, hopes to reopen the restaurant—dark since June of 1998—within a month or so, when he expects his application for an Arizona liquor license will be approved.

Photos, Jack Hawn

OVER

CRESTVIEW: Owner—From Mexico to SCW, *from Page 1*

California in those days cost considerably more than \$6,000, Guizar recalled.

Having managed to save \$12,000 to \$15,000 a year while employed by General Electric, Guizar had made down payments on several houses in San Jose as investments.

After winning the liquor license, he obtained a loan on one of the houses, made a down payment on a liquor store and struggled to make it pay off.

"I had very little money to buy the items," he said, "two or three bottles of the most popular liquor, mostly tequila and cognacs, some whiskeys. I also had beer and wine. I knew what they (Mexican customers) drank.

"I didn't have enough money to buy big quantities. I picked up the bottles at the wholesale company, would sell that, get the money and buy more."

He opened the liquor store in 1981 and in three years owned a total of four.

"I also started a Mexican restaurant in 1983," he said, "Tacos al Carbon. One of my sisters helped me. I still own it, but I sold all the liquor stores except the original. I sold them to invest in restaurants."

But success didn't come easily. In the mid-1980s a Mexican product distributing company he started folded.

"I found my economic life trembling because of debt," he said. "The small liquor store was constant. It pulled me out. Back then, for me, \$25,000 was a lot. I kept the liquor store for sentimental value. It's part of my body, part of my soul, part of my family."

Guizar said at one time he owned five restaurants, "now only three. I lost two of the leases because they knocked the buildings down to make big electronic buildings."

His chain is called Mexico Lindo Restaurants, but Guizar says the Crestview's Terrace on the Green won't bear that label—rather a name he still hasn't decided on—nor will it serve exclusive Mexican dishes.

"Maybe we will have the 10 best items of (authentic) Mexican food and 20 or 25 other items—pastas, salads, steaks, seafood, desserts, and so on," he said. "I am going to have an extensive menu and maybe a five-member Mariachi band and a trio to change off so people won't get bored."

Still in the process of obtaining his Arizona liquor license, repairing air-conditioners, re-roofing the entire building, remodeling the kitchen, installing new equipment, sprucing up the interior, painting, etc., Guizar hopes to open for business within a month or so.

"We're also working on the banquet facility," he added. "We will rent it out for lunches, dinners, meetings, Sunday services, whatever."

The two existing Crestview building tenants, Thunderbird Travel (recently sold to Carlson Wagonlit Travel) and Ken Meade Rentals will remain, the new owner said.

One might wonder what brought Guizar from Northern California to Sun City West.

"My sister" he replied, "lives in Glendale. She came from San Jose with her husband one-and-a-half years ago. I visited them a couple of times, and she suggested I look around for a restaurant to buy."

Guizar's sister, Oralia Zarate, and her husband ended up buying a Mexican restaurant in Glendale—Mama Lupitas on Glendale Boulevard—and Guizar ended up buying the Crestview Center.

After a frustrating on-off, six-month negotiation, he purchased the property—which cleared escrow last Nov. 13—from a Minneapolis firm (Anxon, Inc.) for \$1.35 million. It had been listed at \$1.65 million. Terrace on the Green has been dark since June of 1998.

Guizar said he is well aware of the restaurant's unprofitable history since the Del Webb Corp. sold the center to the Anthony Mamola family for \$1.25 million in September of 1996. He also is aware of what may be a general lack of community interest in Mexican food.

"I've asked around," he said. "People have told me of the problems. I have confidence, experience in business. I know I can beat the prices of the menus of the area. I'm not impressed by any (restaurants) I've seen."

Guizar said he has sampled a number of them, including a recent lunch at the Bistro in Sun City Grand on the day of the interview.

"They have a brunch for \$17.95, I think," he said. "We will serve a champagne brunch for a lot less than that."



Daily News-Sun photo by Frances Guarino

NUTRITIONIST — Fred Hafner of Sun City West gives many lectures on misconceptions about food. He helped develop uses for the soybean and worked with third-world countries to introduce protein supplements into their diets.

By P. ATWOOD WILLIAMS
Daily News-Sun staff

SUN CITY WEST — Fred Hafner has improved nutritional standards for nations.

The nutritionist practices what he preaches at home and shares his knowledge with others. One of the things he tells people is that it's alright to eat fresh eggs.

"It is when an egg has been dried, powdered or otherwise made into a commercial egg product, that the egg's cholesterol is oxidized and becomes harmful," Hafner said.

"But as long as the egg is kept within its shell, it doesn't oxidize," he said. "That egg may be eaten raw — as in eggnog — or cooked (boiled, poached, fried or baked) and no plaque is formed inside a blood vessel somewhere."

Hafner gives dozens of speeches each year as a retired biochemist, nutritionist, food technologist and product development manager.

He graduated from the University of Buffalo in 1933 and went to work as a control chemist for E.I. DuPont de Nemours. A year later, he became an oilseed processor for Archer-Daniels-Midland Co.

In 1937, Hafner was sent to their plant in Minneapolis where he tried to convince farmers to plant soy beans as a cash crop.

He worked with Dr. James Hayward at the University of Wisconsin. They discovered that steam cooking would convert the protein of raw soybeans into highly efficient, edible soybean.

This product, when supplemented with a source of Vitamin B12 and calcium, became an efficient protein supplement for small animals like pigs, chicken and turkeys.

They also developed a bacon product and spun fibers of soy protein, which were imbedded in a matrix of gluten with added

flavoring to produce the color and texture of chicken, turkey and ham.

"We passed out synthetic ham to 400 farmers who loved the flavor," Hafner said. "Naturally they were worried about us putting the hog raiser out of business."

The product proved to be too expensive to produce.

He was assistant director of biochemical research in the early 1940s and was deferred from military service because of the essential nature of his research on food supplies for the military.

From 1946 to 1971, Hafner worked for General Mills, Inc. in Minneapolis where he developed the market for soyflour products, introduced more than 70 edible and industrial soy products and expanded their soybean sales.

In 1959, he spent nine weeks in India introducing a soy protein as a practical means to stop malnutrition due to protein deficiencies. During his stay, he convinced authorities to build five multi-purpose food factories.

"I got good protein into their school lunches," Hafner said. "The peanut protein was baked into cookies and given with milk from UNICEF also during the school breaks."

He also presented his multi-purpose food to the authorities in Morocco for use in orphanages, convalescent homes and refugee camps.

Some of Hafner's other projects included increasing protein in hotdogs in Cuba and producing a high protein beverage for mine workers in Mexico to increase productivity and supplement their diet.

In a follow-up study of the workers, he was told they were no longer taking a three-hour siesta and were accomplishing in three days what they had taken five days to

do before.

"The Mexicans are still producing the beverage," he said.

Hafner was also involved in developing a line of foods for people with metabolic disorders or inborn errors of metabolism.

"There are those who cannot tolerate large doses of phenylalanine, an essential amino acid," he said. The problem, called PKU, causes brain damage and mental retardation if not diagnosed and treated, he said.

Babies have blood tests before leaving the hospital to determine if they have PKU, he said.

If it is discovered they must go on a diet right away and take "a bad-tasting supplement" up until about age 10 when they finally outgrow PKU. About one in 15,000 children have PKU, he said.

Hafner retired in 1976 and moved to Sun City West in 1981. He lectures on misconceptions about foods and also on "Origin and Nature of the Universe" and "Star of Bethlehem."

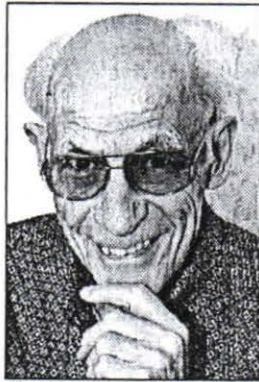
He is an astronomy buff, and this lecture discredits the astronomical claims.

Hafner is active at Belleview Heights Baptist Church. He also walks, bowls, golfs, swims, hikes and bikes.

He said that older people who are well and with no physical or physiological problems don't need to follow limitations for people with high cholesterol levels or high blood pressure.

Hafner sees himself as primarily a dietitian and he encourages diet therapy. For example, to prevent leg cramps, he takes vitamin E and calcium carbonate. And he drinks an energy beverage he makes with chocolate soda or milk.

DOERS PROFILE

W. Ardell
Haines

Hometown: Sun City West

Family: Wife, Wilma

Motto: "To serve and not be served,"
borrowed from the American
Association of Retired Persons.

AARP leader helps revive local chapter

By RUTHANN HOGUE
Staff writer

The Sun Cities have so much to offer senior citizens that local membership in the American Association for Retired Persons is often overlooked.

But Sun City West resident W. Ardell Haines, former state president of AARP, is working with others in hopes of breathing new life into an AARP chapter that had been dormant from 1993 until last year.

"As state president I was distressed that in Sun City West the chapter here was not active," Haines said.

The chapter fizzled out when no one was willing to serve in leadership positions. Rather than dissolve the chapter, Haines chose to put it on a shelf for a couple of years until someone was willing to step forward.

Haines organized an AARP meeting last May shortly before his term as state president ended in June. Between 20 and 25 people attended. From there, a nucleus of leaders was put together, including Jack Dau and Max Trueblood.

"They really have been carrying it from last summer through this year," Haines said.

The group meets at 1:30 a.m. on the fourth Tuesday of each month in Bank of America on R.H. Johnson Boulevard in Sun City West. Up to 40 people have turned out.

This week, the group will officially install new officers including Gerry Leroy as president, Haines as vice president, Eleanor Derge as secretary and Jack Dau as treasurer. A guest speaker from Sun Health will talk on the connection between health and humor. And questionnaires will be passed out to discover what people in the group are interested in doing.

"I think it's important that we get committees going," Haines said.

Daily News-Sun, Sun City, Ariz. Monday, March 31, 1997

Haines was active in AARP in Cumberland, Md., before he and his wife, Wilma, moved to Sun City West in 1988. He joined AARP 14 years ago. He's served in Arizona as state recruitment specialist, where he helped find people to fill positions; district director and community coordinator for three years, and as state training director for the last two years before his term as state director.

"It was a sizeable responsibility," Haines said.

Haines is pleased that the Sun City West chapter appears to be coming around. But he hopes that more of the thousands of national members will become involved locally.

Programs for those who do join locally include 55-Alive defensive driving, Tax Aide assistance from volunteers who help seniors do their taxes, and the Widowed Persons Service to help new widowers and widows make the adjustment.

Lobbyists from AARP also keep a watch on local and national lawmakers to monitor legislation that affects the welfare of senior citizens.

"The chapter becomes a vehicle for social contact, to learn about AARP and its programs, to hear speakers on topics of interest on the local, state or national scene," Haines said. "That's what chapters do."

In Sun City West, unlike most communities, there are many clubs and other outlets where seniors may enjoy social contacts, become involved or volunteer their time. Still, Haines is hopeful that AARP can establish a strong Sun City West chapter.

"I think the potential is here, I really do," he said. "I think AARP is a tremendous organization from national on down. It serves the purpose of bringing together the needs of senior citizens."

For information on AARP in Sun City West, call Ardell Haines at 584-9899 or Jack Dau at 546-5656.

Do you know a Doer? Send nominations to RuthAnn Hogue, P.O. Box 1779, Sun City, 85372, or call, 977-8351, Ext. 208.

SCW

Haines, Ardell



Jerry Hallstrom

FICKLE FINGER OF FATE

There probably isn't a service man alive who hasn't heard or used the phrase: *The fickle finger of fate*.

In Jerry Hallstrom's case, it was a long scar on *his* finger that kept him out of the Army Air Corps, even after he'd passed a battery of tests.

"One of two options, other than the infantry, were the paratroopers," says the Sun City West resident.

"I wanted their training in weapons, demolitions and other areas. They took me."

Jerry was an apprentice tool and die maker for Western Electric in Chicago when drafted in January 1942. After special training he was shipped to New Guinea in the Pacific theater.

Didn't parachute in

Leyte was next. But instead of parachuting in, Jerry's 11th Airborne Division landed on the island's liberated east end.

Marching inland, his unit was amazed to find itself surrounded by Japanese troops and armament, getting hit from all sides.

A highly specialized unit, trained to parachute and fight behind enemy lines, instead spent a month holed up in a steaming jungle. "We had little food, but lots of rain," he remembers.

After U. S. troops cleared the island, his unit began preparing for the invasion of Japan. For Jerry, though, the fickle finger was about to move again.

He was hospitalized with malaria. Then, yellow jaundice and a bad skin problem, "jungle rot," were diagnosed. Flown home, and finally released from a North Carolina hospital, he was serving as a paratrooper instructor when the war ended.

"In as a private, out as a buck sergeant. I saw plenty of combat, but not one of my 13 parachute jumps was into the fighting I expected," he recalls.

Met on blind date

Before being shipped overseas, Jerry married Ruth Koester, whom he met on a roller skating blind date. He returned to Chicago, and retired from Western Electric in 1982.

That December, they visited friends in Sun City West where Jerry played golf, tennis, bridge and bowled. In 1983, they moved to Arizona.

He still plays tennis, and bowls, but golf takes too much time, he says. He and Ruth were recent co-stage managers for Theater West. Jerry has been chairman of the Sun City West Variety Show since 1991, and a backstage worker since 1986.

Did W.W. II change his philosophy of life?

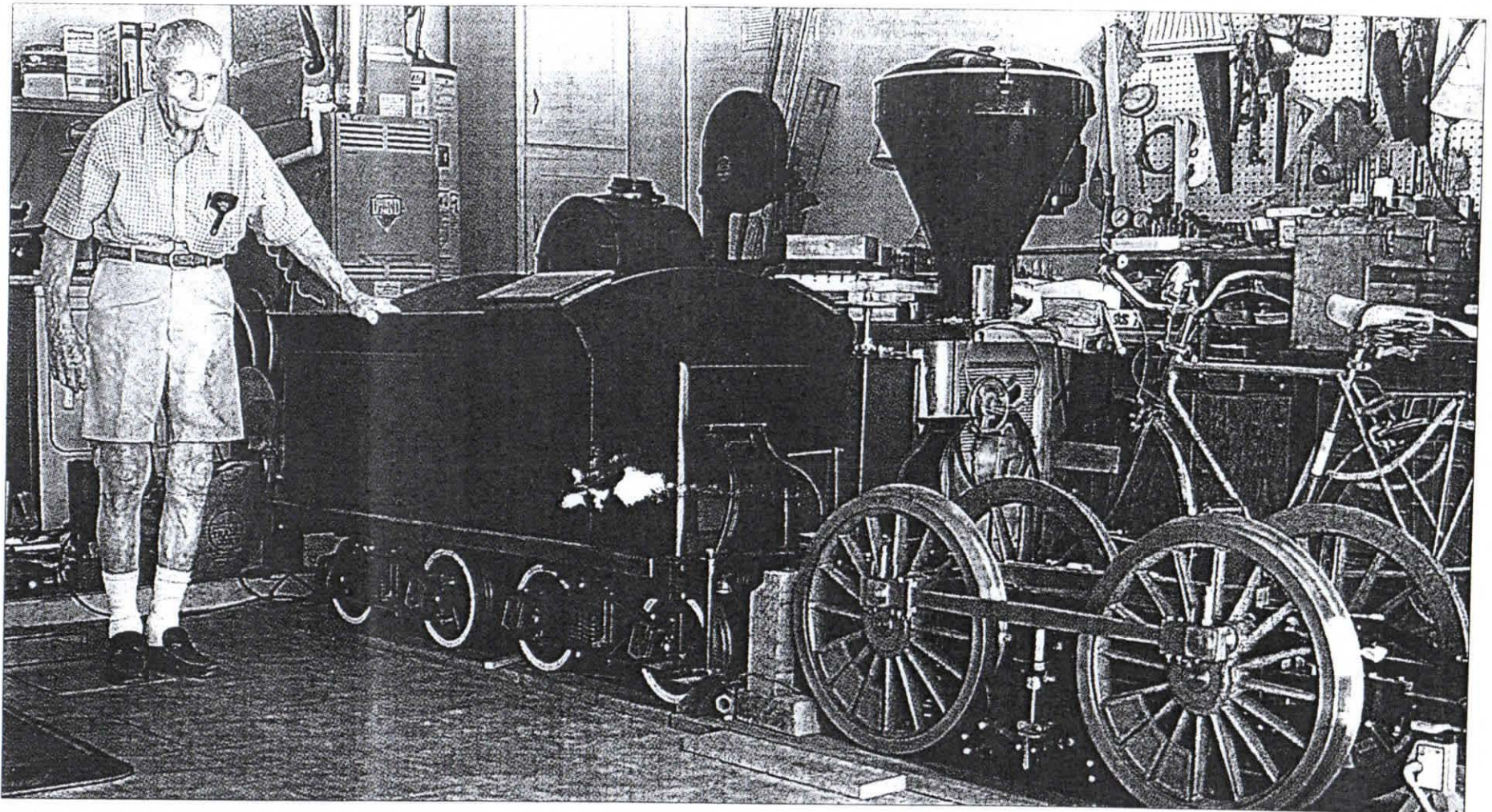
"I'm not bitter, in any way. And I believe my training made me stronger, mentally and physically."

Helping guide, perhaps, that finger of fate, instead of being a victim.

SCW

DAILY NEWS-SUN

MONDAY, SEPT. 20, 2004



Ben Hammer of Sun City West stands next to the tender for the locomotive he is building. The 90-year-old built his first engine when he was 12.

JOY LAMBERT-SLAGOWSKI/DAILY NEWS-SUN

90-year-old hammers away at hobby

OVER

As a child, Ben Hammer loved trains. So he built one.

"My grandfather had some books on trains. I suppose that's what caught my eye," he said.

Now a 90-year-old living in Sun City West, Hammer still has a soft spot for the locomotives, and is building his third engine.

The first engine, built when he was 12, used cylinders from two steam engines his grandfather bought for \$10 a piece. The machine ran on a 2-inch gauge. The second engine, built between 1963 and 1968 with about \$3,500 in materials, was sold to a man to run on his private estate in Washington.

Hammer's newest locomotive and tender, which will require about \$8,000 in materials when all is said and done, will be between a fourth and a third of the size of a real train. It has been in the works since 1998.

All the parts, from the tender and cylinders to the smoke box and boiler, are finished or nearly so, waiting in pieces in his garage and in the Sun City West Metal Club for assembly. Hammer said he believes the train will be finished in about a year.

"I work about four hours a day here, and then when the weather permits, I work a few hours in the afternoon in my garage," said Hammer. "It's a labor of love. I like to keep busy. It's better than watching television."

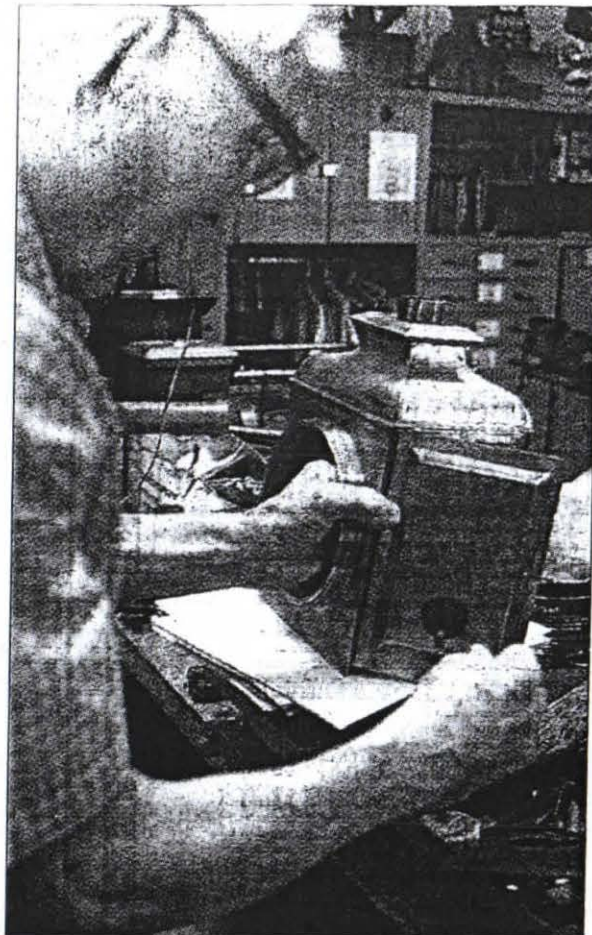
Hammer and his project are widely known at the metal club.

"Everybody loves him," said monitor Russ Neal. "I ask him every day, 'When are we going for a ride?'"

Club Treasurer Don Mellum said club members tease Hammer daily about the locomotive's progress.

"He's just a great old guy," Mellum said.

Hammer, who celebrated his 90th birthday Sept. 10, drew many of the plans for his latest locomotive and has built most of the pieces, with some help from other Metal Club members interested in the



JOY LAMBERT-SLAGOWSKI/DAILY NEWS-SUN

Ben Hammer works on a headlight for the model steam engine he is assembling at the Sun City West Metal Club.

project.

"This guy can be outside grinding with a big grinder and people 20 years younger than him couldn't keep up," said club member Bill Welnik. "I don't know how he does it."

Hammer said the secret to his longevity and health is his late wife Edna's influence.

"I think I'd have been dead by 80 if my wife hadn't said, 'I've got some (health) programs I want to go on, will you go on them with me?'" I said sure. I think your longevity is how you take care of yourself physically and mentally," he said. "In other words, go to the health store and you'll find the secret."

Hammer's grandfather and father lived to be 71. His great-grandfather was 82 when he died, and his mother was 91. "If I get another year in, I'll be up to all my relations, and if I go beyond that, I'll beat them all," he said.

Hammer's locomotive work keeps him fit mentally and physically, as well as socially.

"I like the camaraderie because some of these folks offer to help and I have them do certain portions of it and that helps me too," he said.

Hammer plans to name his newest locomotive "Gus" after Edna's father.

"He died when she was 7," said Hammer, who was married 50 years.

Hammer's creativity hasn't been limited to trains, although he also built a Thom Thumb locomotive and a 70-foot coach car. He built an award-winning model airplane when he was 13, restored a 1935 Auburn Speedster and built a 17-foot mahogany speed boat.

"I've always enjoyed working with my hands," he said.

When he was 19, he built a Loening amphibian model airplane with a six-foot wingspan. He strapped it to the top of his car and drove to the Douglas Aircraft Co. in Santa Monica.

"They hired me right away. That's how I got my first job," he said.

Area residents interested in Hammer's work can stop by the Sun City West Metal Club most mornings and find him hard at work. The club is on Camino del Sol, next to PORA and the Visitors Center.

Katy O'Grady may be reached at 876-2514 or kogrady@aztrib.com.

"It was the highlight of my life. I'll always remember it. ... Without the war, I'd have lived in south Missouri all my life," says Glen Hastings of Sun City West. Hastings was working in civilian construction at the time war broke out. He figured he'd beat the draft by enlisting in the Seabees and helping the military with his building skills.



Peter Schwepker / THE PHOENIX GAZETTE

Sun Citian shunned heroics, helped construct Allied win

By Barbara Yost
THE PHOENIX GAZETTE

In April 1943, Glen Hastings, 24, enlisted his two strong hands in the U.S. Navy's newly formed Construction Battalion.

Those hands had been working diligently in civilian construction on a military base back home in Joplin, Mo. Sure to be drafted, Hastings decided to enlist and follow his cousin into the Seabees. Their logo was a snarling bumblebee in a hard hat.

Hastings wasn't looking for heroics. He wanted to do a good job for America and live to tell about it.

"I wanted to be another face in the crowd and get back home," he said. "I didn't want to be a dead hero."

But while infantrymen and fighter pilots may have had more glamorous war experiences, the work done by Hastings and his fellow Seabees was essential to the war effort.

On the coast of Normandy, they built artificial harbors that enabled Allied tanks, trucks and guns to land on the continent in the summer-long invasion that would free France of German occupation. The 200-foot-long temporary harbors were known as Mulberry's. They were built in

sections in England, brought across the English Channel by ship and reassembled like jigsaw puzzles on the beach.

British Royal Engineers worked alongside the Seabees and built similar piers down the coast.

Seabees also paved the French countryside with mats of wire grating — makeshift landing strips for Allied pilots.

On D-Day, their first efforts to land on Omaha Beach were rebuffed by heavy German shelling. They pulled back and landed successfully the next day. But their beachhead camp remained under constant threat of enemy air raids.

The Germans would strafe the ground while the Seabees were trying to work, sending the Americans ducking under equipment.

The men lived in foxholes and pup tents. They had been given rifles to defend themselves, but so many young recruits turned the weapons on local pigeons that their guns were taken away, Hastings said with a laugh.

Young soldiers in tanks camped nearby spent their energy shooting at German planes every chance they got.

"They'd shoot wild," Hastings said. "They'd shoot at planes already falling. They were so anxious for war."

Working the land, Seabees would often uncover bodies buried in the sand. They were warned not to wander the beach.

"Some guys would go looking for souvenirs and step on land mines," he said.

His unit stayed in Normandy for two months, then returned to England when the Allies were able to take over the natural harbor of Cherbourg.

"It was enjoyable, really. You didn't have time to worry about much. You were working daylight to dusk ...

"It was the highlight of my life. I'll always remember it. I've still got my dog tags. Without the war, I'd have lived in south Missouri all my life."

After the war, Hastings worked for a construction company and then went on to a satisfying career in education, teaching woodworking and carpentry. He and his wife live in Sun City West and will be traveling to Normandy for anniversary events with an alumni group from the University of Iowa, where Shirley Hastings earned a master's degree.

War changed America, he said.

"I changed, too. I was just a little ol' kid, and it opened my eyes up. It broadened my horizons."

DOERS PROFILE

Bob Hart

Vitae Attended Northwestern

University, Evanston, Ill.

and worked 45 years for

Sears, Roebuck and Co.

Hometown Deerfield, Ill.

Marital status Married 46 years to Martha.

Valley Home Eleven years in Sun City West.

Self-portrait Persistent, energetic, extrovert, community minded.

Motto Repair the world, starting at home.



Greatest feat Convincing Martha, a Southern Belle, to marry me. Helped revive tennis as a team sport in the Dysart Unified School District, helped establish the Interfaith Thanksgiving Day Service in the Sun Cities.

Walter Mitty fantasy To take a world cruise.

Inspirations Jewish background in the reform movement with its emphasis on social action.

Good/bad habits Highly motivated/Overextend myself.

Favorite food/drink Meat and potatoes/Milk.

TV programs A news hound.

Books at bedside Newspapers and news magazines.

Vacation spot/luxury Visiting our sons/Privilege of doing community work at a leisurely pace.

Key to longevity Watch food intake!

Last words Enjoy life and those around you.

In addition he's a board member of the Valley Citizens League, a grass roots, non-profit organization that reviews Valley-wide issues, such as transportation, education, ethics and government, human service, environment.

To fill his spare time, he serves as a member of the Optimist service club, is a member and former president of the Sun City West Racquet Club and immediate past president of the Council of Service Clubs of the Sun Cities, which represents 25 or more service clubs.

"I've had this compulsion to bring people together in service to others," Hart said.

He credits his spiritual foundation in the Reform Jewish tradition that has stressed the social vision of Judaism rather than the ritual.

"My wife says I like attention, but I hope it's from my religious upbringing," he said.

Hart's favorite Bible reference is Micah 6:8.

The prophet Micah is the first of the great biblical teachers to emphasize ethics, he said. In the 8th century B.C., Micah said, "... to do justly, to love mercy and to walk humbly with God."

In his effort to live up to his faith, Hart said, he's given service to his fellowman and to his community a high priority in his life.

Hart's community service prompted his hometown of Deerfield, Ill., to name him Citizen of the Month in 1978. At the end of the year, he competed against other citizens of the month and was named runner-up for Citizen of the Year of Metropolitan Chicago.

Musicals have attracted Hart since he was a young man. He performed with the Chicago Comic Opera in a 1936 Gilbert and Sullivan production and in "Dark Victory of 1944," a benefit revue for the American Red Cross. Performing in "Dark Victory" with Hart were Staff Sgt. Tony Martin and Cpl. Henry Mancini.

He pursues his entertainment interests today through the Temple choir, the Westernaires Chorale group and Sun City West variety shows.

Hart has community in focus

To say Bob Hart is in the thick of things is an understatement.

I can't call him Mr. Sun City West, but only a few would disagree that he wouldn't have a good shot at the title if there were one. There simply aren't many pies in town that don't reflect his touch somewhere.

Just to list his affiliations will fill several paragraphs. He is president of the Sun Cities Television Production Club and a planning committee member of the Property Owners and Residents Association of Sun City West.

His board memberships include Reform Temple Beth Shalom in Sun City, the Maricopa County Northwest Chapter of the United Nations Association, Westside Food Bank and the Sears Arizona Retiree Club.

HART, BOB

MAY 3-9, 2000 — SUN CITIES INDEPENDENT



James Healy, Sun City West
April 2000 Recipient

James Healy of Sun City West has been chosen "Volunteer of the Month" by Volunteer Placement Services. A volunteer with the American Association of Retired Persons Tax Counseling for the Elderly program, Jim has taken a seasonal job and turned it into a year-round commitment. According to Peggy O'Neil, local coordinator for the TCE program, the program "would not be successful without Jim." He works with the Computer Club of Sun City West to arrange for facilities, set up the hardware, install the necessary software and generally keep things running smooth throughout the tax season. Jim also trains other tax counselors and oversees electronic filing - which this year saw over 800 electronically filed tax returns! In addition to helping out with AARP, Jim volunteers with his local church, the Computer Club and at the Westside Food Bank. "Jim is a valuable asset to our community and certainly to our TCE program," adds Ms. O'Neil.

Monday, Feb. 23, 1998

DOERS PROFILE

Lil Hilburgh



Hometown: Bardonia, N.Y.

Family: Husband of 51 years, Harry,
and three children

Greatest feat: Raising my three beautiful chil-
dren, all of whom are involved
in education.

Philosophy: Helping others by staying active
in the community.

'Enchanting' volunteer works for kids, vets

By TINA SCHADE
Staff writer

When she lived in the Northeast, Lil Hilburgh helped children prepare for the future while preserving the memories of the past.

In New Jersey, Hilburgh, a former teacher, taught students the importance of American history through her volunteer efforts with the Organization for Rehabilitation and Training at the high school level.

When she moved to the Southwest, Hilburgh taught people the benefits of healthy living.

In New Mexico, Hilburgh trained as a master gardener for the Cooperative Extension Service.

Through Cooperative Extension Service at the University of New Mexico, Hilburgh taught classes on keeping the environment green and clean through insecticide-free gardening.

Hilburgh also volunteered for the Organic Growers Association. She lectured on the importance of healthy living and was elected president of the organization just before leaving New Mexico.

But it wasn't until she arrived in Sun City West in 1992 that Hilburgh began to wield influence in all these areas and then some.

After leaving the Land of Enchantment in 1992, she experienced something almost equally as charming when she discovered her Sun City West neighbor was also from New Mexico.

Their encounter was the beginning of the New Mexico club and the start of Hilburgh's four-year reign as the club's president.

Hilburgh has been involved in other projects since arriving in Sun City West as well.

She has volunteered in the medical outreach program with Del Webb Hospital helping nurses in outlying areas where children had no medical services.

She's served as president of the Jewish War Veterans Auxiliary in Sun City West and was a docent for two years at the Sun Cities Museum of Art.

But most of Hilburgh's time is dedicated to working for veterans' recognition.

She has been heavily involved in the American Legion Post 94 Auxiliary and has even taken her mission to the streets.

In conjunction with other Legion members, Hilburgh petitioned the Del Webb Corp. to name a street in honor of local veterans.

"The majority of people in this community are veterans and it is very important to them. It's the only street in Sun City West or Sun City with a street named for veterans," she said.

As the children and youth chairwoman for the Legion auxiliary, Hilburgh decided to take her message of freedom to local classrooms.

"I believe in the country and we would not be here if it weren't for the veterans. We would not have our freedom," she said.

About two weeks ago, Hilburgh witnessed the fruition of a two-month long project known as the Plastic Jug Program.

Students filled more than 800 plastic gallon containers with colored water to form a 28-foot by 30-foot representation of the American flag.

"I am very proud of our sixth-grade students in Nadaburg and the fifth-graders in Surprise Elementary School," she said.

"I love the children. I think they are fantastic. The children are terrific, talented and smart," she said.

Hilburgh became involved with the organization through her husband, who is a World War II veteran.

"My involvement with the American Legion Auxiliary has been an exhilarating one. I have done many projects through the auxiliary, working for the veterans in need and working with the schools and I am looking forward to many more years of volunteering in the community," she said.

SCW

Hilburgh - L11

September 4, 2002

■ A Name to Know

Mary Hirt recently assumed the chairperson position for the Sun City West Parkinson's Support Group.

Neither afflicted with nor giving care to someone who has the disease.



Mrs. Hirt was asked by members of her church to become involved with the group because of her nursing background.

With the group's monthly meetings being held at her place of worship (Shepherd of the Hills United Methodist Church in Sun City West) and having had a grandfather who was stricken with Parkinson's disease, Mrs. Hirt accepted the invitation.

This position continues her longtime work as a volunteer.

"I've been a volunteer since I was in high school. I started out as a candy-tripper at a hospital," Mrs. Hirt said. "My upbringing and Christian beliefs taught me that I really need to give back to society and care for people."

February 12, 2003

■ A Name to Know

One of the co-chairs of the Sun City West Silver Celebration, **Dee Hjermsstad**, just doesn't seem to understand retirement.

Mrs. Hjermsstad came to Sun City West 18 years ago with her husband, Sig, from the New York City area, where she was a marketing director. She then worked as marketing director for America West Airlines for two years.



"I retired 'for sure' in 1990," she says with a laugh. But it wasn't long before Mrs. Hjermsstad was back on the job, this time as a volunteer.

She served as president for two years of the American Association of University Women. She was a member of the Recreation Centers of Sun City West Governing Board for three and one-half years and president for one. After that, she became co-chair of the Silver Celebration committee.

"I plan to spend more time with my husband once the Silver Celebration is over," she said. "I also would like to take advantage of the many club activities in Sun City West I haven't had time to explore."

HJERMSTAD, DEE
VF
PERSONAL FILES
SCW

A Name to Know

Dee Hjermstad, new president of the Recreation Centers of Sun City West governing board has kept busy since moving to the area in 1985.

She is or has been a member of the American Association of University Women, Sun Cities Symphony Association, Christian Science



Church, Sun City West Racquet Club and Briarwood Country Club.

Married for 50 years to husband, Sig, the Hjermstad's have two children and six grandchildren.

Her past two years on the Rec Centers board have been spent as Public Relations Committee Chairman. Now, in her final year she will serve as president.

"The Rec Centers is the heartbeat of this unique and special community," Ms. Hjermstad said. "People come here from all over the United States and Canada to live a full and active life."

Before retiring to Sun City West, Ms. Hjermstad was a freelance market researcher in Chicago, head of a library district, public relations director for Printronics Corporation, account executive for Dial America and a marketing manager for America West Airlines.

Today she spends her time with hobbies including tennis, bridge, gourmet cooking and books.

Daily News-Sun • Thursday, Feb. 1, 2001

Writers invited

Sun City West woman wants to unite authors

BRUCE ELLISON
DAILY NEWS-SUN

Diane Holloway is looking for a few good writers — published writers with books to their credit.

A psychologist who's written three books, Holloway, a Sun City West resident, knows there are more writers out there.

She says "probably 25 or 30 of them now live in Sun City West, but few people know them or what they've written."

That's why she's trying to organize an author's group and bring those writers and their works to public attention.

There are regular authors' luncheons in Sun City, she said, and the writers there have held book signings and even collaborative sales of their works.

"I'd like to do the same thing here," she said.

Indeed, during the Sun City 40th Anniversary celebrations last year, Sun City's Bell Library organized regular meet-the-author luncheons, said librarian Chuck Youngman.

His library has a list of books by Sun City authors, and copies of some of their books. Included are books on Korean War history; dog and cat care; James



Whitcomb Riley's poetry; constitutional law, and more.

In Sun City West, known authors have written about swans, early mining history, the Kennedy assassination and memoirs of the pulpit. Residents also have produced several cookbooks.

One resident whose specialty is congressional history has compiled two scholarly tomes on votes for Congress over 200-plus years.

While librarian Marcia Lea in the R.H. Johnson Library in Sun City West is pretty sure she has some books by her community's authors, the library has no list that specifically identifies those writers.

She's encouraged Holloway in

See Call goes, A5

From A1

the quest to compile author lists and to make the local writers better-known.

"We try to remember, but we don't always know of the local connections," Lea said. Like Youngman, she'd like a local author listing for reference use.

Holloway doesn't want to limit her new authors' group to Sun City West, and would prefer to include residents of Sun City and Sun City Grand.

If there's enough interest, there will be a meet-the-authors session at the Sun City West Community Services Building in late March, she said.

Tentative plans call for sales tables, discussions with the authors and book signings, and a series of 15-minute talks by the writers. She'd also like to see a similar meeting in November.

Holloway asks that those who have written books and

want to know more about the group and its plans call her at 546-8026 for details and let her know what works they have produced.

Many Sun Cities residents have done writing that was published as books, Holloway said. That includes numerous articles in scholarly journals by retired professors, and pieces in technical magazines by now-retired engineers, scientists and researchers.

But Holloway's interest is in people "who have their own books on the table somewhere, ready for the public to read."

Authors, she says, "are sometimes introverted, and don't seem to want to do a lot to publicize themselves or their books."

Publishers these days don't do much promotion either, Holloway said, except for potential runaway best sellers.

"We need to make ourselves better known," she said.

OVER

Order comes easily in hobbyist's 'home'

This is my home." Bill Holly makes no bones about it: He lives in his garage. This is where Holly spends nearly all his time, he said, the place where it all comes together: hobbies, collections and chores.

Holly's garage has an interesting shape. It's about 20 feet wide, like most two-car garages, but instead of being the normal depth, this garage is a full 32 feet deep, the result of removing a small back room and incorporating it into the garage space.

This extra, back part of the garage, which is about 4 inches higher than the parking area, forms a roomy workshop. It's tiled with linoleum and includes a broad worktable right in the center.

Holly's garage is spotless and orderly, a working garage that's still neat enough for company. The parking-area floor is perfectly clean, despite the small car and pickup truck that are parked inside. There's not even any dust. All the household items are neatly stowed in cabinets that cover one wall. Tools are hung in an orderly fashion on a pegboard.

"I could come out here blindfolded and find anything," said Holly, 64, who lives with his wife, Patty, in Sun City West.

And because it's so neat, there is a deceiving amount of interesting stuff that's hidden in plain sight. Like the barbed-wire collection.

Lots of guys bring home bits and pieces of barbed wire. Some even collect it in something akin to an orderly fashion. But Bill Holly has it down to an obsessive art.

Hanging on one wall is a mounted collection of 41 strands of barbed wire, much of it dating well into the 19th century. This is a collection that wins prizes, taking two back-to-back blue ribbons at the Arizona State Fair.

Working for many years for the Arizona Game and Fish Department, Holly had the opportunity to glean bits and pieces

IN THE GARAGE



BOB GOLFEN

The Arizona Republic

Tell us your stories

It could be about a unique solution to a storage problem, the garage as a hideaway, or maybe something about a garage that's a studio by day and a car barn by night. The only restriction is that the garages still have to be garages, with opening garage doors and such, and not converted into permanent living space.

So call me, Bob Golfen, at (602) 444-8106, contact me by e-mail at bob.golfen@arizonarepublic.com, or write me in care of The Good Life, The Arizona Republic, P.O. Box 2245, NF-18, Phoenix, AZ 85004.

of barbed wire from all over the state. What started as a chance encounter with pieces of antique wire became a passionate hobby in itself, Holly said as he fingered the pages of a thick book on identifying barbed wire.

Patty Holly has enjoyed this hobby, too.

"We belonged to a barbed-wire club for years," she said.

The pieces of wire, each exactly 18 inches long, are beautifully mounted on a nicely finished slab of lumber, revealing another one of Bill Holly's hobbies, woodworking. He's made some of the furniture in their home.

Similar to the barbed-wire board is a collection of dated nailheads from old telephone poles, along with a few ancient license plates that gained a hard-rust patina from decades of Arizona weather.

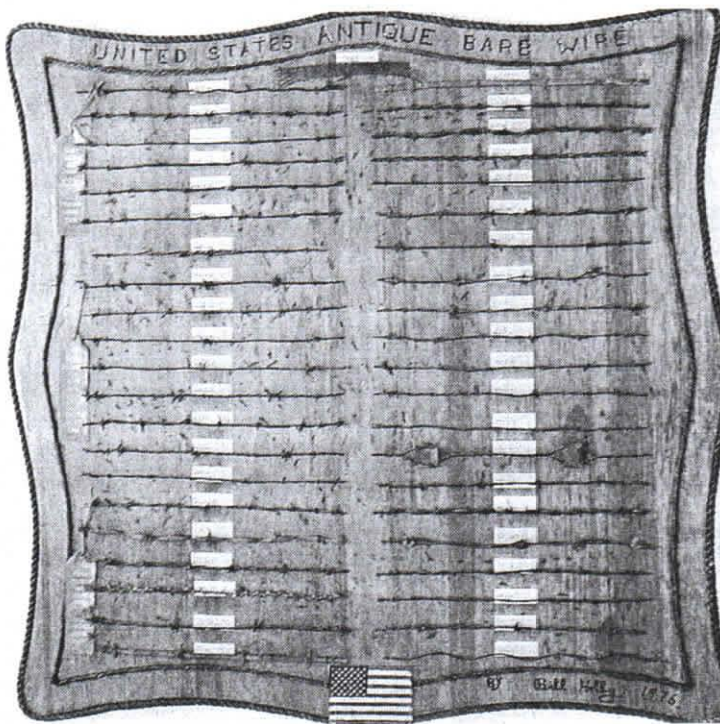
Some other things that Bill Holly picked up when he worked with Fish and Game, and later with the Maricopa

(OVER)



Photos by Bob Gollen/The Arizona Republic

Bill Holly stands in the workshop area of his spotless, well-organized garage. "I could come out here blindfolded and find anything," says Holly, 64, who lives in Sun City West.



Holly's award-winning barbed-wire collection includes pieces that date well into the 19th century.

County highway department are big hunks of petrified wood and many colored-glass bottles, including some that have turned purple or iridescent with age. Also, antique tools and other objects picked up along the way. Some of these

items are artfully displayed in the back yard.

Patty plays up the role of long-suffering wife, but you can tell by the twinkle in her eye that she loves every minute of it. He stands by and grins when she makes fun of his ob-

sessive neatness and endless collecting.

Here's another collection: hats. Most of these billed caps date back to Bill's Game and Fish days, and there are about 50 of them. But he's devised an interesting way to display them, as well as keep them out of the way.

Using wire and clothespins, he's attached them all to the inside of the garage door so that when it's shut, they all lie neatly against the door, and when it's open, they all hang down from overhead.

And, unlike most people's hat collections, his is dust-free.

Another thing that happens out in the garage is something that Bill and Patty do together. Seated at the broad table in the workshop area, the Hollys work on stained-glass projects, everything from plaques and standing figures to ornate lampshades.

"We make most of our Christmas presents," Bill Holly said.

Of course, all the glass and equipment, including a special grinding wheel, store neatly under the table, out of sight.

Because Bill Holly likes things kept neat and orderly, and his garage shows it.

June 18-24, 1992

THE WESTER

Keith Hook Volunteers Engineering Skills

Story & Photo,
Marie Scotti

Keith Hook and his wife Eleanor have been residents of Sun City West since February 1987. Their previous residence was Moraga, California. They are the parents of four children, one boy and three girls, and are proud grandparents of three granddaughters.

Keith has been dedicated to making the Sun City West community a better place in which to live. It would be difficult to count a day when Keith hasn't touched lives of residents, either directly or indirectly.

He served as chairman of the Planning, Properties

and Water Resources Committee of the Recreation Centers of Sun City West, and chairman of the Bylaws Task Force. Keith served as a member of the Advisory Board 1989-91 and was vice-president in 1991. He also was a member of the Governing Board and Executive Committee in 1991.

His pre-retirement experience as an engineer and knowledge of construction management for 35 years proved invaluable to the committees he served on. Local organizations like non-profit and public ones rely on unpaid



Keith Hook

individuals like Keith Hook to assist them in providing many needed services. Keith has been enjoying a highly positive

KEITH HOOK
Continued on Page 6

OVER

KEITH HOOK.....Continued from Page 1

outlook on life. His enthusiasm, reliability and a belief in the organizations he serves proves very rewarding.

Keith has worked tirelessly as a volunteer in a wide range of other community activities. He worked on houses for Habitat for Humanity in 1989-1990, and assisted with the addition to the Dysart Community Center.

He has been a member of Board of Directors of Centro Adelante Campesino and involved in the Building Program in

1990-92. Currently he is a member of the Board of Directors of SCW Community Fund.

Keith is a native of Osborne County, Kansas. He has a BS Mechanical Engineering from Oregon State University and an MBA Business Management from Golden Gate University, San Francisco.

Keith has found various outlets for his talents, skills and interests and the community is indeed the beneficiary of his volunteerism.

Thursday, March 10, 2005 THE WESTER

Republican group honors Hubbs as Arizona's top businesswoman

Ex-state representative to attend congressional dinner in Washington

By Jack Hawn

Former Sun City West Recreation Centers' Governing Board president and Arizona State Representative Carole Hubbs will be dining with Pres. George W. Bush Tuesday in Washington, D.C., but, as she quipped, "I'll probably need binoculars to see him."

Hubbs recently was named the National Republican Congressional Committee's Business Advisory Council 2004 Businesswoman of the Year—an honor bestowed on only one woman from each state.

A Business Advisory Council release stated that Hubbs was appointed to serve on the council "in recognition of valuable contributions and dedication to the Republican Party."

"Ms. Hubbs...is expected to play a crucial role in the Party's efforts to involve top business people in the process of government reform."

"Ms. Hubbs, who has long supported Republican ideals," the release concluded, "will be a key member of the Council."

Acknowledging she is pleased by the recognition, Hubbs said, "It gives me more credibility with the (Arizona) Legislature regarding Sun City West. Even



"It gives me more credibility with the (Arizona) Legislature regarding Sun City West...."

—Carole Hubbs

though I can't be a lobbyist, I can go down (to the State Capitol) as a member of the community or just a citizen."

Hubbs plans to leave Monday for Washington, where she will attend the National Republican Congressional Committee dinner at the Hilton Hotel. The "Tax Summit and March Dinner," as it is labeled, begins Monday and concludes Tuesday with an all-day and evening session that includes a "Businessman of the Year Award Ceremony" and dinner with the President.

"I worry about us as a community," Hubbs said during a brief phone conversation Monday. "There's a movement across the United States. The eventual end will be back to private property rights, and we will not be able to enforce CC&Rs. I want to lobby the Legislature as a resident."

Asked if she would do any lobbying in Washington, Hubbs replied, "Sure, I will do anything I can do...This really is for the community."

HUBBS,
CAROLE

Personalities

SCW

SCW

CHRISTMAS GIFT

Bowler's life changes on Arizona day trip

MARC BUCKHOUT
DAILY NEWS-SUN

A day trip to Arizona changed Don Huke's life.

LOCAL BOWLING

Huke and his wife, Marie, were en route from Tennessee to California to celebrate Christmas with their son when on a whim they decided to spend a day in Arizona.

Apparently the couple had a pretty good day.

When the two returned to Tennessee, they told friends about a small purchase on their way home: a new house.

"There were so many options of things to do it was almost overwhelming," Huke said. "All the golf, all the clubs, there's pretty much a club for any hobby you could possibly imagine."

One of Huke's hobbies is bowling and he'll be honored for his contributions to the sport as one of two inductees into the Bowlers Association of Sun City West Hall of Fame.

Huke and Vivian Rendes will be inducted during Sept. 23 ceremonies in R.H. Johnson Recreation Center.

Huke, who carries a 170 average in three leagues, will be enshrined for his meritorious service to bowling in Sun City West.

The Boston native is in his third year as the marketing committee chairman of the Recreation Centers of Sun City West bowling committee.

"Our main goal is to promote our leagues and try to get more players involved," said Huke, who helped distribute fliers to prospective bowlers this summer. "I really enjoy the sport of bowling, but more than that I enjoy the people I've met."

Marketing is Huke's specialty.

SCW BOWLING HALL OF FAME

WHEN: 11:30 a.m. Sept. 23

WHERE: R.H. Johnson Recreation Center, 19803 R.H. Johnson Blvd., Sun City West

2000 INDUCTEES: Don Huke and Vivian Rendes

FYI: The 11:30 a.m. induction ceremonies will be followed by a no-tap bowling tournament. At 3:30 p.m., there will be a celebration picnic in the sports pavilion. Picnic tickets are \$4.50 per person.

A marketing major from Babson College in Massachusetts, Huke's jobs took him and his family around the country, featuring stops in New York, Maine, Massachusetts, Connecticut, Wisconsin, New Jersey and finally Tennessee.

The Hukes moved to Arizona in 1992.

Huke also spent two years as the bowling committee treasurer, a job that is now held by Cindy Arendale.

"There's a lot of work being responsible for the funds that come in and dealing with all the paperwork, but Don does a good job with whatever he does," Arendale said.

That kind of responsibility earned Huke his hall pass as a member of Sun City West's Class of 2000.

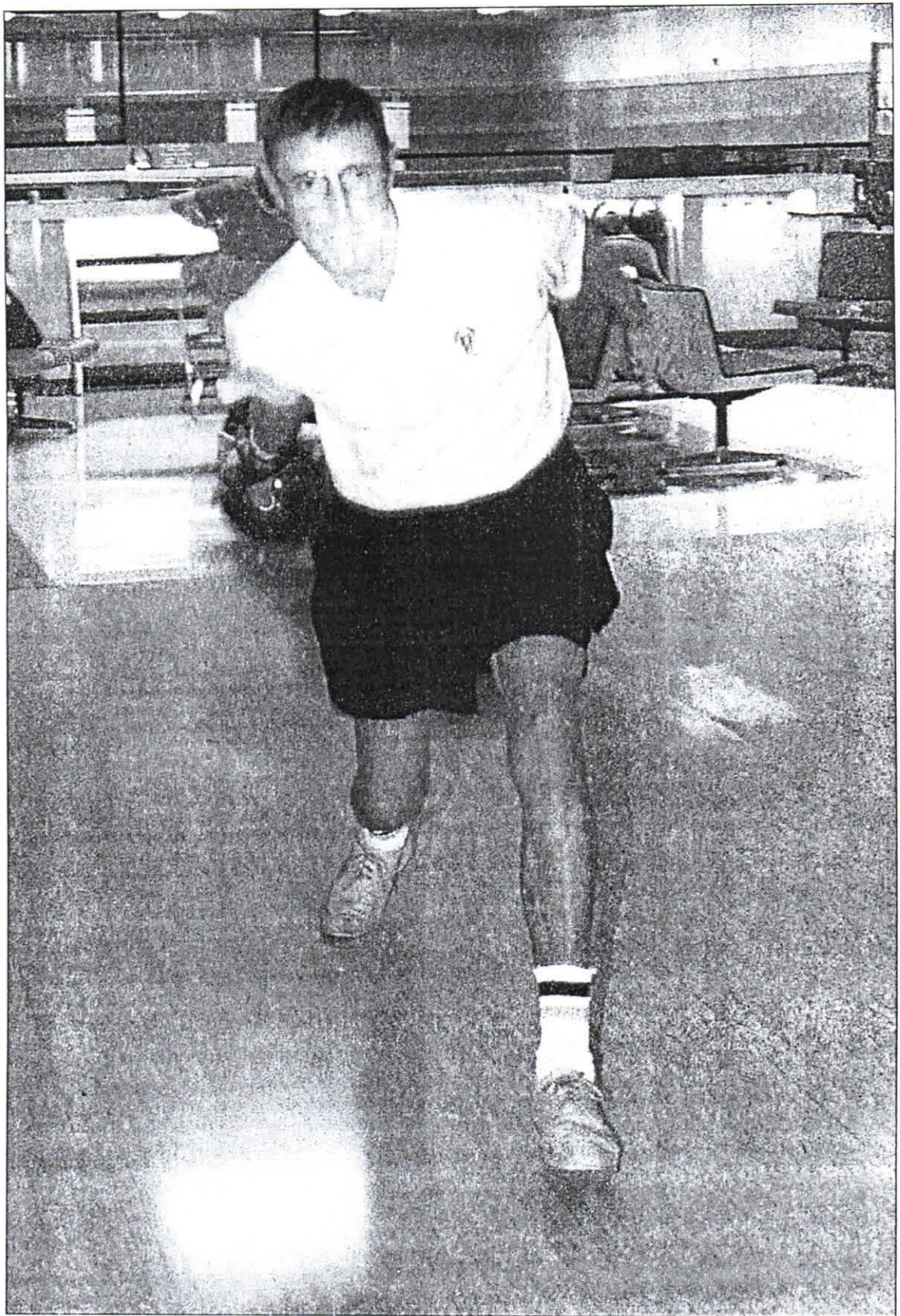
"I knew that the people on the boards were doing a lot of work for us and I wanted to give something back," said Huke, whose personal best is a 279 game. "Then to get an honor for doing something like this is just great."

Marie said the hall of fame induction validates her husband's hard work to promote bowling.

"I was just thrilled," Marie said of the news of her husband's upcoming induction. "I know how hard he works and was very excited."

Editor's note: The Daily News-Sun will feature Vivian Rendes in an upcoming edition.

OVER



JOY LAMBERT/DAILY NEWS-SUN

Don Huke displays his bowling form in R.H. Johnson Lanes in Sun City West.

DOERS PROFILE

Stanley Hungerford

Vita: Vice president and division manager of Kroger Food Co. in Memphis, Tenn.; former president and 14-year board member of United Way in Memphis.



Hometown: Born and raised in Madison, Wis.

Family: Wife, Dorothy.

Self-Portrait: "Hard worker; I think I strive real hard to be the best in whatever area I work in."

Motto: "Whatever job you do, do it the best you possibly can. That's the best motto to live by."

Greatest feat: "Becoming a vice president of my company and general manager of my division."

Inspiration: "My minister when I was a young boy, my high school football coach and the former president of my company."

Key to longevity: "Keep working."

Retired executive cherishes role in fund raising

By J.J. McCORMACK
Daily News-Sun staff

In Stanley Hungerford's line of volunteer work, giving is on par with receiving. Hungerford has given countless hours in volunteer time over the years, primarily raising money for worthy causes.

"I have a great deal of fund-raising experience," he said, understating what has been an avocation much of his life.

The United Way was Hungerford's cause while climbing the corporate ladder of a food company in Memphis, Tenn. He was on the board of the human-service umbrella organization for 14 years and served as its president one of those years.

Since moving to Sun City West 14 years ago, the Sun Health Foundation has been his primary cause. He has served on the board of the fund-raising arm of the Sun Health health-care services provider since 1983, after helping the foundation organize a PGA senior golf tournament. The foundation sponsored the tournaments for five years and now, with Hungerford's help, sponsors two Ping Arizona Classic golf tournaments annually.

Hungerford was a charter member of a group that landed the PGA tour for Memphis. That experience was known to his niece, Jane Har-ker, volunteer administrator at Walter O. Boswell Memorial Hospital, and communicated to Sun Health Foundation officials.

At least that's Hungerford's best guess as to how he got involved so quickly and so deeply with Sun Health. He served as the foundation president in 1987 and was the general chairman of the fund drive to finance construction of Del E. Webb Memorial Hospital.

Hungerford currently serves as chairman for Sun Health's \$12 million "Campaign for 'Caring.'" The campaign has raised a little over \$11 million to date for six Sun Health capital projects. It has Hungerford making regular speeches and personally contacting prospective individual, corporate and foundation donors.

"I thought when I moved here my days of being very active were over. But because of the joy of doing these types of things and because I feel I had some ability in that area, I guess I fell right back into it."

Hungerford attributes the Sun Health Foundation's fund-raising success over the years to area residents who have a keen interest in the quality of health care in their community.

"People out here are more interested in the hospital and their doctors than they are with any other fund-raising activity," he said.

Boswell and Webb hospitals have been the catalysts for growth in the Northwest Valley retirement communities, Hungerford said. "Without the hospitals, there really wouldn't have been much interest."

Sun Health hasn't usurped all of Hungerford's time and talent. The retired corporate executive was a charter member of the Sun Cities chapter of the American Heart Association and is chairman of the stewardship and finance committee for his church, Bellevue Heights Baptist.

An avid golfer and occasional bridge player, Hungerford is a past president and longtime member of the Lakeview Rotary Club and has been active in fund-raising activities for the club's charitable foundation. He was the second person to hold the office of president at Briarwood Country Club in Sun City West.

Hungerford said he never tires of fund-raising activities.

"It's something I really enjoy and I believe in it. I think more people ought to become involved in supporting worthy institutions."

HUNGERFORD, STANLEY

James Jacobs dies in No. Carolina

James W. Jacobs, age 81, died last week, at Greenville, S.C. Memorial Hospital. Born in Dayton, Ohio, October 21, 1918, he was the son of James Madison Harrison Jacobs and Ruth Ann Vantilburg. He as a graduate of Steele High School and the University Dayton with Bachelor of Science in Mechanical Engineering. He served in the US Navy in the South Pacific during WWII.

Jacobs retired from Frigidaire Division of General Motors in 1976, as manager, Special Engineering Projects after 40 years of service. He was awarded over 200 patents during his tenure with Frigidaire. Jacobs was an active member of Grace Methodist Church in Dayton until moving to Arizona in 1981. He was the founder of the National Aviation Hall of Fame in Dayton, Ohio, where he served as president, trustee, executive adminis-

trator, and chairman emeritus.

His interest in aviation stemmed from his father's association with the Wright brothers and his boyhood memories of their exploits. He was personally acquainted with the first men to fly, the Wright Brothers, and the first man to land on the Moon, Neil Armstrong. Jacobs and his wife, Betty, moved to Sun City West in 1981, and enjoyed a very active retirement until moving to Greenville, SC., in September of 1999.

In Arizona, he was a member of the Shepard of the Hills United Methodist Church, Kiwanis Club, Briarwood Country Club and several other community service and aviation related organizations.

In lieu of flowers, memorials may be made to the National Aviation Hall of Fame, PO Box 30196, Dayton Ohio 45437.

SCW woman wins Ms. Senior title



JOY LAMBERT/DAILY NEWS-SUN

Diane Shapiro Jager, Ms. Senior Arizona 2001, demonstrates her artwork during the talent competition Saturday night.

STATE PAGEANT: Event honors women 60 and older — Age of Elegance

JEANNE WINOGARD
DAILY NEWS-SUN

Sun City West's Diane Shapiro Jager was selected as "Ms. Senior Arizona 2001" Saturday night at the Sundome Center for the Performing Arts amid cheers from the audience and the cheerful cry of "Grandma!"

The elated but humble 63-year-old said afterward, "This is just amazing. I didn't think I was going to win!"

Dressed in a red spaghetti-strapped chiffon gown glimmering with a chevron pattern of red beads, Jager's brown eyes and salt-and-pepper shoulder-length hair were shining.

"Live with the values you've been given by your parents and family — and stay off drugs," said Jager simply when asked what



JOY LAMBERT/DAILY NEWS-SUN

Diane Shapiro Jager of Sun City West is crowned Ms. Senior Arizona Saturday by Cathy Emma-Urban. At left is Esther Kelter of Surprise, the 1999 winner.

See 63-year-old, A5

OVER

From A1

she would advise today's teen-agers. The former Californian, who is married, spoke from experience as a mother of eight and grandmother of seven, many of whom ran to the stage to hug her after she was crowned.

Jager, a volunteer for the Center for the Blind, is legally blind. But that hasn't crushed her passion as a painter who works the details of her floral impressionistic paintings using an oversized magnifying glass.

Red seemed to be a magical color for her during the evening's competition, as she sported a red beret during her talent presentation. Dressed as a "Parisian artist," Jager displayed her paintings on an easel as she explained how she chooses themes by responding to texture and color — and what she has learned about color with the demise of her eyesight.

"Red is not just red — it is orange, yellow, green, white, even a bit of purple," Jager said.

"We're to walk the path of our humanity. I believe in and live social action." Jager is a member of the Jewish

women's fund raising and social service organization, Hadassah. She also volunteers with the Westside Food Bank and Lions Club.

While pageant promoters are quick to dismiss outer beauty as a criterion, each contestant was far from ordinary in her physical appearance.

Ms. Senior Arizona finalists are first runner-up, Mary Mitchell, 64, from Cave Creek, who also won the "Best Philosophy" award; second, Mary McCaskill, 78, from Scottsdale, who also won the "Dr. Lois Ruth Bartell Motivation" award; third, Sylvia Paterno, 60, of Phoenix; and fourth, Maria Onsguard, 81, of Scottsdale. Special awards went to Gloria Stakemiller, 62, of Paradise Valley, "Miss Congeniality"; Carol Dianne Evangeline, 63, of Phoenix, "Most Elegant" award; and Beverly Judd, 63, of Phoenix, "Best Talent". Among the evening's guests was Ms. Senior America 2000, Patti Gallagher of Palm Desert, Calif. "Representing senior women in our new role is society is the best thing," said Gallagher. "We are much more respected than we were 30 years ago, when a woman over 60 was just supposed to

sit in a rocking chair." Gallagher should know, having sung at the White House last December.

Also visiting the Ms. Senior Arizona pageant for the first time was Louise Ferla, vice president of Senior America Inc., which started the pageant 20 years ago.

The evening marked a final walk down center stage for Cathy Emma-Urban as Ms. Senior Arizona 2000, whose bright blue eyes and shoulder-length brunette locks were accented by a glittering fitted turquoise gown.

Emma-Urban sang a snappy song she composed for the event — "Nifty Fifty" — now airing on sponsor radio station KOY, whose announcer Danny Davis shared the evening's introductions with the event's founder and promoter Hedi Headley.

"The second half of life is the most exciting," sang Emma-Urban enthusiastically, who expressed appreciation to Headley and her business partner Helen McKnight, event producer. Together, the two started the Arizona pageant 12 years ago.

After crowning Jager as Ms. Senior Arizona 2001, the event's music director

Johnny Harris sang the pageant song as Jager blew kisses to the audience of approximately 1,200 while being escorted twice down the catwalk by sponsor Jim Preuter from AAA Travel.

As the winner, Ms. Jager and her husband will receive a 10-day cruise through the Panama Canal, courtesy of AAA Travel. Ms. Jager also received a pageant "cameo ring" designed for this event by Donna Cliff of Schmieder Jewelers of Sun City.

Judges for the event included Nancy Peterson, AM 1230 KOY Radio; Surprise Mayor Joan Shafer; David Jankus of AAA Arizona; Lawannah Curry of Bethesda Gardens; Donna Ausmus of Holiday Corp.; and Jim Kleine of the Daily News-Sun.

SCW man takes active role in community

By MIKE GARRETT
Daily News-Sun staff

SUN CITY WEST — Activist, defined as a person who takes direct action to achieve a political or social end. The term applied to M.J. "Morey" Jensen long before he retired to Sun City West in 1984 after a 37-year career with Bell Telephone Co.

Jensen said he has been an activist most of his life.

Jensen's reputation for getting things done and epitomizing the spirit of Sun Cities volunteerism dates to the late 1950s and early '60s when he had a hand in getting the Nebraska State Highway Department to change its freeway designs to make them safer. He was also involved in improving consumer product labeling and industrial pollution throughout his



Jensen

career.

During his Bell Telephone career, Jensen was a Yellow Pages Directory division sales manager and overall trouble-shooter.

He said one of his biggest accomplishments was being largely responsible for computerizing Northwestern Bell's Yellow Pages Directory sales in Nebraska, Minnesota, Iowa and North and South Dakota. He also helped computerize AT&T's New Jersey operations.

Because his work often involved so much research, Jensen says he is a firm believer in thoroughly investigating and documenting an issue before taking a stand.

A good example was when the Property Owners and Residents Association began to study the pros and cons of incorporation before the 1989 community vote on the issue.

Jensen, the immediate past PORA president and current first vice presi-

dent spent considerable time then interviewing Sedona and Litchfield Park residents and city officials after those cities incorporated to determine whether they felt they had really benefited from incorporation.

"If there is anything I can do to make something more efficient, that's what I like to do and have tried to do," he said.

One of his priorities is to work on the image of Sun City West and develop a closer relationship with organizations in other cities and towns.

He is PORA's representative with the Northwest Valley Chamber of Commerce, the Sun City West Businessman's Association and the Western Maricopa Coalition.

Jensen, also a member of the Sun Cities President's Council, the Northwest Valley Community Council, Valley Citizens League, is actively involved in the Sun City Rotary Club and has been board president of the Sun City West Lord of Life Lutheran Church.

Jensen serves on Del E. Webb Memorial Hospital's board of directors because he is concerned with rising health care costs.

"I get involved in community interests," said Jensen, 65. "I like it here, I like the people and think we have the greatest place in the world to live.

"We all want to keep it safe, clean, nice and pleasant here and need to work together to accomplish that," he said.

His peers and those he has worked closest with, recognize that quality in Jensen.

"I've found Morey to be a tireless worker on behalf of the organizations he serves in the community," said Chuck Roach, Sun City West general manager. "He gives 110 percent in all his efforts and is a man who is full of great ideas and a lot of energy. He's flexible, knowledgeable and very easy to work with."

"He has been the kind of volunteer Sun City West is best known for," said Sun City West Foundation President Sandy Goldstein. "He has certainly been an asset to our board."

PORA President Bob Emmons credited Jensen for being responsible in getting more than \$12,000 in county property tax refunds as overpayment on the PORA building over the past 10 years. Emmons said Jensen also spent considerable time on PORA's post office campaign.

One of Jensen's newest endeavors is to better educate Sun Citians on the school tax they're paying to the county. His most recent property tax valuation statement shows he owed \$261 in school taxes.

"People thought that the state eliminated the school tax but it didn't," he said. "It came back in 1989 and is still showing up on on property tax statements. We're paying school taxes despite what most people think."

Ham radio volunteer forges link in Valley's safety chain

By ROSA De SIMONE
Daily News-Sun staff

SUN CITY WEST — If there is a cyclist down on the raceway, chances are Bill Johnson is aware and radioing for help. Johnson is one of the Valley's working volunteer ham radio operators.

As a boy, Johnson learned to operate ham radios and used the airwaves to reach out to people in far-away countries.

Today, he's more interested in making contact with people in his own community.

"When I first started, it was a big deal to talk to another country," Johnson said. "(Now) I'm able to help people."

The nine-year Sun City West resident helps coordinate public service activities for 430 members of the West Valley Amateur Radio Club.

Radio club members provide radio communication for local sporting events such as the "Race to Health" in Sun City West and the annual "Pioneer Days" bike race and run in Peoria.

Amateur radio operators monitor race routes, keeping a lookout for accidents or medical emergencies. When they spot a crisis, club members are able to radio for help and get emergency crews on the scene as soon as possible, Johnson said.

"We are the eyes and ears of paramedics, fire departments, law enforcement people and race di-

'We are the eyes and ears of paramedics, fire departments, law enforcement people and race directors. We're the communicators.'

**Bill Johnson
ham radio operator
Sun City West**

rectors," he said. "We're the communicators."

Johnson has been a radio communicator most of his life. His fascination with radio waves began more than half a century ago.

"I was born in 1924, the year radio was really coming alive," he said. "Everybody, including my father, was playing with radios."

Johnson learned the complexities of "the wireless" during his youth and built his own radios in a workshop in the basement of his parents' home.

"I had all my stuff in the basement," he recalled.

His education in the field of radio communication was interrupted several times during the early stages.

Johnson was attending a small junior college in Illinois when World War II began. The war stalled his electrical engineering education.

"World War II cleaned out the

junior college," he said. "There weren't many of us left."

The Army gave him two choices in late 1942: Attend an officer's training center or continue his education in engineering at the University of San Francisco.

He took the latter, his enrollment lasted three semesters. Johnson spent the next 42 months in the war.

He received his amateur radio license from the Federal Communications Commission in 1946 and was finally able to finish college. He received his engineering degree from the University of Illinois at Chicago in 1950.

He spent 33 years with American Telephone and Telegraph which prevented him from spending much time in radio communication but, after retiring from AT&T in 1984, he returned to his hobby.

"I like public service," Johnson said, discussing the volunteer radio work he does today.

Occasionally, Johnson participates in the "social side" with other ham radio operators, but he said he doesn't enjoy it as much as the public service work he does with the Amateur Radio Club "because I'm not giving something back to the area."

"I feel really good when these athletes or hospital workers say they appreciate us (club members) being there and feel a lot safer when we're there," Johnson said.

JOHNSON, BILL



Mollie J. Hoppes/Daily News-Sun

Bill Johnson calls himself a public servant who enjoys being a ham operator. One of his jobs is to be the eyes and ears for area emergency agencies during local athletic contests.

July 27, 1995

Del Webb's top home seller to retire

By DEBBIE L. SKLAR
Staff writer

SUN CITY WEST — Mary Jones' motto goes something like this:

"Life is not over at 65, and I'm about to find that out. I think I've earned that right."

The former Colorado bridal shop owner will be retiring from her position as Del Webb's top home-sales producer this week. Over the last 10 years, Jones has sold 750 homes in the community (one man has purchased 11 homes from Jones) at an estimated cost of \$8 million.

Jones, born in Oklahoma and raised in Kansas, said she's enjoyed her 13 years with the corporation but is looking forward to retirement.

"I might be leaving Webb, but I can't think of a better place to be leaving them for," said Jones, 67, in her office at the Del Webb Model Home Center. "I think I've been fortunate enough to work with people at the two happiest moments in their lives; when they've gotten married and retired."

On average, Jones sells 70 homes a year. One year she sold 90 homes. For the last six years, Jones has outsold her colleagues by \$1 to \$3 million,



Mary Jones

she said. Jones didn't receive her college degree until she was 56 from Western International University of Phoenix.

"I'm from the old school," she said looking at the map across from her desk, which is plotted with red pins marking how many homes she has sold.

"I honestly believe whatever you sow, you reap. I really don't have a special selling technique. In fact, I'll be the first to tell you that I am not

the best salesperson here. I think I've done well because I really go the extra mile with people."

Service is as important as selling a new home, Jones said.

"I've brought some of my own techniques to this job," Jones said.

While Jones said it's going to be difficult to leave Webb, she plans on keeping occupied.

One of the ways will be a two-week European vacation with husband Paul.

The trip is just one of the many vacations she's won from Webb because of her sales performance.

The Joneses have been to Hawaii three times, St. George, Lake Tahoe and a number of cruises thanks to Mary's expertise in real estate.

The Joneses are also planning on staying with a German couple they befriended in Sun City West but relocated to Wurtzberg, Germany.

Paul, a retired businessman, has been patient with Mary's failure to retire, up until now.

"He really hasn't minded because he's really enjoyed

doing all the traveling," she said. "We just bought a mobile home so we're planning on doing a lot of touring around."

Mary and Paul have lived in Sun City West for 10 years and continue to enjoy the community.

"I really think I am a perfect example of what Del Webb set out to do when he built this community," said Jones, an avid golfer. "Here I am 67 years old and I'm still competing on the work front, exercising five days a week by walking and using the recreation centers. People here don't sit back in a rocking chair; we're active people."

THE WESTER Thursday, June 19, 1997

17 Year SCW Resident Loves Helping Kids, Homeless, Environment

By Ruth Borchardt

Flora Kahme is a real "lightning rod" for spearheading aid to the Dysart School District. She is never happier than when she is striving to bring help to those in need. Certainly the Dysart School is one of her primary concerns.

"Don't call me a philanthropist," said the 88-year-old, "a philanthropist is a millionaire. I have my house, and a nest egg whose interest supports me. Call me selfish. I just want to honor my mother, Etta Leah Kahme; my mother's mother, Bluma Rivka Schwartz, and five generations of my family. What I'm seeking is clean air, pure water, fertilized soil that hasn't been contaminated and to have people be safe in school, libraries and hospitals.

"I'm so worried, I have nightmares about what's going to happen. That's the reason I'm leaving a third of my estate to the Dysart School District, one third to Habit for Humanity and one third to the Nature Conservancy."

Kahme, a Wester since 1980 refutes the idea that she is a giver. "It's a sharing process", she said. Her face glows with the thought that someone in need

may be helped by her endeavors.

Born on a farm in Dayton N.J., she put herself through college during the height of the depression. She graduated with a B.A. in Agriculture from the New Jersey State Department of Agriculture, that is one of 50 nationwide experimental stations. It's affiliated with Rutgers University.

She worked summers in the "Borscht Belt" in the Catskill Mountains, first as an upstairs maid, then as a waitress. Working seven days a week, she even had to wash, iron and starch her own uniforms, as well as paying for them. She was lucky to end up with \$100 at the end of the summer.

Jobs were scarce during that period, so Kahme tackled all sorts of endeavors. "You name it, I did it", she said. Her teaching career began instructing all grades. Then she was a teacher for the W.P.A., where she taught "everything" for seventh and eighth graders. "I told my superiors I wanted to teach science. When they refused, I did other things. In Port Jefferson, Long Island, N.Y., I put on science fairs and the schools supplied the



Wester Flora Kahme shares her "nest egg" with Dysart Schools, local causes.
Photo, Ruth Borchardt

buses". In addition, she was on the radio. Still later, she taught science in Garden City, N.Y. where she remained until 1969. In 1968, for the first time a teacher's certificate was given by the Future Scientists of America, who usually just honored the students.

Although having no children of her own, she has always been drawn to them. She helped care for her sisters' and brothers' children, emphasizing that they were never left alone.

She became interested in Clinica Adelante, that helps care for migrant farmers and their

children. The place was "swarming with children," she said. With her interest in young people, she was led to the Dysart Schools. It was just a "hop, skip and a jump", according to Kahme, and she had picked up some Spanish, so conversing was made easier.

"I saw an ad in the paper about a tour of the school buildings. They proved to be in bad shape and the schools needed a lot of supplies. I became a member of the Encore Needle and Craft Club, and also the Women's Social Club. They loaded me down with all sorts of goodies, and have continued to do so. I got a donation from Encore for a display case, and they had a dedication for it at the school. In the garage, Kahme showed me boxes of items donated by Encore for the needy.

Kahme sponsored a Habit for Humanity house for the Quintana family, and they had a dedication in 1995.

Asked from where she received inspiration, she replied, "I am a daughter of Israel. I'm guided by the teachings of Moses, the

Resident

Continued on Page B4

Resident Helps Kids, Homeless, Environment

Continued from Page B1

Sages, the Prophets, my mother, and my mother's mother."

Enjoying living alone, she takes pride in her large yard and flowers, and handles most everything herself. Among others, she feels particularly close to Dr. Jesus de la Garza, superintendent of the Dysart School District's secy. Shirley Griesbach, plus Shirley Peterson, vice president of the Encore Needle and Craft Club.

It is due to Peterson that there is a container with a slit in the lid on Kahme's table. On the side of the jar it has the notation "Put a nickel in"—to help restore student activities at Dysart Unified

School District. Not only is there one in Kahme's home, but Safeway in SCW and ABCO's Crossroads Center has a container. Bills as well as nickels have been put in the jar. Kahme says that Peterson has been a great friend and invaluable help.

Appreciation was extended to Kahme from Dysart this year on May 7. They had "A Day of Recognition honoring Flora Kahme in grateful recognition and appreciation for her commitment to Dysart High School." Obviously a very beloved person for her dedication to helping others.

A WORLD CHANGED FOREVER

Local man recalls working on THE BOMB

AMANDA MYERS
DAILY NEWS-SUN

Sixty-two years have passed since the government asked then 21-year-old New York University graduate Paul Kandell to leave his job making metal vacuum tubes to help them with "the project."

Now 83, Kandell of Sun City West recalls how he was chosen by the government to help engineer the world's first atomic bomb.

Two years after Kandell joined almost 300,000 other employees at the Oak Ridge atomic bomb plant in Tennessee, "the project", more widely referred to as the Manhattan Project, evolved from top secret plans into a two-ton uranium bomb.

In the early morning of Aug. 6, 1945 — 60 years ago today — the United States dropped the bomb, killing nearly 140,000 people in Hiroshima, Japan.

Three days after Hiroshima was bombed, a U.S. bomber dropped another bomb on the city of Nagasaki, killing more than 80,000 people. Japan surrendered on Aug. 15, 1945, bringing World War II to a close.

On the wall of his home office, Kandell shows a certificate from the U.S. government thanking him for his work on the Manhattan Project. The certificate dubs Kandell's work as "essential to the production of the Atomic Bomb thereby contributing to the successful conclusion of WWII."

Kandell said to him, the project

was just a job. That is until the day when the bomb was dropped and the gravity of the project became strikingly real, he said.

"We killed a lot of innocent people," Kandell said, adding that he didn't realize that until months after being "de-programmed" from the project and taking a job building a fertilizer plant in South India.

At first, when news that the bomb dropped reached the Oak Ridge plant, Kandell and the other employees were ecstatic.

"We really had a big celebration. At that time I thought I was doing a terrific thing," Kandell said. "There was some justification in preventing the U.S. from entering Japan. The invasion would have killed hundreds of thousands of people."

Only later, he said, did his opinion of the project begin to change.

"I realized we had done not such a good thing," Kandell said. "I do have some resentment."

When he was interviewed to work on the project, details of what his job would entail were unclear.

"They were a little devious with their explanations," Kandell said of the Department of Scientific Research and Development officials. "They asked me a lot of

questions about atomic energy."

Soon after, Kandell started hearing from friends and family that the FBI had contacted them, asking questions about his background. Several months later, Kandell also got a call — he was hired.

See BOMB, A5

BOMB: When there is a war going on, you have to do it

From A1

"You couldn't say no when the government asked you to do that," he said. "When there is a war going on, you have to do it."

Kandell couldn't tell anyone, including his family, what his new job involved.

"All of my friends were being drafted into the Army. They wondered why I wasn't."

After the first bomb was tested July 16 at the Trinity Site outside of Albuquerque, N.M., Kandell said his family figured out that he was involved. With heavy war propaganda everywhere, Kandell said there was a great amount of support for the bomb's development.

"They showed me a great amount of respect," he said.

Still today, Kandell said the support he gets from those who hear his story outweighs any negativity.

"Most people were so glad the war came to an end so quickly," Kandell said. "I can't tell you how many have thanked me."

Yet the thought of history repeating itself during current and future wars doesn't bode well with the former engineer.

"Of course it isn't needed. It's destructive," he said of the use of atomic weapons. "Most people are horrified by the concept of anti-proliferation."

Though Hiroshima has

become a thriving city of 3 million, most of whom were born after the war, the anniversary underscores its ongoing tragedy. To mark the 60-year anniversary of the world's first atomic bomb attack, tens of thousands are expected at Peace Memorial Park in Hiroshima. On the eve of the anniversary, fundamentalist Christians held a prayer circle in Hiroshima, while members of the International Communist League handed out leaflets nearby.

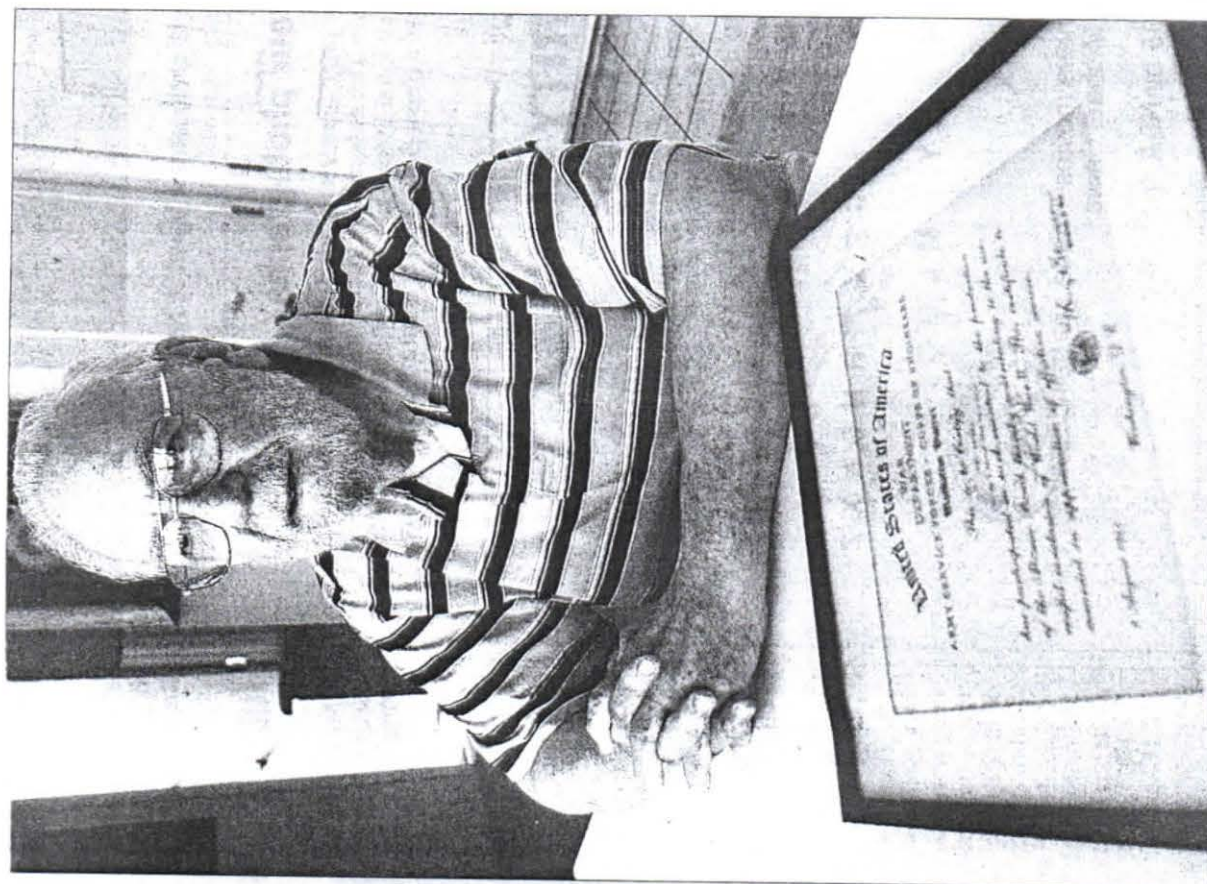
There are no formal anniversary events at Trinity Site in New Mexico. But more than 5,000 people visited the site for the 50th anniversary, and officials said they are prepared for an increase for

the 60th. But as it was 10 years ago, no special events are planned for this weekend.

At Trinity Site, visitors can walk on Ground Zero where the test bomb was detonated from a 100-foot steel tower that was vaporized by the blast. A sign marks Ground Zero with the simple inscription, "Trinity Site, Where the World's First Nuclear Device Exploded on July 16, 1945."

Anti-war groups plan to protest the anniversary at the National Atomic Museum in Albuquerque. Locally, a demonstration for peace and disarmament will be at Luke Air Force Base starting at 7 a.m.

Amanda Myers may be reached at 876-2513 or amyers@aztrib.com.



STEVE CHERNEK/DALEY NEWS-SUN
Paul Kandell of Sun City West worked on the first atomic bomb in a Tennessee plant. He received a certificate from the U.S. government thanking him for his work on the Manhattan Project.

DOERS PROFILE

**Lou
Kerkhof****Hometown:** Madison, Wisc.**Family:** Husband, Gene, 5 children and
10 grandchildren.**Inspiration:** My faith.**Greatest Feat:** Raising my family. "That's my
wealth."

Helping children yields many happy returns

By TINA SCHADE
Staff writer

Lou Kerkhof of Sun City West has a love affair with her sewing machine.

When she's not busy making "scrap quilts" for needy families in Surprise and El Mirage, Kerkhof is teaching children how to mend for themselves in sewing classes as part of the 4-H program.

"I think it's a skill they can use in their later life. It's something they can use for joy or practical purposes," she said.

She has been an instructor at the center on El Mirage Road for the past eight years. Students have walked out of her classroom with the knowledge that they can make their own totebags, shorts or even pajamas.

Kerkhof also walks away with a little something.

"They are some of the most loving and affectionate children I've ever worked with. These are children who will see you outside the classroom and come up a year or two later and hug you," Kerkhof said.

She said she believes 4-H helps to instill this attitude in children.

"It's a program for young people with high values and the center does a fine job with them. They expect the children to be respectful, which is so important today," Kerkhof said.

She became involved in the program several years ago in Wisconsin, when her children attended 4-H classes. She noted that all her children know how to sew, including her sons.

She devotes about four hours a week to sewing instruction and puts in another four or so hours teaching English as a second language at the El Mirage Community Center.

Kerkhof and her husband, Gene, have been involved in the literacy program for the past eight years and receive a lot of satisfaction from the experience.

"You can see their confidence building as they speak. When they begin to converse, I feel better and I know they feel better," she said.

At the center, students learn English through the Laubach system, in which students receive one on one instruction with the same tutor for several years, said Kerkhof.

Dedicated to the cause of empowering people, Kerkhof is also a member of the Lord of Life Lutheran Church women's group. There she donates her time in making clothes for the children at the New Life Shelter in Litchfield Park. The shelter is a safe home for abused women and children.

A member of the church for the last 10 years, Kerkhof also works on an "as needed" basis for the decorating committee.

Kerkhof said her inspiration from others comes from association with the church and her faith.

"I believe the Lord has given me much energy and endurance and a modicum of talent and I think I should use it to help others," she said.

When she's not helping others, Kerkhof enjoys roadtripping, cycling and hiking, especially in the mountains of Colorado.

She also goes to plays and symphonies and plays cards.

Kerkhof, Lou

Wester honored for promoting American flag

By CHRISTINE SELIGA
News-Sun staff

SUN CITY WEST — Legend says Betsy Ross made the first American flag, but no one has made the flag more popular in Sun City West than Lloyd Kilmer.

Last month Kilmer, 67, was notified that he had won the George Washington Honor Medal for his work promoting flags and making Sun City West "Flag City U.S.A." The medal is given by the Freedoms Foundation in Valley Forge, Pa., a non-profit organization that promotes patriotism and American values.

A bomber pilot during World War II, Kilmer moved to the community two years ago from Omaha, Neb. After seeing very few American flags flying on the Fourth of July, Kilmer got American Legion Post No. 94 to start a Boulevard of Flags project.

Now 92 flags fly on R.H. Johnson Boulevard on Presidents Day, Flag Day, Memorial Day, the Fourth of July, Labor Day and Veterans Day.

"I get satisfaction out of seeing neighbors and friends driving up and down the boulevard and just looking at the flags," Kilmer said.

Christine Mattioli in the Freedoms Foundation's awards department said 370 people, including Kilmer, will be receiving the George Washington Medal. There were more than 2,000 nominations.

"It's for words written or spoken or deeds which promote responsible citizenship and a better understanding of a free democratic society," Mattioli said.

The awards are given in the categories of programs and activities, public communication, military, economic education, youth, educators, schools and individual achievement.

Mattioli said Kilmer won the award in the category of individual achievement. Forty-five awards were given out in that category this year.

Marjorie Lamp nominated Kilmer for the award. Lamp and her husband were friends of Kilmer when he lived in Omaha.

Though she has never seen the flags flying on R.H. Johnson Boulevard, hearing about Kilmer's flag project inspired her to nominate him.

"It was such a tremendous tribute to the flag and a patriotic holiday I just mean something like that should merit some kind of award and I'm just thrilled he got it," Lamp said.

Kilmer is not going to rest on his laurels. He is planning a special extension of the Boulevard of Flags.

The extension will be two miles on R.H. Johnson Boulevard from Meeker Boulevard to Stardust Boulevard. Thirty flags will fly on the new part.

But the flags are not ordinary. They are the burial flags of veterans donated to Post 94 by families.

Every veteran is entitled to a burial flag, which is supplied by the Veterans Administration. The flags are five feet by 9½ feet.

So far 15 flags have been donated in response to letters Kilmer sent out. One came from a Sun City woman whose husband was a retired Navy captain. She was at a garage sale and saw a burial flag lying on a table. Kilmer said she couldn't just leave it there so she bought it and donated it to him even though she didn't know whose burial flag it was.

Kilmer will use the flag.

"We're going to have a flag for the unknown. You've heard of the Unknown Soldier? Well we're going to have something similar," Kilmer said.

Another flag he's received is the burial flag of a local resident's father. The flag has only 48 stars, from a time before Alaska and Hawaii became states.

"So with every one of these flags is a story and a very special story," Kilmer said.

Kilmer came up with the idea to use these special flags because they often wind up in a corner of someone's closet gathering dust.

"It has no utility ... you can't fly this on your house. It would cover the whole side of the house. Very soon the flag has no special significance within a family," Kilmer said.

But these flags will fly on light poles and the names of the people they belonged to will be inscribed on a plaque underneath the flag in front of the R.H. Johnson Recreation Center.

Anyone interested in donating a flag may call Kilmer at 584-7054.

OVER



**RECEIVE
AWARD -**
Holding
donated
burial flag
to be flown
along R.F.
Johnson
Boulevard
Lloyd Kilmer
commander of
Sun City West
American
Legion Post
94, has re-
ceived an
award from
the Freedom
Foundation of
Valley Forge
for his effort
in having the
community
designate
"Flag City
U.S.A."

News-Sun photo by Stephen Chernek

Retiree shakes education jitters

College program thrills former nurse

By TRACY CHARUHAS
Daily News-Sun staff

SUN CITY WEST — You're never too old to go back to school. That's the way 72-year-old Anne Kloiber looks at it.

"It took a lot of nerve for me to walk into that first class," Kloiber said. "I was shaking when I saw all of those computers. I had never used one in my life and I was questioning why I wanted to go through all of this at my age."

Kloiber recently graduated from Gateway Community College in Phoenix with a degree in medical transcription. Before retiring, Kloiber worked 32 years in Wisconsin as a registered nurse.

For the past two years, she has been setting her alarm clock for 4:30 a.m. so she could catch the 6 a.m. bus and make it to her first class at 7:30. After a full day of classes, she would return home, relax a little and then hit the books before going to bed.

All of that traveling and hard work finally paid off last May when Kloiber became the oldest graduate of Gateway. Hours of studying helped her graduate at the top of her class.

The medical transcription courses taught Kloiber how to listen to and transcribe tape recordings by doctors into a computer.

In the beginning, Kloiber felt intimidated by the all the 20-something faces in her classes. It took some adjusting, but after a few days, Kloiber felt comfortable with her professors and her fellow classmates.

"The kids were all so nice and my instructors were the best," Kloiber said. "After a while, the kids started coming to me when they had questions. They thought that since I was older I had all the answers."

Kloiber, who maintained a



Tracy Charuhas/Daily News-Sun

Sun City West resident Anne Kloiber shows off her diploma and straight-A report cards from Gateway Community College. She graduated in May with a degree in medical transcription.

straight-A average all through school, graduated as a member of the Phi Theta Kappa Society, a honor bestowed on students who maintain a 3.75 grade point average or above during every term of school.

"I studied every morning and afternoon on the bus and then did a little studying before I went to bed at night. I didn't have as hard a time as I thought I would. After a while, computers were a snap for me," Kloiber said.

Kloiber decided to go back to school after her husband Joe died in 1990. She found herself depressed and her family urged her to take a few college courses and get her mind

off her troubles.

"I've always loved to work," Kloiber said. "I feel I have a lot to offer and I am able to contribute by working."

Since her graduation, Kloiber has received three job offers from companies needing a medical transcriptionist. She will hold off on making any decisions right now since she will spend the next few months caring for a sick relative.

"Things are kind of up in the air right now," Kloiber said. "I may move to Florida and work as a medical transcriber or I may go back to school and study court reporting. That sounds like an interesting job too."

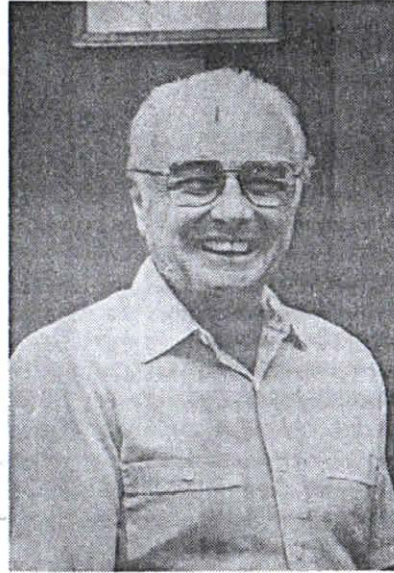
Learning to love makes volunteer award winner

By PEG KEITH
Sun Cities Independent

DESA
Sun City West resident Bob Knox was going ahead with plans for a weekend of swimming at Daytona Beach toward the end of October, even though he'd been tapped to receive an award for volunteer work.

Awards are fine, he says, although, personally, he shies away from the limelight. And the Oct. 22 date was set, there was time for the holiday ... the Florida trip was a go.

A go, that is, until he learned just how prestigious the recognition is considered to be, and that the awards program is built around the "12 Who Care," the



BOB KNOX

1988 Hon Kachina Award honorees.

Mr. Knox and his wife, Grace, postponed the swimming excursion and revised their agenda.

"12 Who Care" is an annual recognition event, sponsored by The Luke's Men of St. Luke's Medical and Behavioral Health Centers and KPNX-TV 12. Its purpose is to recognize volunteer efforts and programs across the state, not only to applaud deserving recipients, but to bring greater recognition and attention to volunteerism and community involvement.

Community involvement is something Mr. Knox understands. Born in Kaukauna, Wis.,

he went into the U.S. Naval Academy when he was 18, and has been 'on the run' ever since, from the east coast to the west.

All that volunteering didn't begin in January, 1988.

It began in earnest in California, during his second marriage; when he and Grace had been married for three years. "This woman was 50," he says. "I thought she was out of her mind. She wanted a baby."

It was foster-parenting she was considering.

His own kids were grown, and he took little delight at the thought of starting over again. But there was that first child.

See AWARD, page five

OVER

• AWARD

From page one

During its half-year of life it had endured multiple broken bones; legs and collar bone, apparently from being slammed against a wall. There were the accompanying stories of heroin addiction involving the child-mother and her boy friend -- the child-mother stayed with her man.

The Knoxes had that child for a year, and then there was a hearing.

"At the hearing," Mr. Knox says, "I asked the judge: Who represents the child?" To my amazement, the social worker on the case represented both the child and the mother."

The upshot of the hearing was the child went into foster care for another year, and was adopted at the age of two, with the mother's cooperation, and help from the original foster parents.

Then, there was another child, the second little boy, who arrived at the Knox home for foster care. Six weeks old, born to an alcoholic mother on drugs.

"We had him until he was 2, and got him adopted."

Being a foster parent was a learning experience for Bob Knox. Experience Number One: you move a child three times, you teach that child not to love.

Number Two: bureaucratic wheels grind very slowly, and the volume of work presupposes that much of the social workers' record-keeping and record-sorting will not get done.

Number Three: that social workers move around a great

deal, and, as cases change hands, the records are duplicated, or lost and become even more difficult to analyze.

Number Four: federal law says that to get federal money, you must do everything you can to reunite the families. So the child goes into foster care, and the parents go into psychological counseling, and they're tutored on homemaking skills, how to put food in the refrigerator and how to avoid having rats and roaches in the house, and society has done everything it can do --

And everyone knows there's a good possibility that the child-mother will go off and leave her kids with no food; that the undisciplined father may very well slam the child against the wall again --

And again.

And there are the crisis centers, and the trials and the errors. (See Lesson Number One.)

And the child goes to school, plays the clown or retreats into his own world, starts skipping school, becomes delinquent, builds the rap sheet. At 18 the record is wiped out, and then goes big time --

The child-turned-adult goes to prison where he or she really learns about crime.

And the cycle continues.

Mr. Knox says in his opinion the best thing to do is to get the child out of the home and get it adopted by the age of 2

As a volunteer in California, Mr. Knox began writing the social studies of the children for the

court. He's an engineer, a detail man. Combing records for necessary information to build the history was a tedious, but not a dull assignment. He needed identification, birth records, social security, information on mother and father and extended family, patterns of sexual, physical, drug abuse, pregnancies -- the cycles continue.

"And it's not unusual to see the child attempting to parent the parents," Mr. Knox says.

"Motherhood -- parenting -- is not a natural function," he continues. "These people are raising their children the way they were raised."

He's a hard-nosed guy, he says. But the tight jaw and suggestion of a tear in one eye speak volumes, on their own.

"It's just extremely important for someone who is interested in the child to push the case through," he declares.

The Knoxes moved to Arizona, and his interest in shepherding child adoption cases through the system came right along with them.

He became a volunteer with the Arizona Department of Economic Security/Administration for Children, Youth and Families, writing social studies for abused or abandoned children, setting in motion the adoption process.

Mr. Knox made himself available in other ways. He made time in his schedule for people in nursing homes, handicapped, friendless, lonely.

About eight years ago he started singing with the Sunshine Serenaders. A corny, marginal kind of group, he says, some of them were qualified to sing in a bath tub, but they put on costumes and took their act to rest homes. The group grew to 15, "really, quite professional."

So professional that visitors to rest homes remarked on the programs, and the requests to perform spread to clubs and country clubs. "We were such hams," he added.

It became almost too slick, too polished. He lost track of the original purpose.

So, he formed a new alliance with the Music Makers, two guys, two gals. They sing to taped music, several times a week, for solitary folks, old and young, elderly, frail, handicapped, people who get out rarely, and don't see too much that makes them laugh.

"We love it," Mr. Knox says. He does more than sing. There are hugs, and friendships, and messages, and compassion.

A hard-nosed guy? Not this retired Navy commander. "These visits, these friendships have been a tremendously rewarding experience," he says.

"I would so much like to convey to other people: to rattle around the rest homes a little; pick and choose, cautiously ... someone you want to keep as a friend. Don't look away from people who are 'different.' Don't shrink from death. We should help each other face it."

Bob Knox gives his wife, Grace, credit for anything he

might have accomplished, as a volunteer. "She taught me how to love," he says. "Shortly after we started going together, I had a religious experience. I became aware that God is Love. I had taught Sunday School, even was a lay preacher, but there it was. At 50 years old, it dawned on me what First Corinthians Chapter 13 is all about."

The 1988 "12 Who Care" Hon Kachina Award Dinner will be Saturday, Oct. 22 at the Camelback Inn, in Paradise Valley. Black tie. It will be telecast at 7 p.m.

Author pens books for kids' sake

AMANDA MYERS
DAILY NEWS-SUN

The children at Thomas J. Pappas Elementary School in Phoenix surround Nancy Kohl as she twirls her colorfully beaded cane around like a baton twirler.

"Do it again!" the kids shout, and Kohl obliges with a smile.

The school's director of public relations, Earnalee Phelps, regards the Sun City West woman as "a guardian angel."

The 78-year-old has been a faithful volunteer at the school, which is exclusively for children of families living in substandard conditions, since its inception in 1989.

Then, it had 17 students and the school was actually an old hotel. Now, more than 850 kids in kindergarten through eighth grade fill up three schools and Kohl is a surrogate grandmother to them all.

"What sizes do you need?" She asks as she enters "The Gap," a aptly named room in the elementary school that all of the kids visit once a month.

It is filled with donated shoes and clothing of all sizes, and the youngsters can pick out whatever they want. Kohl often restocks the shoes with sizes that run low.

Some of the children who attend the school come from families that live on the street. Some families live in their cars, and the "lucky" ones live in shelters or



JOY LAMBERT-SLAGOWSKI/DAILY NEWS-SUN

Nancy Kohl of Sun City West jokes with Alan Moulton, a second-grader at the Thomas J. Pappas School Tuesday. Kohl has written five children's books with all proceeds benefiting the school in Phoenix for homeless children.

motels. The school is the only one of its kind in the country, Phelps said. It has been featured on "60 Minutes," and even President Bush has visited.

Once a year, Kohl is

hostess to a "Magic Slipper" party. Every child receives a pair of hand-knit slippers, a promise bracelet made by Kohl and dispensed on the vow to stay away from drugs and alcohol, and a heaping

chocolate sundae. It is a hands-down favorite day among the kids, Phelps said.

To pay for the shoes, the slippers, the bracelet and the countless other donations Kohl makes to the kids, she

has adopted a new title she never thought she'd have: children's book author.

Kohl's latest book is called "The Little Mouse With a

See **AUTHOR**, A5

OVER

AUTHOR: Pappas children reap rewards

From A1

Line." Reminiscent of the popular children's book "Harold and the Purple Crayon," Kohl's book is about a little mouse, Charlie, with a penchant for drawing with his pencil. He draws elephants, balloons, and, of course, cheese.

At \$5, the book is sold at Advent Printing on Beardsley and 128th Avenue, at the Lord of Life Lutheran Church on R.H. Johnson and Meeker boulevards, or by calling Kohl at 546-6309. She doesn't take the book to a publishing company, she said, because they only give authors 15 percent of the profit.

"I want every penny," said a defiant Kohl, who uses all of her profits to buy things such as shoes for the school. Just last week, Kohl brought more than 340 pairs.

Kohl first heard about the epidemic of homeless children being raised on the streets of Phoenix when she attended a seminar at her church nearly 15 years ago.

"I just went home and cried to think that there were these children being raised without an education," said Kohl, who immediately started volunteering at the newly opened Pappas school. Although the trek was long --

Nancy Kohl of Sun City West writes children's books and uses the proceeds to buy items for the children attending the Thomas J. Pappas Elementary School in Phoenix.

almost an hour each way — she made the journey to volunteer three times a week.

Kohl said that originally the school was in a not-so-nice neighborhood, and her husband, Danny, insisted on being her chauffeur. "He would sit in the car and read a book while I helped the children."

He didn't come in with her, she said laughing, because

"he thinks children should behave all the time!"

When Kohl started using her own money to buy much needed supplies for the kids, she quickly realized the need far outweighed her funds.

"I just ran out of money," she said, which started her brainstorming quick ways to raise much needed cash. "So I thought, 'I'll write a book!'"

Kohl, who had never

written a book, released her first book, "Stardust Swans," a true story about the Stardust Golf Course swans, in 1996. A former grade-school art teacher for four years in Minnesota, Kohl had no problem adding colorful illustrations to her story. Still on sale through Kohl for \$10, the book remains a favorite of the kids at the school, she said.

Now, on her fifth book, Kohl has no plans of slowing down.

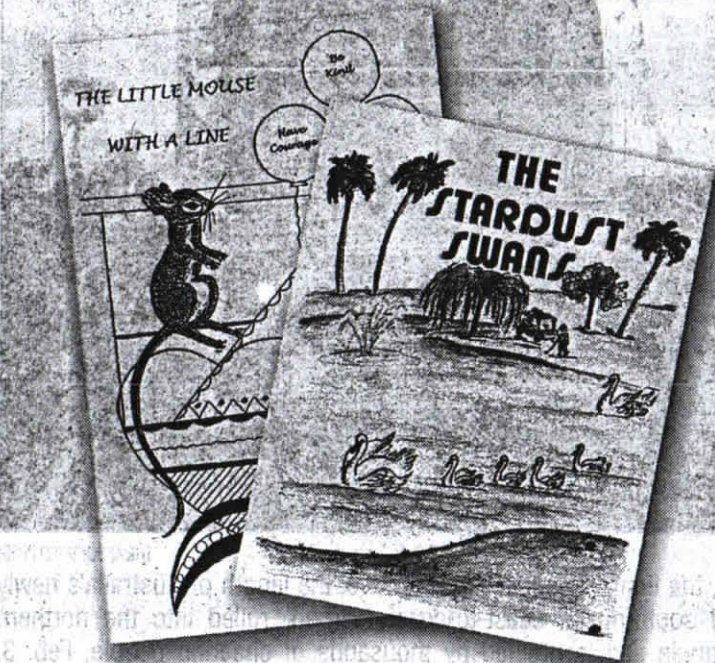
"I've always got something going on in here," she said, tapping a finger on her forehead. When the money runs out from this book, she said, she'll think of a new way to earn more.

Phelps said the school always needs volunteers. Mentors and tutors are in constant demand. And the effort shows, she said. Thirteen former Pappas students are in college, and one graduated from Arizona State University last year, becoming the first Pappas alum to do so.

"One person can have an effect," said Phelps.

For information on volunteering or donating to the Pappas school, call 602-452-4770.

Amanda Myers can be reached at 876-2513 or amyers@aztrib.com.



SCW woman's book teaches kids observance

STAFF REPORT

Sun City West resident Nancy Kohl has created a new book to benefit children at the Thomas J. Pappas School for Homeless Children in Phoenix.

Kohl's latest literary effort, "The Little Mouse with a Line," instructs children how to observe their environments and draw various images and creatures using geometric shapes. The book sells for \$5, with proceeds going to the Pappas school.

Kohl has worked with the Pappas school for 14 years, first as a volunteer art teacher and later in various support efforts such as supplying clothes, shoes, "promise bracelets" and "magic slippers."

The promise bracelets were created with the help of many Sun City volunteers and are scheduled for delivery in January. About 700 were created. Each student who looks Kohl in the eye and promises not to do drugs will be given a bracelet to serve as a reminder of that promise.

The magic slippers were given to the students in



SUBMITTED PHOTO

February. Yarn was donated for the slippers, and Kohl's sister-in-law in Texas and Peoria resident Corine Jensen crocheted them.

"The magic in the slippers is intended to provide some relief from trying circumstances that occur in their lives with some frequency," Kohl stated. "Feedback from some of the kids has been, 'They really work, Mrs. Kohl!'"

Kohl also published *The Stardust Swans* in 1996 about a family of swans living at Stardust Golf Course. Her other works include "God's World of Art," published in 2000, "Cooking with Mor,"

published in 2001, and "Miracle of an Angel," published in 2002.

A native of Minnesota, she moved to Sun City West with her husband, Daniel, in 1990.

The books are available at the following locations:

- Advent Printing, 12805 Beardsley Road, Suite 102, Sun City West.

- Lord of Life Lutheran Church, 13724 W. Meeker Blvd., Sun City West.

- Kohl's residence, 21616 N. 141st Drive, Sun City West.

For information, call Kohl at 546-6309 or e-mail dnkohl@juno.com.

Retired teacher energizes efforts for homeless kids

By MICHAEL P. HEGARTY
Daily News-Sun staff

The first time Nancy Kohl taught the underprivileged children at the Thomas J. Pappas School for Homeless Youth in Phoenix she couldn't stop weeping.

"I cried all the way home, thinking there are children who have to live like this," she said.

But the Sun City West resident didn't give up. Kohl has been going back to the school at 7th Avenue and Fillmore Street every week for the past four years and couldn't imagine not teaching the 150 first- to fourth-graders about art and life.

"I keep saying I'm going to do it one more year, than I can't stop," she said.

There are 300 pupils, grades one to eight, at the school who "live on the street, in old buses or the back end of cars and in shelters," she said.

Kohl said she does not have a problem with the children at the school because they respect her.

"There's not much discipline on my part," Kohl said. "I'm a grandmother, whose soft with my teaching. They believe in me and love me and I come with 150 homemade cookies each week."

Kohl, a former art teacher and certified physical fitness instructor, teaches the children through art. She has them draw different parts of the body — the heart, brain and their hands and feet — and explains how they work.

Also, as a former president of the Sons of Norway, Sol Boyer Lodge, she taught the children about Norway during the Olympics, explaining the foods and customs of the country and the body movements of the athletes.

"By doing it that way, they're not getting lectured, they're learning about it," she said.

She's also an artist, who works in watercolors and woodcarvings, a tap dancer and drum major. Kohl admits to being able to twirl a baton and do a few magic tricks.

And she uses all of her talents in her teachings.

"I'm a very excitable person," she said. "If I don't have their attention, I'll tap dance across the room."

The school has become successful because of volunteers like Kohl who devote their time and energy to the school.

"I can't do this alone," she said. "I need all these people behind me. I may be just one person, but I involve 1,000 people."

Kohl works on Thursday and spends Wednesday preparing and collecting the materials, all of which she brings herself.

"It's not just a 2-day a week job," Kohl said. "I have my mind on this every day of the week."

And so do many other people in the community.

"My garage is stuffed with materials," she said. "If someone donates something, I'll find something to do with it."

The school helps the children and the Sun Cities by building a stronger sense of community.

"The spirit this has developed through here is tremendous," Kohl said. "They're getting as much good out of it as the children."

Take for instance Kohl's church, Lord of Life Lutheran in Sun City West.

One-hundred-and-fifty cookies are delivered to her door every week by the church and "those girls are so happy," she said.

Kohl said her teachings aren't just reserved for children, but apply to people of all ages.

"I tell them they're special. If you think that way, you're going to grow dramatically."

DOERS PROFILE

Nancy Kohl

Vita: wife, mother, grandmother, artist; graduated from University of Minnesota.

Hometown: St. Paul, Minn.

Marital status: Married.



Self-portrait: I love life. I love people.

Motto: The whole world is an art form. Even you are a work of art.

Greatest Feat: I want to know I'm going to be missed because I've given something to the world.

Fantasy: To win the lottery. You couldn't believe what I could do with that money for the children at the homeless school.

Inspiration: My church, Lord of Life Lutheran in Sun City West.

Key to Longevity: Taking care of myself and being loving.

Last Words: I love you.

BOHL, NANCY

Korous Memorial services Friday

By Randy Altenhoff

Memorial services are planned for a man who is remembered for his service to the community as a volunteer of the Sun City West Posse, former president of the telephone Pioneers Foundation, member of the Penguins Club, chairman of the SCW Condo Association, Illinois Club and the many golf tournaments where he marshaled—the LPGA and Senior Tour tournaments in Phoenix and the TPC.

Miles (Mike) Korous retired from Western Electric in Cicero, Ill., where he worked as an engi-



Mike
Korous

neer for 35 years. He was an avid golfer, who also liked to read, travel and follow the stock market.

Formerly of LaGrange, Ill., Mike was a World War II veteran.

Memorial services are planned Friday, July 13, at 2 p.m. at Camino del Sol Funeral Chapel, Sun City West. Private interment will be at the Bohemian National Cemetery at a date to be determined.

Mike was 81 years of age and was preceded in death by his wife Violette Vivian, nee Kulcek. He is survived by his children Randy (Lorraine) Korous, Gail (Roger) Molzahn, Michael (Diana) Korous, Jill (Jim) Kratochvil, Donna (Bryan) Shuler, and Bradley (Teri)

Korous and grandchildren: Michele Molzahn, Kim (Bill) Miles, Nicole (Tim) DeBoom, Kristin (Grant) Boxleitner, Kelly (John) Malina, Neil (Sarah) Kessler, Jim Kratochvil and Christopher Korous. Great grandchildren are: Jacob Kessler and Molly Molzahn.

He will be missed by his lifelong friends and companion Evelyn Eckert of Sun City.

The family requests donations be made to Sun Health Hospice, P.O. Box 2015, Sun City, AZ 85372.

DAILY NEWS-SUN

WEDNESDAY, DEC. 29, 2004

Vi Koshar, long-time food bank volunteer, dies at 75

STAFF REPORT

Vi Koshar, a volunteer with the Westside Food Bank in Surprise, died on Dec. 23 of complications from cancer. She was 75.

Koshar, a Sun City West resident, had retired from her public relations volunteer position of 15 years a month ago.

Dave Seigler, communications director for the food bank, said Koshar was "the most amazing person."

"She worked hard to make sure other people had, in spite of her own needs," said Seigler.

Koshar spent 30 to 40 hours a week volunteering for

the food bank. She was so active in public relations, Seigler said, that the United Way gave her an award for doing 90 presentations in two-and-a-half months.

Koshar carried the Olympic torch through Wickenburg in 1996 and was the first volunteer honored by retired Gen. H. Norman Schwarzkopf for a series he was doing for NBC News, Seigler said when the food bank was low on pasta at one point, Koshar wrote a letter to a pasta company in Minnesota and the food bank soon received a truck full of macaroni and cheese.

Funeral service for Koshar was Tuesday morning.

KURRIE, JACK

THE ARIZONA REPUBLIC

SATURDAY, NOVEMBER 13, 2004

Sun City West man, 74, tours East Coast by bicycle

By Katy O'grady
Daily News-Sun

SUN CITY — Sun City West resident Jack Kurrle just returned from an eight-week tour of the East Coast. The 2,800-mile trek was anything but relaxing, though, since Kurrle made the trip on his bicycle.

The 74-year-old pumped through 60 or 70 miles a day, with only one day off per week to rest.

"One day just kind of runs into the next," said Kurrle, who returned Nov. 5 and is now enjoying some much-deserved rest with his wife, Coralynn, by his side.

Kurrle was one of seven bicyclists who participated in a tour organized by the East Coast Greenway Alliance, which promotes an off-road trail system connecting cities from Maine to Florida.

The East Coast Greenway is only 20 percent complete, with the rest hopefully to be finished by 2010, so Kurrle and his compatriots found themselves traveling on a variety of roads and trails.

They left Calais, Maine, on Sept. 12 and finished in Key West, Fla.

Kurrle was the oldest by seven years, and his feat was all the more remarkable considering he broke his neck in

2002 when a woman struck him with her car as he was traveling from Boston to Jacksonville, Fla.

"She was doing 60 mph, which was the speed limit, but she just didn't see me for some reason," Kurrle said. "I didn't even know she hit me. It knocked me out."

He was thrown about 100 feet from his bike, broke his neck and hip and injured his inner ear, which still affects his balance.

He also suffered damage to one foot, and to this day it "is asleep all the time."

It took Kurrle nearly a year to recover, including three weeks at the hospital and two

"If you don't do anything, I don't think that's a way to enjoy your retirement. If you're going to stop doing things you like to do, then why be here?"

— Jack Kurrle

74-year-old Sun City West resident who bicycled 2,800 miles along the East Coast

weeks at a therapy center.

Prior to the accident, Kurrle had taken several cross-country bike rides, including trips from Seattle to Maine, from Phoenix to San Diego, and from Phoenix to Jacksonville.

Even the accident didn't deter him from tackling another

long-distance ride.

"If you don't do anything, I don't think that's a way to enjoy your retirement. If you're going to stop doing things you like to do, then why be here?" he said.

Kurrle is active in the Sun City West Posse and in various bicycle clubs.

Zoe Schreiber, who handles public relations for the posse, said posse members are inspired by Kurrle's attitude and endeavors.

"I think it's heroic for a man of 74 to pedal 60 miles a day, rain or shine," she said. "He's just amazing. He says he does not take even an aspirin now. I think it's an inspiration because a lot of people as they get older just say, 'OK, I'm going to wait,' and we sit in our rocking chairs."

Not so for the Kurrles.

"Well, I haven't finished the circumference of the United States yet," Kurrle said. "I basically have California to do."

October 30, 2002

■ A Name to Know

Louis Lanham doesn't ponder why he dedicates his time to the community. He just does it.

A Sun City West resident since 1990, Mr. Lanham has spent much of his retirement years giving back to his adopted hometown.



"I've never sat down and said, 'why am I doing it,'" Mr. Lanham said about his volunteer efforts. "It just seems natural and this work needs to be done."

In past years, Mr. Lanham served as the Sun City West Foundation's president and vice president, and on Interfaith Community Care's Board of Directors.

Recently, Mr. Lanham was elected to the Sun City West Community Fund Board of Directors, to fill a 1 1/2 year term.

The Community Fund is an organization which provides financial assistance to Sun City West residents experiencing temporary financial hardship. It also gives grants to organizations to fund programs which might not otherwise be funded, that benefit Sun City West residents.

Mr. Lanham believes the Community Fund to be a very worthwhile organization and he looks forward to helping in any way he can.

"The Community Fund fills a need that no other organization can provide at this time," Mr. Lanham said. "I know it's a good organization."

For more information about the Sun City West Community Fund, call 546-1122

LANHAM, LOUIS

VF PERSONALITIES

SCW

SCW

Woman in Motion — Garland Lewis

By Marie Scotti
Staff Writer

Garland Lewis, a resident of Sun City West since 1978 was appointed by Governor Bruce Babbitt in response to a recommendation by the Governor's Advisory Council on aging is responsible for advising the Governor and Legislature on issues related to aging, reviewing and making recommendations on aging issues within the state departments and serving as an advocate and information network for the elderly residents of the state.

Garland Lewis is already finding this internship year an exciting and a very rewarding experience. Garland has been commuting to Phoenix regularly and is actively participating as a member of a Legislative Coordinating Committee organized by the Governor's Advisory Council on Aging. During her internship, appointments have been made for her to meet with her respective district legislators.

Garland Lewis doesn't need any trophies. She has affected the lives of lots of residents by caring for people. Since retiring to Sun City West in 1978

her volunteer services have been numerous. She has been a member of the Board of Directors of Meals on Wheels and Chairman of the Social Services Committee.

Her very special project has been the Interfaith Services Day Centers. Currently, she is the chairperson of the Day Center Committee.

Professionally Garland worked as a faculty member at the University of Washington, the University of Minnesota and the Catholic University of America.

Her in-depth competence in Psychiatric-Mental Health Nursing has traditionally been one of her outstanding strengths. Garland speaks with the sort of patience that come with experience. Garland has been saving a little time in her busy schedule to serve as the chairperson of the Interfaith Services Protective Services Committee.

Needless to say, this woman in motion, Garland Lewis, she does manage to find the time to take her dog for a walk and play a little bridge.



SELECTED - Gov. Bruce Babbitt named Garland K. Lewis of Sun City West as a Senior Intern.



Interfaith Services adult protective services committee chaired by Garland Lewis take a break for photo. L. to R. Judge Maurice J. Street, Holly Bohling, Program Services Committee Interfaith; Russ Leedy, Garland Lewis, Marie Scotti, Safety and Health Consultant; Sylvia Cartsonis, Executive Director Sun City Area Community Council.

Photo by Duke Manthey

LEWIS, GARLAND

76-year-old NAU graduate earns degree of success

By ROSA De SIMONE
Daily News-Sun staff

SUN CITY WEST — Ruth Lewis will don the traditional black cap and gown during today's commencement at Northern Arizona University, but she is anything but a traditional student.

Unlike most of her peers, Ruth wasn't fresh out of high school when she started at NAU — more like just out of retirement.

The 76-year-old Sun City West resident took an early retirement in 1981 so that she and husband David could enjoy life.

They traveled cross country and eventually settled down permanently in Sun City West in 1983.

But it wasn't long before Ruth tired of the routine of retirement.

"I had enough of ceramics and card playing — I'm not that kind of person," Ruth said. "So I decided to start something I liked."

She warmed up on a few classes at Rio Salado Community College en route to an associate's degree in 1989.

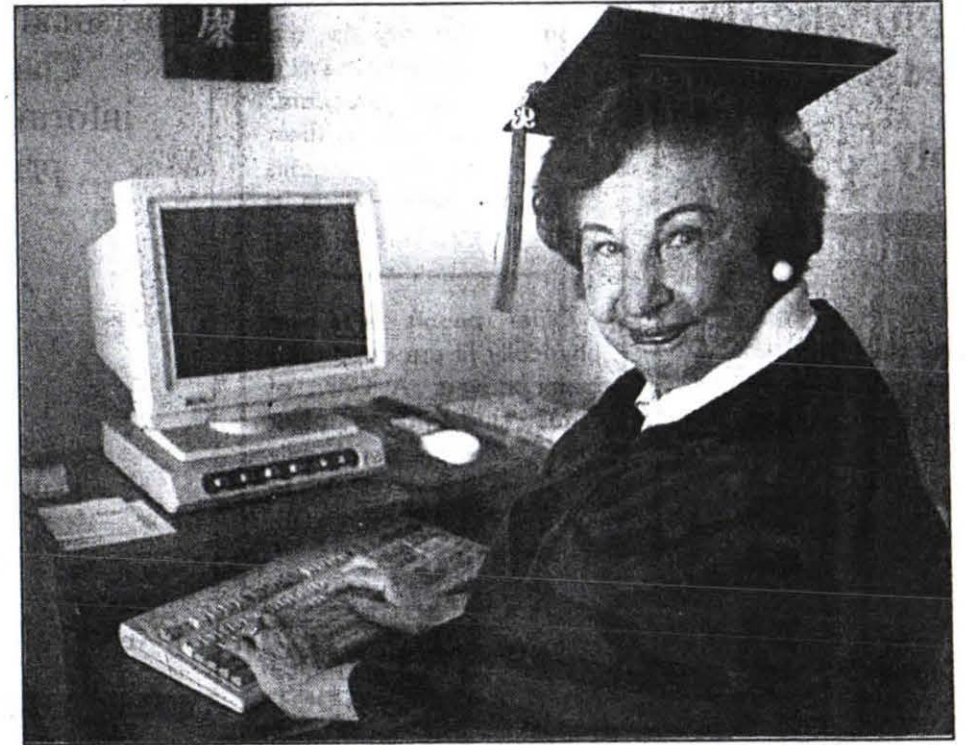
Hitting the books again after several decades was a gratifying experience for Ruth, who soon decided an associate's degree just wasn't enough.

By September 1989, after shrugging the "I thought I was too old" notion, Ruth was on her way to a bachelor's degree, carrying her first load of NAU courses offered in the Valley.

And David was charting her course back and forth to classes in Glendale and Scottsdale. For serving as her chauffeur for 3½ years, the graduate's husband believes he deserves "a part of the degree."

Ruth averaged about six credits a semester and maintained a 4.0 grade point average.

See There's no, A6



Stephen Chernek/Daily News-Sun

Ruth Lewis of Sun City West, with help from her personal computer, will be graduated from Northern Arizona University today with a bachelor's degree.

There's no stopping her

—From A1

While working toward her bachelor's degree, Ruth was also teaching computer classes for Rio Salado Community College.

"Abnormal psychology" was the only course she dropped after finding "I didn't like what I was learning. It bothered me a lot."

Her favorite subjects were anthropology and women's studies.

"I think people have to realize it's never too late to learn," she said. "Some people think that if you're old you can't remember things, but that's not true, you're just a little slower."

Ruth said she took studying seriously.

She taped all lectures and then transcribed them on her home computer.

Being older enabled her to appreciate education more

than perhaps younger students do, Ruth said.

"When you're young, you want to get in and you want to get out," she said. "I'm in no hurry to get out. I want to savor every moment."

The Lewis' two children are visiting from New York and New Jersey to share in Mom's glory, just as she was there for them on graduation.

"I used to laminate the kids' diplomas, and my daughter said this time she's laminating mine," Ruth said.

One of Ruth's three grandchildren is also making the trip to Flagstaff.

"They're driving me crazy, they keep bragging to all their friends," Ruth said.

While earning her bache-

lor's degree, Ruth said she realized "how dumb I was; how little I knew."

Ruth is pleased with her degree in liberal arts, a discipline often criticized for its lack of specialization.

"There is so much to learn," she said. "I can watch Jeopardy and answer some of the questions. I couldn't do that before."

Watch out Alex Trebek, because Ruth isn't stopping with the undergraduate degree.

She's in pursuit of a master's degree in education and counseling.

After that?

"She's going for a Ph.D if she lives that long," David said.

Royal digs make for life of enchantment

By LAURIE HURD-MOORE
Sun Cities Independent

If this retirement community were to secede from the Union and become the country of Sun City West, Virgil and Kathy Linninger could be king and queen overnight.

They are the most likely candidates because they already have the community's only castle -- on 20047 Crown Ridge Drive.

Known by some residents as "the Sun City West Castle," the home is a local landmark that attracts cars full of on-lookers on a daily basis.

The Del E. Webb Corp. originally used this unique property to showcase their workmanship.

The "castle" was sold to the Liningers, former Sun City residents, in the summer of 1982.

The castle may be the perfect home for the couple, both of whom are devoted followers of the fine arts.

Mr. Linninger is a vocalist and Mrs. Linninger is a painter and sculptor. Both have been very active in the Sun Cities Art Museum and Sun Cities Symphony.

Once the couple moved into the home, they started upgrading and adapting the residence to suit their particular interests.

"When we first arrived, the floors were carpeted in a dark green, the wood paneling and wood trim were dark, almost black and the walls were a mustard color. We changed all that," says Mrs. Linninger.

"We lightened everything," she says.

"We added an extension which was to be a paint room

for me ... then we added a hardwood floor and oriental rugs. I couldn't paint in here with all that."

The home now consists of 5,200 square feet of living space.

"This house has about 4,000 upgrades," says Mr. Linninger.

There are three bedrooms (one of the bedrooms can be used as a maid's quarters) and three baths.

The outside of the home is painted in tones of grey. The exterior's style is a cross between an English Tudor and a European castle.

A two-story tower, at the center of the home helped earn the residence its designation as a castle.

The detailed landscaping is topped off with several large, cobalt blue vases and a few small statues.

Walking up the cobbled path to the door, a visitor cannot help being struck by the stone tower.

A weather vane spins atop the spire.

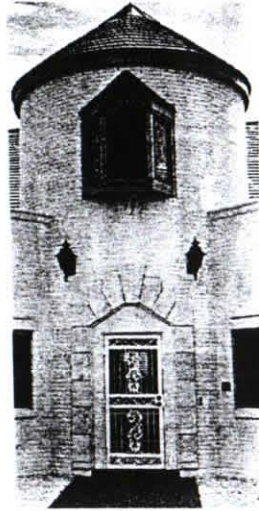
Inside, standing in the circular entrance way, one is struck by the largeness of the main room.

Slender columns separate the tower entrance area from this living area.

Several groupings of sofas, chairs, and tables along with a black grand piano, are arranged under a unique cathedral ceiling.

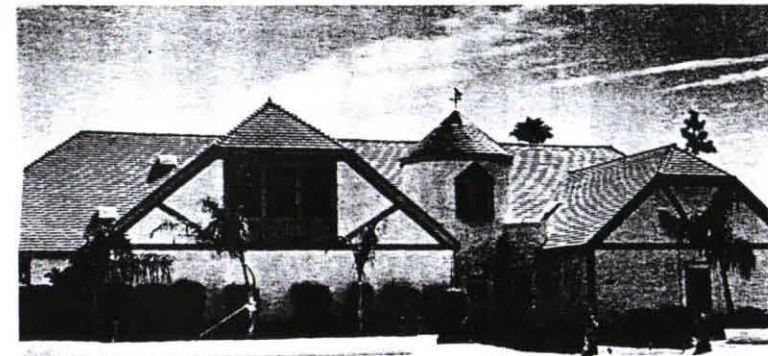
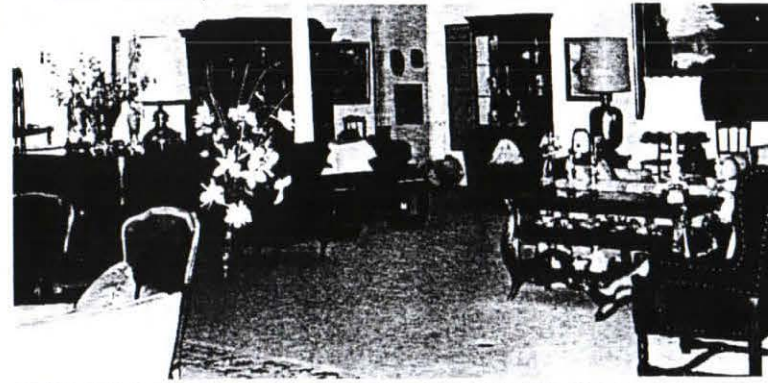
There are literally hundreds of priceless works of art showcased throughout the room.

Overall, the living room's decor ranges from the ornate -- such as a cut-crystal room divider -- to the whimsical -- a



A MAN'S HOME IS HIS CASTLE. This Sun City West landmark, nicknamed by some, "The Sun City West Castle," at 5,200-square-feet, has been the beloved home of Virgil and Kathy Linninger since 1982, when they purchased it from the Del E. Webb Corp. The home is now for sale by the owners for \$825,000.

Laurie Hurd-Moore/Independent



four-foot version of a old-fashioned showgirl, lounging on a stuffed chair.

"This house has been well-maintained and has been designed to be lived in," says Mrs. Linninger.

"We haven't treated it like a showplace."

Some of this "living," includes parties with 100 to 150 people in attendance.

"For my husband's 70th birthday, we had 130 people here dressed as clowns."

These memories, the Liningers will always keep, but their landmark home is being put up for sale.

The Liningers will hand over the key to the castle (partially furnished) for \$825,000.

Aspiring kings and queens can telephone 584-3171 for more information about the Sun City West Castle.

PERSONALITIES
G-L
SCM

A JOURNEY'S TALE

Sun City West man wins writing contest

By Jeremy Pearlman
Independent Newspapers

The world has been a good muse for writer Joseph L. Lippe.

Spending a lifetime traversing the globe, Mr. Lippe has found it difficult to find enough time to transcribe his many worldly journeys.

But lacking time hasn't stopped him from trying to capture what he has experienced.

"I'm determined. Nothing will break my will," Mr. Lippe said. "I've hardly scratched the surface. I can hardly write fast enough."

Two of his non-fiction short stories recently received accolades from the Glendale Public Library system, winning first and third place in its Sixth Annual Short Story contest.

The winning stories, "My First Car" and "Mr. Manji Ravashanti" are featured in Mr. Lippe's book of short stories, titled "Kosher Chicken in a Baker's Dozen," a book he hopes to have released.

"My First Car," details the adventures Mr. Lippe had following the acquisition of his first automobile, a Ford Model A. "Mr. Manji Ravashanti" is a story about the time Mr. Lippe and his wife met a restaurant owner and tour guide in Mylasia.

This was the first short story competition Mr. Lippe had ever entered.

In high school, Mr. Lippe was driven to see America.

Criss-crossing the country by hitchhiking or hopping on trains, Mr. Lippe was interested in the world in front of him.

"I live for curiosity," he said.

Falling in love, Mr. Lippe married and started a family shortly after graduating from college. Forgoing a profession in creative writing for a steady job that would support his family, Mr. Lippe became an insurance broker.



The journeys of Sun City West residents Joseph and Claire Lippe are described in several short stories recently written by Mr. Lippe.

The period that followed the passing of his wife in 1965, was a time of more earnest travel for Mr. Lippe.

On a 1968 trip to Greece, he met a Swiss national named Claire who struck his fancy. In 1971 they married.

For a 10-year-period, the Lippes traveled the world by freightliners, living for periods at a time in over a half-dozen nations. Throughout this period, Mr. Lippe chronicled his journeys on thousands of hand- and type-written pages.

Deciding to live in the United States, the Lippes traveled throughout 49 of the 50 states while waiting for Mrs. Lippe to become a citizen.

Despite spending a great deal

of his time putting words on paper, it wasn't until the couple moved to Sun City West that Mr. Lippe's creative writing came to a head.

Joining a writer's group in

Sun City West 10 years ago, Mr. Lippe believes his writing has vastly improved.

"They have helped me tremendously with my writing," he said.

Since then he has written the short story book, a novel titled "Calamity John and the Devil" and a book of poems.

According to Mr. Lippe, his novel is currently being considered by Warner Books for publication.

Mrs. Lippe is a firm believer in her husband's work.

"I think it's marvelous," Mrs. Lippe said. "I think he writes very well. I'm not a real expert, but others tell me he writes well also."

With stacks of old writings in tow and numerous artifacts collected by his wife on the shelves of their home, Mr. Lippe continues to retrace the stories of his life, one word at a time.

LIPPE, JOSEPH

VF

PERSONALITIES

SCW

October 30, 2002

Art through the ages

Family boasts 3 generations of artists

By **Diana Shaughnessy**
Independent Newspapers

Sun City West artist Sam Litrenti creates bronze statues. One of his most visible pieces of local art sits in front of the Sun City West library. Titled "Lucky Strike," it depicts a man panning for gold during the 1800s.

But Mr. Litrenti is not the only artist in his family. Two of his daughters, who live in Illinois, practice their art, and now one of his Illinois grandsons also is becoming known as an artist.

"I think it runs in the family," Mr. Litrenti said with a smile.

Mr. Litrenti's talent was obvious while he was still a student. His work was good enough for him to receive a scholarship to the Chicago Art Institute, but he pursued advertising when it came to supporting his family. Eventually he owned his own advertising agency and had to put his artistic bent on hold.

"There wasn't time for him to do art," said his wife, Lorraine. "We owned the business and had to work all the time."

Mr. Litrenti was able to keep his creative side fed by doing layouts for advertisements and brochures.

"I generated ideas and designs," he said. "Even though I didn't do the artwork myself, I still was creative."

Mr. and Mrs. Litrenti moved to Sun City West about 10 years ago. Three years later they took some visitors to Sedona where Mr. Litrenti watched an artist work in clay.

"I talked to him and asked lots of questions," he said. "Finally I decided I could do that, and the artist gave me some clay to work with."

Since that fateful day, Mr. Litrenti has created about 40 pieces, casting them into bronze statues. His work is in limited editions, so the original casting is destroyed after

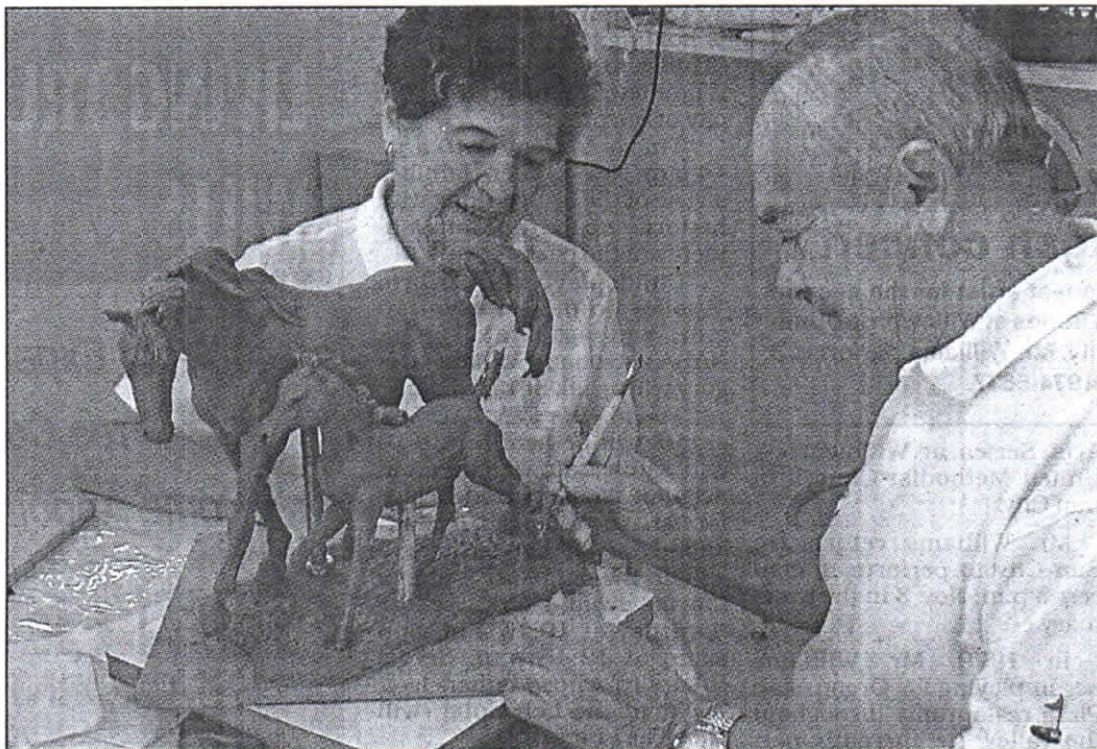


Photo by Diana Shaughnessy/Independent Newspapers

Sun City West resident Sam Litrenti, who specializes in western art sculpture, works on a new piece of work while his wife, Lorraine, watches.

the final piece in the edition is sold.

"Bronze is forever," he said. "It can be passed through generations."

And two younger generations are keeping the artistic spirit alive in the Litrenti family.

Daughter Karen Gnehmlich creates personalized greeting cards for friends and family. The Schaumburg, Ill., resident does original artwork accompanied by phrases inside each card specific to the occasion. Sometimes she creates cartoons of herself and other family members, which personalizes the card even more.

Daughter Gail Benedetto designs clothing, but her son, Matthew, the Litrenti's grandson, shows great promise as an artist himself. Matthew, an A student and senior at Wheeling High School in Wheeling, Ill., started copying comic

book characters, then went on to draw sports figures and race cars. The 17-year-old would like to pursue a career in art, but he also is considering teaching math.

"I used to draw for my grandchildren," Mr. Litrenti recalled. "Matt was the youngest and he would watch me. Then he started asking questions. I showed him some shading techniques when he

became serious about his pencil work."

Mr. Litrenti still creates bronze statues. His work is displayed at Anderson Fine Jewelers, 13545 Camino del Sol, Sun City West. He also is teaching a class in sculpture through Kuentz Recreation Center, 14401 R.H. Johnson Blvd. Those interested in enrolling may call 544-6000, ext. 2040.

Bronze beauty

SCW sculptor captures details of Wild West

By GINGER SCOTT-EIDEN
DAILY NEWS-SUN

'I just felt that I could always do something like this. I really enjoy it.'

Sam Litrenti

After watching an artist in Sedona create a sculpture out of clay and bronze two years ago, Sam Litrenti thought it was something he'd like to try.

The artist handed him a block of clay and Litrenti, who lives in Sun City West, rushed it home to begin. And he didn't start with a simple project.

When his wife asked him what he was going to make, Litrenti confidently told her it would be a cowboy and a bucking bronco. And after cutting and shaping the clay into the late hours of the night, Litrenti had created a detailed sculpture.

"I always try to get as much detail as I possibly can," said Litrenti, 73, who has sold about 20 sculptures since he first began dabbling in the art.

Litrenti's sculptures range in price from \$1,300 to \$3,500 before they are cast in bronze. Bronzed sculptures cost more to cover his costs from the foundry, which is where the bronzing takes place.

Foundry work is a 32-step procedure that can cost thousands of dollars, depending on the size and detail of a project.

But it's not the profit that keeps his hands in the clay.

"I just felt that I could always do something like this," he said. "I really enjoy it."

Litrenti said he watches western movies and rodeos to perfect his horse sculptures. He even took lessons in sculpting at the Scottsdale Artists' School.

Artistic talent isn't a stranger to Litrenti. Born and raised in the Chicago area, he won a scholarship to the Chicago Art Institute when he was in high school. One of his paintings, called "An Indian Buffalo Hunt," was entered in a competition with artwork from other high schools in the Chicago area. He also studied at the Ray Vogue School of Advertising and Art.

The Chicago native practiced painting as a hobby for most of his life. He was able to devote more time to art when he retired from a career in advertising.

His sculptures are on display at Anderson Fine Jewelers, 13545 Camino del Sol in Sun City West. Featured are: "Plumb Tuckered Out," a little girl asleep on the back of a horse; "Silent Prayer," showing an Indian Chief on horseback and "Gentle Persuasion," where a horse pulls the kerchief from the back pocket of a cowboy who is trying to start a campfire.

Litrenti has at least two sculptures in the works at all times. He said he's planning on creating an entire series of sculptures patterned after "Plumb Tuckered Out."

He takes about two months to complete each sculpture. Litrenti said he strives for quality over quantity and tries to make each piece unique.

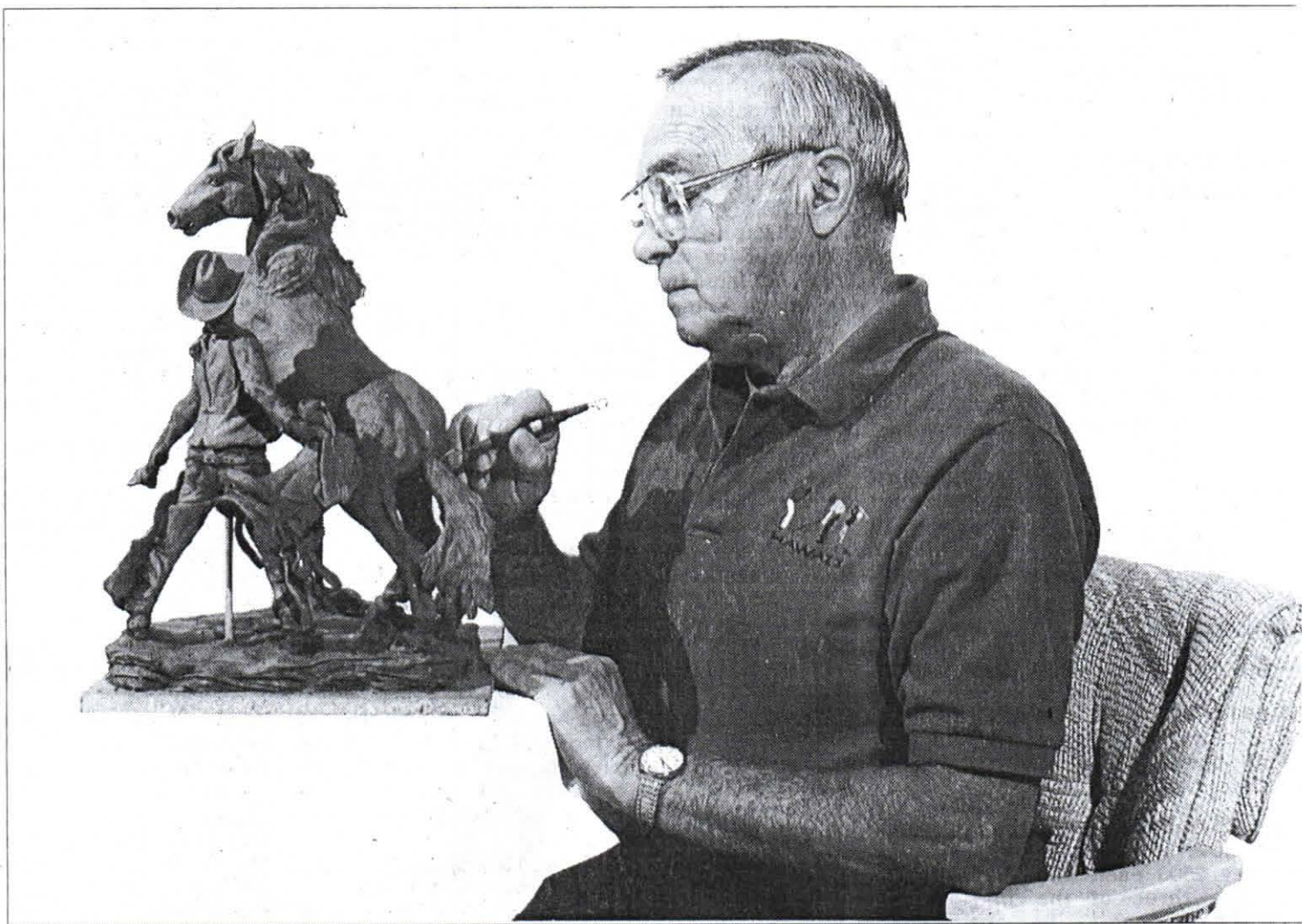
"Doing them has really kept me busy," Litrenti said. "And it's really encouraging that people like what I'm doing."



Submitted photo

Sam Litrenti's sculptures have Western flavor. Shown from top are limited edition bronzes titled "Courage and Blind Fury," "Plumb Tuckered Out" and "Under Loving Care."

OVER



Submitted photo

Sam Litrenti works on a limited edition sculpture titled "Trust Me." The Sun City West sculptor tries to get as much detail as possible in each piece.

SCW

Daily News-Sun, Sun City, Ariz. Wednesday, June 1, 1994

British couple sold on SCW experience

By IAN MITCHELL
Daily News-Sun staff

Tony and Jean London were supposed to be just visiting Sun City West.

The couple from Colchester, England, are participants in the Rotary International Home Exchange Fellowship — they traded homes for two months with Bob and Chris Snyder of Sun City West.

While the Snyders have been living in England and touring the continent, the Londons have spent the last few weeks in Arizona.

"We just thought of it initially as a very convenient way to have a holiday," Tony London said Friday.

Monday the British couple flew home as the Snyders returned from England.

But the Londons are coming back.

"We liked the place so much we bought it," London said.

Well — one house of it, anyway.

"We were sold on Sun City West, fell in love with it," he said. "We started looking around at property and then we found one."

The Londons had never been to Arizona before March of this year, and the pair spent some time sightseeing at the Grand Canyon and visiting Las Vegas.

But they didn't get to do as much touring as they had planned, partly

'We love the place, obviously. There's so much to do, people are so friendly. ... The sun has a lot to answer for it.'

**Tony London
visitor turned homeowner**

because of their real estate search.

London said he and his wife had been thinking of buying a retirement home in Florida until they came to Sun City West.

"We love the place, obviously," the British Rotarian said. "There's so much to do, people are so friendly. ... The sun has a lot to answer for it."

London said they've had a couple of letters and a phone call from the Snyders in England. "They've had some pretty poor weather over there," he said.

Arizona weather is a big part of Sun City West's attraction for the Londons.

"It isn't just the weather, it's what the weather represents," he said. "It makes people more cheerful and it makes outside activity more enjoyable."

In a few months, the pair will



Rick D'Elia/Daily News-Sun

Tony and Jean London returned to England Monday after spending two months in Sun City West through the Rotary International Home Exchange Fellowship.

become trans-Atlantic snowbirds.

"I've taken out an Arizona driving license and I'm all ready to go," London said.

"We can't wait to get back for the winter."

Participants in the Rotary home exchange or other international fellowship programs sponsored by the

group must be Rotarians. For information on joining one of the five Rotary clubs in the Sun Cities and Surprise, contact a club president or stop by one of the groups' morning meetings. The clubs meet Thursdays and Fridays at local restaurants; check the Northwest Valley calendar in the Daily News-Sun's Lifestyles section on Wednesdays and Saturdays for more information.

SCW

SCW Kiwanis-Ocotillo presents highest award to 46-year member

By **BRET McKEAND**
Sun Cities Independent

Ed Lucas, a 46-year member of Kiwanis and founding member of the Kiwanis Club of Sun City West-Ocotillo, has received the club's highest honor, the "Flowers for the Living" award.

The award was presented last week to Mr. Lucas at the club's annual installation of officers at Luke Air Force Base in recognition of his "unselfish service" to the community.

Mr. Lucas is the first recipient of the honor, which was originated by the Ferndale, Mich., Kiwanis Club 52 years ago. The Sun City West club is the only other Kiwanis Club in the nation to present the award to one of its members.

"It's given to those who have given outstanding service to the community during their lifetime," says Denton Hassell, chairman of the award committee and a member of the Ferndale club for 32 years.

In presenting the award, Mr. Hassell said "there is probably no one in this room who has given more years of service to Kiwanis than (Ed Lucas)."

A former lieutenant governor of Kiwanis, Mr. Lucas has 46 years of perfect attendance with the club. He was awarded a Kiwanis Fellow from Kiwanis International in 1985.

In addition, Mr. Lucas served with the Sun City West Posse for nearly 10 years.

He and his wife volunteer four days a week assisting the library at the Nadaburg School in Wicken-



Ed Lucas, left, receives the "Flowers for the Living Award" from Denton Hassell, right. The award is the highest honor presented by the Sun City West Kiwanis-Ocotillo Club.

burg.

The award came as a complete surprise to the Sun City West resident.

"I was flabbergasted," he says. "When (Mr. Hassell) was describing the person, I was wondering who he was talking about. I had no idea he was talking about me."

Mr. Lucas' name will be placed on a "Flowers for the Living" plaque that will eventually be on permanent display somewhere in the community.

Mr. Hassell says the award will not be given out annually, but only when a deserving candidate is found.

LUCAS, ED